

Beginning Adult Classic Ski Lessons

Students learn to diagonal stride, stop, turn, use poles, climb hills and move over varied terrain. Other topics include proper clothing, equipment and waxing for conditions. Taught as a 4 lesson series for those who would like more practice with an instructor.

M/W 6:30-8p \$80

41.81.03 Kincaid Jan 6, 8, 13, 15
 41.81.04 Kincaid* Jan 22, 27, 29
 41.81.05 Kincaid Feb 3, 5, 10, 12
 41.81.06 Kincaid* Feb 19, 24, 26
 41.81.07 Kincaid Mar 3, 5, 10, 12
 *Holiday - session prorated to \$60

Tu/Th 6:30-8p \$80

41.93.12 Russian Jack . Jan 7, 9, 14, 16
 41.83.13 Kincaid Jan 7, 9, 14, 16
 41.93.14 Russian Jack Jan 21, 23, 28, 30
 41.83.15 Kincaid Jan 21, 23, 28, 30
 41.93.16 Russian Jack . Feb 4, 6, 11, 13
 41.83.17 Kincaid Feb 4, 6, 11, 13
 41.93.18 Russian Jack Feb 18, 20, 25, 27
 41.83.19 Kincaid Feb 18, 20, 25, 27
 41.93.20 Russian Jack . Mar 4, 6, 11, 13
 41.83.21 Kincaid Mar 4, 6, 11, 13
 **Holiday - session prorated to \$40

Sa 10:30a-12N \$40

Try this 2 lesson series for those who want to learn the basics and have limited time.

41.93.24 Russian Jack Jan 4, 11
 41.93.25 Russian Jack Jan 18, 25
 41.93.26 Russian Jack Feb 1, 8
 41.93.27 Russian Jack Feb 15, 22

Full refunds are available upon written request 2 weeks prior to class date. Refunds requested 7-13 days in advance receive 75%, 3-6 days receive 50%, 1-2 days receive 25% and cancellation day of class receive 0%. Class cancellations may occur due to weather conditions or low enrollment.

Students need to supply all ski equipment and proper clothing. Ask about rental ideas.

Beginning Adult Skate Ski Lessons

Learn how to glide, stop, climb hills, & poling, v-skating and diagonal skating techniques. Waxing, equipment and appropriate clothing will be covered.

F 6:30-8p \$25

41.83.32 Kincaid Jan 3
 41.83.33 Kincaid Jan 10
 41.83.34 Kincaid Jan 17
 41.83.35 Kincaid Jan 24
 41.83.36 Kincaid Jan 31
 41.83.37 Kincaid Feb 7
 41.83.38 Kincaid Feb 14
 41.83.39 Kincaid Feb 21
 41.83.40 Kincaid Feb 28

Sa 1:30-3p \$25

41.83.44 Kincaid Jan 4
 41.83.45 Kincaid Jan 11
 41.83.46 Kincaid Jan 18
 41.83.47 Kincaid Jan 25
 41.83.48 Kincaid Feb 1
 43.93.49 Russian Jack Feb 15
 43.93.50 Russian Jack Feb 22
 43.93.51 Russian Jack Mar 1

Intermediate Adult Skate Ski Lessons

Learn marathon skating, V-1, V-2, and blending various techniques to move efficiently over a variety of terrain. Previous skate experience or beginning skate ski lessons are required.

Th 6:30-8p \$25

41.83.54 Kincaid Jan 9
 41.83.55 Kincaid Jan 23
 41.83.56 Kincaid Feb 13
 41.83.57 Kincaid Feb 27



Children's Cross Country Ski Lessons (Beginning Classical Ski)

Learn to walk, glide, climb hills, turn classic stride, and use your ski poles. Proper equipment care and clothing are also covered.

*Sa 12:30-1:30p Ages 6-8
 \$7.50 without ski rental
 \$10 with ski rental*

46.91.62 Russian Jack Jan 4
 46.91.63 Russian Jack Jan 11
 46.91.64 Russian Jack Jan 18
 46.91.65 Russian Jack Jan 25
 46.91.66 Russian Jack Feb 1
 46.91.67 Russian Jack Feb 15
 46.91.68 Russian Jack Feb 22
 46.91.69 Russian Jack Mar 1
 46.91.70 Russian Jack Mar 8

*Sa 2-3p Ages 9-12
 \$7.50 without ski rental
 \$10 with ski rental*

46.91.75 Russian Jack Jan 4
 46.91.76 Russian Jack Jan 11
 46.91.77 Russian Jack Jan 18
 46.91.78 Russian Jack Jan 25
 46.91.79 Russian Jack Feb 1
 46.91.80 Russian Jack Feb 22
 46.91.81 Russian Jack Mar 1
 46.91.82 Russian Jack Mar 8



Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>