



## PHASE 2 OPERATING REQUIREMENTS

**Sector:** Outdoor Fitness, Gyms

**Business Type:** Fitness Centers, Gyms, Sports and Recreational facilities

**Description:** This applies to gyms, fitness businesses, and sports and recreational facilities, including, but not limited to: hockey rinks; indoor fields and tracks; yoga, dance, rock climbing, cycling, gymnastics studios, and gyms. This Attachment does not apply to pools or pool activities; see Attachment j *Swimming Pools*.

### RECOMMENDED SAFETY MEASURES

- Implement cashless and receiptless transactions.
- High-risk population encouraged to stay home.
- Individual businesses may choose to be MORE restrictive.
- Face coverings are strongly encouraged for all employees.
- It is strongly encouraged that spectators wear cloth face coverings.
- Participants should be encouraged to wear cloth face coverings at all times, including while working out.
- For class or group workout settings (whether indoor or outdoor), the athletic facility should provide clear markings to indicate where each person should stand to maintain ten-foot physical distance.

### REQUIRED SAFETY MEASURES

#### GENERAL

- Staff and customers must adhere to physical distancing protocols of ten feet between individuals while exercising, six feet must be maintained when not exercising.
- Frequent hand washing by employees, and adequate supply of soap, disinfectant, hand sanitizer, and paper towels available onsite.
  - Staff to follow Centers for Disease Control (CDC) guidance for COVID-19 hand hygiene.
- Develop COVID-19 Mitigation Plan that contains, at a minimum, the Operating Requirements in this document and other protocols to minimize direct contact between employees and customers, increase physical distancing, and protect staff and the public.
  - The COVID-19 Mitigation Plan must be kept on the business premises.

#### CAPACITY

- Reservations encouraged. Walk-ins are permitted, if a guest log is kept.

## ATTACHMENT G

- Businesses are required to maintain Guest log records for 30 days.
- Guest log must contain first and last name, and phone number.
- For indoor activities occupancy is limited to no more than 25% of the maximum lawful occupancy,
  - Business must determine maximum capacity based on the above criteria, post publicly, and enforce the capacity limits.
  - Workout equipment available for use should be spaced to maintain ten-foot- physical distancing. Gyms will use signage to close certain equipment to maintain distancing.
- Outdoor activities are limited 50 individuals including staff and spectators.
  - When not participating in the fitness or sporting activity or exercising, non-household physical distancing of six feet should be maintained.

### OPERATIONS

- Maintain accurate participation records of all guests to the facility.
  - Businesses are required to maintain Guest log records for 30 days.
  - Guest log must contain first and last name, and phone number.
- Each participant must be screened prior to the activity. No one can participate who is exhibiting symptoms or who has knowingly been in contact with a suspected positive case of COVID-19 within the past 14 days.
  - No participant may use the facility or join an outdoor activity within 72 hours of exhibiting a fever.
  - Screening should be conducted electronically, in advance.
  - If the screening is in-person, pens and touch screens must be sanitized between use.
- Restrooms may be open but must be cleaned and disinfected hourly.
- Locker rooms may be open but cleaning and sanitization protocols must be adequately addressed in the COVID-19 Mitigation Plan, or be closed.
  - Patrons should arrive at the facility in workout/active wear.
  - Ancillary accommodations such as Steam Rooms, Saunas, and Jacuzzis/Hot Tubs shall remain closed.
- Water fountains and vending machines must be addressed in COVID-19 Mitigation Plan or turned off and marked inoperable.
- Facility must provide handwashing capability or sanitizer for customers..
- Employer must provide for hourly touch-point sanitization (e.g. workstations, equipment, screens, doorknobs, restrooms) throughout work site.
- The athletic facility must fully clean and disinfect any equipment prior to the activity, between each participant's use of the equipment, and after the activity.
- Equipment shall not be shared between patrons at the same time (must be fully disinfected prior to the next participant's use).
- Businesses must comply with CDC guidelines to the maximum extent possible: <https://www.cdc.gov/mrsa/community/environment/athletic-facilities.html>.
- Cleaning and disinfecting must be conducted in compliance with CDC protocols weekly or, in lieu of performing the CDC cleaning and disinfecting, the athletic facility may shut down for a period of at least 72 consecutive hours per week to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
  - CDC protocols for Cleaning and Disinfection can be found [here](#) and [here](#).

## ATTACHMENT G

### STAFF

- Provide training for employees covering these requirements and the COVID-19 Mitigation Plan for the business.
- Conduct pre-shift screening and maintain staff screening log.
  - No employee displaying symptoms of COVID-19 will be permitted to be in the facility.
  - No person may work within 72 hours of exhibiting fever.
- Symptomatic or ill employees may not report to work.
- Employer must establish a plan for an Occurrence of COVID-19 in the workplace and a return-to-work plan following CDC guidance, which can be found [here](#).

### OTHER OPERATIONS

- Attachment E applies if there is a dine in facility on site.
- Attachment A applies if there are retail service onsite such a gift store, pro shop, or convenience store.

### IN THE EVENT OF OCCURRENCE

- When an active employee is identified as being COVID-19 positive by testing, CDC cleaning and disinfecting must be performed as soon after the confirmation of a positive test as practical. In lieu of performing CDC cleaning and disinfecting, retail businesses may shut down for a period of at least 72 consecutive hours to allow for natural deactivation of the virus, followed by site personnel performing a comprehensive disinfection of all common surfaces.
- CDC protocols for Cleaning and Disinfection can be found [here](#).