## **GET MOVING WITH** THE PEOPLE MOVER

RELAX, SAVE MONEY AND DO THE EARTH A FAVOR

BY BEN HISTAND SPECIAL TO 61" NORTH

cople in Anchorage ride the bus for any number of reasons - convenience, savings, a desire to be green - but for People Mover Marketing Manager Paula Kangis, the appeal is very simple "I love the fact that I'm not driving I don't have to pay attention, so I can focus on a friend I'm riding with, or on my kids."

Eliminating the stress of driving is just one way bus riding can help people stay healthy, though With spring upon us, those looking for an active lifestyle should find themselves well-served by the People Mover's 14 toutes, many of which bit popular exercise and recreation spots such as Russian Jack Springs Park, Jewel and Goose lakes, and the Spenard and Farryiew recreation centers

Swimmers can be dropped off (and picked up, of course) at the public pools at West, East, and Dimond high schools, and for

those looking to get a bit more ambitious, the People Mover collaborates with Flattop Mountain Shuttle, a private service providing

With nearly 1,100 stops in the Anchorage area, chances are voute never far from service, and neither is your destination - which brings up another of Kangis' tavorite things about riding "No parking"

round trip transportation to Anchorage's (and

More of Kangis' reasons to ride

Alaska's) most popular liike

- . It's relaxing. "So many people find themselves busy doing so much these days (On the bus), you have time to read a book, catch up on some work or just relax and enjoy the view
- It can give you a new perspective. "You might see sights you wouldn't normally see it you usually drive



PHOTO COURTESY OF PEOPLE MOVER

- Riding the bus can be easily complemented by exercise, "Get out and walk to the bus stop - that's a healthy way to get around
- . Kids up to 18 ride free on Thursdays. "In summer, kids are out of school, but parents still need to work," says Kangis "So Thursday can be a day for kids to get out and go to a park, or do something else outside the house That alleviates stress for parents."
- Biking and buses make a great match. All People Mover buses have built-in bike racks. "Our newer bus fleet will accommodate up to three bikes. I wish they'd had that in my earlier days when I was biking and riding buses all the time
- . Your car will thank you. "Riding the bus can really reduce wear and tear on your car I encourage people, even if they're not regular riders, to park the car and ride the bus once a week \* •

## **COMING JUNE 11, 2012**





Movine

These fareboxes will not accept tokens or old day passes without the magnetic stripe. Riders must exchange these for new ride tickets and day passes by December 15, 2012.

DIP your RIDE TICKET with arrow pointing downward every time you ride. DIP your for fi DAY PASS the first time you use to activate.

Once activated, SWIPE your or TDAY PASS on subsequent boardings. Swipe passes from right to left with magnetic stripe facing you.

TAP the red target with your

for express boarding.

Passes and tickets will be available at all outlet locations. peoplemover.org

Located at the Downtown Transit Center only, the Ticket Vending Machine (TVM) will sell passes, tickets and Smart Cards.

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