The 2020 U.S. Olympic Team Trials Marathon on Feb. 29 in Atlanta, Georgia, will feature five Alaskans, the most ever for our state. The male runners had to meet the qualifying standard of 2 hours, 19 minutes while the women had to run 2:45.

**Aaron Fletcher** — Aaron excelled as a runner at South Anchorage High School and Brigham Young University and returned to Anchorage in 2019. He qualified by winning the 2018 Indianapolis Marathon in 2:17:23. He also shattered Stan Justice's 35-year-old record at the 2019 Equinox Marathon. (Top Left)

**Tony Tomsich** — Tony grew up in Fairbanks, ran at Western Washington University, coached at UAA and currently lives in Vancouver, British Columbia, Canada. He qualified with a 2:18:49 at the 2019 Eugene Marathon. (Bottom Left)

**Keri McEntee** — Keri is from New York state and lives in Fairbanks. She qualified at the 2019 Grandma's Marathon in Duluth, Minn., in 2:41:19. She has also won both the Mayor's and RunFest Marathons. (Top Right)

**Megan Youngren** — Megan is from Soldotna and qualified by running a huge personal best at the 2019 California International Marathon in 2:43:52. (Bottom Right)

**Anna Dalton** — Anna is from Anchorage and divides her time between Alaska and Montana. She excels on the roads, trails and mountains and qualified at the 2018 California International Marathon in 2:44:18. (Center)
Running Tips

- The race calendar is a good starting point for planning your personal race schedule. Race directors reserve the right to change dates, locations, or cancel races. Use the race calendar for preliminary planning purpose only.
- To find out whether a race is still on, check with the race director and/or be on the alert for any newspaper announcements. Race directors can help by having an announcement in the local newspaper(s), usually a few days before the race. Some races may require more lead time, especially if there is an entry deadline.
- If you fill out a racing form, please read the instructions before asking questions.
- When you arrive at race start, be careful where you park. Observe all traffic regulations and do not park too close to the start.
- Allow ample time for check-in and warm-up.
- Pay close attention to all pre-race instructions.
- Use only your assigned running number and display it proudly.
- Run on the side of the road facing traffic unless racecourse directs you otherwise.
- You are responsible for your warm-up clothes & personal items.
- Leave your pets at home unless race allows them!
- Slower runners please start behind the faster runners.
- Be at least two strides ahead before cutting in front of another runner.
- No pacing by non-race participants.
- Follow instructions after you cross the line.
- Unofficial runners do not cross the finish line. Do not hassle race officials – wait patiently or posted results!

Brad Cooke, Editor
Produced by Anchorage Parks & Recreation
Contacting Alaska Runners Calendar
907-343-6397 (voice) 907-249-7530 (fax)
Email: runnerscalendar@muni.org
Webpage: www.muni.org/parks
Note: All area codes are 907 unless otherwise listed
Jan 11 Sat
Frosty Bottom Half Marathon - Anchorage
Meet Time: 9:15:00 AM - Kincaid Park Chalet
Distance: 13.1 miles - Multi-use snow trails from Kincaid to Goose Lake Park
Race Time: 10:15:00 AM
Adult Fee: $50 Child Fee: 
Contact: Matias Saari - 907-529-4178
matiasmountain@gmail.com
Alternative: -
Website: www.ultrasignup.com (search for Frosty Bottom event)
Sponsored By:
Comments: Event held in conjunction with Frosty Bottom bike race. Aid station at Mile 6.5.

Jan 11 Sat
Frosty Bottom Marathon - Anchorage
Meet Time: 9:15:00 AM - Kincaid Park Chalet
Distance: 26.2 miles - Multi-use snow trails from Kincaid to Hillside Trailhead
Race Time: 10:15:00 AM
Adult Fee: $55 Child Fee: 
Contact: Matias Saari - 907-529-4178
matiasmountain@gmail.com
Alternative: -
Website: www.ultrasignup.com (search for Frosty Bottom event)
Sponsored By:
Comments: Event held in conjunction with Frosty Bottom bike race. Aid stations at Mile 10.7 and Mile 17.5.

Jan 17 Fri
Alaska Indoor Splash n' Dash Race #1 - Anchorage
Meet Time: 6:30:00 PM - The Alaska Club Eagle River
Distance: 5minute swim-10minute run - Kid's only indoor swim-run race.
Race Time: 6:30:00 PM
Adult Fee: 0 Child Fee: 25
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: 5minute timed pool swim, followed by a 10minute timed run in the gymnasium.
Jan 19
Sun
Alaska Indoor Triathlon Series Race #1 - Anchorage
Meet Time: 7:00:00 AM - The Alaska Club Eagle River
Distance: 10min swim - 30min bike - 20min run - Indoor triathlon with a pool swim, spinning bikes & treadmill run.
Race Time: 8:00:00 AM
Adult Fee: 30 Child Fee: 25
Contact: Heather Helzer - 907-351-2232
        heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: Indoor swim in pool, bike on spinning bikes, run on treadmill.

Jan 24
Fri
MSLT Spring Equinox Challenge - Wasilla
Meet Time: 6:00:00 PM - Wherever You Are
Distance: Varies - This virtual challenge runs from January 24th to March 20th. Keep your momentum from the new year going with this virtual challenge. The goal is to exercise 30 or more days heading into the Spring Equinox. You can accomplish this by running, skiing, biking, snowshoeing, doing yoga, soccer, swimming, or any other physical activity.
Race Time: 6:00:00 PM
Adult Fee: 35 Child Fee: 35
Contact: Traci Sanders - 907-355-6110
        htraci@hotmail.com
Alternative: Christy Hronkin - 907-232-8871
Website: http://midnightsunlazyman.weebly.com/
Sponsored By: If you know of someone who would like to donate please get us in contact with them.
Comments: The MSLT Spring Equinox Challenge runs January 24th to March 20th. Register on our website, like us on Facebook, join like minded folks who want to stay healthy in 2020 by moving forward and sweating. This is a virtual challenge, your SWAG will be mailed out at the end of the challenge
Frostbite Footrace & Costume Fun Run
9:30am Saturday, February 29
Register at furroundy.net

5K or 2.5K Fun Run
Leap out and Join in the Fun!

Break out of the winter blues by breaking out the running shoes in a downtown event supporting the Food Bank of Alaska!

Don’t miss the Costume Contest!
Great Prizes!

Brought to you by Kendall Toyota of Anchorage, IBEW, Enstar Natural Gas Company, and the Glacier Brewhouse
Feb 7 Fri

**MSLT Spring Equinox Challenge - Wasilla**

**Meet Time:** 6:00:00 PM - Where You Are
**Distance:** Varies - This virtual challenge runs from January 24th to March 20th. Keep your momentum from the new year going with this virtual challenge. The goal is to exercise 30 or more days heading into the Spring Equinox. You can accomplish this by running, skiing, biking, snowshoeing, doing yoga, soccer, swimming, or any other physical activity.
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**Child Fee:** 35
**Contact:** Traci Sanders - 907-355-6110
htraci@hotmail.com
**Alternative:** Christy Hronkin - 907-232-8871
**Website:** http://midnightsunlazyman.weebly.com/
**Sponsored By:** If you know of someone who would like to donate please get us in contact with them.
**Comments:** The MSLT Spring Equinox Challenge runs January 24th to March 20th. Register on our website, like us on Facebook, join like minded folks who want to stay healthy in 2020 by moving forward and sweating. This is a virtual challenge, your SWAG will be mailed out at the end of the challenge

Feb 9 Sun

**V Day 5 K - Homer**

**Meet Time:** 10:00:00 AM - Homer
**Distance:** 5 K - An easy 5K from the High school
**Race Time:** 10:00:00 AM
**Adult Fee:** 20
**Child Fee:**
**Contact:** Andy Haas - 9072353270
yatra@ak.net
**Alternative:** -
**Website:** https://www.facebook.com/KachemakBayRunningClub/
**Sponsored By:** Kachemal Bay Running Club
**Comments:**
Feb 15 Sat 2020 Little Su 50K - Big Lake
Meet Time: 9:15:00 AM - Happy Trails Kennel
Distance: 50 Kilometers - Cross-country via rivers, lakes and trails
Race Time: 11:00:00 AM
Adult Fee: Check web-site Child Fee:
Contact: Kim & Erin Kittredge - 907-746-5959
info@susitna100.com
Alternative: Pam Richter - 907-346-1220
Website: www.susitna100.com
Sponsored By: Alaska Winter Wilderness Races
Comments: 1 checkpoint with warm water. Check website for required gear. Shirt, finisher award and post-race party.

Feb 15 Sat 2020 Susitna 100 - Big Lake
Meet Time: 7:30:00 AM - Happy Trails Kennel
Distance: 100 miles - Cross-country via rivers, lakes and trails
Race Time: 9:00:00 AM
Adult Fee: Check website for details Child Fee:
Contact: Kim & Erin Kittredge - 907-746-5959
info@susitna100.com
Alternative: Pam Richter - 9073461220
Website: www.susina100.com
Sponsored By: Alaska Winter Wilderness Races
Comments: 5 checkpoints with warm water. Check website for required gear and food requirements. Shirt, finisher award and post-race party!

Feb 23 Sun Alaska Indoor Triathlon Series Race #2 - Anchorage
Meet Time: 7:00:00 AM - The Alaska Club West
Distance: 10minute run- 30 minute bike - 10minute run - Indoor duathlon on treadmills & spinning bikes.
Race Time: 8:00:00 AM
Adult Fee: 30 Child Fee: 0
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: Indoor duathlon on treadmills & spinning bikes.
Feb 27 Thu  
Frostbite Footrace Reg/Bib Pick Up - Anchorage  
Meet Time: 3:30:00 PM - Glacier BrewHouse  
Distance: n/a - 3:30 - 7:00 pm  
Race Time: 12:00:00 AM  
Adult Fee: $22 individual $150 team thru Feb 2, $25 individual $150 team thru Feb 27, $22 thru Feb 27 if runner in 2019, $30 individual $175 team race day  
Child Fee: 0  
Contact: Fur Rondy Headquarters - 274-1177  
info@furrondy.net  
Alternative: -  
Website: www.furrondy.net  
Sponsored By: Kendall Toyota, Enstar, IBEW, Fur Rondy, and Glacier BrewHouse  
Comments: Late bib pickup at Skinny Raven Feb 28 3-6pm, Proceeds and food drive benefit the Food Bank of Alaska

Feb 29 Sat  
Frostbite Footrace & Costume Fun Run - Anchorage  
Meet Time: - Glacier BrewHouse  
Distance: 2.5K & 5K - Downtown Parade Route  
Race Time: 9:30:00 AM  
Adult Fee: $22 individual $125 team thru Feb 2, $25 individual $150 thru Feb 27, $22 individual thru Feb 27 if adult runner in 2019, $30 individual $175 team race day, registration 7:30 - 9 am  
Child Fee: 0  
Contact: Fur Rondy Headquarters - 274-1177  
info@furrondy.net  
Alternative: -  
Website: www.furrondy.net  
Sponsored By: Kendall Toyota, Enstar, IBEW, Fur Rondy, and Glacier BrewHouse  
Comments: Cash prizes ($25-$100) for the costume contest sponsored by IBEW, An Anchorage District WACO points event, Proceeds and food drive benefit the Food Bank of Alaska
Fur Rondy Outhouse Race - Anchorage

Meet Time: 3:00:00 PM - Downtown, 4th Avenue between E & F
Distance: 100 ft - Down & back pushing an outhouse on skis
Race Time: 3:00:00 PM
Adult Fee: $100/team -- 10 person teams, 5 at a time on course
Child Fee:
Contact: AE Club of UAA - AEclubUAA@gmail.com
Alternative: 
Website: www.AEclubUAA.com
Sponsored By: AE Club at UAA & supported by AK Colorectal Surgery, Internal Medicine Associates, AARP, Mirage Auto Collision & Renee Miller Realty
Comments: Double elimination tournament brackets with 3 races guaranteed, trophies for top finishers. Event supports the AE Club of UAA

Rondy DASH - Anchorage

Meet Time: 8:00:00 AM - Town Square Park 6th/5th & F St.
Distance: n/a - 90 Minute Downtown Anchorage Scavenger Hunt
Race Time: 10:00:00 AM
Adult Fee: $30/ team (2) $45/team (3) $50/team (4) Max 200 teams
Child Fee:
Contact: n/a - 
Alternative:
Website: www.furrondy.net
Sponsored By: IHeartMedia & AK Alchemist
Comments: Best costumes prizes and random draw Grand prize- 4 AK Airline tickets. Portion of proceeds to American Cancer Society -- Associate Board of Ambassadors of AK
47th Annual
ConocoPhillips Anchorage Mayor's Marathon & Half-Marathon

June 20, 2020

Kincaid Park to Delaney Park Strip
Race Time 7:30 a.m.
(This is a Boston Marathon Qualifier)

Other Races Provided
Alaska Half Marathon & Buddy Half Marathon
Race Start: 9:30 a.m.
Coastal 5K - Race Start: 9:45 a.m.

Healthy Futures Kids Mile - June 18
Race Start: 7:00 p.m.

Registration Deadline June 19
No Race Day Bib Pickup

Anchorage Mayor’s Marathon
Anchorage, Alaska
(907) 786-1325
www.anchorage marathon.com
email: track@alaska.edu
Mar 3 Sat
Annual Running with the Critters - Anchorage
Meet Time: - Visit Anchorage Visitor Center
Distance: 1 block - F to E street
Race Time: 3:00:00 PM
Adult Fee: Youth Event Child Fee: 0
Contact: Fur Rondy Headquarters - 274-1177
         info@furrondy.net
Alternative: -
Website: www.furrondy.net
Sponsored By: Fur Rondy, Enstar, Interstate Hotels, Hard Rock, Visit Anchorage
Comments: Enjoy hot chocolate and photos with the Critters hosted by Hard Rock Café. Come out for some whacky, Alaskan-style family fun! Proceeds benefit Ronald McDonald House

Mar 7 Sat
13th Annual Running of the Reindeer - Anchorage
Meet Time: - 4th Avenue at H Street
Distance: 3 blocks -- city streets - Sat late Bib pickup: 12noon-3:45pm
Egan Convention Center Lobby
Race Time: 4:00:00 PM
Adult Fee: $30, Commemorative T-shirt $10 Child Fee:
Contact: Fur Rondy Headquarters - 907-274-1177
         info@furrondy.net
Alternative: -
Website: www.furrondy.net
Sponsored By: Fur Rondy, KWHL 106.5 Morning Show, AK Communications & Liberty Tax
Comments: Come out for some whacky, Alaskan-style fun! See if you can outrun the reindeer. Must be 18 years or older to participate. Proceeds benefit Toys for Tots

Mar 14 Sat
Skinny Raven Shamrock Shuffle - Anchorage
Meet Time: 8:30:00 AM - Bear Tooth Theatre
Distance: 5K - Lollypop course on paved roads and bike paths
Race Time: 9:30:00 AM
Adult Fee: $40 Child Fee:
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website:
Sponsored By: 
Comments: Join us for St. Paddy’s Day tradition. Put on your best kelly green and celebrate with us at the Bear Tooth. You get a sweet beanie, pint glass, and a drink on us!
Shamrock Shuffle - Soldotna
Meet Time: 1:00:00 PM - Soldotna Regional Sports Center
Distance: 1.5 & 3.0 walk/run - Flat trail out and back
Race Time: 2:00:00 PM
Adult Fee: $20.00/$50.00 family Child Fee: 10
Contact: Tammy Strausbaugh - 907-252-2959
wrestle@acsalaska.net
Alternative: Kurt Strausbaugh - 907-252-6172
Website:
Sponsored By: Soldotna Whalers Wrestling Club
Comments: Age group awards, door prizes, proceeds to benefit The Soldotna Whalers Wrestling Club

Alaska Indoor Splash n' Dash Series Race #2 - Anchorage
Meet Time: 6:00:00 PM - The Alaska Club East
Distance: 5minute swim- 10minute run - Indoor SwimRun in the pool and in the gymnasium.
Race Time: 6:30:00 PM
Adult Fee: 0 Child Fee: 25
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: Indoor SwimRun with a timed 5minute swim then 10minute timed run in the gymnasium.

Crazy Lazy - Palmer
Meet Time: 9:30:00 AM - Lazy Mountain Trailhead
Distance: 6.0 miles - Mountain Race loop course
Race Time: 11:00:00 AM
Adult Fee: $30 Child Fee:
Contact: Dane Crowley - 907-354-8461
moosejv@hotmail.com
Alternative: John Clark - 907-982-9001
Website:
Sponsored By: Lazy Mountain Foothills Running
Comments: Registration will open Jan 15th at 8:00am on webscorer.com until full. Kids uphill 1 mile race. After race party with prize drawings, food and refreshments at Arkose Brewery 2:30pm. Spikes/traction and appropriate clothing recommended. Please no poles or dogs on the course. Shirts and awards. Proceeds benefit girls athletics.
12 Teams
187 Miles
This Is How You Relay
June 14th - 15th 2020
Mar 22 Sun
Alaska Indoor Triathlon Series Race #3 - Anchorage
Meet Time: 7:00:00 AM - The Alaska Club East
Distance: 10 minute swim - 30 minute bike - 20 minute run - Indoor triathlon with a pool swim, bike on spinning bikes, run on treadmills.
Race Time: 8:00:00 AM
Adult Fee: 30 Child Fee: 0
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: Indoor triathlon with a pool swim, bike on spinning bikes, run on the treadmill.

Mar 28 Sat
Glacier 10K and 1 Mile - Juneau
Meet Time: 9:30:00 AM - Mendenhall Glacier Parking Lot
Distance: 10K and 1 Mile - Route for both races go along Glacier Spur Road. The 10K goes further onto Back Loop Rd.
Race Time: 10:00:00 AM
Adult Fee: $15 pre-register and $20 on race day Child Fee: 0
Contact: Dwayne Duskin - 907-796-9440
duskin1@hotmail.com
Alternative: None - None
Website: jtrr.org/event/2020
Sponsored By: Juneau Trail & Road Runners and Healthy Futures
Comments: On registration form

Apr 4 Sat
Valley Thaw Out Races - Palmer
Meet Time: 10:00:00 AM - Machetanz Elementary
Distance: 5k, 10k, Half marathon - Out & back with some hills, mixed bike path and gravel road.
Race Time: 10:00:00 AM
Adult Fee: $35-50 depending on distance Child Fee: 0
Contact: Natalie Bickers - (907)232-6145
happymalamuteak@gmail.com
Alternative: Eric Bickers - (907)982-3981
Website: https://happymalamuterunning.com/valley-thaw-out-races
Sponsored By:
Comments:
Join thousands of women and raise funds for breast cancer awareness, education, early detection, research and prevention!

Alaska Run for Women

Saturday June 13th, 2020

1 Mile Fun Run/Walk  5 Mile Run/Walk
All abilities encouraged and welcomed!
Every donation directly supports the fight against breast cancer.

Race Registration
www.akrfw.org

Online: Opens Wednesday, April 15

Bib Pick-Up Events!
University Center Mall
- Sat., June 6 ......10am-1pm
- Tue., June 9 ....4pm - 7pm
- Thu., June 11 ....4pm - 7pm

Start: Sullivan Arena Parking Lot
Info Contact: run@akrfw.org
To volunteer contact: volunteer@akrfw.org
Decorate your own Port-a-Potty contact: potties@akrfw.org
MatSu Running Club Information meeting - Palmer
Meet Time: 6:00:00 PM - Palmer Junior Middle school library
Distance: N/A - N/A
Race Time: 6:00:00 PM
Adult Fee: Free Child Fee:
Contact: Rhonda Knopp - 907-355-6258
cochknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running Club
Comments: Information presented about the MatSu Running Club’s women, co-ed, and junior’s groups and beginner’s clinic.

Superhero Showdown - Anchorage
Meet Time: 9:00:00 AM - Chuck Albrecht Softball Fields
Distance: 1.3K & 5K - Fast flat and wide city streets
Race Time: 10:00:00 AM
Adult Fee: $35 Child Fee: 25
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/superhero-showdown/
Sponsored By: 
Comments: The Little Hero 1.3K is limited to kids aged 10 years or younger. Parents are welcome to assist their young heroes in the 1.3K without registering for an event. Participants receive a T-Shirt, a medal at the finish, and tons of fun!
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Name</th>
<th>Location</th>
<th>Meet Time</th>
<th>Distance</th>
<th>Race Time</th>
<th>Adult Fee</th>
<th>Child Fee</th>
<th>Contact</th>
<th>Alternative</th>
<th>Website</th>
<th>Sponsored By</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr 14</td>
<td>MatSu Running Club Beginner’s Running Clinic - Classroom session</td>
<td>TBD</td>
<td>6:00:00 PM</td>
<td>N/A - N/A</td>
<td>6:00:00 PM</td>
<td>N/A</td>
<td>Child Fee:</td>
<td>Rhonda Knopp - 907-355-6258 <a href="mailto:coachknopp@yahoo.com">coachknopp@yahoo.com</a></td>
<td></td>
<td>matsurunningclub.org</td>
<td>MatSu Running Club</td>
<td>Classroom instruction to help get beginner runners ready for the running season.</td>
</tr>
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<td>Apr 14</td>
<td>MatSu Running Club Beginner’s Running Clinic-Classroom Session</td>
<td>Palmer</td>
<td>6:00:00 PM</td>
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<td>6:00:00 PM</td>
<td>N/A</td>
<td>Child Fee:</td>
<td>Rhonda Knopp - 907-355-6258 <a href="mailto:coachknopp@yahoo.com">coachknopp@yahoo.com</a></td>
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<td>matsurunningclub.org</td>
<td>MatSu Running club</td>
<td>Classroom instruction to help get beginner runners ready for the running session.</td>
</tr>
<tr>
<td>Apr 16</td>
<td>MatSu Running Club Beginner’s Running Clinic - Palmer</td>
<td>Colony High Track</td>
<td>6:00:00 PM</td>
<td>Various - N/A</td>
<td>6:00:00 PM</td>
<td>Free</td>
<td>Child Fee:</td>
<td>Rhonda Knopp - 907-355-6258 <a href="mailto:coachknopp@yahoo.com">coachknopp@yahoo.com</a></td>
<td></td>
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<td>MatSu Running Club</td>
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</tbody>
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Apr 16 Thu  
MatSu Running Club Beginner’s Running Clinic - Palmer  
Meet Time: 6:00:00 PM - Colony High Track  
Distance: Various - N/A  
Race Time: 6:00:00 PM  
Adult Fee: Free  
Child Fee:  
Contact:  
Rhonda Knopp - 907-355-6258  
coachknopp@yahoo.com  
Alternative:  
Website: matsurunningclub.org  
Sponsored By: MatSu Running club  
Comments:  

Apr 17 Fri  
Alaska Indoor Splash n’ Dash Series Race #3 - Anchorage  
Meet Time: 6:00:00 PM - The Alaska Club South  
Distance: 5minute swim- 10minute run - Indoor SwimRun with a pool swim, run in the gymnasium.  
Race Time: 6:30:00 PM  
Adult Fee: 0  
Child Fee: 25  
Contact:  
Heather Helzer - 907-351-2232  
heather.helzer@turnagaintraining.com  
Alternative:  
Website: www.TurnagainTraining.com  
Sponsored By: The Alaska Club  
Comments: Indoor SwimRun with a 5minute timed swim in the pool followed by a 10minute timed run in the gymnasium.  

Apr 18 Sat  
Alaska Heart Run - Anchorage  
Meet Time: 8:00:00 AM - Alaska Airlines Center  
Distance: 3k & 5k - City Roads  
Race Time: 9:30:00 AM  
Adult Fee: Fees vary please see website  
Child Fee: 0  
Contact:  
Kristin George - 907-865-5300  
kristin.george@heart.org  
Alternative:  
Alaina Burton - 907-865-5300  
Website: AlaskaHeartRun.org  
Sponsored By: American Heart Association  
Comments: The Timed race starts at 9:30am and the Untimed race starts at 10am.  
Race / Walk starts at the UAA AK Airlines Center. Register online at AlaskaHeartRun.org. Fees increase after March 22 and after April 12. Bib pickups are at King Tech High School on April 15 & April 17. Please see website for details. All proceeds benefit the American Heart Association.
Apr 19
Sun
Alaska Indoor Triathlon Series Race #4 - Anchorage
Meet Time: 7:00:00 AM - The Alaska Club South
Distance: 10 minute swim - 30 minute bike - 20 minute run - Indoor triathlon in the pool, on spinning bikes & treadmills.
Race Time: 8:00:00 AM
Adult Fee: 30 Child Fee: 0
Contact: HEATHER HELZER - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: The Alaska Club
Comments: Indoor triathlon with a pool swim, bike on spinning bikes & run on treadmills.

Apr 21
Tue
MatSu Running Club - Palmer
Meet Time: 6:00:00 PM - Colony High Track
Distance: Various - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Rhonda Knopp - 907-355-6258
coachknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running Club
Comments: Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April-July. Trail runs through September.

Apr 21
Tue
MatSu Running Club-Women’s Group - Palmer
Meet Time: 6:00:00 PM - Colony High Track
Distance: N/A - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Rhonda Knopp - 907-355-6258
coachknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running Club
Comments: Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 4. Trail runs through September.
Apr 24 Fri
Who let the Runner’s out 5k - Downtown Palmer
Meet Time: 6:00:00 PM - Palmer Depot
Distance: 5k - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Katie Myers - 804-691-1661
         kmyers037@gmail.com
Alternative: Heidi Quinn - 907-521-3031
Website: Matsurunningclub@gmail.com
Sponsored By: MatSu Running Club
Comments: Race/Walk 5k through downtown Palmer; free kid’s fun run.

Apr 24 Fri
Who Let The Runner’s Out 5k - Palmer
Meet Time: 6:00:00 PM - Palmer Depot
Distance: 5k - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Heidi Quinn - matsurunningclub@gmail.com
Alternative: -
Website:
Sponsored By: MatSu Running Club
Comments: Race/walk 5k through downtown Palmer; free kids’ fun run.

Apr 25 Sat
Grace Ridge Brew Half Marathon - Homer
Meet Time: 10:30:00 AM - Grace Ridge Brewery at the base of the spit
Distance: Half Marathon - Run the length of the spit and back, plus a little extra. Have a beer and burger afterwards
Race Time: 11:00:00 AM
Adult Fee: donations Child Fee:
Contact: andy haas - 9072353270
         yatra@ak.net
Alternative: -
Website: https://www.facebook.com/KachemakBayRunningClub/
Sponsored By: Kachemak Bay Running Club
Comments: Flat, fast and pretty: with a burger and cold fresh beer afterwards.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
</tr>
</thead>
</table>
| Apr 25 Sat | Kinderlauf - Anchorage | Meet Time: 9:30:00 AM - Goose Lake Park  
Distance: 5k/2k - Paved trail in Midtown Anchorage  
Race Time: 10:00:00 AM  
Adult Fee: $20 Child Fee: 0  
Contact: Jessie Anderson - rilkekinderlauf@gmail.com  
Alternative: -  
Website: www.rilkeschuleverein.com/  
Sponsored By:  
Comments: 5k and 2k paved trail |
| Apr 25 Sat | Tok Trot - Tok | Meet Time: 1:00:00 PM - Visitor's Center  
Distance: 10 km - Flat out and back  
Race Time: 1:00:00 PM  
Adult Fee: $1.00 non-entry free Child Fee:  
Contact: Paul Kelley - 907-940-7913  
kelleys@aptalaska.net  
Alternative: Nancy Kelley - 907-883-5393  
Website: n/a  
Sponsored By: Paul and Nancy Kelley  
Comments: April 25th... 40th Annual 10 km Tok Trot. Race starts at the Visitor's Center in Tok with walkers leaving at noon and runners at 1:00pm. Picnic at the Kelleys after the race. $1.00 non-entry fee. Race Directors... Paul and Nancy Kelley. 907-883-5393 kelleys@aptalaska.net. This is possibly the longest consecutive run 10 km over the same course in the state. |
| Apr 26 Sun | Boondocks Breakaway 2.5 & 5k Trail Run - Anchorage | Meet Time: 10:00:00 AM - Site TBD  
Distance: 2.5K & 5K - Trail Run and social afterwards  
Race Time: 11:00:00 AM  
Adult Fee: See Website Child Fee:  
Contact: Anchorage Running Club -  
Alternative:  
Website: www.anchoragerunningclub.org  
Sponsored By: Anchorage Running Club  
Comments: Race day registration only. Refreshments & age group awards immediately following. |
Nic's Race - Anchorage
Meet Time: 9:30:00 AM - Ship Creek Trail
Distance: 5k run, 2k kids run, 4mile family social bike ride - This is a flat, paved trail that goes along Ship Creek in downtown Anchorage.
Race Time: 10:00:00 AM
Adult Fee: 35 Child Fee: 10
Contact: Heather Helzer - 9073512232 heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fundraiser 5k race, 2k fun run, 4mile family social bike ride to support Alaskan Nic Nelson age 13 while he undergoes cancer treatment at John Hopkins Hospital in MD.

Spring Out fo the Den Duathlon Series Race #1 - Anchorage
Meet Time: 5:30:00 PM - Kincaid Chalet
Distance: 1.25mile run - 10mile bike - 1.25mile run - This is a run - bike - run duathlon, all on paved surface.
Race Time: 6:00:00 PM
Adult Fee: 25 Child Fee: 20
Contact: Turnagain Training - 907-351-2232 heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fun duathlon for kids ages 4 and up through adults.

Exceed Women’s Running Team - Anchorage
Meet Time: 6:00:00 PM - Various location
Distance: dependent on workout - Coached workouts, track and trail runs, occasional potlucks
Race Time: 6:00:00 PM
Adult Fee: Membership $100/season Child Fee: 0
Contact: Robin Mullen - 907.903.5837 runexceedAK@gmail.com
Alternative: Laura Harris - 907.632.3595
Website: www.runexceed.org
Sponsored By: Exceed Women’s Running Team
Comments: We meet every Tuesday at 6pm, April through August. Check website or Facebook for locations and workout details. You can attend twice for free before paying membership fee. All levels are welcome!
Peak Performers Track Club - Anchorage
Meet Time: 6:00:00 PM - APU Moseley Sports Center
Distance: intervals - APU - paved roads, West - track
Race Time: 6:00:00 PM
Adult Fee: Membership fee: $65, $110 family(2)/$160 3 or more Child Fee:
Contact: Jason Hofacker - 240-6982
anchoragekim@yahoo.com
Alternative: Kim Baldwin - 274-1061
Website:
Sponsored By:
Comments:

Amblin' for Alzheimer's - Anchorage
Meet Time: - Anchorage Golf Course
Distance: - Just a walk around the course on the paved path (please stay off the grass, it's only May).
Race Time: 10:00:00 AM
Adult Fee: Before May 2: $45, Students & Military: $20, Event Day: $30, Students & Military: $25 Child Fee: 0
Contact: Francy Bennett - 907-563-3313
fbennett@alzalaska.org
Alternative: -
Website: www.alzalaska.org
Sponsored By:
Comments:

Polar Bear Pink Cheeks Triathlon - Seward
Meet Time: 10:00:00 AM - Seward High School
Distance: 5K run, 10K bike, 600Y swim - Trail run, bike path, indoor pool
Race Time: 11:00:00 AM
Adult Fee: $50 solo or $100 team Child Fee: 0
Contact: Ian Jones - 907-224-4054
ijones@cityofseward.net
Alternative: Latesha Layne - 907-224-4055
Website: runsignup.com
Sponsored By: City of Seward Parks and Recreation
Comments:
May 2 Sat  
Salmon Run - Anchorage
Meet Time: 9:30:00 AM - Inlet View Elementary
Distance: 2K, 5K, 10K - Run from Inlet View Elementary down N street out and back on the coastal trail. Mostly flat with one long downhill on N. street and up N. street on the way back.
Race Time: 10:00:00 AM
Adult Fee: 35.00 for 5k/ 10K Child Fee: 0
Contact: Bonnie J. DeArmoun - 907-575-9715  
bdearmoun@yahoo.com
Alternative: Emily Satake - 907-952-9905
Website: emsatake@gmail.com
Sponsored By:
Comments: Out and back along the Coastal Trail, it's a fast course, set your P.R for the season! Afterwards enjoy our carnival with food and games, just $5.

May 7 Thu  
Turnagain Arm Trail Run - Anchorage
Meet Time: 6:30:00 PM - Rainbow Trailhead
Distance: 8 and 4 mile - Hilly POINT-TO-POINT trail run. 8-mile goes from Rainbow Trailhead to Potter Trailhead. 4-mile goes from McHugh Trailhead to Potter.
Race Time: 6:30:00 PM
Adult Fee: $42 Child Fee:
Contact: Anna Berecz - (907)786-4806  
seawolfskiing@gmail.com
Alternative: -
Website: goseawolves.com
Sponsored By:
Comments: Hilly POINT-TO-POINT trail run. 8-mile goes from Rainbow Trailhead to Potter Trailhead. 4-mile goes from McHugh Trailhead to Potter.

May 9 Sat  
Alaska Zoo Kids Fun Run - Anchorage
Meet Time: 9:00:00 AM - Alaska Zoo 4731 O'Malley Rd.
Distance: .25K, 1k - Gravel trails through the zoo
Race Time: 9:30:00 AM
Adult Fee: N/A Child Fee: 25
Contact: Jill Myer - 907-341-6435  
development@alaskazoo.org
Alternative: Pat Lampi - 907-341-6427
Website: www.alaskazoo.org
Sponsored By: McDonalds, Healthy Futures
Comments: Gravel trails through the zoo
May 9 Sat
Girls on the Run 5K - Anchorage
Meet Time: 9:30:00 AM - Alaska Football Stadium
Distance: 5.0 KM - For this Family Fun Run - pre- and post- run activities will be at the AFS, with the run route on the adjacent Chester Creek Trail.
Race Time: 10:30:00 AM
Adult Fee: 15 Child Fee: 10
Contact: Kennis Brady - 907-351-2250
director@gotrsouthcentralak.org
Alternative: -
Website: www.gotrsouthcentralak.org
Sponsored By:
Comments: Out and back on the Chester Creek Trail

May 9 Sat
Love A Nurse Run - Anchorage
Meet Time: 10:00:00 AM - Hilltop Ski Area
Distance: 5K - Trail Run
Race Time: 10:00:00 AM
Adult Fee: $25 Child Fee: 0
Contact: Chanti Ward - 9072740827
chanti@aknurse.org
Alternative: Andrea Nutty - 9072740827
Website: www.loveanurserun.com
Sponsored By: Alaska Nurses Association
Comments: This is a cross country style trail run using the Besh and Gasline trails at Hilltop. Start/Finish will be near the parking lot. Wildlife are active in this area --- please be on the lookout and use judgement. Course subject to change.

May 9 Sat
Moose River Hustle - Sterling
Meet Time: 9:00:00 AM - Sterling Senior Center Milepost 83.5 Sterling Hwy
Distance: 1 mile $ 3 mile - 1 mile is flat, 3 mile mostly flat with a moderate hill
Race Time: 10:00:00 AM
Adult Fee: $20.00/$50.00 Family Child Fee: 10
Contact: Tammy Strausbaugh - 907-252-2959
wrestle@acsalaska.net
Alternative: Kurt Strausbaugh - 907-252-6172
Website: www.sterlingseniors.org
Sponsored By: Sterling Senior Center
Comments: Age group awards, door prizes, proceeds to benefit the Sterling Senior Center's "Meals on Wheels" program.
May 9 Sat

Trailside Triathlon - Anchorage
Meet Time: 10:00:00 AM - Trailside Elem./Service HS pool
Distance: Various - Service pool swim, bike loops around Service High School, run trails behind school.
Race Time: 11:00:00 AM
Adult Fee: N/A Child Fee: 20
Contact: Carleen Ulbrich - 907-742-5500
ulbrich_carleen@asdk12.org
Alternative: Trailside PTA
Website: runsignup.com
Sponsored By: Trailside PTA and Healthy Futures
Comments: Service pool swim, bike loops around Service High School, run trails behind school.
Course lengths vary according to grade, open to grades K-6. Register at runsignup.com. Volunteers needed, please e-mail ulbrich_carleen@asdk12.org

May 10 Sun

2nd Annual Olin Turbo and Mom Family Fun Run - Anchorage
Meet Time: 11:00:00 AM - Service High School
Distance: 2 Kilometers - Rolling trail through the park trails behind Service
Race Time: 11:00:00 AM
Adult Fee: $5 suggested donation per bib Child Fee:
Contact: Adam Ahonen - 907-244-0066
ahonenadam@gmail.com
Alternative: Mary.ahonen3@gmail.com - 907-317-4252
Website: Sponsored By:
Comments:

May 10 Sun

Migration Run - Homer
Meet Time: 9:30:00 AM - Homer Fishing Hole
Distance: 5 K - An easy flat 5 K along the spit trail.
Race Time: 10:00:00 AM
Adult Fee: 25 Child Fee:
Contact: Andy Haas - 9072353270
yatra@ak.net
Alternative: -
Website: https://www.facebook.com/KachemakBayRunningClub/
Sponsored By: Kachemak Bay Running Club
Comments: Flat and easy and fun along the Homer Spit.
May 12 Tue
Spring Out of the Den Duathlon Series Race #2 - Anchorage
Meet Time: 6:00:00 PM - Kincaid Chalet
Distance: 1.25mile run - 10mile bike - 1.25mile run - This is a run-bike-run duathlon on all paved surfaces.
Race Time: 6:00:00 PM
Adult Fee: 25 Child Fee: 20
Contact: Heather Helzer - 9073512232
heather.helzer@turnagaintraining.com
Alternative:
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fun duathlon race for kids ages 4yrs old through adults with 3 different courses depending on age.

May 16 Sat
2020 Alaska Law Enforcement Torch Run and Pledge Drive - Statewide
Meet Time: 10:00:00 AM - Statewide
Distance: 5K - Out & Back
Race Time: 10:00:00 AM
Adult Fee: $35 Child Fee: 35
Contact: Sage Caswell - 907-222-7625
sage@specialolympicsalaska.org
Alternative:
Website: www.specialolympicsalaska.org
Sponsored By:
Comments:

May 16 Sat
Exit Glacier 5K/10K - Seward
Meet Time: 8:00:00 AM - Resurrection Roadhouse
Distance: 5K & 10K - Flat-ish
Race Time: 10:00:00 AM
Adult Fee: $40 Child Fee: 26
Contact: Ian Jones - 907-224-4054
ijones@cityofseward.net
Alternative: Latesha Layne - 907-224-4055
Website: runsignup.com
Sponsored By: City of Seward Parks and Recreation
Comments:
May 16 Sat
Fairbanks Heart walk - Fairbanks
Meet Time: 9:00:00 AM - Veteran's Memorial Park
Distance: 1 & 3 Mile - City roads
Race Time: 10:00:00 AM
Adult Fee: $25 Donation Child Fee: 0
Contact: Jacyn DeBaun - 907-374-4446
        Jacyn.DeBaun@Heart.org
Alternative: JoLee Giuchici - 907-388-1072
Website: FairbanksHeartWalk.org
Sponsored By: American Heart Association
Comments: Fun, non-competitive event for all ages and abilities. All proceeds benefit the American Heart Association.

May 16 Sat
O'Malley Fun Run - Anchorage
Meet Time: 10:00:00 AM - O'Malley Elementary School
Distance: 2K & 5K - Family-friendly 2K & 5K Fun Run & Walk
Race Time: 10:00:00 AM
Adult Fee: $20 Child Fee: 20
Contact: Melissa Sundberg - 907-830-4691
        melamiller@hotmail.com
Alternative: omalleypta@gmail.com -
Website: https://runsignup.com/omalleyfunrun2020
Sponsored By: O'Malley Elementary PTA & Healthy Futures
Comments: A family-friendly Fun Run/Walk including a 2K and 5K race.

May 21 Thu
Kal's Knoya Ridge Run - Anchorage
Meet Time: 5:00:00 PM - Klutina Dr., Chugach Foothills
Distance: 8.5K-4300' vert, 5.6K-2900' vert., 2.5K-1200' vert - Rolling foothills climb with alpine finish. Significant elevation gain.
Race Time: 6:00:00 PM
Adult Fee: Donation, CC, Cash, or Check Child Fee: 0
Contact: Bill Spencer - 907 306 0077
        bill.spencer@hdrinc.com
Alternative: Anson Moxness - 907 242 5995
Website: http://www.alaskamountainrunners.org
Sponsored By: Skinny Raven Sports, HDR ALASKA, Tom Besh Memorial Fund
Comments: Registration: Day of race only, minors require parent or guardian signature. Parking along pioneer DR. Do not block driveways. You must have a JBER: Sportsman pass to access this area at any time except during the event.
May 21 Thu
Trent Waldron Half Marathon Bib Pick Up - Anchorage
Meet Time: 4:30:00 PM - Skinny Raven Sports (800 H Street)
Distance: n/a - Meet Time 4:30-6:30 PM
Race Time: 12:00:00 AM
Adult Fee: $35.00 Half Marathon, $25.00 10K Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www ancoragerunningclub org
Sponsored By: Anchorage Running Club
Comments: Day of race bib pick up 07:30-08:45am at Westchester Lagoon.

May 23 Sat
Prince of Wales Island Marathon - Prince of Wales Island
Meet Time: 7:00:00 AM - Craig High School
Distance: Marathon, Half Marathon, 4-person and 8-person Marathon Relays - Early Bird fees end at midnight on April 15th. All registrations are accepted until midnight Wed May 20th
Race Time: 8:00:00 AM
Adult Fee: marathon-$65, half marathon-$60, relay team captain/member-$55 Child Fee:
Contact: 
Alternative: info@powmarathon.org
Website: http://www.powmarathon.org
Sponsored By: Prince of Wales Runners Club
Comments: Our out-and-back course starts at Craig High School along the Klawock Channel, which runs to the Big Salt Lake Highway and back. The marathon course (standard 26.2 miles) has more challenging mountainous terrain than the half. Marathon is USATF certified, #AK14007FW. Boston Marathon qualifying race. Aid stations on the course will close at 4 PM on race day.

May 23 Sat
Seldovia Memorial Day 5K - Seldovia
Meet Time: 10:00:00 AM - Seldovia
Distance: 5K - Mostly flat loop around the City of Seldovia
Race Time: 10:00:00 AM
Adult Fee: $10.00 Child Fee: 0
Contact: Steve Bainbridge - 907-202-3095
bainbridge.noblespirit.steve@gmail.com
Alternative: -
Website: Sponsored By:
Comments:
May 23 Sat
Trent Waldron Half Marathon & 10K - Anchorage
Meet Time: 7:30:00 AM - Margaret Sullivan Park on W 15th Ave between S Street & U Street
Distance: 13.1 mi & 10K -
Race Time: 12:00:00 AM
Adult Fee: $35.00 Half Marathon, $25.00 10K Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club
Comments: Located at Margaret Sullivan Park on W. 15th Ave, between S St. & U St.
Benefits Anchorage Young Cancer Coalition.
This race is a qualifier for the Sleeping Lady Challenge. Day of race bib pick up 07:30-08:45am.

May 25 Mon
Mouth to Mouth Wild Run & Ride - Kasilof to Kenai
Meet Time: 10:00:00 AM - 10 mile start: Kasilof River Special Use Area. 3 mile start: Cannery Rd beach access off Dunes Rd
Distance: 10 miles or 3 miles - Low tide beach run/ fat bike ride between Kasilof and Kenai rivermouths
Race Time: 12:00:00 PM
Adult Fee: $30 by Apr 1st, $35 pre-reg, $40 day of, *$5 off CIK members
Child Fee: 20
Contact: Kaitlin Vadla - 907-252-6525 kaitlin@inletkeeper.org
Steve Cothran - 907-953-0233
Alternative: Steve Cothran - 907-953-0233
Website: inletkeeper.org/m2m
Sponsored By: Cook Inletkeeper. Proceeds support Inletkeeper’s work to protect the Cook Inlet watershed and all the life it sustains.
Comments: All participants entered to win fat bike! Beautiful race shirts guaranteed if you register by Apr 1st. CIK members get $5 off. 10 mile run/fat bike from Kasilof to Kenai 10:00am registration, 12:00pm start @ Kasilof River Special Use Area. 3 mile run from Cannery Rd Beach to Kenai River mouth and back 12:00pm registration, 1:00pm start @ Cannery Rd beach access off Dunes Rd. Finish line beach party, awards, local food & drink 2-4pm.
May 26
Spring Out of the Den Duathlon Series Race #3 - Anchorage
Meet Time: 6:00:00 PM - Kincaid Chalet
Distance: 1.25mile run - 10mile bike - 1.25mile run - This is a run-bike-run duathlon on all paved surfaces.
Race Time: 6:00:00 PM
Adult Fee: 25 Child Fee: 20
Contact: Heather Helzer - 9073512232
       heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fun, duathlon for kids ages 4yrs old through adults with 3 different courses, depending on age.

May 29
Skinny Raven Twilight 12K & Skinny Mini 6K - Anchorage
Meet Time: 6:00:00 PM - Skinny Raven Sports, Delaney Park Strip
Distance: 12K & 6K - Roads and bike paths, featuring the bridge to Government Hill
Race Time: 7:00:00 PM
Adult Fee: $50 Child Fee: 40
Contact: Skinny Raven Events & Timing -
       timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/twilight-12k/
Sponsored By: -
Comments: Join us for a sweet tour of Downtown, Government Hill, the Coastal Trail, and South Addition on the most unique road course in Anchorage.

May 30
5.29 K Race For Financial Fitness - Anchorage
Meet Time: 10:00:00 AM - Campbell Tract
Distance: 5.29 K - Loop with some hills
Race Time: 10:00:00 AM
Adult Fee: 40 Child Fee: 0
Contact: Flora Teo - 907-344-0101
       fteo@ja-alaska.org
Alternative: Tito Munoz - 907-344-0101
Website: alaska.ja.org
Sponsored By: Alaska 529 and Junior Achievement of Alaska
Comments: Join community members and raise funds to support statewide K-12 financial literacy programs. Students will be eligible to win scholarships sponsored by Alaska 529. See website for details on how to enter.
<table>
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<tr>
<th>Date</th>
<th>Group</th>
<th>Meet Time</th>
<th>Distance</th>
<th>Race Time</th>
<th>Adult Fee</th>
<th>Child Fee</th>
<th>Contact</th>
<th>Alternative</th>
<th>Website</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>May</td>
<td>Exceed Women’s Running Team - Anchorage</td>
<td>6:00:00 PM</td>
<td>varies depending on workout - Coached workouts, track and trail runs, occasional potlucks</td>
<td>6:00:00 PM</td>
<td>Membership $100/season</td>
<td>Child Fee</td>
<td>Robin Mullen - 907.903.5837 <a href="mailto:runexceedAK@gmail.com">runexceedAK@gmail.com</a></td>
<td>Laura Harris - 907.632.3595</td>
<td><a href="http://www.runexceed.org">www.runexceed.org</a></td>
<td>We meet every Tuesday at 6pm, April through August. Check website or Facebook for locations and workout details. You can attend twice for free before paying membership fee. All levels are welcome!</td>
</tr>
<tr>
<td>May</td>
<td>Peak Performers Track Club - Anchorage</td>
<td>6:00:00 PM</td>
<td>intervals - West High track</td>
<td>6:00:00 PM</td>
<td>Membership fee $65, $110.00 family(2)/$160 3 or more</td>
<td>Child Fee</td>
<td>Jason Hofacker - 240-6982 <a href="mailto:anchoragekim@yahoo.com">anchoragekim@yahoo.com</a></td>
<td>Kim Baldwin - 274-1061</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Jun</td>
<td>MatSu Running Club Junior Group - Palmer</td>
<td>4:30:00 PM</td>
<td>Various - N/a</td>
<td>4:30:00 PM</td>
<td>N/A Child Fee</td>
<td></td>
<td>Rhonda Knopp - 907-355-6258 <a href="mailto:coachknopp@yahoo.com">coachknopp@yahoo.com</a></td>
<td>-</td>
<td>matsurunningclub.org</td>
<td>Ages 10-15; Coached training sessions on track and trail. Contact Coach Knopp for more information. June - July</td>
</tr>
</tbody>
</table>
38th Annual
Midnight Sun Run 10K

June 20, 2020
Fairbanks, Alaska

Come run under the Midnight Sun!
Race starts at 10 PM

$500 to Top Male & Female
PRIZE MONEY SPONSOR

BEAVER SPORTS

RACE PRODUCER
FRAFRAFRAFRA
FAIRBANKS RESOURCE AGENCY
Race proceeds benefit FRA, a non-profit organization championing individuals with disabilities since 1967.
Jun 2 Tue
MatSu Running Club - Junior group - Palmer
Meet Time: 4:30:00 PM - Colony High Track
Distance: N/A - N/A
Race Time: 4:30:00 PM
Adult Fee: N/A Child Fee:
Contact: Rhonda Knopp - 907-355-6258
         coachknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running Club
Comments: Ages 10-15; Coached training sessions on track and trail.
Contact Coach Knopp for more information. June 2 - July 21.

Jun 5/6 Fri/Sat
Alaska Relay - Chugiak-Seward
Meet Time: Mirror Lake Park
Distance: 187 miles -
Race Time: 7:00:00 AM
Adult Fee: $1450/team Child Fee:
         Nathan@NxNWRelays.com
Alternative: -
Website: www.TheAlaskaRelay.com
Sponsored By: North by Northwest Relays
Comments: AK Relay is a 36 leg course from Chugiak, through the Anchorage trail system, and down the Seward Hwy all the way to Seward.

Jun 6 Sat
Alaska Run for Women - Registration - Anchorage
Meet Time: 10:00:00 AM - University Center
Distance: 1, 5 - 10am - 1pm
Race Time: 10:00:00 AM
Adult Fee: Donation Child Fee:
Contact: Rachel Huckfeldt - run@akrfw.org
Alternative: -
Website: www.akrfw.org
Sponsored By:
Comments:
**Alaska Run for Women - Registration - Anchorage**

Meet Time: 4:00:00 PM - University Center
Distance: 1 & 5 Mile - 4pm - 7pm
Race Time: 4:00:00 PM
Adult Fee: Donation Child Fee:
Contact: Rachel Huckfeldt
registration@akrfw.org
Alternative: -
Website: www.akrfw.org
Sponsored By:
Comments:

**Alaska Run for Women - Registration - Anchorage**

Meet Time: 4:00:00 PM - University Center
Distance: 1 & 5 mile - 4pm - 7pm
Race Time: 4:00:00 PM
Adult Fee: Donation Child Fee:
Contact: Rachel Huckfeldt
registration@akrfw.org
Alternative: -
Website: www.akrfw.org
Sponsored By:
Comments:

**Midnight Sun Lazyman Triathlon - Wasilla**

Meet Time: 6:00:00 PM - Wherever You Are
Distance: 140.7 - Inside or outside, in a lake or a pool, on a stationary or mobile bicycle. Do what you can, when you can, with what you can.
Race Time: 6:00:00 PM
Adult Fee: 35
Child Fee: 35
Contact: Traci Sanders - 907-355-6110
htraci@hotmail.com
Alternative: Christy Hronkin - 907-232-8871
Website: http://midnightsunlazyman.weebly.com/
Sponsored By: Varies, if you would like to donate please contact us.
Comments: The Midnight Sun Lazyman Triathlon is an Ironman distance accomplished over 6 weeks, 2.5 mile swim, 112 miles on bike, 26.2 miles by foot. Do it alone, do it with others, do what you can, we encourage forward movement. This is a virtual race, register on our website, do the mileage over 6 weeks, and join us at the celebration BBQ August 8th to eat, greet, get treats, and feel good you did this feat. Join us on Facebook for encouragement and accountability.
28th Annual Mosquito Meander Fun Race/Walk - Fairbanks

Meet Time: 8:30:00 AM - Pioneer Park
Distance: 5K - 5K run/walk through city streets. Race begins and ends at Pioneer Park
Race Time: 10:00:00 AM
Adult Fee: $25 Child Fee: 10
Contact:  

Alternative: Agnes Brockmeyer - (907) 456-9032
Website: www.rcpcfairbanks.org
Sponsored By: Kinross Fort Knox
Comments: Fun 5K run through city streets that begins and ends at Pioneer Park

Alaska Run for Women - Anchorage

Meet Time: 8:00:00 AM - Anchorage Football Stadium
Distance: 5 mile & 1 mile - Scenic on road and paved trail.
Race Time: 8:30:00 AM
Adult Fee: Donation Child Fee: 0
Contact:  

Alternative: -
Website: www.akrfw.org
Sponsored By: Alaska Run for Women
Comments: Grab your friends & family for this inspiring all women's event benefiting the fight against breast cancer. 100% of the entry fee goes towards mammograms, breast research and education. Walkers welcome! One of the largest all women's runs in the US.

Run for the River - Soldotna

Meet Time: 8:00:00 AM - Soldotna Creek Park
Distance: 5K & 10 Mile - Trail, gravel and paved roads; multiple run flat loop course
Race Time: 8:30:00 AM
Adult Fee: $25 Child Fee: 25
Contact:  

Alternative: Tami Murray - 907-260-5449
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: 10 Mile starts at 8:30, 5K starts at 9:00. Registration fee increases after May 31. Bib pick-up and FREE Runners Feed June 12. All runners receive free t-shirt with registration. Run is a component of the Kenai River Festival. "Like" our Facebook page for updates, pictures and results!
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Meet Time</th>
<th>Distance</th>
<th>Race Time</th>
<th>Adult Fee</th>
<th>Child Fee</th>
<th>Contact</th>
<th>Alternative</th>
<th>Website</th>
<th>Sponsored By</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jun 13 Sat</td>
<td>Why Not Tri? - Wasilla</td>
<td>8:00:00 AM - Wasilla High School</td>
<td>race - Pool swim, followed by a fast road bike loop, and a 5K on pavement</td>
<td>9:00:00 AM</td>
<td>$55 - $150</td>
<td></td>
<td>Why Not Tri - <a href="mailto:wasillatriinfo@gmail.com">wasillatriinfo@gmail.com</a></td>
<td></td>
<td><a href="https://www.whynottriwasilla.net/">https://www.whynottriwasilla.net/</a></td>
<td></td>
<td>In conjunction with Anchorage Mayor’s Marathon and Half Marathon Expo and Bib Pickup. Healthy Heroes role models will be in attendance and will run with the kids and pass out Healthy Future pins.</td>
</tr>
<tr>
<td>Jun 13 Sat</td>
<td>Why Not Tri? - Kid's Race - Wasilla</td>
<td>3:15:00 PM - Wasilla High School</td>
<td>50 yard swim (two laps), 3 mile bike, 1 mile run - New this year - all kids race the same distance! Pool swim. Out and back bike on a trail. Run is out and back.</td>
<td>3:30:00 PM</td>
<td>$30</td>
<td>30</td>
<td>Why Not Tri - <a href="mailto:wasillatriinfo@gmail.com">wasillatriinfo@gmail.com</a></td>
<td></td>
<td><a href="https://www.whynottriwasilla.net">https://www.whynottriwasilla.net</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jun 18 Thu</td>
<td>Healthy Futures Kids Mile - Anchorage</td>
<td>7:00:00 PM - Alaska Airlines Center</td>
<td>1 mi - Paved loop in vicinity of Alaska Airlines Center</td>
<td>7:00:00 PM</td>
<td>see website</td>
<td>0</td>
<td>UAA - 907-786-1325 <a href="mailto:track@alaska.edu">track@alaska.edu</a></td>
<td>Matias Saari - 907-529-4178</td>
<td><a href="http://www.mayorsmarathon.com">www.mayorsmarathon.com</a></td>
<td>Healthy Futures, Anchorage Parks &amp; Recreation, University of Alaska Anchorage &amp; ConocoPhillips.</td>
<td></td>
</tr>
</tbody>
</table>
HeartReach Center's 5k for LIFE

PRIZE DRAWINGS!!!
DETAILS ONLINE

BIKE * WALK * RUN

June 20th!

Races begin and end at the Trunk Rd. Park & Ride

Bikers Heat @ 10 a.m.
Foot Heat @ 10:30 a.m.

Heats are professionally timed, and competitive racers will be given the opportunity to start at the line. Walkers, wheelchairs, strollers and kiddie bikes are welcome.

friendsofheartreach.com
(or by phone @ 373-3456)
Jun 20 Sat

5K Family Fun Run/Walk - Nikiski
Meet Time: 9:00:00 AM - Nikiski Community Recreation Center
Distance: 5 K - Groomed trails. Mostly flat, with some hills.
Race Time: 10:00:00 AM
Adult Fee: $25- Tshirt included. Child Fee:
Contact: Jackie Cason - 907-776-8800
cason@kpb.us
Alternative: Teri Langston - 907-776-8800
Website: www.northpenrec.com
Sponsored By: North Peninsula Recreation Service Area
Comments: Groomed trails. Mostly flat, with some hills.

Anchorage Mayor’s ½ & Buddy Marathon - Anchorage
Meet Time: 8:00:00 AM - Delaney Park Strip
Distance: 13.1 mi - Paved road, dirt and paved trails
Race Time: 9:30:00 AM
Adult Fee: Check Website Child Fee:
Contact: UAA - 907-786-1325
track@alaska.edu
Alternative: -
Website: www.mayorsmarathon.com
Sponsored By: Anchorage Parks & Recreation, University of Alaska Anchorage & ConocoPhillips.
Comments: Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up

Anchorage Mayor's Coastal 5K - Anchorage
Meet Time: 8:30:00 AM - Delaney Park Strip
Distance: 3.1 mi - Paved roads and trails
Race Time: 9:45:00 AM
Adult Fee: Check Website
Contact: UAA - 907-786-1325
track@alaska.edu
Alternative: -
Website: www.mayorsmarathon.com
Sponsored By: Anchorage Parks & Recreation, University of Alaska Anchorage & ConocoPhillips.
Comments: Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up
Jun 20 Sat  Anchorage Mayor’s Marathon & Relay - Anchorage
Meet Time: 6:30:00 AM - Kincaid Park
Distance: 26.2 Miles - Kincaid to Far North Bicentennial Park and back to Delaney Park Strip
Race Time: 7:30:00 AM
Adult Fee: Check Website
Contact: UAA - 907-786-1325
track@alaska.edu
Alternative: -
Website: www.mayorsmarathon.com
Sponsored By: Anchorage Parks & Recreation and UAA
Comments: University of Alaska Anchorage & ConocoPhillips. 4 person relay team event, 6 team divisions. Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up

Jun 20 Sat  5k for Life - Palmer
Meet Time: 10:00:00 AM - Trunk Road Park and Ride
Distance: 5k - Professionally timed event. Out and back course. Mostly flat with a slight incline on the out portion.
Race Time: 10:00:00 AM
Adult Fee: $25 per racer or $50 per family (pre-registered) Race day is $35/$65
Child Fee: 0
Contact: HeartReach Center - (907) 373-3456
info@heartreachalaska.com
Alternative: Tara Vanaman - 4045839788
Website: friendsofheartreach.com
Sponsored By: HeartReach Center
Comments: 5k out and back course beginning at the Trunk Road Park and Ride and following the bike route along Trunk Road past the Matanuska Susitna College.

Jun 20 Kenai’s Solstice Run 5k & 10K - Kenai
Meet Time: 10:00:00 PM - Kenai Visitor & Cultural Center
Distance: 5k &10k - Run will start at the Kenai Visitor Center, wind through Old Town and along the Kenai Spur ending at Kenai Joe's for post run fun!
Race Time: 10:00:00 PM
Adult Fee: $30 Child Fee: 15
Contact: Kenai Chamber of Commerce - 907.283.1991
    johna@kenaichamber.org
Alternative: - 907.283.1991
Website: kenaichamber.org
Sponsored By:
Comments:
Jun 20 Sat
Midnight Sun Run - Fairbanks
Meet Time: 10:00:00 PM - UAF Patty Center - UAF Campus
Distance: 10K - Sidewalks and paved roads through Fairbanks neighborhoods, point to point.
Race Time: 10:00:00 PM
Adult Fee: 30 Child Fee: 15
Contact: Wendy Cloyd - 907-456-8901
racedirector@fra-alaska.net
Alternative: - 9074568901
Website: https://midnightsunrun.net/
Sponsored By: Fairbanks Daily News-Miner
Comments:

Jun 21 Sun
Robert Spurr Memorial Hill Climb (Bird Ridge) - Indian
Meet Time: 9:30:00 AM - Bird Ridge Trailhead (original)
Distance: 3 miles - Uphill only with 3400' vertical gain on singletrack trail
Race Time: 10:00:00 AM
Adult Fee: $35 Child Fee:
Contact: Lyon Kopsack - 907-707-5316
lyonkopsack@yahoo.com
Alternative: Annie Connelly - 907-390-7073
Website: www.alaskamountainrunners.org
Sponsored By: Alaska Mountain Runners
Comments: No bib pickup after 9:30 a.m. on race day. No race-day registration. 250 person limit. Junior course goes halfway. Use new large parking lot (called "Bird Creek Access"). Lottery registration open from May 1-7 (link at www.alaskamountainrunners.org).

Jun 23 Tue
Rainbow Run - Anchorage
Meet Time: 5:00:00 PM - Next to the Comfort Inn at 111 W. Ship Creek Avenue
Distance: 5K - This 5K run or walk will be held along Anchorage's Ship Creek Trail.
Race Time: 6:00:00 PM
Adult Fee: $30 Child Fee:
Contact: Eric Van Dongen - 907-240-2904
AKRainbowRun@gmail.com
Alternative: Kathleen Chivers-Carter - 907-947-0331
Website: http://anchoragepride.org
Sponsored By: dentity Inc., Snow City Cafe, and Anchorage Front Runners
Comments: Lace up your running shoes, show off your most creative rainbow costume, and join in at Alaska PrideFest's 6th Annual Rainbow Run.
Jun 25
Thu
Running Free 4 Miler - Eagle River
Meet Time: 6:00:00 PM - Eagle River High School
Distance: 4 Miles - Out and back from Eagle River High School to Hiland Correctional
Race Time: 7:00:00 PM
Adult Fee: $35 Child Fee: 15
Contact: Lisa Keller - 9072429361
info@runningfreealaska.com

Sponsored By: Running Free Alaska
Comments: This unique course includes a loop around Hiland Mountain Correctional Center where runners in the Running Free Alaska program will cheer you on! The race is a fundraiser for RFA, celebrating the redemptive power of running in Alaska’s prisons.

Jun 26
Fri
Midnight Sun Lazyman Triathlon - Wasilla
Meet Time: 6:00:00 PM - Wherever You Are
Distance: 140.7 - Inside or outside, in a lake or a pool, on a stationary or mobile bicycle. Do what you can, when you can, with what you can.
Race Time: 6:00:00 PM
Adult Fee: 35 Child Fee: 35
Contact: Traci Sanders - 907-355-6110
htraci@hotmail.com
Alternative: Christy Hronkin - 907-232-8871
Website: http://midnightsunlazyman.weebly.com/

Sponsored By: Varies, if you would like to donate please contact us
Comments: The Midnight Sun Lazyman Triathlon is slightly longer than an Ironman distance accomplished over 6 weeks, 2.5 mile swim, 112 miles on bike, 26.2 miles by foot. Do it alone, do it with others, do what you can, we encourage forward movement. This is a virtual race, register on our website, do the mileage over 6 weeks, and join us at the celebration BBQ August 8th to eat, greet, get treats, and feel good you did this feat. Join us on Facebook for encouragement and accountability.

Jun 27
Sat
10 K to the Bay - Homer
Meet Time: 9:00:00 AM - Homer High School
Distance: 10 K - A lovely run from the High School to the end of the spit
Race Time: 10:00:00 AM
Adult Fee: 30 Child Fee:

Contact: Andy Haas - 907-235-3270
yatra@ak.net

Website: https://www.facebook.com/KachemakBayRunningClub/
Sponsored By: Kachemak Bay Running Club
Comments: This is the traditional Spit Run: starting at the High School to the end of the spit, it has magnificent views.
ANCHORAGE RUNNING CLUB

August 15-16
2020

START / FINISH DOWNTOWN

SATURDAY

Kids’ 2K Fun Run

The Anchorage Mile
USATF Certified

The Military Mile
USATF Certified

SUNDAY

49K Ultra
USATF Certified

Marathon
USATF Certified / Boston Marathon Qualifier
Marathon Relay

1/2 Marathon
USATF Certified

5K
USATF Certified

Anchorage Running Club is a 501(c)(3) not-for-profit organization.

Register online: anchoragerunfест.org
**Jun 27 Sat**  
**Cosmic Hamlet Half Marathon - Homer**

Meet Time: 8:00:00 AM - End of the spit (Land's End parking lot)
Distance: Half Marathon - End of the spit to the high school and back to the end of the spit. Prettiest views in the state.
Race Time: 9:00:00 AM
Adult Fee: 40  
Child Fee:  
Contact: Andy Haas - 9072353270  
yatra@ak.net

**Website:** https://www.facebook.com/KachemakBayRunningClub/  
**Sponsored By:** Kachemak Bay Running Club  
Comments:

**Jun 30 Tue**  
**Alaska Outdoor Splash n' Dash Series Race #1 - Anchorage**

Meet Time: 5:00:00 PM - Service High Pool
Distance: 100m swim - .75mile run - This is a pool swim followed by a mostly flat trail run.
Race Time: 5:30:00 PM
Adult Fee: 0  
Child Fee: 25  
Contact: Heather Helzer - 907-351-2232  
heather.helzer@turnagaintraining.com

**Website:** www.TurnagainTraining.com  
**Sponsored By:** Turnagain Training  
Comments: This is a fun kids only SwimRun race. Kids can either compete in the shorter distance 100m swim - .75mile run or longer distance 300m swim - 1.5mile running race.

**Jun 5 Tue**  
**Exceed Women's Running Team - Anchorage**

Meet Time: 6:00:00 PM - Various locations
Distance: varies depending on workout - Coached workouts, track and trail runs, occasional potlucks
Race Time: 6:00:00 PM
Adult Fee: Membership $100/season  
Child Fee:  
Contact: Robin Mullen - 907.903.5837  
runexceedAK@gmail.com

**Alternative:**  
**Website:** www.runexceed.org  
**Sponsored By:** Exceed Women's Running Team  
Comments: We meet every Tuesday at 6pm, April through August. Check website or Facebook for locations and workout details. You can attend twice for free before paying membership fee. All levels are welcome!
Jun
Tue
Peak Performers Track Club - Anchorage
Meet Time: 6:00:00 PM - West High Track
Distance: intervals - West track
Race Time: 6:00:00 PM
Adult Fee: Membership fee $65, $110 family(2)/$160 3 or more Child Fee:
Contact: Jason Hofacker - 240-6982
anchoragekim@yahoo.com
Alternative: Kim Baldwin - 274-1061
Website:
Sponsored By: Peak Performers Track Club
Comments:

July
4
Salmon Shuffle - Seldovia
Meet Time: 9:00:00 AM - Seldovia Harbor
Distance: 5 km - Flat, some hills, from town to airport and back.
Race Time: 9:00:00 AM
Adult Fee: $25 Child Fee: 10
Contact: Tania Spurkland - 9072022740
tmspurkland@gmail.com
Alternative: Steve Bainbridge - 9072023095
Website: SeldoviaArtsCouncil.net
Sponsored By: Seldovia Arts Council
Comments: 5 km, easy course, through town to airport and back.

July
4
Sat
Talkeetna All Trails Run - Talkeetna
Meet Time: 1:30:00 PM - Talkeetna Lakes Park
Distance: 5 K and 10 K - Join us following our small town parade, this 4th of July run is on the Talkeetna Lakes Park Trail System, a boreal forest that circumnavigates natural lakes. A variety of Alaskan wildlife, such as loons & other bird life are seen here. Both distances have viewpoints of the Alaska Range. The race start & end is at the Whigmi Road Trailhead, located 3.5 miles from downtown Talkeetna. The race is on maintained unpaved trails. Both distances are loops. 5K has moderate hills & wide grass trail, 10K is both wide grass & single track dirt hiking trail, some steeper hills. This race is timed. Porta-potties will be at the start/finish area.
Race Time: 2:00:00 PM
Adult Fee: 30 Child Fee: 0
Contact: Caitlin Palmer - svptsa@gmail.com
Alternative: 
Website: https://www.webscorer.com/Talkeetna-4th-Run
Sponsored By: Susitna Valley Jr. Sr. high School PTSA
Comments: Non-profit 501 C3 volunteer organization dedicated to providing Su Valley Middle and High School students a high quality educational experience.
22nd Annual
Wildlife Rescue
Run & Walk

Saturday • July 25, 2020

All Proceeds Benefit Rescue of Alaskan Marine Wildlife

July 8 Wed

Master’s 5K & 10K - Anchorage
Meet Time: 5:30:00 PM - Chuck Albrecht Fields
Distance: 5K or 10K- limited to runners 40 years and older - n/a
Race Time: 6:00:00 PM
Adult Fee: See Website Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club
Comments: Race day registration only. Age group awards immediately following.
Salmon Run Series #1 - Soldotna
Meet Time: 5:45:00 PM - Tsalteshi Trails
Distance: 5K - Trail run, some hills
Race Time: 6:00:00 PM
Adult Fee: $10 Online/$40 for 5 week series or $15 Race Day
Child Fee: 
Contact: Tami Murray - 907-260-5449 X1204
tami@kenaiwatershed.org
Alternative: Rhonda McCormick - 907-260-5449
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: World Class trail running on Tsalteshi Trails with 1 mile kids race before the 5K

Bear Paw 5K - Eagle River
Meet Time: 10:30:00 AM - Auto Zone, Eagle River
Distance: 5K - Run the streets of Cheering Fans along the parade route, to the bike trail and back to the Finish. Fast 5K.
Race Time: 10:30:00 AM
Adult Fee: $30.00 With T-shirt  20.00 No T-shirt. See online Registration for more details. www.cer.org or www.skinnyraven.com
Child Fee: 0
Contact: Joey Caterinichio - 907 229 6427
jcaterinichio@alaska.net
Alternative: -
Website: www.cer.org or www.skinnyraven.com
Sponsored By: GCI
Comments: 

Hatcher Pass Marathon & Relay - Willow
Meet Time: 7:00:00 AM - Shirley Towne Drive to Independence Mine
Distance: Marathon or 2-3 person marathon relay - From Willow side, 25ish miles climb followed by steep 1.5ish miles steep descent.
Race Time: 7:00:00 AM
Adult Fee: $80 individual, $160 relay
Child Fee: 0
Contact: Natalie Bickers - (907)232-6145
happymalamuteak@gmail.com
Alternative: Eric Bickers - (907)982-3981
Website: https://happymalamuterunning.com/hatcher-pass-marathon
Sponsored By: 
Comments: 
**July 14 Tue**
Alaska Outdoor Splash n’ Dash Series Race #2 - Anchorage
Meet Time: 5:00:00 PM - Service High School Pool
Distance: 100m swim - .75mile run - This is a pool swim followed by a trail run.
Race Time: 5:30:00 PM
Adult Fee: 0 Child Fee: 25
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: - 
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fun kids only SwimRun race. Kids can either compete in the shorter distance 100m swim - .75mile run or longer distance 300m swim - 1.5mile running race.

**July 15 Wed**
Salmon Run Series #2 - Soldotna
Meet Time: 5:45:00 PM - Tsalteshi Trails
Distance: 5K - Trail run, some hills
Race Time: 6:00:00 PM
Adult Fee: $10 Online/$15 Day Of Child Fee: 
Contact: Tami Murray - 907+260+5449 X1204 
tami@kenaiwatershed.org
Alternative: Rhonda McCormick - 907-260-5449
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: World Class tail running on Tsaltshi Trails with 1 mile kids race before the 5K

**July 18 Sat**
Alaska Salmon Runs Coho 10K - Cordova
Meet Time: 10:00:00 AM - CCMC parking lot
Distance: 6.2 miles - Level, paved, point to point. From salmon to jammin’, Cordova has it all! Mountains and glaciers line the course of this destination running series with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!
Race Time: 10:30:00 AM
Adult Fee: 20 Child Fee: 20
Contact: Kristin Carpenter - 907-424-5135
runningwild@copperriver.org
Alternative: -
Website: https://salmonjam.org/ak-salmon-runs/
Sponsored By: Baja Taco, REI, Skinny Raven, Trident Seafoods
Comments: Level, scenic, paved, point to point.
June 18 Sat
Alaska Salmon Runs, Humpy 5K - Cordova
Meet Time: 10:00:00 AM - CCMC parking lot
Distance: 5K - Level, paved, point to point.
Race Time: 10:45:00 AM
Adult Fee: 20 Child Fee: 20
Contact: Kristin Carpenter - 907-424-5135
runningwild@copperriver.org
Alternative: -
Website: https://salmonjam.org/ak-salmon-runs/
Sponsored By: Baja Taco, REI, Skinny Raven, Trident Seafoods
Comments: From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination running series with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

June 18 Sat
Alaska Salmon Runs, King Salmon Marathon - Cordova
Meet Time: 6:15:00 AM - CCMC parking lot
Distance: 26.2 miles - Level, 15.2 miles gravel, 11 miles paved, point to point.
Race Time: 7:00:00 AM
Adult Fee: 50 Child Fee:
Contact: Kristin Carpenter - 907-424-5135
runningwild@copperriver.org
Alternative: -
Website: https://salmonjam.org/ak-salmon-runs/
Sponsored By: Baja Taco, REI, Skinny Raven, Trident Seafoods
Comments: USATF certified, level, first 15.5 miles gravel road and remaining 11 miles are on paved road. Course is point to point. From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!
July 18

Alaska Salmon Runs, Smolt 1 Mile - Cordova

Meet Time: 10:45:00 AM - CCMC parking lot
Distance: 1 mile - Level, paved, point to point loop around Odiak Pond and CCMC.
Race Time: 11:15:00 AM
Adult Fee: 20 Child Fee: 20
Contact: Kristin Carpenter - 907-424-5135
runningwild@copperriver.org
Alternative: -
Website: https://salmonjam.org/ak-salmon-runs/
Sponsored By: Baja Taco, REI, Skinny Raven, Trident Seafoods
Comments: From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination running series with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

Alaska Salmon Runs, Sockeye Half-Marathon - Cordova

Meet Time: 9:00:00 AM - CCMC parking lot
Distance: 13.1 miles - Level, 1.2 miles gravel, 12 miles paved, point to point.
Race Time: 9:30:00 AM
Adult Fee: $50 Child Fee: 20
Contact: Kristin Carpenter - 907-424-5135
runningwild@copperriver.org
Alternative: -
Website: https://salmonjam.org/ak-salmon-runs/
Sponsored By: Baja Taco, REI, Skinny Raven, Trident Seafoods
Comments: From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination running series with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

Crow Pass Crossing - Girdwood

Meet Time: 8:00:00 AM - Crow Pass Trailhead
Distance: 22.5 miles - Technical backcountry wilderness race from Crow Pass Trailhead to Eagle River Nature Center
Race Time: 9:00:00 AM
Adult Fee: $75 Child Fee:
Contact: Harlow Robinson - 907-240-3684
matias@healthyfuturesak.org
Alternative: -
Website: www.crowpasscrossing.com
Sponsored By:
Comments: Lottery registration open May 1-5 (link at race website). Capped at 150 entrants. See website for entry requirements, mandatory gear, cutoff info and more. Bib pickup and safety meeting Friday July 17 at Chain Reaction Cycles.
Hightail Half Marathon - Anchorage
Meet Time: 8:00:00 AM - Delaney Park Strip
Distance: 1/2 Marathon & 1/4 Marathon - Paved roads and bike paths along beautiful Chester Creek
Race Time: 9:00:00 AM
Adult Fee: $100/$110 Child Fee:
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/hightail-half-marathon/
Sponsored By:
Comments: Alaska’s ladies only half marathon. A boutique experience unlike any you will find in Alaska.

Salmon Run Series #3 - Soldotna
Meet Time: 5:45:00 PM - Tsalteshi Trails
Distance: 5K - Trail run, some hills
Race Time: 6:00:00 PM
Adult Fee: $10 Online/$15 Day of Child Fee:
Contact: Tami Murray - 907-260-5449 X1204
tami@kenaiwatershed.org
Alternative: Rhonda McCormick - 907-260-5449
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: World Class trail running on Tsalteshi Trails with 1 mile kids race before the 5K

22nd Annual Wildlife Rescue Run/Walk - Seward
Meet Time: 10:00:00 AM - Alaska SeaLife Center, 301 Railway Ave.,
Seward, AK
Distance: 5K - Mostly flat, scenic waterfront.
Race Time: 12:00:00 PM
Adult Fee: $35 before July 24, $40 Day of Child Fee: 0
Contact: Nancy Deel - 907-224-6375
nancyd@alaskasealife.org
Alternative: Nancy Anderson - 907-224-6396
Website: www.alaskasealife.org
Sponsored By:
Comments: Mostly flat, scenic waterfront. Entry fee includes t-shirt & admission to ASLC race day. Proceeds benefit the rescue, rehabilitation & release of Alaska marine animals.
July 25
Sat
Jakolof Bay 10 Miler - Seldovia
Meet Time: 11:00:00 AM - Jakolof Bay Dock
Distance: 10 miles - 10 tough miles of hilly dirt road through the wilderness.
Race Time: 11:00:00 AM
Adult Fee: $10 Child Fee: 10
Contact: Tania Spurkland - 9072022740
tmspurkland@gmail.com
Alternative: Steve Bainbridge - 9072023095
Website: facebook.com/10miler
Sponsored By: Kachemak Running Club, Seldovia Chamber of Commerce
Comments: 10 tough miles of hilly dirt road through the wilderness.

July 26
Sun
Bearfest Marathon, Half Marathon and 5K - Wrangell
Meet Time: 7:00:00 AM - Nolan Center
Distance: 26.2/ 13.1/5K - Through town and out the road and back along the water
Race Time: 8:00:00 AM
Adult Fee: $50.00 early $60 at the door Child Fee: 0
Contact: Sylvia Ettefagh - 907-874-2998
fun@alaskabearfest.org
Alternative: Carol Rushmore - 907-874-2381
Website: www.alaskabearfest.org
Sponsored By:
Comments: Out and back - rolling hills along the water

July 28
Tue
Alaska Outdoor Splash n' Dash Series Race #3 - Anchorage
Meet Time: 5:00:00 PM - Service High School Pool
Distance: 100m swim -.75mile run - This is a pool swim followed by a trail run.
Race Time: 5:30:00 PM
Adult Fee: 0 Child Fee: 25
Contact: Heather Helzer - 907-351-2232
heather.helzer@turnagaintraining.com
Alternative: -
Website: www.TurnagainTraining.com
Sponsored By: Turnagain Training
Comments: This is a fun kids only SwimRun race. Kids can either compete in the shorter distance 100m swim - .75mile run or longer distance 300m swim - 1.5mile running race.
July 29 Wed
Salmon Run Series #4 - Soldotna
Meet Time: 5:45:00 PM - Tsalteshi Trails
Distance: 5K - Trail run, some hills
Race Time: 6:00:00 PM
Adult Fee: $10 Online/$15 Day of Child Fee:
Contact: Tami Murray - 907-260-5449 X 1204
tami@kenaiwatershed.org
Alternative: Rhonda McCormick - 907-260-5449
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: World Class running on Tsalteshi Trails with 1 mile kids race before the 5K

July Tue
Exceed Women's Running Team - Anchorage
Meet Time: 6:00:00 PM - Various locations
Distance: varies depending on workout - Coached workouts, track and trail runs, occasional potlucks
Race Time: 6:00:00 PM
Adult Fee: Membership $100/season Child Fee:
Contact: Robin Mullen - 907.903.5837
runexceedAK@gmail.com
Alternative: Laura Harris - 907.632.3595
Website: runexceed.org
Sponsored By: Exceed Women's Running Team
Comments: We meet every Tuesday at 6pm, April through August. Check website or Facebook for locations and workout details. You can attend twice for free before paying membership fee. All levels are welcome!

July Tue
Peak Performers Track Club - Anchorage
Meet Time: 6:00:00 PM - West High Track
Distance: intervals - West track
Race Time: 6:00:00 PM
Adult Fee: Membership fee $65, $110 family(2)/$160 3 or more Child Fee:
Contact: Jason Hofacker - 240-6982
anchoragekim@yahoo.com
Alternative: Kim Baldwin - 274-1061
Website:
Sponsored By: Peak Performers Track Club
Comments:
Aug 1 Sat
32nd. Matanuska Peak Challenge - Palmer
Meet Time: 8:00:00 AM - Lazy Mountain Parking Lot
Distance: 12 miles-10,000 vertical gain - This is a mountainous race with 10,000 vertical gain
Race Time: 9:00:00 AM
Adult Fee: $30 Child Fee:
Contact: Braun Kopsack - 907-355-0435
knikg@gci.net
Alternative: Lance Kopsack - 907-795-6666
Website:
Sponsored By: Knik Glacier Adventures
Comments: 12 miles mountain race-10,000 vertical gain. Mandatory gear is required. No Aid Station available.

Aug 1 Sat
ABC LIFE CHOICES Celebrate Life! 5K Run - Soldotna
Meet Time: 8:30:00 AM - Soldotna Bible Chapel
Distance: 5K - Through the Soldotna area
Race Time: 10:00:00 AM
Adult Fee: Donation Child Fee:
Contact: Kris Harris - 907-283-9062
kharris@abclifechoices.org
Alternative: 
Website: http://www.abclifechoices.org/
Sponsored By: ABC Life Choices
Comments: Event starts at Soldotna Bible Chapel located at 300 W Marydale Ave Soldotna, AK 99669

Aug 1 Sat
Alaska Distance Classic - Anchorage
Meet Time: 8:00:00 AM - Alaska Pacific University
Distance: 5K & 10K - Paved roads and bike paths, with some dirt trail around University Lake
Race Time: 9:00:00 AM
Adult Fee: $35, $40, $45 Child Fee:
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: 
Website: https://skinnyraven.com/event/alaska-distance-classic/
Sponsored By: Skinny Raven Sports, Alaska Pacific University
Comments: Is 10K too far? Join us for a 5K. Is 10K not far enough? Sign up for the Double-Up. You can run both the 5K and the 10K and earn yourself a special finisher award!
TUESDAY NIGHT RACES

The Bonny Sosa Tuesday Night Race Series is an Anchorage family tradition. These fun races are like no other in town. Come join us and run through the seasons!

Race Time 6:30p

Munchkin Farm Lightning 1-5K 3-10K 4-12K
Kids & Kids at heart Recreational Runners Competitive Runners

www.muni.org/parks
Aug 1 Sat

Archangel Marathon & Relay - Palmer
Meet Time: 7:00:00 AM - Independence Mine to Shirley Towne
Distance: Marathon or 2-3 person marathon relay - Opposite of Hatcher Pass Marathon. Steep ascent for 1.5ish miles followed by 25ish miles mixed steep to rolling downhill.
Race Time: 7:00:00 AM
Adult Fee: $80 individual, $160 relay Child Fee: 0
Contact: Natalie Bickers - (907)232-6145
happymalamuteak@gmail.com
Alternative: Eric Bickers - (907)982-3981
Website: https://happymalamuterunning.com/archangel-marathon
Sponsored By:
Comments:

Aug 2 Sun

Yukon River Trail Marathon - Whitehorse
Meet Time: 8:00:00 AM - Rotary Park
Distance: 13.1, 26.2 plus relay - Scenic and hilly run along Yukon River
Race Time: 8:30:00 AM
Adult Fee: 50 Child Fee: 0
Contact: Ken Sylvestre - 867 668 7592
yukonmarathon@gmail.com
Alternative: -
Website: www.yukonmarathon.com
Sponsored By:
Comments: Scenic and hilly run along Yukon River trails

Aug 4 Tue

MatSu Running Club Season Ends - Palmer
Meet Time: 6:00:00 PM - Colony High Track
Distance: Various - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Rhonda Knopp - 907-355-6258
couchknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running club
Comments:
Aug 5 Wed
Salmon Run Series #5 - Soldotna
Meet Time: 5:45:00 PM - Tsalteshi Trails
Distance: 5K - Trail run, some hills
Race Time: 6:00:00 PM
Adult Fee: $10 Online/$15 Day of
Child Fee: 
Contact: Rhonda McCormick - 2605449X1203
rhonda@kenaiwatershed.org
Alternative: Tami Murray - 2605449X1203
Website: www.kenaiwatershed.org
Sponsored By: Kenai Watershed Forum
Comments: World Class trail running on Tsalteshi Trails with 1 mile kids race before the 5K, and end of Series BBQ after the race

Aug 8 Sat
Eagle River Challenge - Eagle River
Meet Time: 9:00:00 AM - Eagle River Nature Center
Distance: 5K or 10K - Trail race on the Dew Mound and Crow Pass Trails, some hills, roots and rocks.
Race Time: 10:00:00 AM
Adult Fee: $30 Pre-registered, $35 Day of race
Child Fee: 
Contact: Asta Spurgis - 907-694-2108
info@ernc.org
Alternative: admin@ernc.org - 907-694-2108
Website: www.ernc.org
Sponsored By: Friends of Eagle River Nature Center and REI Coop Anchorage
Comments: Back-country trail with natural obstacles; volunteers stationed along the trail; pizza and prizes after the race. Fundraiser for the Eagle River Nature Center.

Aug 8 Sat
Eagle River Challenge Kids Race - Eagle River
Meet Time: 9:00:00 AM - Eagle River Nature Center
Distance: 1K - Trail race on the Rodak Nature Trail, some hills, roots and rocks.
Race Time: 10:15:00 AM
Adult Fee: $10 Child Fee: 10
Contact: Asta Spurgis - 907-694-2108
info@ernc.org
Alternative: admin@ernc.org - 907-694-2108
Website: www.ernc.org
Sponsored By: Friends of Eagle River Nature Center and REI Coop Anchorage
Comments: 1K trail race for kids ages 5-11 years of age. Limited to 50 racers. Back-country trail with natural obstacles; volunteers stationed along the trail; pizza and prizes.
Aug 8 Sat
Pioneer Ridge Vertical Mile - Palmer
Meet Time: 10:00:00 AM - Pioneer Ridge Trailhead, Mile 4 E. Knik River Rd.
Distance: 4.5 miles - Uphill only race on steep singletrack trail with 5,300 feet of vertical gain
Race Time: 11:00:00 AM
Adult Fee: $5 Child Fee: 
Contact: Ben Marvin - 907-317-8115
benjamin.marvin5@gmail.com
Alternative: -
Website: www.alaskamountainrunners.org
Sponsored By: 
Comments: Race-day registration only. Due to limited parking, all participants must take a shuttle to the trailhead. The shuttle runs from 9:30-10:40 a.m. at the gravel bar parking area just north of the Knik River Bridge on the Old Glenn Hwy. (follow signs).

Aug 8 Sat
The Nifty Fifty - Juneau
Meet Time: 7:00:00 AM - Perseverance Trail, at End of Basin Road
Distance: 50K, 25K, or 10K - A challenging trail run with lots of climbing
Race Time: 7:30:00 AM
Adult Fee: $35 for 50K, $30 for 25K, $20 for 10K Child Fee: 0
Contact: Keith Levy - 907-723-1427
keithblevy@gmail.com
Alternative: -
Website: http://ultrasignup.com/register.aspx?did=73091
Sponsored By: Juneau Trail and Road Runners
Comments: 2 Start times: 7:30AM for the 50k and 9:30AM for the 10K and 25K. The 10K is out and back on Perseverance Trail. 25K adds Granite Creek Trail and Mt. Roberts. 50K adds Salmon Creek Trail. More details on Ultrasignup.

Aug 13 Thu
Anchorage RunFest -- Kickoff Movie - Anchorage
Meet Time: 5:15:00 PM - Bear Tooth Theatrepub 1230 W. 27th Ave.
Distance: n/a - n/a
Race Time: 12:00:00 AM
Adult Fee: n/a Child Fee: 
Contact: Anchorage Running Club -

Alternative: 
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club
Comments:
Aug 14  
Anchorage RunFest Expo- Bib Pickup, Last Chance Registration - Anchorage  
Meet Time: 3:00:00 PM - Dena'ina Center  
Distance: n/a - Meet Time 3-7 pm  
Race Time: 12:00:00 AM  
Adult Fee: N/A Child Fee:  
Contact: Anchorage Running Club -  
Alternative:  
Website: www.anchoragerunfest.org  
Sponsored By: Anchorage Running Club  
Comments:

Aug 15  
Anchorage RunFest -- Pasta Feed - Anchorage  
Meet Time: 12:30:00 PM - Dena'ina Center  
Distance: n/a - Meet Time 12:30-2:30 p.m.  
Race Time: 12:00:00 AM  
Adult Fee: $14 Child Fee:  
Contact: Anchorage Running Club -  
Alternative:  
Website: www.anchoragerunfest.org  
Sponsored By: Anchorage Running Club  
Comments:

Aug 15  
Anchorage RunFest Expo- Bib Pickup, Last Chance Registration - Anchorage  
Meet Time: 9:00:00 AM - Dena'ina Center  
Distance: n/a - Meet Time 9am-4 p.m.  
Race Time: 12:00:00 AM  
Adult Fee: n/a Child Fee:  
Contact: Anchorage Running Club -  
Alternative:  
Website: www.anchoragerunfest.org  
Sponsored By: Anchorage Running Club  
Comments:
Aug 15
Sat
Anchorage RunFest, The Children’s Hospital at Providence Kids 2K - Anchorage
Meet Time: 9:00:00 AM - Delaney Park Strip
Distance: 2k - untimed, flat, city streets
Race Time: 10:00:00 AM
Adult Fee: Free- donations welcome
Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunfest.org
Sponsored By: Anchorage Running Club & The Children's Hospital At Providence
Comments: For ages 12 & under.

Aug 15
Sat
Anchorage RunFest, Three Heats-Women's Mile, Men's Mile, and the Community Mile - Anchorage
Meet Time: 10:40:00 AM - Delaney Park Strip
Distance: 1 mi - n/a
Race Time: 11:00:00 AM
Adult Fee: See Website
Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club

Aug 15
Sat
Anchorage RunFest- The Military Mile - Anchorage - Anchorage
Meet Time: 11:25:00 AM - Delaney Park Strip
Distance: 1 mi - n/a
Race Time: 11:40:00 AM
Adult Fee: See Website
Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club
Comments: USATF certified course.
Aug 16 Sun

Anchorage RunFest 5K - Anchorage
Meet Time: - 6th Ave, Near Town Square
Distance: 5K - Mostly flat on paved trails & streets
Race Time: 9:15:00 AM
Adult Fee: See Website Child Fee: 
Contact:   
Alternative: 
Website: www.anchoragerunningclub.org
Sponsored By: 
Comments: This race is a Sleeping Lady Challenge qualifier.

Aug 16 Sun

Anchorage RunFest, Humpy's Marathon & Marathon Relay - Anchorage
Meet Time: 12:00:00 AM - 6th Ave, Near Town Square
Distance: 26.2 miles - Mostly flat on paved trails. Race time 8 am (walkers) 9 am (runners)
Race Time: 8:00:00 AM
Adult Fee: See Website Child Fee: 
Contact:   
Alternative: 
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club & Humpy's
Comments: USATF certified course. Discounts for ARC members and current Military. This race is a Sleeping Lady Challenge qualifier

Aug 16 Sun

Anchorage RunFest, Skinny Raven Half Marathon - Anchorage
Meet Time: - 6th Ave, Near Town Square
Distance: 13.1 miles - Mostly flat on Chester Creek Trail
Race Time: 8:45:00 AM
Adult Fee: See Website Child Fee: 
Contact:   
Alternative: 
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club & United Physical Therapy
Comments: USATF certified course. Discounts for ARC members and current Military.
Aug 16
Sun
Anchorage RunFest, United Physical Therapy 49K - Anchorage
Meet Time: - 6th Ave, Near Town Square
Distance: 49K - Mostly flat on paved trails
Race Time: 8:00:00 AM
Adult Fee: See Website Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchoragerunningclub.org
Sponsored By: Anchorage Running Club & United Physical Therapy
Comments: USATF certified course. Discounts for ARC members and current Military

Aug 18
Tue
MatSu Running Club - Extended Season - Palmer
Meet Time: 6:00:00 PM - Colony High Track
Distance: Various - N/A
Race Time: 6:00:00 PM
Adult Fee: N/a Child Fee:
Contact: Rhonda Knopp - 907-355-6258
coachknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running Club
Comments: Ages 16+ runners of all ability levels welcome. Coached training held each week through mid September. Weekly locations TBA.
Aug 22 Sat
Tri Nikiski - Nikiski
Meet Time: 7:20:00 AM - Pool Side Ave. , Nikiski
Distance: 500 yard swim, 10.6 mile bike, 5k run - Easy swim, few hills for the paved bike portion, and dirt trail for the run
Race Time: 8:20:00 AM
Adult Fee: $45 Child Fee: 45
Contact: Maria Cox - 2535928945
  mammamia21@yahoo.com
Alternative: Bud Sexton - +1 (907) 513-9173
Website: https://www.thecompassak.com/tri-nikiski.html
Sponsored By:
Comments:

Aug 29 Sat
Kesugi Ridge Half Traverse - Denali State Park
Meet Time: 8:00:00 AM - Little Coal Creek Trailhead
Distance: 14.5 miles - Challenging singletrack trail from Little Coal Creek to just beyond Ermine Hill Trail Junction
Race Time: 9:00:00 AM
Adult Fee: $65 Child Fee:
Contact: Matias Saari - 907-529-4178
  matiasmountain@gmail.com
Alternative: -
Website: www.kesugiridgetraverse.com
Sponsored By:
Comments: Lottery registration will be open June 1-5. Capped at 50 entrants. After race, participants will take exit trail 3.5 miles to Parks Highway. See website for more information about mandatory gear, entry requirements, time cutoffs, camping and more.

Aug 29 Sat
Kesugi Ridge Traverse - Denali State Park
Meet Time: 8:00:00 AM - Little Coal Creek Trailhead
Distance: 30 miles - Challenging singletrack trail from Little Coal Creek to Byers Lake
Race Time: 9:00:00 AM
Adult Fee: $65 Child Fee:
Contact: Matias Saari - 907-529-4178
  matiasmountain@gmail.com
Alternative: -
Website: www.kesugiridgetraverse.com
Sponsored By:
Comments: Lottery registration will be open June 1-5. Capped at 50 entrants. See website for more information about mandatory gear, entry requirements, time cutoffs, camping and more.
Aug Tue
Exceed Women’s Running Team - Anchorage
Meet Time: 6:00:00 PM - Various locations
Distance: varies depending on workout - Coached workouts, track and trail runs, occasional potluck
Race Time: 6:00:00 PM
Adult Fee: Membership $100/season Child Fee:
Contact: Robin Mullen - 907.903.5837
runexceedAK@gmail.com
Alternative: Laura Harris - 907.632.3595
Website: runexceed.org
Sponsored By: Exceed Women’s Running Team
Comments: We meet every Tuesday at 6pm, April through August. Check website or Facebook for locations and workout details. You can attend twice for free before paying membership fee. All levels are welcome!

Aug Tue
Peak Performers Track Club - Anchorage
Meet Time: 6:00:00 PM - APU Moseley Sports Center thru mid April
West High Track late April thru Aug
Distance: intervals - APU - paved roads, West - track
Race Time: 6:00:00 PM
Adult Fee: Membership fee: $65, $110 family(2)/$160 3 or more Child Fee:
Contact: Jason Hofacker - 240-6982
anchoragekim@yahoo.com
Alternative: Kim Baldwin - 274-1061
Website:
Sponsored By: Peak Performers Track Club
Comments:

Sep 5 Sat
Chain Saw Carving 5K - Seldovia
Meet Time: 10:00:00 AM - Seldovia
Distance: 5K - out and back with some hills
Race Time: 10:00:00 AM
Adult Fee: $10.00 Child Fee: 0
Contact: Steve Bainbridge - 907-202-3095
bainbridge.noblespirit.steve@gmail.com
Alternative: -
Website:
Sponsored By: Kachemak Bay Running Club
Comments: out and back with some hills
Sep 5 Sat Homer Mariner Tri - Homer
Meet Time: 7:00:00 AM - Homer High School
Distance: 0.57 mi / 15 mi / 5 mi - Pool; Bike up E. Hill (STEEP!) and cycle above Homer down to Spit; Run back up to HHS
Race Time: 8:00:00 AM
Adult Fee: $55 individual / $110 team Child Fee:
Contact: Paul Story - (907) 299-3523
pstory@kpbsd.org
Alternative: Caleb Miller - (907) 299-7692
Website: www.facebook.com/HomerMarinerTri
Sponsored By: Homer High School Swim Team
Comments: A challenging course in one of the most beautiful places on earth: 1,000 yard swim; 15 mile bike up East Hill, across Skyline, and down to Spit; 5 mile run back to HHS. Commemorative t-shirts and awards. Proceeds benefit HHS Swim Team. Join us in Homer Labor Day weekend!

Sep 5 Sat McCarthy Half Marathon and 5 Mile Runs - McCarthy
Meet Time: 2:00:00 PM - Glacier View Campground (Mile 59 of the McCarthy Road)
Distance: 13 miles and 5 miles - Dirt road up to Kennecott and back to McCarthy
Race Time: 2:00:00 PM
Adult Fee: See website Child Fee:
Contact: Tamara Harper - 907-554-4464
info@wrangells.org
Alternative: -
Website: https://www.wrangells.org/run
Sponsored By:
Comments:

Sep 8 Tue Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.
Sep 11 Fri

Klondike Road Relay - Whitehorse

Meet Time: 7:00:00 PM - Skagway, AK
Distance: 175kms - You won’t find another race like the Klondike Trail of ’98 International Road Relay. It offers breath-taking scenery, team camaraderie, physical challenge and gracious northern hospitality. This relay is Sport Yukon’s annual fundraiser so we thank you for your participation. Have fun! The race will commence on Friday evening, September 11th, in Skagway, Alaska. It follows the trail of the Gold Rush Stampeders over the famous White Pass, through British Columbia, and into the Yukon, finishing Saturday, September 12th, along the banks of the Yukon River in Whitehorse.

Race Time: 7:00:00 PM
Adult Fee: 700 Child Fee:
Contact: Sandra Soares - 867-393-8334
coordinator@sportyukon.com
Alternative:
Website: www.klondikeroadrelay.com
Sponsored By:
Comments: https://klondikeroadrelay.com/race-categories/

Sep 12 Sat

Anchorage Heart Walk - Anchorage

Meet Time: 9:00:00 AM - Delaney Park Strip
Distance: 3k & 5k - City Streets and Coastal Trail
Race Time: 10:00:00 AM
Adult Fee: $25 Donation (Suggested) Child Fee: 0

Contact: Kristin George - 907-865-5304
Kristin.George@heart.org
Alternative: Alaina Burton - 907-865-5300
Website: AnchorageHeartWalk.org
Sponsored By: American Heart Association
Comments: Fun, non-competitive family and dog friendly event for all ages and abilities. All proceeds benefit the American Heart Association to fight heart disease and stroke.
Bun to Bun 26.4k Trail run - Talkeetna
Meet Time: 9:30:00 AM - Flying Squirrel Bakery Cafe
Distance: 26.4k - Rolling trail with some rough and steep parts. Point a to b.
Race Time: 9:00:00 AM
Adult Fee: $50 ($60 on/after 7/1/2019) Child Fee: 0
Contact: Abby Bradley+L74K73:N74J73:N74 - 907-841-8052
abbyjane4109@gmail.com
Alternative: Alison McCoullough - 907-841-8953
Website: www.talkeetnapta.wordpress.com
Sponsored By: Talkeetna elementary PTA
Comments: Race starts at the Flying Squirrel bakery in Talkeetna. It is mostly on dirt trail, going through a single track trail, then ski trails in our Burrough park, then the the Talkeetna Alaskan lodge property and down a short bushwhack track to a canted, but beautiful trail, up to an aid station, then along a hilly dirt road, to a rocky trails, and finishing at Close to downtown Talkeetna.

Bun to Bun 5.5k Fun run - Talkeetna
Meet Time: 11:40:00 PM - Flying Squirrel Bakery Cafe
Distance: 5.5k - This is 5.5k from Flying squirrel bakery to NSI mostly on bike path and ending with some gravel roads
Race Time: 11:00:00 PM
Adult Fee: 25 Child Fee: 0
Contact: Abby Bradley - 907-841-8052
abbyjane4109@gmail.com
Alternative: Allison McCullough - 907-841-8953
Website: talkeetnapta.wordpress.com
Sponsored By: Talkeetna elementary PTA
Comments: 5.5k from Flying Squirrel Bakery to Northern Susitna Institute (NSI). Mostly on bike path until last bit on gravel roads.
Sep 12 Sat

New Balance XC Classic - Anchorage
Meet Time: 9:00:00 AM - Russian Jack Golf Course
Distance: 3K - Cross-country on golf course and grass
Race Time: 10:00:00 AM
Adult Fee: $20 Child Fee:
Contact: Skinny Raven Event & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/new-balance-xc-classic/
Sponsored By: New Balance, Skinny Raven Sports
Comments: Skinny Raven and New Balance are hosting a fun and fast flight style cross country running race at Russian Jack Golf Course to highlight high school cross country runners. With a middle school flight at 12:00 p.m. and a community flight at 2:40 p.m., anyone can challenge themselves against Alaska’s top cross country runners.

Sep 13 Sat

Halibut Hustle - Homer
Meet Time: 9:30:00 AM - Homer
Distance: 5 K - 5 K around the Homer Harbor.
Race Time: 10:00:00 AM
Adult Fee: 20 Child Fee:
Contact: Andy Haas - 9072353270 yatra@ak.net
Alternative: -
Website: https://www.facebook.com/KachemakBayRunningClub/
Sponsored By: Kachemak Bay Running Club
Comments: Chase the halibut around the Homer Harbor and see if you can beat the fish to the finish line.

Sep 14 Sat

Matsu Relay - Wasilla-Palmer
Meet Time: 7:00:00 AM - Hatcher Pass
Distance: 55 miles - 12 leg course for teams of 6, on road shoulder & paved paths around the MatSu Valley
Race Time: 7:00:00 AM
Adult Fee: TBD Child Fee:
Contact: Nathan Luke - 907-671-2005 Nathan@NxNWRelays.com
Alternative: -
Website: www.MatSuRelay.com
Sponsored By: North by Northwest Relays
Comments:
Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
    kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.

Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
    kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.

MatSu Running Club-Extended session - Palmer
Meet Time: 6:00:00 PM - Colony High Track
Distance: Various - N/A
Race Time: 6:00:00 PM
Adult Fee: N/A Child Fee:
Contact: Rhonda Knopp - 907-355-6258
    coachknopp@yahoo.com
Alternative: -
Website: matsurunningclub.org
Sponsored By: MatSu Running club
Comments: Ages 16+ runners of all ability levels welcome. Coached training held each week through mid September. Weekly locations TBA.
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<th>Contact</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sep 24</td>
<td><strong>Oktoberfest 5K &amp; 10K, Run to End Homelessness Bib Pick Up - Anchorage</strong>&lt;br&gt;Meet Time: 4:30:00 PM - Skinny Raven Sports (800 H St.)&lt;br&gt;Distance: n/a - Meet time 4:30-6:30 PM&lt;br&gt;Race Time：&lt;br&gt;Adult Fee: $35.00 5k, $40.00 10K Child Fee:&lt;br&gt;Contact: Anchorage Running Club -&lt;br&gt;Alternative:&lt;br&gt;Website: <a href="http://www.anchoragerunningclub.org">www.anchoragerunningclub.org</a>&lt;br&gt;Sponsored By: Anchorage Running Club&lt;br&gt;Comments: Day of race bib pick up 07:30-08:45am at 49th State Brewery. Benefits Beans Café &amp; Brother Francis Shelter</td>
<td></td>
<td>Anchorage</td>
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<tr>
<td>Sep 26</td>
<td><strong>Oktoberfest 5K &amp; 10K, Run to End Homelessness - Anchorage</strong>&lt;br&gt;Meet Time: 7:30:00 AM - 750 W 2nd Ave.&lt;br&gt;Distance: 5K &amp; 10K - Race time 9am (kids), 9:15 am (10K), 9:25am (5K)&lt;br&gt;Race Time: 9:00:00 AM&lt;br&gt;Adult Fee: See Website Child Fee:&lt;br&gt;Contact: Anchorage Running Club -&lt;br&gt;Alternative:&lt;br&gt;Website: <a href="http://www.anchoragerunningclub.org">www.anchoragerunningclub.org</a>&lt;br&gt;Sponsored By: Anchorage Running Club&lt;br&gt;Comments: Runners in costume will be given a 1 min head start. Benefits Beans Café and Brother Francis Shelter. This race is a qualifier for the Sleeping Lady Challenge.</td>
<td></td>
<td>Anchorage</td>
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<tr>
<td>Sep 27</td>
<td><strong>Kenai River Marathon Run Series - Kenai</strong>&lt;br&gt;Meet Time: 10:00:00 AM - Soldotna Regional Sports Comple&lt;br&gt;Distance: Full Marathon, Half Marathon, Relay and 5k - Flat &amp; fast. DUE TO ROAD CONSTRUCTION AND THE NEW COURSE, THE 2020 KENAI RIVER MARATHON IS NOT A BOSTON QUALIFIER&lt;br&gt;Race Time: 10:00:00 AM&lt;br&gt;Adult Fee: $55 - $150 Child Fee:&lt;br&gt;Contact: Kenai Chamber of Commerce - 907.283.1991&lt;br&gt;Alternative: - 907.283.1991&lt;br&gt;Website: kenairivermarathon.org&lt;br&gt;Sponsored By:</td>
<td></td>
<td>Kenai</td>
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</tbody>
</table>
Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 12:00:00 AM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.

Autumn Gold - Palmer
Meet Time: 10:00:00 AM - Lazy Mountain area trails
Distance: 5 miles - Hilly climb through the Lazy Mountain system using a variety of trails and pathways. Hilly.
Race Time: 10:00:00 AM
Adult Fee: $50 Child Fee: 0
Contact: Natalie Bickers - (907)232-6145
happymalamuteak@gmail.com
Alternative: Eric Bickers - (907)982-3981
Website: https://happymalamuterunning.com/autumn-gold
Sponsored By:
Comments:

Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.
Oct 8 Thu
Zombie Half Marathon Bib Pick UP - Anchorage
Meet Time: 4:30:00 PM - Skinny Raven Sports (800 H St.)
Distance: n/a - Meet time 4:30-6:30 PM
Race Time: 12:00:00 AM
Adult Fee: See Website Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchagerunningclub.org
Sponsored By: Anchorage Running Club
Comments: Day of race bib pick up 08:00-09:45am at Goose Lake Park

Oct 10 Sat
Zombie Half Marathon - Anchorage
Meet Time: 8:30:00 AM - Goose Lake Park
Distance: 13.1 mi - Goose Lake to Kincaid Chalet Race Time 9am (walkers) 10 am (runners)
Race Time: 9:00:00 AM
Adult Fee: See Website Child Fee:
Contact: Anchorage Running Club -
Alternative:
Website: www.anchagerunningclub.org
Sponsored By: Anchorage Running Club
Comments: This race is a qualifier for the Sleeping Lady Challenge. Plan on carpooling and staging vehicles, NO shuttles will be provided. If you will take longer than 3 hrs make sure to start with the walkers at 9am. Dress up like a Zombie!

Oct 13 Tue
Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.
Oct 17 Sat
5K Costume Run - Nikiski
Meet Time: 10:00:00 AM - Nikiski Community Recreation Center
Distance: 5K - Groomed trails. Some hills, mostly flat.
Race Time: 11:00:00 AM
Adult Fee: Entry fee is canned food or non-perishable food items to help support our local Food Drive. Child Fee:
Contact: Jackie Cason - 907-776-8800
jason@kpb.us
Alternative: Teri Langston - 907-776-8800
Website: www.northpenrec.com
Sponsored By: North Peninsula Recreation Service Area
Comments: Groomed trails. Mostly flat, with some hills.

Oct 20 Tue
Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.

Oct 27 Tue
Bonny Sosa Tuesday Night Race Series - Anchorage
Meet Time: 5:30:00 PM - Location and course vary each week.
Distance: Varies (up to 12K) - n/a
Race Time: 6:30:00 PM
Adult Fee: Varies Child Fee:
Contact: Parks & Recreation - 907-343-6397
kincaid@muni.org
Alternative: -
Website: www.muni.org/parks
Sponsored By: Anchorage Parks & Recreation
Comments: Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.
Oct 31 Sat
Skinny Raven Frightening 4K - Anchorage
Meet Time: 10:00:00 AM - Hotel Captain Cook
Distance: 4K - Paved city streets
Race Time: 11:00:00 AM
Adult Fee: $30 Child Fee:
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/frightening-4k/
Sponsored By:
Comments: With trick-or-treat stations every kilometer, this fun out-and-back course will allow you to see all the awesome costumes. There will be a team and individual costume contest with great prizes after the run.

Nov 14 Sat
Girls on the Run 5K - Anchorage
Meet Time: 9:30:00 AM - Sullivan Arena
Distance: 5.0 KM - This family fun run will start and finish at the Sullivan Arena. The run/walk route will be out and back on the Chester Creek Trail
Race Time: 10:30:00 AM
Adult Fee: 15 Child Fee: 10
Contact: Kennis Brady - 907-351-2250
director@gotrsouthcentralak.org
Alternative: -
Website: www.gotrsouthcentralak.org
Sponsored By:
Comments: Out and back on the Chester Creek Trail

Nov 26 Thu
Skinny Raven Turkey Trot - Anchorage
Meet Time: 9:30:00 AM - Dena'ina Convention Center
Distance: 3K & 5K - Paved city streets, indoor finish.
Race Time: 10:30:00 AM
Adult Fee: $35 Child Fee: 20
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/turkey-trot/
Sponsored By: Skinny Raven Sports
Comments: Make the Turkey Trot a family tradition on the biggest running/walking day in the US. With Alaska’s only outdoor race with and indoor finish line, keep warm and help us support the Food Bank of Alaska.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Meet Time</th>
<th>Distance</th>
<th>Race Time</th>
<th>Adult Fee</th>
<th>Child Fee</th>
<th>Contact</th>
<th>Alternative</th>
<th>Website</th>
<th>Sponsored By</th>
<th>Comments</th>
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</thead>
<tbody>
<tr>
<td>Nov 26 Thu</td>
<td>Turkey Trot - Soldotna</td>
<td>9:00:00 AM - Soldotna Regional Sports Center</td>
<td>1.5 mile &amp; 3 mile walk/run - Flat trail out &amp; back</td>
<td>10:00:00 AM</td>
<td>$20.00/$50.00 Family</td>
<td>10</td>
<td>Tammy Strausbaugh - 907-252-2959</td>
<td>Kurt Strausbaugh - 907-252-6172</td>
<td><a href="mailto:wrestle@acsalaska.net">wrestle@acsalaska.net</a></td>
<td>The Freedom House</td>
<td>Age group awards, Thanksgiving dessert door prizes. Proceeds benefit The Freedom House</td>
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<tr>
<td>Nov 26 Thu</td>
<td>Turkey Trot - Homer</td>
<td>9:30:00 AM - Homer High School</td>
<td>5 K - Easy 5 K</td>
<td>10:00:00 AM</td>
<td>2 cans of food for the food bank</td>
<td>0</td>
<td>Andy Haas - 9072353270</td>
<td></td>
<td><a href="mailto:yatra@ak.net">yatra@ak.net</a></td>
<td>Kachemak Bay Running Club</td>
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<td>Nov 27 Fri</td>
<td>Boycott Black Friday - Palmer</td>
<td>8:00:00 AM - Wendt Road trail system</td>
<td>2.6 mile looped course - Multi-day race, choose 1, 2, or 3 days. Each loop is total 2.6 miles. Only slightly hilly but variable weather conditions!</td>
<td>8:00:00 AM</td>
<td>$50-$80 depending on days chosen</td>
<td>0</td>
<td>Natalie Bickers - (907)232-6145</td>
<td>Eric Bickers - (907)232-6145</td>
<td><a href="mailto:happymalamuteak@gmail.com">happymalamuteak@gmail.com</a></td>
<td></td>
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</tbody>
</table>
Northern Lights Resolution Run - Anchorage
Meet Time: 5:00:00 PM - Alaska Pacific University
Distance: About 5K - Paved streets, dirt and snowy trails.
Race Time: 6:00:00 PM
Adult Fee: $40 Child Fee:
Contact: Skinny Raven Events & Timing - timing@skinnyraven.com
Alternative: -
Website: https://skinnyraven.com/event/northern-lights-resolution-run/
Sponsored By: Skinny Raven Sports
Comments: Run and dance yourself into the new year. Music, lights, and an awesome course will ring in the new year! This run will feature multiple unique light and music experiences out on course for nearly 5K of fun through the woods trails and APU Campus

Frosty Bottom Half Marathon (2021) - Anchorage
Meet Time: 9:15:00 AM - Kincaid Park Chalet
Distance: 13.1 miles - Multi-use snow trails from Kincaid to Goose Lake Park
Race Time: 10:15:00 AM
Adult Fee: $50 Child Fee:
Contact: Matias Saari - 907-529-4178 matiasmountain@gmail.com
Alternative: -
Website: www.ultrasignup.com (search for Frosty Bottom event)
Sponsored By:
Comments: Held in conjunction with the Frosty Bottom bike race. Aid station at Mile 6.5.

Frosty Bottom Marathon (2021) - Anchorage
Meet Time: 9:15:00 AM - Kincaid Park Chalet
Distance: 26.2 miles - Multi-use snow trails from Kincaid to Hillside Trailhead
Race Time: 10:15:00 AM
Adult Fee: $55 Child Fee:
Contact: Matias Saari - 907-529-4178 matiasmountain@gmail.com
Alternative: -
Website: www.ultrasignup.com (search for Frosty Bottom event)
Sponsored By:
Comments: Held in conjunction with Frosty Bottom bike race. Aid stations at Mile 10.7 and Mile 17.5
Feb 13 Sat

2021 Little Su 50K - Big Lake
Meet Time: 10:00:00 AM - Happy Trails Kennel
Distance: 50 Kilometers - Cross-country via rivers, lakes and trails
Race Time: 11:00:00 AM
Adult Fee: Check web-site Child Fee:
Contact: Kim & Erin Kittredge - 907-232-2553
info@susitna100.com
Alternative: Pam Richter - 907-346-1220
Website: www.susitna100.com
Sponsored By:
Comments: 1 checkpoint with warm water. Check website for required gear. T-shirt, finisher award and post-race party.

Feb 13 Sat

2021 Susitna 100 - Big Lake
Meet Time: 7:30:00 AM - Happy Trails Kennel
Distance: 100 miles - Cross-country via rivers, lakes and trails
Race Time: 9:00:00 AM
Adult Fee: Check website Child Fee:
Contact: Kim & Erin Kittredge - 907-232-2553
info@susitna100.com
Alternative: Pam Richter - 907-242-9137
Website: www.susitna100.com
Sponsored By:
Comments: 5 checkpoints with warm water. Check website for required gear and food requirements. T-shirt, finisher award and post-race party.