

ALASKA RUNNER'S CALENDAR



2019

Fairbanks, Alaska



Come run under the Midnight Sun!

Saturday, June 22, 2019, 10:00PM



Prize money for Top Finishers.

PRIZE MONEY SPONSOR



RACE PRODUCER

FRA FRA FRA
FAIRBANKS RECREATION AGENCY

Race proceeds benefit FRA, a non-profit organization championing individuals with disabilities since 1967.

midnightsunrun.net



907.456.8901

The running community is extremely proud to have selected this outstanding candidate for the cover of the 2018 Alaska Runner's Calendar. *(Photo courtesy of Kayla Wagenfehr)*

A true Alaskan Athlete, Christine Sitbon has been a participating member of the running community for over 20 years! She has competed in a variety of events throughout Alaska, including skiing, running, and triathlons! Not only does she actively participate in running events, she often volunteers to ensure that they can continue. She has volunteered for the Bonny Sosa Tuesday Night Race series for over 15 years. She adores seeing the kids and their families enjoying the sport of running. Chris is an inspiration to the community. She always has a smile on her face and is always happy to help others enjoy being active in our great state. She has often been in the background assisting at events and is always there to cheer on participants. It is time that she stands in the spotlight. Thank you Chris, for all that you do and have done to build up the running community!

Running Tips

- The race calendar is a good starting point for planning your personal race schedule. Race directors reserve the right to change dates, locations, or cancel races. Use the race calendar for preliminary planning purpose only.
- To find out whether a race is still on, check with the race director and/or be on the alert for any newspaper announcements. Race directors can help by having an announcement in the local newspaper(s), usually a few days before the race. Some races may require more lead time, especially if there is an entry deadline.
- If you fill out a racing form, please read the instructions before asking questions.
- When you arrive at race start, be careful where you park. Observe all traffic regulations and do not park too close to the start.
- Allow ample time for check-in and warm-up.
- Pay close attention to all pre-race instructions.
- Use only your assigned running number and display it proudly
- Run on the side of the road facing traffic unless race course directs you otherwise.
- You are responsible for your warm-up clothes & personal items.
- Leave your pets at home unless race allows them!
- Slower runners please start behind the faster runners.
- Be at least two strides ahead before cutting in front of another runner.
- No pacing by non-race participants.
- Follow instructions after you cross the line.
- Unofficial runners **do not** cross the finish line. Do not hassle race officials – wait patiently or posted results!

Brad Cooke, Editor

Produced by Anchorage Parks & Recreation

Over 33,500 online views by running enthusiasts in the last 4 seasons!

Contacting Alaska Runners Calendar

907-343-6397 (voice) 907-249-7530 (fax)

Email: runnerscalendar@muni.org

Webpage: www.muni.org/parks

Note: All area codes are 907 unless otherwise listed

**Dec 31,
2018
Mon**

New Years Eve – Fairbanks

Meet time: 11:30 PM – "The Diner" on Illinois Street
Distance: Novelty Fun run – Run into the New Year Day!
Entry Fee: See website

Contact: Paul Reynolds – 907-322-1142
nitrogenand@acsalaska.net

Website: RCN
Sponsored by: RCN
No entry fee. Regardless of temperature!

**Jan
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center
Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.
Entry Fee: See website

Contact: George Berry – 907-687-8770
membership@runningclubnorth.org

Website: RCN Website
Sponsored by: RCN
Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Jan
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks
Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome
Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports
This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Jan 4
Fri**

Borealis Fun Run – Fairbanks

Meet time: 5-7PM – UAF Borealis Ski Hut , West Ridge
Distance: Fun Run , 4mile – Fun run around UAF campus wearing Tracer 360 multi colored safety vest . Sponsored by Beaver Sports. Sign up starts at 5pm
Entry Fee: See website

Contact: Beaver Sports - TBD – 907-687-8769
membership@runningclubnorth.org

Website: Beaver Sports and RCN Website
Sponsored by: Beaver Sports
Early sign up at Beaver Sports. Tracer 360 Lighted safety vest sold at cost at Beaver Sports. 5 pm sign up night of event at Ski Hut, West Ridge - UAF. No fee!

**Jan 5
Sat**

**Moose Mountain Snowshoe Challenge
Snowshoe Series Event – Fairbanks**

Meet time: Noon – Starts and Ends at 2809 Waldheim Dr.
Distance: 6K and 9K – Snowshoe race for the hardy. Features a challenging 1-km climb mid-race on beautiful Moose Mountain trails.
Entry Fee: See website
Contact: Erika Burr – 907-978-4481
burlike@gmail.com

Website: <https://www.facebook.com/AlaskaSnowshoe/>
Sponsored by: RCN
Extra snowshoes are available at the start.

**Jan 12
Sat**

38th Annual Airport Run – Fairbanks

Meet time: 11:00 AM – Start /Finish Pikes Landing parking lot
Distance: Fun run 4 and 8 mile – Fun Run around the FAI area - Pikes Landing to Dale Road. Out and back course
Entry Fee: See website
Contact: Paul Reynolds – 907-322-1142
nitrogenand@yahoo.com

Website: RCN Website
Sponsored by: RCN
No fee, regardless of temp. Flat out and back

**Jan 12
Sat**

Frosty Bottom Marathon – Anchorage

Meet time: 9:15 AM – Kincaid Park Chalet
Start time: 10:15 AM
Distance: 26.2 miles – Multi-use trails from Kincaid to Hilltop
Entry Fee: \$55
Contact: Matias Saari – 907-529-4178
matiasmountain@gmail.com

Website: <http://ultrasignup.com/register.aspx?did=61103>
Event held in conjunction with Frosty Bottom Fat Bike Race. Aid stations at Goose Lake (Mile 12.5) and near Mile 19. Registration and additional information at <http://ultrasignup.com/register.aspx?did=61103>. Race-day bib pickup from 8:30-9:45 a.m. inside Kincaid Chalet.

**Jan 19
Sat**

**Emily-Oliver Snowshoe Race
Snowshoe Series Event – Fairbanks**

Meet time: Noon – At the end of Oboe Drive in Cripple Creek
Distance: 5 and 10 K – Snowshoe on Cripple Creek Recreational Trails
Entry Fee: See website
Contact: Ariana Graf – 907-460-4046
arianavgraf@gmail.com

Website: RCN Website
Sponsored by: RCN
Free

**Jan 20
Sun**

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center
Distance: Fun Run 4mile – Run by the light of the moon!
Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnnorth.org

Website: RCN Website
Sponsored by: RCN Winter training
Entry Fee: Free

**Jan 25
Fri**

MSLT Spring Equinox Challenge – Wasilla

Meet time: 6:00 PM – Where you are at
Distance: Varies – This virtual challenge runs from January 25th to March 20th.
Keep your momentum from the new year going with this virtual challenge. The goal is to exercise 30 or more days heading into the Spring Equinox. You can accomplish this by running, skiing, biking, snowshoeing, doing yoga, soccer, swimming, or any other physical activity.
Entry Fee: \$35

Contact: Traci Sanders – 907-355-6110
htraci@hotmail.com
Christy Hronkin – 907-232-8871

Website: <http://midnightsunlazymen.weebly.com>
Sponsored by: If you know of someone who would like to donate please get us in contact with them.
The MSLT Spring Equinox Challenge runs January 25th to March 20th. Register on our website, like us on Facebook, join like minded folks who want to stay healthy in 2019 by moving forward and sweating. This is a virtual challenge, your SWAG will be mailed out at the end of the challenge.

**Jan 26
Sat**

Chilly Buns Mid-Winter Run – Fairbanks

Meet time: 11:00 AM – UAF Campus - UAF Bus Center across from Patty Center
Distance: Fun Run - 6.5 mile – Patty Center to Miller Hill, to Yankovich, to FLR bike path back to campus commuter trail, across campus back to Patty Center.
Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnnorth.org

Website: RCN Website
Sponsored by: RCN
Free

**Jan 26
Sat**

RCN Members Winter Social – Fairbanks

Meet time: 6:00 PM – Goldstream Sports
Distance: – Special presentations (TBA) and snacks.
Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnnorth.org

Website: RCN Website
Sponsored by: RCN
Free.

**Feb
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center

Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.

Entry Fee: See website

Contact: George Berry – 907-687-8770
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN

Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Feb
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Feb 1
Fri**

Why Not Tri-Registration Opens – Wasilla

Meet time: – Wasilla High Pool

Distance: 400 yard swim, 9.5 bike, 5K run – pool swim, paved bike and run course

Entry Fee: \$55

Contact: Robin Rice

**Feb 2
Sat**

Fairbanks Snowshoe Classic

Snowshoe Series Event – Fairbanks

Meet time: Noon – Goldstream Sports or UAF Trails (TBD)

Distance: 5K and 10K – Snowshoe event.

Entry Fee: See website

Contact: Erika Burr – 907-978-4481
burrlke@gmail.com

Website: RCN Website

Sponsored by: RCN



Frostbite Footrace & Costume Fun Run

9:30am Saturday, February 23

Register at furrondy.net



5K or 2.5K Fun Run

Join the fun with the entire family!

Break out of the winter blues by breaking out the running shoes! Warm up your winter with a downtown run!

Don't miss the Costume Contest!

Great Prizes!

**Feb 2
Sat**

Dome Hour Challenge – Anchorage

Meet time: 2:00 PM – The Dome

Distance: 1 hour – Indoor Track with a Rubber Surface

Entry Fee: \$20

Contact: Skinny Raven Events & Timing –
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/hour-challenge/>

Sponsored by: Skinny Raven Sports

Come challenge yourself to see how many laps you can run in 1 hour in the Dome!

**Feb 16
Sat**

Little Su 50K – Big Lake

Meet time: 9:15 AM – Happy Trails Kennels mile 4.5 West Lakes Blvd, Big Lake Alaska.

Distance: 50 Kilometers – Cross-country via rivers, lakes and trails.

Entry Fee: \$110

Contact: Kim & Erin Kittredge – 907-232-2553
info@susitna100.com
Pam Richter – 907-346-1220

Website: www.susitna100.com

1 checkpoint with warm water. Check website for required gear. T-shirt, finisher award and post-race party.

**Feb 16
Sat**

Susitna 100 – Big Lake

Meet time: 7:30 AM – Happy Trails Kennels mile 4.5 West Lakes Blvd, Big Lake Alaska

Distance: 100 Miles – Cross-country via rivers, lakes and trails.

Entry Fee: \$200 on or before December 31, 2018 / \$350 after

Contact: Kim & Erin Kittredge – 907-232-2553
info@susitna100.com
Pam Richter – 907-346-1220

Website: www.susitna100.com

5 checkpoints w/warm water and some food. 15# of survival gear & food to be carried over entire course. T-shirt, finisher award and post-race party.

**Feb 16
Sat**

19th Ballaine Ridge Snowshoe Classic Trail Run

Snowshoe Series Event – Fairbanks

Meet time: 12:00 PM – 834 Goldfinch Rd.

Distance: Snowshoe - 3, 6, 9K – A 3K loop on mostly single track snowshoe trail.

Your choice of 1, 2, or 3 loops. Extra snowshoes available

Entry Fee: See website

Contact: Keith Pollock – 907-479-0779
kpollockak@gmail.com

Website: RCN Website

Sponsored by: RCN

Must do 3 loops to be included as part of the Snowshoe Trail Series. Snowshoe from Ballaine Ridge on a single track snowshoe trail down into Goldstream Valley. Hilly, challenging course.

**Feb 15
Sat**

Susitna 100 (2020) – Big Lake

Meet time: 7:30 AM – Happy Trails Kennels
Distance: 100 miles – Cross-country via lakes, rivers and trails
Entry Fee: \$200 before Dec 31/2018 or \$350 after
Contact: Kim & Erin Kittredge – 907-232-2553
info@susitna100.com
Pam Richter – 907-346-1220

Website: www.susitna100.com

5 checkpoints w/ warm water & some food. 15# of survival gear and food required to be carried over entire course. Check website for required gear. T-shirt, finisher award & post-race party.

**Feb 15
Sat**

Little Su 50K – Big Lake

Meet time: 9:15 AM – Happy Trails Kennels
Distance: 50 K – Cross-country via lakes, river and trails
Entry Fee: \$110
Contact: Kim & Erin Kittredge – 907-232-2553
info@susitna100.com
Pam Richter – 907-346-1220

Website: www.susitna100.com

1 checkpoint with warm water. Check website for required gear. T-shirt, finisher award & post-race party.

**Feb 19
Tues**

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center
Distance: Fun Run 4mile – Run by the light of the moon!
Entry Fee: See website
Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN Winter training

Free

**Feb 21
Thu**

Frostbite Footrace Reg/Bib Pick Up – Anchorage

Meet time: 7:30 AM – Glacier Brew House
Start time: 9:30 AM
Entry fee: \$22/\$10 youth/\$125 teams thru Feb 1
\$25/\$10 youth/\$150 team Feb 2 thru Feb 22
\$22 thru Feb 22 if adult runner in 2018
\$30/\$15/\$175 race day, registration 7:30 – 9am
Contact: Fur Rondy Headquarters – 907-274-1177
info@furrondy.net

Sponsored by: Fur Rondy , Glacier Brewhouse, , Kendall Toyota, & IBEW/NECA

Timing & registration supported by Skinny Raven Sports

Late bib pickup at Skinny Raven Fe 22 3-6pm

Register on-line @ www.furrondy.net

T-Shirts to first 400 runners to pick up bibs.

**Feb 23
Sat**

Frostbite Footrace & Costume Fun Run – Anchorage

Meet time: 9:30 pm – Glacier Brew House
Entry fee: \$22/\$10 youth/\$125 teams thru Feb 1
\$25/\$10 youth/\$150 team Feb 2 thru Feb 22
\$22 thru Feb 22 if adult runner in 2018
\$30/\$15/\$175 race day, registration 7:30 – 9am
Contact: Fur Rondy Headquarters – 907-274-1177
info@furrondy.net

Sponsored by: Fur Rondy & Glacier Brewhouse
Timing & registration supported by Skinny Raven Sports
Register on-line @ www.furrondy.net
Neck buffs to first 400 runners to pick up bibs
Cash prizes (\$25-\$100) for the costume contest
Sponsored by: Fur Rondy , Glacier Brewhouse, , Kendall Toyota, & IBEW/NECA
Timing & registration supported by Skinny Raven Sports
Late bib pickup at Skinny Raven Fe 22 3-6pm
Register on-line @ www.furrondy.net
T-Shirts to first 400 runners to pick up bibs. Cash prized (\$25-\$100) for costume contest.
A Healthy Futures Series Event – www.healthyfuturesak.org

**Feb 23
Sat**

Fur Rondy Outhouse Race – Anchorage

Meet time: 3:00pm – Downtown, 4th Avenue between E & F
100ft- down & back pushing an outhouse on skis
Entry fee: \$100/team – 10 persons teams, 5 at a time on course
Contact: AEclubUAA@gmail.com
www.AEclubUAA.com

Sponsored by: AE Club at UAA & supported by AK Colorectal Surgery, Renea Miller Realty, Mirage Auto & Collision
Double elimination tournament brackets with 3 races guaranteed, trophies for top finishers.

**Feb 24
Sun**

Rondy DASH – Anchorage

Meet time: 8:00am – Town Square Park, 6th/ 5th & F St
Start time: 10:00 am – 90 minute downtown Anchorage Scavenger Hunt
Teams of 2-4 persons, register at www.furrondy.net
Entry fee: \$30/team (2) \$45/team (3) \$50/team (4) Max 200 teams
Contact: Fur Rondy Headquarters – 907-274-1177
info@furrondy.net

Sponsored by IHeartMedia & AK Alchemist
Portion of proceeds to American Cancer Society – Associate Board of Ambassadors of AK
Best costumes prizes and random draw Grand prize - 4 AK Airline tickets

**Mar
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center

Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.

Entry Fee: \$30/\$15/\$175 race day, registration 7:30 – 9am

Contact: 907-687-8770
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN

Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Mar
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Mar 2
Sat**

Chena River to Ridge – Fairbanks

Meet time: 9 a.m. – Twin Bears camp

Distance: Run/Ski/Bike 25 mile and 50 mile – The 7th annual Chena River to Ridge is a winter multi-sport endurance race held on trails in the Chena State Recreation Area.

Entry Fee: See website

Contact: Bobby Gillis – 907-689-9974
bobbygillis@gmail.com

Website: <http://rivertoridge.org/>

Sponsored by: Endurance North

Race categories include foot, ski, or bike with 25- and 50-mile distance options.

**Mar 2
Sat**

12th Annual Running of the Reindeer – Anchorage

Race time: 4pm – 4th Avenue at H Street

Sat late bib pickup: 12-3:45pm Egan Convention Center Lobby
3 blocks – city streets

Entry fee: \$30\ Commemorative T-shirt \$10

Contact: Fur Rondy Headquarters – 907-274-1177
info@furrondy.net

Sponsored by: Fur Rondy, KWHL 106.5 The Morning Show & AK Communications

Register on-line @ www.furrondy.net

Come out for some whacky, Alaskan-style fun! See if you can outrun the reindeer.

Must be 18 yrs or older to participate.

Proceeds benefit Toys for Tots.

**Mar 2
Sat**

3rd Annual Running with the Critters– Anchorage

Race time: 3pm – 4th Avenue at F St

Registration time: 2pm – Visit Anchorage Visitor Center

Youth event (3-12) running with Anchorage Critter Mascots 1 block- F to E street

Entry fee: \$10 per youth / \$25 for family of 4

Enjoy hot chocolate and photos with the Critters hosted by Hard Rock Cafe

Contact: Fur Rondy Headquarters – 907-274-1177
info@furrondy.net

Sponsored by: Fur Rondy, Hard Rock, Visit Anchorage

Register on-line @ www.furrondy.net

Come out for some whacky, Alaskan-style family fun!

Proceeds benefit Ronald McDonald House.

**Mar 9
Sat**

Tanana River Challenge – Fairbanks

Meet time: 8 and 10 a.m. – Tanana River Wayside

Distance: 25 and 45 mile run, ski, bike, or ski-jor – This year the race course loops around the mighty Tanana River and Rosie Creek forest; where you can choose between 25 and 45 miles distances.

Entry Fee: See website

Contact: Drew Harrington – 907-451-6604
drew.harrington@live.com

Website: <http://tananariverchallenge.org/>

Sponsored by: Endurance North

The Tanana River Challenge (TRC) is an endurance race which includes runners, skiers, skijorers, and bikers.

**Mar 16
Sat**

12th St. Patrick's Run – Fairbanks

Meet time: 11:30 AM – Goldstream Sports

Distance: 7.10 Miles – Moderately hilly out and back run from Goldstream Sports up Ester Dome and St. Patrick Roads to Henderson Road and returning. 7.1 miles.

Leprechaun chase and prizes! Free, but donations to RCN suggested!

Entry Fee: See website

Contact: Bruce Sackinger – 907-385-7792
bruce@trickyraven.com

Website: RCN Website

Sponsored by: Running Club North

Registration happens on the day of the race, so please come a little early. Park at Sheep Creek pullout across the street to keep race finish area as clear as we can. Sorry, no dogs or strollers.

Mar 16
Sat

Skinny Raven Shamrock Shuffle – Anchorage

Meet time: 8:30 AM – Beartooth Theatre
Distance: 5K – Lollypop course on paved roads and bike paths.
Entry Fee: \$35

Contact: Skinny Raven Events & Timing
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/shamrock-shuffle/>

Sponsored by: Skinny Raven Sports, Beartooth Theatre

Join us for St. Paddy's Day tradition. Put on your best kelly green and celebrate with us at the Beartooth. You get a sweet beanie, pint glass, and a drink on us!

Mar 17
Sun

Shamrock Shuffle – Soldotna

Meet time: 1:00 PM – Soldotna Regional Sports Center
Start time: 2:00 PM

Distance: 1.5 & 3.0 walk/run – mostly flat

Entry Fee: \$10/youth, \$20.00/adult, and \$50/family

Contact: Tammy Strausbaugh – 907-252-2959
wrestle@acsalaska.net
Kurt Strausbaugh – 907-262-1721

Age group awards, door prizes, Proceeds to benefit the Soldotna Whalers Freestyle Wrestling Club

Mar 17
Sun

Green Day Gallop – Palmer

Meet time: 9:00 AM – Palmer Depot

Distance: 5k, 13.1, (26.2 TBD) – Paved roads and trails through Palmer

Entry Fee: \$35 Online - \$45 Day Of Race

Contact: Active Soles – 907-746-0600
activesolesevents@gmail.com
Denise Christopher

Website: runsignup.com

Sponsored by: Mat-Su Miners and Active Soles

Mar 19
Tue

MatSu Running Club Information Meeting

Meet time: 6 p.m. – Palmer Junior Middle School Library

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org

Sponsored by: MatSu Running Club

Information presented about the MatSu Running Club's women, co-ed and junior's groups and beginner's clinic.

Mar 20
Wed

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center

Distance: Fun Run 4mile – Run by the light of the moon!

Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN Winter training

Mar 24
Sun

White Mountains 100 – Fairbanks

Meet time: 8:00 AM – White Mountains National Recreation Area, Wickersham Dome Trailhead, Milepost 28 Elliott Highway

Distance: Ultra (Bike, Run, or Ski) 100 Miles – This rugged wilderness will challenge racers with a variety of terrain and trail conditions, satisfying even the most experienced winter athlete. Traverse this diverse landscape on skis, bike, or just your feet.

Entry Fee: See website

Contact: Kevin Breitenbach – 907-388-9560
wm100@endurancenorth.org

Website: <http://wm100.endurancenorth.org/>

Mar 23
Sat

Crazy Lazy – Palmer

Meet time: 9:30 AM – Lazy Mountain Trailhead

Distance: 6.0 mi – Mountain Race loop course

Entry Fee: \$30

Contact: Dane Crowley – 907-354-8461
moosejv@hotmail.com
John Clark – 907-982-9001

Sponsored by: Lazy Mountain Foothills Running Club

Registration will open Jan 15th at 8am on webscorer.com until full. Kids uphill 1 mile race. After race party with prize drawings, food and refreshments at Arkose Brewery 2:30pm. Spikes/traction and appropriate clothing recommended. Please no poles or dogs on course. Shirts and awards. Proceeds benefit girls athletics.

Mar 26
Tue

MatSu Running Club Beginner's Running Clinic - Classroom Session

Meet time: 6 p.m. – Teeland Middle School

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org

Sponsored by: MatSu Running Club

Classroom instruction to help get beginner runners ready for the running season.

Mar 30
Sat

Glacier 10K and 1-Mile – Juneau

Meet time: 10:00 AM – Mendenhall Glacier Parking Lot

Distance: 10K and 1-Mile – Routes can be found on the race registration form.

Entry Fee: \$20

Contact: Dwayne Duskin Jr – 907-796-9440
dduskin1@hotmail.com

**Mar 28
Thu**

MatSu Running Club Beginner's Running Clinic – Palmer

Meet time: 6:00 PM – Colony High Track

Distance: Various

Entry Fee: Free

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: <https://matsurunningclub.org/>

Sponsored by: MatSu Running Club

**Apr
Tue**

Peak Performers Track Club – Anchorage

Meet time: 6pm– West High track

Entry fee: (Membership) \$65, \$110 partners (2), \$160.00 family (3 or more)

Contact: Jason Hofacker – 907-337-9575 ext 7

jhofacker@acsedu.org

Kim Baldwin – 907-274-1061

anchoragekim@yahoo.com

Sponsored by: Peak Performers Track Club

APU Moseley Sports Center thru mid April West High Track late April thru August

APU - paved roads, West – track. Training & conditioning program led by coaches



**Apr
Tue,
Thu**

MatSu Running Club - Women's Group – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsurunningclub.org

Sponsored by: MatSu Running Club

Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**Apr
Wed,
Thu**

MatSu Running Club - Coed Group – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsurunningclub.org

Sponsored by: MatSu Running Club

Wednesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**Apr
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Apr 6
Sat**

Superhero Showdown – Anchorage

Meet time: 9:00 AM – Chuck Albrecht Softball Fields

Distance: 1.3K & 5K – Fast flat and wide city streets.

Entry Fee: \$20/\$35

Contact: Skinny Raven Events & Timing –
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/superhero-showdown/>

Sponsored by: Skinny Raven Sports

We've got superheroes and supervillains, costumes, inflatable games, face painting, and crazy hair, and food trucks. Bring the whole family out to help us battle evil, stay for the fun and games.

**Apr 6
Sat**

Ken Tuene Memorial Stampede – Pending Location

Meet time: 8:30 AM – Pending Location

Distance: 1 mile and 5k – Fun run and walk

Entry Fee: \$15

Contact: Sarah May Harney

**Apr 6
Sat**

Valley Thaw Out Races – Wasilla

Meet time: 8:00 AM – Machetanz Elementary

Distance: 5K, 10K, and half – Out and back along Hay Flats and Rabbit Slough

Entry Fee: \$35-50 depending on event

Contact: Natalie Bickers – 907-232-6145
happymalamuteak@gmail.com
Eric Bickers – 907-982-3981

Website: happymalamuterunning.com

Sweeping views of the flats. Just a short drive from Anchorage. Staggered start times and walker friendly

**Apr 13
Sat**

Beat Beethoven 5K Run – Fairbanks

Meet time: 11:00 AM – UAF Patty Center

Distance: 5K Run – A fun fundraising race for the Fairbanks Symphony Orchestra that is fun for the whole family. Runners (and walkers) race against the music of Beethoven's 5th Symphony (approx. 31 minutes). If they cross the finish line before the last note of the 5th Symp

Entry Fee: See website

Contact: Dorli McWayne – 907-479-6701
dorli@gci.net

Website: <https://fairbankssymphony.org/beat-beethoven-5k/>

Sponsored by: Fairbanks Symphony Orchestra

Sign up will be online at the Symphony website in early February 2019.

**Apr 20
Sat**

Beach Bum 5k Run – Fairbanks

Meet time: 11:00 AM – UAF Campus- Taku Parking Lot

Distance: 5K Road Race – A fun beach themed 5k run on the UAF campus to celebrate spring! All proceeds go to benefit the UAF Cross Country Running Team

Entry Fee: See website

Contact: Nick Crawford – 907-474-6802
ncrawford2@alaska.edu

Website: www.alaskanook.com

Sponsored by: UAF Cross Country Team

Planning to have commemorative race t-shirts to the first 900 registered racers.

**Apr 20
Sat**

Alaska Heart Run – Anchorage

Meet time: 9:00 AM – Alaska Airlines Center

Distance: 3K & 5K Run – City Streets

Entry Fee: Varies - please see website

Contact: Dustin Morris – 907-865-5303
Dustin.Morris@heart.org
Alaina Burton – 907-865-5300
Alaina.Burton@heart.org

Website: AlaskaHeartRun.org

Sponsored by: American Heart Association

Race / Walk starts at the UAA Alaska Airlines Center. Timed Run starts @ 9:30am with Untimed Run @ 10am. Register online at AlaskaHeartRun.org. Fees increase after March 24th. Bib pickup at King Tech High School formerly known as King Career Center on April 17 & 19 from 4:30pm-7:00pm. Please see website for details. All proceeds benefit the American Heart Association.

Apr 26 **Who Let the Girls Out 5k - Downtown Palmer**
Thu Meet time: 6 p.m. – Palmer Depot
Contact: Amy Bushatz
 matsurunningclub@gmail.com

Website: matsurunningclub.org
Sponsored by: MatSu Running Club
Race/walk 5k through downtown Palmer; free kids' fun run.

Apr 27 **Hills from Hell – Ketchikan**
Sat Meet time: – Alder Park
Distance: 6 mi – N/A
Entry Fee: \$15
Contact: Erin Riddle – 907-220-7275
 erinriddle19@gmail.com

Apr 27 **Rilke Kinderlauf – Anchorage**
Sat Meet time: 9:30 AM – APU
Distance: 2k, 5k – Option of 2k or 5k loop through APU trails around University Lake
Entry Fee: \$15 per bib or \$40 per family
Contact: Jessie Anderson –
 RilkeKinderlauf@gmail.com

Website: <https://www.asdk12.org/rilkeschule>
Sponsored by: Rilke Schule RSV
Fun run to support the German charter school PTA.

Apr 27 **Tok Trot – Fairbanks**
Sat Meet time: 1:00 PM – Visitors' Center in Tok, Alaska
Distance: 10km out and back – 39th Annual Tok Trot. An out and back flat 10
kilometer race that starts from the Visitor's Center in Tok. Buttons to all finishers and
ribbons to division winners.
Entry Fee: See website
Contact: Paul Kelley – 907-883-5393
 kelleys@aptalaska.net

Sponsored by: Nancy and Paul Kelley
\$1.00 non-entry fee for those who do not run. Catered picnic at the Kelleys
afterwards.

Apr 27 **Weller Elementary Fun Run – Fairbanks**
Sat Meet time: 10:00 AM – Start & Finish from Trax OC. 5 K along Birch Hill Bike Path.
Distance: 5K Fun Run or 1 mile obstacle course – Option for 5K fun run out & back
along Birch Hill Rd Bike Path or obstacle course in Trax OC lot.
Entry Fee: See website
Contact: Meagan Janssen – 907-590-9544
 meagjanssen@gmail.com

Website:
Sponsored by: Weller PTA & Trax OC

**Apr 28
Sun**

GI Tract 5k Fun Run/Walk – Fairbanks

Meet time: 2:00 PM – Elvey Building at UAF

Distance: 5K Fun Run/Walk – Fundraiser for the American Heart Association by the GeeWiz HeartWalk Team. Features a meandering path from the GI through the UAF campus, beginning and ending at the Elvey Building with the big, blue dish on top.

Entry Fee: See website

Contact: 907-322-2207
nettielbh@gmail.com

Website: TBD

Sponsored by: TBD

**May
Tue**

RCN Track Interval training – Fairbanks

Meet time: 5:30 & 6 PM – West Valley H.S. track

Distance: Interval training – Interval training every Tuesday evening, May through August.

Entry Fee: See website

Contact: Tracey Martinson – 907-474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>

Sponsored by: Running Club North

The women's group is at 5:30 p.m. and the men's group is at 6:00 p.m. Free! Come early to warm up and be ready to run.

**May
Tue,
Thu**

MatSu Running Club - Women's Group – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsurunningclub.org

Sponsored by: MatSu Running Club

Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**May
Wed,
Thu**

MatSu Running Club - Coed Group – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsurunningclub.org

Sponsored by: MatSu Running Club

Wednesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**May
Tue**

Peak Performers Track Club – Anchorage

Meet time: 6pm– West High track

Entry fee: (Membership) \$65, \$110 partners (2), \$160.00 family (3 or more)

Contact: Jason Hofacker – 907-337-9575 ext 7

jhofacker@acsedu.org

Kim Baldwin – 907-274-1061

anchoragekim@yahoo.com

Sponsored by: Peak Performers Track Club

APU Moseley Sports Center thru mid April West High Track late April thru August

APU - paved roads, West – track. Training & conditioning program led by coaches

**May
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520

stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**May 4
Sat**

38th Annual Chena River Run

Usibelli Series #1 – Fairbanks

Meet time: 10:00 AM – Woodriver Elementary to the Princess Lodge

Distance: 5K – This annual 5 km run & walk, sponsored by the Rotary Club of Fairbanks, raises funds to benefit the Rotary Pathway Playground at Tanana Lakes Recreation Area.

Entry Fee: See website

Contact: Tammy Randolph – 907-460-2915

tammy@tammyrandolph.net

Website: www.fairbanksrotary.org

Sponsored by: Rotary Club of Fairbanks

This is a walker and family friendly point to point race. Parking is limited at both the start and finish. Shuttle buses are provided for safety and convenience.

**May 4
Sat**

World Vision Global 6K for Water – Fairbanks

Meet time: 11:00 AM – Tanana Lakes

Distance: 6k walk/run – It's 6k (not 5k) because this is the average distance kids in developing countries have to walk to get water for their families. Oftentimes this water is unhealthy and makes people sick.

Entry Fee: See website

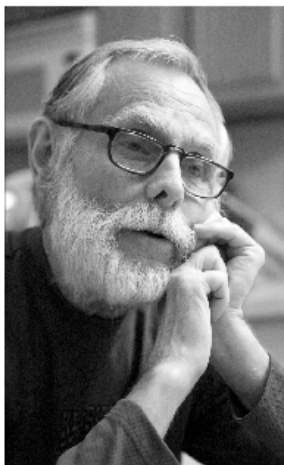
Contact: Kathy Petersen – 907-388-6830

skeezbow@hotmail.com

Website: ww.worldvision.org

Sponsored by: World Vision

Each Global 6k for Water registration of \$50 brings clean water to one person in need! Plus, every participant will wear a unique race bib with a photo of a child benefiting from clean water - and go home with a t-shirt and finisher medal. It's fun for the whole family!



Alaska Kids on the Run

Sunday May 19, 2019

1:00-3:00 pm

Janecek Trails

Palmer High School

1170 E. Palmer Moose Dr.

Palmer, AK 99645

Distances for kids of all ages:

- 0-5: ¼ mile (1-1:30 pm)
- 6-10: ½ mile (1:30-2 pm)
- 11-13: 1 mile (2-2:30 pm)
- 14-Adult: 5K (2:30-3 pm)

For more information and to register, visit:

<https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

alaskakidsontherun@gmail.com

<https://www.facebook.com/Alaskakidsontherun/>

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. Dr. Brown worked with the Mat-Su schools for many years, starting in 1970 when he served as the Medical Director of the Alaska Child Study Center. In this capacity he consulted to the District regarding services for students with disabilities. After moving to Palmer in 1978, Dr. Brown served as the Mat-Su District's first consulting pediatrician. His efforts resulted in the establishment of mandatory Kindergarten and extended day Kindergarten for children at risk. He also worked closely with Mat-Su school nurses to coordinate care for children who otherwise had limited access to medical services. Dr. Brown provided free physicals for students who participated in Special Olympics. Dr. Brown was an avid runner and completed over 70 marathons.

**May 4
Sat**

Anchorage Salmon Run – Anchorage

Meet time: 10:00 AM – Inlet View Elementary School (1219 N St)

Distance: 2K, 5K, 10K – Begins and ends at Inlet View; out and back on Coastal Trail
Entry Fee: \$35 before May 1st; increase after May 1st

Contact: April Halpern – 907-250-9297
infor@anchoragesalmonrun.com

Website: www.anchoragesalmonrun.com

Sponsored by: Inlet View PTA

**May 4
Sat**

Polar Bear Pink Cheeks Triathlon – Seward

Meet time: 10:00 am – Seward High School

Distance: 5K run , 10K bike, 600Y swim – varied terrain

Race time: 11:00 am

Entry fee: \$50 solo or \$100 team, or youth team fee \$65

Contact: Brittney Broadworth – 907-224-4054
bbroadworth@cityofseward.net
Jessica Calhoun – 907-224-4056

Website: www.sewardrec.com

Sponsored by: Seward Parks & Recreation

Rates increase over time. Discounts available. Costume prizes. Awards follow, Mini-festival, bring cash. Timing & results by Strabel Racing Services. Recommended: off road bike, Required: helmet & bike stand. Registration remains open, space permitting until 5pm on May 3.

**May 4
Sat**

50th Walk & Roll for Hope - Anchorage

Meet time: 8:00 am – Delaney Park Strip 10th & P

Distance: 2k-15k - Varies

Race time: 8:00 am

Entry fee: see website

Contact: Mike Wachsmuth 907-433-4912
mwachsmuth@hopealaska.org
Katie Bourland – 907-433-4917

Website: www.hopealaska.org

Beginning in 1970, the Walk & Roll for Hope is the oldest walk in Alaska. This is a pledge-based event that will take place in Anchorage, Kenai, and Kodiak, while being offered as a virtual event for the other regions we support and for those who cannot attend but would like to participate.

**May 5
Sun**

The Breakup Tri – Fairbanks

Meet time: 12:00 PM – UAF Patty Center

Distance: Triathlon – 500 yd. swim at the UAF Patty Center, 13.1 mile bike, 5k run.

Reg. opens Feb. 1, 99 racer limit \$40+USAT fee, shirt and cap are provided.

Entry Fee: See website

Contact: Amber Barlow – 970-203-5535
thebreakuptri@hotmail.com

Website: <https://arctic-triathlon-series.weebly.com/>

Sponsored by: Arctic Triathlon Series

This race sells out early each year. We will start a waitlist once the race sells out. If you are not an annual USAT member you will need to purchase a one-day pass when registering

**May 8
Wed**

Golden Heart Utilities Water Walk/Run – Fairbanks

Meet time: 6:00 PM – Start at 1304 1st avenue, Fairbanks, AK.

Distance: Professionally timed race, 5K. – Family oriented running race starting at the GHU Water Treatment Plant in celebration of National Drinking Water Week. Free hot dogs and other fun activities. Course follows the river on the bike path.

Entry Fee: See website

Contact: Steve Offenborn – 907-479-3118
steveo@akwater.com

Website: www.akwater.com

Sponsored by: Golden Heart Utilities

Online registration available.

**May 9
Thu**

Alaska Girls Walk N Wine – Fairbanks

Meet time: 6:00 PM – TBD

Distance: 5K or 2K – 5K Run or 2K (untimed walk) along bike path by Pioneer Park. (WOMEN ONLY)

Entry Fee: See website

Contact: Susan Kramer – 907-590-5086
eventplanning2004@hotmail.com

Website: www.goldenheartrotary.org

Sponsored by: Golden Heart Rotary and BCDC

On-Line Registration Only at Golden Heart Rotary Website

\$25 until May 6, \$30 May 7-9. Additional \$15 for T-shirt (limited amount)

**May 11
Sat**

Murphy Dome Roam – Fairbanks

Meet time: 9:00 AM – Start/Finish @8-mile Murphy Dome Rd.

Distance: Gravel road race, 11.2 miles – Beautiful 11 mile loop course starting at the gravel pit at 8-mile Murphy Dome Road, up 3.3 miles to Abraham Road then winding through Lincoln Creek Subdivision to Cache Creek Rd, then back to the gravel pit on Murphy Dome Road. Runners have the option of

Entry Fee: See website

Contact: Amy Noon – 907-460-7896
noon.amy@gmail.com

Sponsored by: Hot Licks Ice Cream

Day of registration from 8:00 - 8:45, no fee. Two water stations on the course. Parking available at the gravel pit.

**May 11
Sat**

Totem to Totem Half Marathon – Ketchikan

Meet time: 8:00 AM – Rotary Beach Start

Distance: 13.1 miles – N/A

Entry Fee: \$65 tshirt and medal inc.

Contact: Gretchen Klein

**May 11
Sat**

Moose River Hustle – Sterling

Meet time: 9:00 AM – Sterling Senior Center, Milepost 83.5 Sterling Hwy
Distance: 1 mile & 3 mile – 1 mile is flat, 3 mile mostly flat with a moderate hill
Entry Fee: \$10/youth, \$20.00/adult, and \$50/family

Contact: Tammy Strausbaugh – 907-252-2959
wrestle@acsalaska.net
Kurt Strausbaugh – 907-262-1721

Website: www.sterlingseniors.org

Sponsored by: Sterling Senior Center

Age group awards, door prizes, proceeds to benefit the Sterling Senior Center's "Meals on Wheels" program

**May 11
Sat**

Trailside Kids Triathlon – Anchorage

Meet time: 10:00 AM – Trailside Elementary/Service HS
Distance: Various Distances – Service HS swim and bike, trail run
Entry Fee: N/A

Contact: Carleen Ulbrich – 742-5500
ulbrich_carleen@asdk12.org

Website: runsignup.com

Sponsored by: Trailside PTA and Healthy Futures

Service pool swim, bike loops around Service High School, run trails behind school.

Course lengths vary according to grade, open to grades K-6. Register at runsignup.com. Volunteers needed, please e-mail ulbrich_carleen@asdk12.org

**May 11
Sat**

Fairbanks Heart Walk – Fairbanks

Meet time: 9:00 AM – Veteran's Memorial Park
Distance: 1mile & 2.75 mile routes – City Streets
Entry Fee: Suggested minimum \$25 donation

Contact: Jacyn DeBaun – 907-374-4446
Jacyn.DeBaun@heart.org
Amanda Blanchard – 907-388-5133
Amanda.Blanchard@heart.org

Website: FairbanksHeartWalk.org

Sponsored by: American Heart Association

A family fun, non-competitive event for all ages and abilities. All proceeds benefit the American Heart Association.

**May 11
Sat**

Girls on the Run Celebratory 5K – Anchorage

Meet time: 10:00 AM – Goose Lake Pavillion

Distance: 5K – Out and back course

Entry Fee: \$15

Contact: Kennis Brady – 907-351-2250
info@gotrsouthcentralak.org
Jennifer Smith – 907-250-7800

Website: www.gotrsouthcentralak.org/5k

Sponsored by: Girls on the Run Southcentral Alaska

Join in all the fun and run in the Girls on the Run Celebrat5ion 5K run! Our girls have been training all season for this and would love you to be a part of their special day where they prove that you can do anything you put your mind to... even run 5k! This is a non-competitive, non-timed, fun run open to children and adults. No dogs.

**May 11
Sat**

Mouth to Mouth Wild Run & Ride – Kenai/Kasilof

Meet time: 11:00 AM – Kasilof River Special Use Area

Distance: 10 mile & 3 mile – Low tide flat beach run or fat bike ride.

Entry Fee: \$30 by 5/1, \$40 race day (\$5 off TTA & CIK members)

Contact: Kaitlin Vadla – 907-252-6525
kaitlin@inletkeeper.org
Laura Rhyner – 907-598-9247

Website: www.facebook.com/wildrunandride/

Sponsored by: Cook Inletkeeper

Cook Inletkeeper, in partnership with Tsalteshi Trails, Kenaitze Indian Tribe, Kenai Watershed Forum, and Kenai Peninsula Trout Unlimited, invite you to join us Saturday May 11th for the 6th annual Mouth to Mouth Wild Run & Ride: a 10-mile beach run or fat bike ride from the mouth of the Kasilof River to the mouth of the Kenai - Registration 11am, Start 1pm @ Kasilof River Special Use Area and finish @ Cannery Rd beach access off Dunes Rd. There's also a 3-mile run starting and finishing at Cannery Rd beach access - Registration 1:15pm, Start 2:30pm. Beach party, awards, plus local food & drink at finish line 3-5pm. Shuttle available 5pm. Proceeds support Cook Inletkeeper's work ensuring clean water and healthy salmon in the Cook Inlet watershed. Register online at www.tsalteshi.org. First 150 to register get an awesome tech-fabric race shirt! Lots of great prizes and all participants entered to win a fat bike!

May 11 **Alaska Zoo Kids Fun Run – Anchorage**
Sat
Meet time: 9:00 AM – Alaska Zoo
Distance: 1k – courses are divided by age group and loop through the zoo, visiting the animals as you run!
Entry Fee: \$25
Contact: Jill Myer – 907-341-6435
development@alaskazoo.org
Pat Lampi – 907-341-6427

Website: www.alaskazoo.org
Sponsored by: McDonalds, Healthy Futures, Powerade
Join us for the run on Saturday, May 5th. Runners ages 3 through 10 are divided into the following groups for the run. Check in starts at 9am.
Start: 9:30 - Ages 3-4, 0.25K, Arctic Fox Trot group
Start: 9:45 - Ages 5-6, 1K, Polar Bear Pursuit group
Start: 10:00 - Ages 7-8, 1K, Moose Marathon group
Start: 10:15 - Ages 9-10, 1K, Caribou Cruise group
Each registered runner receives an event t-shirt and each finisher receives a ribbon.

May 17 **Alaskan Guys Beer and Brats 5K – Fairbanks**
Fri
Meet time: 6:00 PM – Trax Outdoor Center
Distance: 5K timed – Hilly 5K starts/finishes at Trax Outdoor Center. Beer tasting after race. (MEN ONLY)
Entry Fee: See website
Contact: Susan Kramer – 907-590-5086
eventplanning2004@hotmail.com

Website: www.nscfairbanks.org
Sponsored by: Nordic Ski Club of Fairbanks
On-Line Registration Only at NSCFairbanks.org.
\$25 through May 16, \$30 on race day

May 18 **Special Olympics Law Enforcement 5K Torch Run – Fairbanks**
Sat
Meet time: 10:00 AM – Race starts at UAF Police Department
Distance: 5K Family Fun Run/Walk – 5K Family Fun Run/Walk to benefit Special Olympics of Alaska Athletes
Entry Fee: See website
Contact: Jessica Bjornstad – 907-222-7625x605
jessica@specialolympicsalaska.org

Website:
Sponsored by: Special Olympics Alaska and Fairbanks Police Department

May 18 **Two Way Torture Test – Fairbanks**
Sat
Meet time: 10 a.m. – Pump House Restaurant
Distance: Half Marathon team event (Everybody runs 13.1 miles!) – Teams of two run the 13.1 mile Chena Ridge-Chena Pump loop, one runner in the clockwise direction, one in the counterclockwise direction.
Entry Fee: See website
Contact: Erika G Burr – 907-978-4481
burrlike@gmail.com

Website: RCN Website
Sponsored by: RCN
Free

May 18 **Law Enforcement Torch Run for Special Olympics – Ketchikan**

Sat

Meet time: 10:00 AM – Rotary Beach

Distance: 5k – N/A

Entry Fee: \$35

Contact: Jessica Mathews

May 18 **Running Over Cancer 5K – Anchorage**

Sat

Meet time: 9:00 AM – Begich Middle School

Distance: 5K – Paved trail along South Fork Chester Creek and around Begich Middle School. Starts and ends at BMS track.

Entry Fee: \$35

Contact: Cheryl Jones – 907-273-2070

cheryl.jones@cancer.org

Annette Vrolyk – 907-273-2072

Website: www.relayforlife.org/SouthcentralAK

Sponsored by: American Cancer Society

All proceeds benefit the American Cancer Society. 5K registration link will be available on the web site soon! Fee includes t-shirt and medal.

May 18 **O'Malley Fun Run – Anchorage**

Sat

Meet time: 10:00 AM – O'Malley Elementary School

Distance: 2, 5K – Trail run, flat to hilly

Entry Fee: \$20

Contact: Melissa Sundberg – NA

omalleypta@gmail.com

Website: <https://runsignup.com/Race/AK/Anchorage/OMalleyFunRun2019>

Sponsored by: O'Malley PTA & Healthy Futures

All ages welcome for our family-friendly 2k & 5k!

May 18 **Exit Glacier Race – Seward**

Sat

Meet time: 8:00 am – Resurrection Road House

Distance: 5K & 10K

Race time: 10:00 am

Entry fee: \$24 adult, \$19 teen/youth by 4/20

Contact: Brittney Broadworth – 907-224-4054

bbroadworth@cityofseward.net

Jessica Calhoun – 907-224-4056

Website: www.runsignup.com

Sponsored by: Windsong Lodge, Kenai Fjords Tours, SPRD

Registration closes at 9 am on race day. Awards follow. Choose either 5K/ 10K, walkers are welcome in 5K only.

**May 19
Sun**

Alaska Kids on the Run – Palmer

Meet time: – Palmer High School

Distance: 0.5 mi, 1 mi, 5k – High school track and trails

Entry Fee: Varies

Contact: Rachel Brown – 907-355-7328
rachelb@mtaonline.net
Joe Irvine – 907-745-2213

Website: <https://runsignup.com/race/ak/palmer/alaskakidsontherun>

Sponsored by: Mat-Su Schools Foundation

This event includes separate short races for kids and a 5K on the Janecek trails for teens and adults. It is a fund raiser for the Dr. George W. Brown Memorial Scholarship. The start times for each section are in half an hour intervals (1, 1:30, 2, 2:30PM).

**May 19
Sun**

Alaska Kids on the Run – Palmer

Meet time: – Palmer High School

Distance: 0.5 mi, 1 mi, 5k – High school track and trails

Entry Fee: Varies

Contact: Rachel Brown – 907-355-7328
rachelb@mtaonline.net
Joe Irvine – 907-745-2213

Website: <https://runsignup.com/race/ak/palmer/alaskakidsontherun>

Sponsored by: Mat-Su Schools Foundation

This event includes separate short races for kids and a 5K on the Janecek trails for teens and adults. It is a fund raiser for the Dr. George W. Brown Memorial Scholarship. The start times for each section are in half an hour intervals (1, 1:30, 2, 2:30PM).

**May 19
Sun**

Alaska Kids on the Run 1/4 Mile – Palmer

Meet time: 1:00 PM – Palmer High School Track

Distance: 1/4 mile (1 lap) – High school track

Entry Fee: NA

Contact: Rachel D Brown-Chidsey – 907-355-7328
rachelb@mtaonline.net
Ellie Chidsey – 907-315-3553

Website: <https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

Sponsored by: Mat-Su Schools Foundation

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. This run will include 1/4 mile, 1/2 mile, 1-mile, and 5K distances. Children and families are encouraged to participate.

**May 19
Sun**

Alaska Kids on the Run 1/2 Mile – Palmer

Meet time: 1:30 PM – Palmer High School Track

Distance: 1/2 mile (2 laps) – High school track

Entry Fee: NA

Contact: Rachel D Brown-Chidsey – 907-355-7328
rachelb@mtaonline.net
Ellie Chidsey – 907-315-3553

Website: <https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

Sponsored by: Mat-Su Schools Foundation

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. This run will include 1/2 mile (2 laps on the track) for kids up through 5 years old.

**May 19
Sun**

Alaska Kids on the Run 1 Mile – Palmer

Meet time: 2:00 PM – Palmer High School

Distance: 1 mile (4 laps) – High school track

Entry Fee: NA

Contact: Rachel D Brown-Chidsey – 907-355-7328
rachelb@mtaonline.net
Ellie Chidsey – 907-315-3553

Website: <https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

Sponsored by: Mat-Su Schools Foundation

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. This run will include 1-mile (4 laps on track) for kids ages 11-13.

**May 19
Sun**

Alaska Kids on the Run 5K – Palmer

Meet time: 2:30 PM – Janecek Trails at Palmer High School

Distance: 5 Kilometers – Rolling wooded trails adjacent to Palmer High School

Entry Fee: \$30

Contact: Rachel D Brown-Chidsey – 907-355-7328
rachelb@mtaonline.net
Ellie Chidsey – 907-315-3553

Website: <https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

Sponsored by: Mat-Su Schools Foundation

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. This run will include a 5K course on the Janecek trails adjacent to Palmer High School.

May 19

Alaska Kids on the Run (multiple distances) – Palmer

Meet time: 1:00 PM – Palmer High School

Distance: 1/4 mile, 1/2 mile, 1 mile, 5 Kilometers – High school track and rolling wooded trails adjacent to high school

Entry Fee: \$35 Family Rate

Contact: Rachel D Brown-Chidsey – 907-355-7328
rachelb@mtaonline.net
Ellie Chidsey– 907-315-3553

Website: <https://runsignup.com/Race/AK/Palmer/AlaskaKidsOnTheRun>

Sponsored by: Mat-Su Schools Foundation

The Alaska Kids on the Run Fun Run for Kids of All Ages is a fund raiser for the Dr. George W. Brown Memorial scholarship to provide funds for graduates of Mat-Su high schools who plan careers in early childhood education. This run will include 1/4 mile (ages 0-5), 1/2 mile (ages 6-11), 1-mile (ages 11-13), and 5K (ages 14+) distances. Children and families are encouraged to participate and there is a family rate of \$35.00 for all participants in the same family.

**May 19
Sun**

Gold Nugget Triathlon – Anchorage

Meet time: 8:00 AM – Bartlett High School

Distance: Sprint Triathlon – 500 meter swim, 12 mile bike, 3.5 mile run

Entry Fee: \$75

Contact: Mary Vollendorf
mvollendorf@gmail.com
Betsy Haines – 907-223-7792

Website: www.goldnuggettriathlon.com

Sponsored by: Gold Nugget Triathlon Board of Directors

The longest running all-female triathlon, is now in its 36th year, has 1,500 women competing in the sprint distance race. Registration fills up in less than five minutes. The biggest draws are the beginner friendliness, scenery, the sense of camaraderie, and the high quality of the event. It has been named one of the "13 Must-Do U.S. Destination Races" by USA Triathlon magazine.

**May 23
Thu**

Kal's Knoya Ridge Run – Anchorage

Meet time: 5:00 PM – Klutina Dr. Entrance to Bicentennial Park, Chugach Foothills

Distance: 2.5, 5.6, & 8.5 K -1,200, 2,900, & 4,300 elev. gain – Rolling climb along forest trails with alpine finishes

Entry Fee: Donation

Contact: Bill Spencer – 907-306-0077
bill.spencer@hdrinc.com
Anson Moxness – 907-242-5995

Website: <http://www.alaskamountainrunners.org>

Sponsored by: Alaska Ski Education Foundation, Tom Besh Memorial Fund

Day of race registration only. YOU CAN NOT PREREGISTER FOR THIS RACE. Field size limits (200 for the Full Monty) should not be a problem.

Course utilizes JBER property. You must have an iSportman Recreational Access Permit and be signed in to train <https://jber.isportsman.net/>. NO PERMIT IS REQUIRED FOR RACE DAY. All donations are used to support scholarships for UAA/UAF student athletes.

- May 23 Thu** **Trent Waldron Half Marathon Bib Pick up – Anchorage**
 Meet time: 4:30-6:30 PM – Skinny Raven Sports (800 H st)
 Entry Fee: See website
 Contact: Anchorage Running Club

 Website: www.anchoragerunningclub.org
 Sponsored by: Anchorage Running Club
 Day of race bib pick up 07:30-08:45am at Westchester Lagoon.
- May 25 Sat** **Trent Waldron Half Marathon & 10K – Anchorage**
 Meet time: 730am – Margaret Sullivan Park
 Distance: 13.1mi & 10K –
 Race time: 8am (walkers), 9:00am (13.1mi), 9:20am (10K)
 Entry Fee: see website
 Contact: Anchorage Running Club

 Website: www.anchoragerunningclub.org
 Sponsored by: Anchorage Running Club
 Located at Margaret Sullivan Park on W. 15th Ave, between S St. & U St. This race is a qualifier for the Sleeping Lady Challenge. Day of race bib pick up 07:30-08:45am.
- May 25 Sat** **20th Anniversary Prince of Wales Marathon 2019 – Ketchikan**
 Meet time: 9:00 AM – Prince of Wales Island, Craig High School
 Distance: marathon, half marathon, and relays – N/A
 Entry Fee: \$45
 Contact: Jean James
- May 25 Sat** **Seldovia Memorial Day 5K – Seldovia**
 Meet time: 9:00 AM – Seldovia Central Park
 Distance: 5K – Fairly flat "loop" course
 Entry Fee: \$10
 Contact: Steve Bainbridge – 907-202-3095
 bainbridge.noblespirit.steve@gmail.com
 Nonenot applicable

 Sponsored by: Seldovia Chamber of Commerce / Kachemak Bay Running Club
 loop in and around Seldovia ... mostly flat
- May 25 Sat** **Toghotthele Trail Run (formerly known as the Annihilator) Trail Series #1 – Fairbanks**
 Meet time: 11:00 AM – Nenana, AK
 Distance: 10k (roughly) challenging trail run – Classic Interior Alaska trail run.
 Fundraiser for Nenana's High School XC team.
 Toghotthele pronounced 'TOG-uh-TEE-lee'
 Entry Fee: See website
 Contact: Drew Harrington – 907-451-6604
 drew.harrington@live.com

 Website:
 Sponsored by:
 BBQ and potluck after finish. \$5 suggested donation.

- May 26 Sun** **Presbyterian Hospitality House 5K Fun Run – Fairbanks**
 Meet time: 10:30 AM – UAF Patty Center
 Distance: 5K – Flat and fast fundraiser for PHH
 Entry Fee: See website
 Contact: Ty Tigner – 907-378-9918
 tytigner@aol.com
- Sponsored by: Presbyterian Hospitality House
 \$25 entry fee, T-shirts for the first 100 entries. Prizes.
- May 29 Wed** **Alaska Run for Women – Wasilla**
 Meet time: 4:00 PM – The Alaska Club Valley
 Distance: Registration – Donation
 Entry Fee: Donation
 Contact: Babette Mellroy
 run@akrffw.org
 Nicole Thibodeau
- Website: www.akrffw.org
 Sponsored by: Alaska Run for Women
 Registration for the 27th annual Alaska Run for Women on 06/08/19, benefitting the fight against breast cancer. Additional registration and bib pickup dates and locations listed in this calendar on 6/1, 6/4, and 6/6.
- May 31 Fri** **Skinny Raven Twilight 12K – Anchorage**
 Meet time: 6:00 PM – Skinny Raven Sports, Delaney Park Strip
 Distance: 6K or 12K – Roads and bike paths, featuring the bridge to Government Hill.
 Entry Fee: \$35/\$45
 Contact: Skinny Raven Events & Timing
 timing@skinnyraven.com
- Website: <https://skinnyraven.com/event/twilight-12k/>
 Sponsored by: Skinny Raven Sports
 Ring in the summer with Anchorage's most unique road running course, thousands of your friends, music, pizza, and beer. You can't beat this event for a fun Friday evening.
- May 31 Jun 1 Fri** **Alaska Endurance Trail Run – Fairbanks**
 Meet time: 8:00 PM – UAF West Ridge
 Distance: Timed race, with options for 6, 12, and 24 hours. – Timed endurance race, with options for 6, 12, and 24 hours, on rolling loop trail course.
 Entry Fee: See website
 Contact: Don Kiely – 907-455-6749
 don@donkiely.com
- Website: <http://aetr.us>
 Sponsored by: Don Kiely
 Note: The 24 hour race will start on Friday evening at 8PM, 12 and 6 hour races start on the 1st.

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alaska RUN for women



Saturday
June
8th

Join thousands of women
and raise funds for
breast cancer awareness,
education, early
detection, research and
prevention!

Race Registration

ONLINE

Opens Saturday, April 15
www.akrfw.org

IN-PERSON

Bib Pick-Up Events!

WASILLA - The Alaska Club
• Wed., May 29: 4pm - 6:30pm

ANCH. - University Center Mall
• Sat., June 1: 10am-1pm
• Tue., June 4: 4pm - 7pm
• Thu., June 6: 4pm - 7pm

START
Sullivan Arena
Parking Lot
1 Mile
Fun Run/Walk

5 Mile
Run/Walk

Every donation
directly supports
the fight against
breast cancer.

Jun **RCN Track Interval training – Fairbanks**
Tue Meet time: 5:30 & 6 PM – West Valley H.S. track
Distance: Interval training – Interval training every Tuesday evening, May through August.
Entry Fee: See website
Contact: Tracey Martinson – 907-474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>
Sponsored by: Running Club North
The women's group is at 5:30 p.m. and the men's group is at 6:00 p.m. Free! Come early to warm up and be ready to run.

Jun **MatSu Running Club - Women's Group – Palmer**
Tue, Meet time: 6 p.m. – Colony High Track
Thu Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

Jun **MatSu Running Club - Coed Group – Palmer**
Wed, Meet time: 6 p.m. – Colony High Track
Thu Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Wednesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

Jun **MatSu Running Club Junior Group – Palmer**
Tue Meet time: 4:30 p.m. – Colony High Track
Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Ages 10-15; Coached training sessions on track and trail. Contact Coach Knopp for more information. June 5- Jul 25.

Jun **Peak Performers Track Club – Anchorage**
Tue Meet time: 6pm– West High track
Entry fee: (Membership) \$65, \$110 partners (2), \$160.00 family (3 or more)
Contact: Jason Hofacker – 907-337-9575 ext 7
jhofacker@acsedu.org
Kim Baldwin – 907-274-1061
anchoragekim@yahoo.com

Sponsored by: Peak Performers Track Club
APU Moseley Sports Center thru mid April West High Track late April thru August
APU - paved roads, West – track. Training & conditioning program led by coaches

**Jun
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Jun 1
Sat**

11th Annual Alaska 5k for Autism – Fairbanks

Meet time: 11:00 AM – Pioneer Park

Distance: Walk/Run 5K – The Alaska 5k for Autism is a way to celebrate autism acceptance while helping support programs to improve the lives of all Alaskans impacted by autism.

Entry Fee: See website

Contact: Leah Kovall – 210-627-0759
leah.r.kovall.civ@mail.mil

Website: Asagoldenheart.org

Sponsored by: Autism Society of Alaska

The event benefits the Autism Society of Alaska, which provides information and referrals, support, education and advocacy for people in our community living with autism.

**Jun 1
Sat**

Walk n Roll for Animals – Palmer

Meet time: 9:00 AM – Trunk rd and Parks Hwy Commuter Lot

Distance: 5K – Route is along the paved bike path, out and back

Entry Fee: \$35

Contact: Julie Johnson – 907-351-1385
adpwjulie@aol.com
Rebecca Turnipseed – 907-521-6600

Website: Facebook-Walk n Roll for Animals 5k Alaska

Sponsored by: Community sponsors

**Jun 1
Sat**

Alaska Run for Women – Anchorage

Meet time: 10:00 AM – University Center Mall

Distance: Registration – Registration

Entry Fee: Donation

Contact: Babette McIlroy
run@akrfw.org
Nicole Thibodeau

Website: www.akrfw.org

Sponsored by: Alaska Run for Women

Registration for the 27th annual Alaska Run for Women on 06/08/19, benefitting the fight against breast cancer. Additional registration and bib pickup dates and locations listed in this calendar on 5/29, 6/4, and 6/6.

Jun 1 Sat **45th Annual Arctic Valley Run – JBER**
Meet time: 7:30 – 8:45am – Moose Run Golf Course
Distance: 12.6 & 5 mi – 800' gradient (5mi)/2,500' gradient (12.6 M)
Race time 9 am
Entry fee: \$20/\$25 race day
Contact: Ellis Alston 907-384-1304
 Ellis.alston@us.af.mil

Sponsored by: JBER Sports & Fitness.

Jun 2 Sun **Lace Up For Leukemia 5K – Fairbanks**
Meet time: 10:00 AM – Pioneer Park Boat Launch
Distance: 5k Run – A fast flat 5K out and back run starting at the boat launch next to Pioneer Park. It is a Team in Training Fundraiser that has a family registration option. All proceeds go to the Leukemia & Lymphoma Society.
Entry Fee: See website
Contact: Wendy Demers – 907-388-6847
 wendy.demers10@gmail.com

Website: <https://www.facebook.com/AKLaceUpForLeukemia>

Sponsored by: Fairbanks Team In Training

Jun 2 Sun **Eagle River Tri – Chugiak, Alaska (Anchorage Area)**
Meet time: 8:00 AM – Chugiak High School
Distance: 500 yd swim, 20k bike, 5k run – 500 yard pool swim (split lane), 20K rolling bike course with two separate out and back sections, and a 5K out-and-back run.
Entry Fee: \$78 and up for adults
Contact: Kristin Folmar and Missy Roberts
 info@eaglerivertri.com
 Kristin Folmar – 907-301-8871

Website: www.eaglerivertri.com

Sponsored by: ERT has many proud supporting corporate and community sponsors.

Visit website for details.

Alaska's premier sprint triathlon. Individual and team categories - all abilities welcome. T-shirts for all pre-registered racers in adult tri. Kid's event following adult race - great for the whole family! USAT sanctioned event.

Jun 2 Sun **Eagle River Tri - Kid's – Chugiak, AK (Anchorage Area)**
Meet time: 2:30 PM – Chugiak High School
Distance: 50-100 yd swim, 2mi bike, .8mi run – 50 or 100 year pool swim, 2 mile bike, and .8 mile run. Fun, safe and well-supported course!
Entry Fee: N/A
Contact: Kristin Folmar and Missy Roberts
 info@eaglerivertri.com
 Kristin Folmar – 907-301-8871

Website: www.eaglerivertri.com

Sponsored by: The Eagle River Tri is proudly supported by many corporate and community sponsors. Visit website for details.

A great tri for youth 6-12 years old. Fun for all abilities. Medals and racer swag for all kid's racers. A great introduction for kids to the sport of triathlon! USAT sanctioned and a Healthy Futures event.



**Jun 4
Tue**

Alaska Run for Women – Anchorage

Meet time: 4:00 PM – University Center Mall

Distance: Registration – Registration

Entry Fee: Donation

Contact: Babette Mellroy
 run@akrhw.org
 Nicole Thibodeau

Website: www.akrhw.org

Sponsored by: Alaska Run for Women

Registration for the 27th annual Alaska Run for Women on 6/8/19, benefitting the fight against breast cancer. Additional registration and bib pickup dates and locations listed in this calendar on 5/29, 6/1, and 6/6.

**Jun 4
Tue**

Masochism on Moose Mountain

Trail Series #2 – Fairbanks

Meet time: 6:30 PM – Near Moose Mountain Base Lodge

Distance: 4 mile trail run – Steep 1300' ascent in 1.41 miles, 2.94 mile descent.

Entry Fee: See website

Contact: Dan Bishop – 907-322-4314
 danbishop49@gmail.com

Website: RCN Website

Sponsored by: RCN

**Jun 5
Wed**

All-Comers Track Meets – Fairbanks

Meet time: 6:30 PM – West Valley High School Track

Distance: Track races, 100 meters to 5000 meters. – Two meets, on Wednesdays June 5 and June 12, 2019

100-5000 meters.

Entry Fee: See website

Contact: Dan Callahan – 907-322-6097
akcallahans@hotmail.com

Website: N/A

Sponsored by: RCN/West Valley XC

All welcome. No entry fee. Sign up at the track the evening of meet.

**Jun 6
Thu**

Alaska Run for Women – Anchorage

Meet time: 4:00 PM – University Center Mall

Distance: Registration – Registration

Entry Fee: Donation

Contact: Babette McIlroy
run@akrhw.org
Nicole Thibodeau

Website: www.akrw.org

Sponsored by: Alaska Run for Women

Registration for the 27th annual Alaska Run for Women on 6/8/19, benefitting the fight against breast cancer. Additional registration and bib pickup dates and locations listed in this calendar on 5/29, 6/1, and 6/4.

**Jun 6
Thu**

Jim Loftus Mile

Usibelli Series #2 – Fairbanks

Meet time: 6:30 PM – West Valley HS Track

Distance: 1 mile – 1 mile on the Track. 800m for kids 9 and under. #2 race in the Usibelli Cup Series

Multiple races run, based on gender and predicted finish time.

Entry Fee: See website

Contact: Susan Kramer – 907-590-5086
eventplanning2004@hotmail.com

Website: www.runningclubnorth.org

Sponsored by: Running Club North

RCN members and youth 18 and under will be FREE if they register by Tuesday, June 4th.

Non RCN members pay \$5, if they register by June 4. Race Day registration is \$10 for anyone 18 and older, FREE for youth 17 and under.

**Jun 7
Fri**

Kids XC Runs – Fairbanks

Meet time: 6:00 PM – West Valley H.S. soccer fields
Distance: Cross-country race; 0.5, 1.0., and 1.5 miles – Free kids runs every other Friday in June and July. Generally for kids in grades K-6, but younger and older are welcome too.
Entry Fee: See website
Contact: Tracey Martinson – 907- 474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>
Sponsored by: Running Club North
0.5, 1, and 1.5 mile loop courses for kids. Free! Register at the event starting at 5:45 p.m. Runs begin at 6 p.m.

**Jun 7
Fri**

Bear Bell Run for Kids – Seward

Meet time: 10:00am – Branson Pavilion
1 mile – Paved pathways
Race time: 11am
Entry fee: \$13 by 05/24, \$15 by 05/31, \$20 by 06/07
Contact: Brittney Broadworth – 907-224-4054
bbroadworth@cityofseward.net
Jessica Calhoun – 907-224-4056

Website: www.sewardrec.com
Sponsored by: Seward Parks & Rec, Teen & Youth Center
Ages: 3-12 yrs old. TYC day campers only pay \$10 & transportation will be provided for them. Refreshments & prizes will be provided to all participants. Volunteers needed, call above to volunteer.

**Jun 8
Sat**

27th Annual Mosquito Meander Fun Walk/Race – Fairbanks

Meet time: 10:00 AM – Pioneer Park
Distance: Fun Walk/Run Race – Kinross Fort Knox presents the 27th Annual Mosquito Meander 5Km run and walk. This is a fun family event benefiting the Resource Center for Parents and Children
Entry Fee: See website
Contact: Nadia Riley – 907-347-2444
nriley@rcpcfairbanks.org

Website: <http://www.rcpcfairbanks.org/26th-annual-mosquito-meander-fun-runwalk/>
Sponsored by: Resource Center for Parents & Children, Inc.
See website for additional information.

HeartReach Center's

5k

PRIZE DRAWINGS!
See Details online.

for

Life!

2019

Fun for the whole family!

**RACE STARTS AT 10:00AM
SATURDAY—June 15, 2019!**

Trunk Road Park & Ride by MatSu Regional

Entry Fee \$25/\$50

\$35/\$60 Day of Race

Day of Race Registration & BIB pick-up 9:00am

We Welcome
Runners * Walkers * Strollers

Register Online:

www.FriendsofHeartReach.com

Or 907-373-3456

Stand
my ground where
Hope
can be found

This event benefits
HeartReach Center
HOPE • LIFE • VALUE



**Jun 8
Sat**

Alaska Run for Women – Anchorage

Meet time: 8:00 AM – Anchorage Football Stadium

Distance: 5 miles and 1 mile – Scenic on road and paved trail

Entry Fee: Donation

Contact: Babette Mellroy
 run@akrhw.org
 Nicole Thibodeau

Website: www.akrhw.org

Sponsored by: Alaska Run for Women

Grab your friends & family for this inspiring all women's event, benefitting the fight against breast cancer. 100% of the entry fee goes towards mammograms, breast research & education. Walkers welcome! One of the largest all women's runs in the US.

**Jun 8
Sat**

11K Cooper Landing Trail Run and 5K walk – Cooper Landing

Meet time: 9:30 AM – Cooper Landing Community Hall

Distance: 10K – Rolling terrain, scenic and challenging

Entry Fee: Donation

Contact: Karl Romig – 907-598-5687
 shrewsnest@gmail.com

Website: walkcooperlanding.org

Sponsored by: Cooper Landing Walkable Community Project (Cooper Landing Community Club)

11K is out in back, Walkers do 5K and are shuttled back to start area, Race parallels Kenai River and Kenai Lake.

**Jun 8
Sat**

Run for the River – Soldotna

Meet time: 8:00 AM – Soldotna Creek Park

Distance: 5K & 10 Mile – Trail, gravel and paved roads; multiple run flat loop course

Entry Fee: \$25

Contact: Rhonda McCormick – 907-260-5549 X 1203
 rhonda@kenaiwatershed.org
 Tami Murray – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Kenai Watershed Forum

10 Miles starts at 8:30, 5K starts at 9:00. Registration fee increases after May 31. Bib pick-up and FREE Runners Feed June 7. All runners receive free t-shirt with registration. Run is a component of the Kenai River Festival. "Like" our Facebook page for updates, pictures and results!

**Jun 9
Sun**

**Wickersham Dome Trail Run
Trail Series #3 – Fairbanks**

Meet time: 11:00 AM – White Mountains, Wickersham Dome Trail Trailhead, 28 Mile Elliott Hwy

Distance: 7.75 mile trail run – A hilly single-track trail run of 7.75 miles; a scenic out and back that is often muddy.

Entry Fee: See website

Contact: Karen Taber & Bobbi Jo Katchmar – 907-450-9620
ktrailrunner@gmail.com or bjkrn2017@gmail.com

Sponsored by: Running Club North

Register day of race. No aid stations on course. Post-race refreshments.

**Jun 12
Wed**

All-Comers Track Meets – Fairbanks

Meet time: 6:30 PM – West Valley High School Track

Distance: Track races, 100 meters to 5000 meters. – Two meets, on Wednesdays June 5 and June 12, 2019

100-5000 meters.

Entry Fee: See website

Contact: Dan Callahan – 907-322-6097
akcallahans@hotmail.com

Sponsored by: RCN/West Valley XC

All welcome. No entry fee. Sign up at the track the evening of meet.

**Jun 13
Thu**

All-Comers Track and Field Meet – Anchorage

Meet time: 5:30 PM – West High School

Distance: Varied Events – Track and Field

Entry Fee: \$5

Contact: Jason Hofacker – 9078544863
jhofacker@acsedu.org

Website: www.alaska.usatf.org

**Jun 14
Fri**

The Alaska Relay – Chugiak to Seward

Meet time: 7:00 AM – Mirror Lake State Park

Distance: 186 miles – 12 Runners, 36 Legs of varying length, Each Runner runs 3 legs

Entry Fee: \$1300/Team until 2/1/19 \$1400-\$1500/Team later

Contact: Nathan Luke – 907-671-2005
nathan@nxnwrelays.com
Dave Luke – 801-664-2052

Website: nxnwrelays.com

Sponsored by: North By Northwest Relays

The Alaska Relay is a two day, approximately 186 mile, 36 leg, 12 runner, two van running relay from Chugiak to Seward. Ultra (6 person), High School, Masters, Corporate, and Public Service divisions.

46th Annual



June 22, 2019

Check out the
Fitness Expo June 20 & 21
at the
Alaska Airlines Center

**Bartlett High School
to
Delaney Park Strip**
Race Time 7:30 a.m.
(This is a Boston Marathon Qualifier)

Other Races Provided
Alaska Half Marathon & Buddy Half Marathon

Race Start: 9:00 a.m.

Coastal 5K - Race Start: 9:15 a.m.

Healthy Futures Kids Mile - June 20

Race Start: 7:00 p.m.

Registration Deadline June 21
No Race Day Bib Pickup

Anchorage Mayor's Marathon

Anchorage, Alaska

(907) 786-1325

www.anchoragemarathon.com

email: track@alaska.edu



Jun 15 **North Pole Triathlon – Fairbanks**
Sat Meet time: 9:00 AM – Chena Lakes Recreation Center
Distance: Olympic distance triathlon – Sponsored by Arctic Triathlon Series
1500 m Swim, 40k bike, 10k run. Reg. opens Feb. 1, 99 racer limit \$50+USAT fee
Entry Fee: See website
Contact: Amber Barlow – 970-203-5535
 thebreakuptri@hotmail.com

Website: <https://arctic-triathlon-series.weebly.com/>
Sponsored by: Arctic Triathlon Series
Each racer will get some kind of swag for the race.

Jun 15 **5K Family Fun Run – Nikiski**
Sat Meet time: 9:00 AM – Nikiski Community Recreation Center
Distance: 5K – Groomed trails. Mostly flat with some hills. T-shirt included in
registration fee. Visit www.northpenrec.com for details and entry form.
Entry Fee: \$25
Contact: Jackie Cason – 907-776-8800
 jcason@kpb.us
 Teresa Langston – 907-776-8800

Website: www.northpenrec.com
Sponsored by: North Peninsula Recreation Service Area
Groomed trails. Mostly flat with some hills. T-shirt included in registration fee. Visit
website for details and entry form.

Jun 15 **HeartReach Center's 5K for LIFE! – Wasilla/Palmer**
Sat Meet time: 9:30 AM – Trunk Road Park and Ride / E Blue Lupine Dr Palmer, AK
99645
Distance: 5K – Out and back along the footpath that follows Trunk Road, mostly flat
with slight incline and decline.
Entry Fee: \$25/\$50 Family—\$35/\$60 Day of Race (This is a benefit run, which
means, upon registration, runners can choose to be linked to Fund Easy where they
can raise money for HeartReach Center and cover the cost of their entry fee. *Runners
who choose to raise funds are also entered to win some GREAT PRIZES!*)
Contact: Tara Vanaman – 907-373-3456
 tara@heartreachalaska.com
 Patti Price – 907-373-3456

Website: friendsofheartreach.com
Sponsored by: HeartReach Center

Jun 15 **Why Not Tri Wasilla Triathlon – Wasilla**
Sat Meet time: 7:00 AM – Wasilla High School Pool
Distance: 400 M Swim 9.5 Bike 5K Run – Pool swim, paved bike path/shoulder, 5K
run on paved bike path--Kids course
Entry Fee: \$55
Contact: Christina Hancey
 wasillatriinfo@gmail.com
 Robin Rice

Website: www.whynottriwasilla.net
Great beginner triathlon. Pool swim, paved bike and run course.

- Jun 15
Sat** **USATF AK JO Track and Field Association Championships – Anchorage**
 Meet time: 9:00 AM – West High School
 Distance: Varying events – Track and Field complex
 Entry Fee: NA
 Contact: Jason Hofacker – 907-854-4863
 jhofacker@acsedu.org
- Website: www.alaska.usatf.org
 This event is for athletes 18 years and younger.
- Jun 16
Sun** **Race Against Racism – Fairbanks**
 Meet time: 3:00 PM – J.P. Jones Center
 Distance: 5K or 10K walk/run – 5k/10k run/walk inside City of Fairbanks, passing by landmarks named for or associated with Interior residents of diverse backgrounds who have contributed to the quality of life of the Fairbanks community
 Entry Fee: See website
 Contact: Andy Harrington – 907-699-1594
 aharrington13@hotmail.com
- Website: <https://raceagainstracismalaska.wordpress.com/>
 Sponsored by: Goldstream Baha'is Local Spiritual Assembly
 Date is being coordinated with NAACP's "Juneteenth" celebration
- Jun 16
Sun** **Robert Spurr Memorial Hill Climb (Bird Ridge) – Indian**
 Meet time: 9:30 AM – Bird Ridge Trailhead
 Start time: 10:00 AM
 Distance: 3 miles – Uphill only with 3400' vertical gain on singletrack trail
 Entry Fee: \$35
 Contact: Lyon Kopsack – 907-707-5316
 lyonkopsack@yahoo.com
 Annie Connelly – 907-390-7073
- Website: www.alaskamountainrunners.org
 Sponsored by: Alaska Mountain Runners
 No bib pickup after 9:30 a.m. on race day. No race-day registration. 250-person limit.
 Junior course goes halfway. Registration opens May 1 at www.alaskamountainrunners.org. Use new large parking lot (called "Bird Creek Access").
- Jun 20
Thu** **Healthy Futures Kids Mile – Anchorage**
 Meet time: 7:00 PM – Alaska Airlines Center
 Distance: 1 mi – Paved loop in vicinity of Alaska Airlines Center
 Entry Fee: see website
 Contact: Michael Friess – 907-786-1325
 mafriess@alaska.edu
 Matias Saari – 907-529-4178
- Website: www.mayorsmarathon.com
 In conjunction with Anchorage Mayor's Marathon and Half Marathon Expo and Bib Pickup. Healthy Heroes role models will be in attendance and will run with the kids and pass out Healthy Future pins.

**Jun 20
Thu**

Settlers Bay Solstice 5k – Wasilla

Meet time: 5:00 PM – 7307 S Frontier Drive, Wasilla AK

Distance: 5k – Trail Run around golf course

Entry Fee: \$45

Contact: Active Soles Performance Footwear – 907-746-0600
activesolesevents@gmail.com
Settlers Bay Golf Course – 907-376-5466

Website: runsignup.com

Sponsored by: Back To Basics - Giving shoes to Kids in Need

Trail Run on new trails, hilly and some rooted sections

**Jun 20
Thu**

Dusk to Dawn D2D Part 1 – Fairbanks

Meet time: 12:47 AM – UAF- Ski Hut

Distance: Run as far as you can from dusk to dawn. Set loop and GPS options. – Run all night time hours of the longest day. 12:47 to 2:58

Entry Fee: See website

Contact: George Berry – 907-687-8769
George Berry@att.net

Website: RCN

Sponsored by: RCN

No fee. Sign up 30 minutes prior to start at UAF Ski Hut. Run a set loop, or take your GPS and run your own course!

**Jun 21
Fri**

Kids XC Runs – Fairbanks

Meet time: 6:00 PM – West Valley H.S. soccer fields

Distance: Cross-country race; 0.5, 1.0., and 1.5 miles – Free kids runs every other Friday in June and July. Generally for kids in grades K-6, but younger and older are welcome too.

Entry Fee: See website

Contact: Tracey Martinson – 907-474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>

Sponsored by: Running Club North

0.5, 1, and 1.5 mile loop courses for kids. Free! Register at the event starting at 5:45 p.m. Runs begin at 6 p.m.

**Jun 21
Fri**

Midnight Sun Lazyman Triathlon – Wasilla

Meet time: – Wherever you are at

Distance: 140.7 – Inside or outside, in a lake or a pool, on a stationary or mobile bicycle. Do what you can, when you can, with what you can.

Entry Fee: \$35

Contact: Traci Sanders – 907-355-6110
htraci@hotmail.com
Christy Hronkin – 907-232-8871

Website: <http://midnightsunlazyman.weebly.com>

Sponsored by: Varies, if you would like to donate please contact us.

The Midnight Sun Lazyman Triathlon is an Ironman distance accomplished over 6 weeks, 2.5 mile swim, 112 miles on bike, 26.2 miles by foot. Do it alone, do it with others, do what you can, we encourage forward movement. This is a virtual race, register on our website, do the mileage over 6 weeks, and join us at the celebration BBQ August 3rd to eat, greet, get treats, and feel good you did this feat. Join us on Facebook for encouragement and accountability.

**Jun 22
Sat**

Midnight Sun Run – Fairbanks

Meet time: 9:00 PM – UAF Patty Center

Distance: 10K – Race starts at the UAF Patty Center, winds along paved streets and sidewalks through Fairbanks neighborhoods and finishes inside Pioneer Park.

Entry Fee: \$30

Contact: Wendy Cloyd – 907-456-8901
racedirector@fra-alaska.net
Alyssa Enriquez – 907-456-8901

Website: www.midnightsunrun.net

Sponsored by: Fairbanks Daily News-Miner

Beginning at UAF Patty Center, the race winds through city paved streets and sidewalks, mostly flat, and ends at Pioneer Park.

**Jun 22
Sat**

Anchorage Mayor's Marathon & Relay – Anchorage

Meet time: 6:30 AM – Bartlett High School

Start Time: 7:30 AM

Distance: 26.2 mi – Bartlett to Delaney Park Strip

Entry Fee: Check website

Contact: UAA – 907-786-1325
track@alaska.edu

Website: www.mayorsmarathon.com

Sponsored by: Anchorage Parks & Recreation

University of Alaska Anchorage & ConocoPhillips. 4 person relay team event, 6 team divisions. Approximate leg distance is 7,8,5.6, & 5.6. Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up

Jun 22 Anchorage Mayor's Coastal 5K – Anchorage

Sat
Meet time: 8:30 AM – Delaney Park Strip
Start Time: 9:15 AM
Distance: 3.1 mi – Delaney Park Strip
Entry Fee: Check website
Contact: UAA – 907-786-1325
track@alaska.edu

Website: www.mayorsmarathon.com

Sponsored by: Anchorage Parks & Recreation

University of Alaska Anchorage & ConocoPhillips. Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up

Jun 22 Anchorage Mayor's ½ & Buddy Marathon – Anchorage

Sat
Meet time: 8:00 AM – Delaney Park Strip
Start Time: 9:00 AM
Distance: 13.1 mi
Entry Fee: Check website
Contact: UAA – 907-786-1325
track@alaska.edu

Website: www.mayorsmarathon.com

Sponsored by: Anchorage Parks & Recreation

University of Alaska Anchorage & ConocoPhillips. Walkers welcome! Medallions to finishers, t-shirts all. No Race Day Registration or Bib Pick-up

Jun 22 Kesugi Ridge Traverse – Denali State Park

Sat
Meet time: 8:00 AM – Little Coal Creek Trailhead
Start time: 9:00 AM
Distance: 30 miles – Challenging singletrack trail from Little Coal Creek to Byers Lake
Entry Fee: \$60
Contact: Matias Saari – 907-529-4178
matiasmountain@gmail.com

Website: www.kesugiridgetraverse.com

Sponsored by: United Physical Therapy

Registration opens at 9 a.m. April 1 (link at race website). Capped at 50 entrants. See website for more information about mandatory gear, entry requirements, time cutoffs, camping and more.

**Jun 22
Sat**

Kesugi Ridge Half Traverse – Denali State Park

Meet time: 8:00 AM – Little Coal Creek Trailhead

Start time: 9:00 AM

Distance: 14.5 miles – Challenging singletrack trail from Little Coal Creek to just beyond Ermine Hill Trail Junction

Entry Fee: \$60

Contact: Matias Saari – 907-529-4178
matiasmountain@gmail.com

Website: www.kesugiridgetraverse.com

Sponsored by: United Physical Therapy

Registration opens at 9 a.m. April 1 (link at race website). Capped at 50 entrants.

After race, participants will take exit trail 3.5 miles to Parks Hwy. See website for more information about mandatory gear, entry requirements, time cutoffs, camping and more.

**Jun 22
Sat**

Fairbanks Daily News-Miner Midnight Sun Run - Usibelli Series #3 – Fairbanks

Meet time: 10:00 PM – Start line at the UAF Patty Center, Finish Line inside Pioneer Park

Distance: 10K Run or Walk – Sponsored by Fairbanks Daily News-Miner and Fairbanks Resource Agency this 10K race brings people together from all over the world, attracting 3,500 participants or more. Proceeds from the race support the mission of the Fairbanks Resource Agency and prov

Entry Fee: See website

Contact: Wendy Cloyd – 907-456-8901
racedirector@fra-alaska.net

Website: www.midnightsunrun.net

Sponsored by: Fairbanks Daily News Miner and Fairbanks Resource Agency

Registration is available on-line at www.midnightsunrun.net

Registration Fees increase at Bib PU (6/20-22)

**Jun 27
Thu**

All Comers Track and Field Meet – Anchorage

Meet time: 5:30 PM – West High School

Distance: Various events – Track and Field complex

Entry Fee: \$5

Contact: Jason Hofacker – 907-854-4863
jhofacker@acsedu.org

Website: www.alaska.usatf.org

**Jun 27
Thu**

Running Free 4 Miller – Eagle River

Meet time: 6:00 PM – Eagle River High School

Distance: 4 mi – Out and back from Eagle River High School to Hiland Correctional

Entry Fee: \$35

Contact: Lisa Keller – 907-242-9361
infor@runningfreealaska.net

Website: runningfreealaska.com

Sponsored by: Running Free Alaska

This unique course includes a loop around the Hiland Mountain Correctional Center where runners in the Running Free Alaska program will cheer you on! The race is a fundraiser for RFA, celebrating the redemptive power of running in Alaska's prisons.

ALASKA MEN'S RUN

PROCEEDS BENEFIT MEN AND AGENCIES FIGHTING
PROSTATE AND TESTICULAR CANCER

June 29th, 2019



Who Do You Run For?



Join us June 29th, 2019 at 10am at the Anchorage Football Stadium! Our 5 mile run and 2 mile walk is perfect for families. Visit www.alaskamensrun.com for more info and to sign up!

Jun 29 Sat **2019 Spruce Tree Classic – Fairbanks**
Meet time: 10:00 AM – UAF West Ridge Ski Hut
Distance: Trail run, loop course. Approximately 7 miles. – Run on UAF North Campus trails. Race is free. Course is over rolling terrain, on well established trails. Water stop midway. Refreshments provided at finish. Depending on the year, can be a little muddy/wet.
Entry Fee: See website
Contact: Roy Strandberg – 907-378-7111
 roy@akwater.com

Sponsored by: Running Club North
Event is free. Register at start. No dogs allowed on the course.

Jun 30 Sun **Mud Factor – Anchorage**
Meet time: 11:00 AM – Kincaid Park
Distance: 5K – Maze Loop with a few other zig zags
Entry Fee: \$65
Contact: Scott Davis – none
 info@mudfactor.com

Website: www.MudFactor.com
Sponsored by: none
cross country course w/ obstacles and mud features

Jun Tue **Run Into Summer 5K Series – Kenai**
Meet time: 6:00 PM – Kenai Visitor & Cultural Center
Distance: 5kish – Course through Old Town Kenai - some hills
Entry Fee: \$20
Contact: Kenai Chamber of Commerce – 907-283-1991
 johna@kenaichamber.org

Website: www.kenaichamber.org
Sponsored by: Kenai Chamber of Commerce & Visitor Center

July Tue **RCN Track Interval training – Fairbanks**
Meet time: 5:30 & 6 PM – West Valley H.S. track
Distance: Interval training – Interval training every Tuesday evening, May through August.
Entry Fee: See website
Contact: Tracey Martinson – 907- 474-8353
 tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>
Sponsored by: Running Club North
The women's group is at 5:30 p.m. and the men's group is at 6:00 p.m. Free! Come early to warm up and be ready to run.

**Jul
Tue** **Peak Performers Track Club – Anchorage**
Meet time: 6pm– West High track
Entry fee: (Membership) \$65, \$110 partners (2), \$160.00 family (3 or more)
Contact: Jason Hofacker – 907-337-9575 ext 7
 jhofacker@acsedu.org
 Kim Baldwin 907-274-1061
 anchoragekim@yahoo.com

Sponsored by: Peak Performers Track Club
APU Moseley Sports Center thru mid April West High Track late April thru August
APU - paved roads, West – track. Training & conditioning program led by coaches

**Jul
Tue,
Thu** **MatSu Running Club - Women's Group – Palmer**
Meet time: 6 p.m. – Colony High Track
Contact: Rhonda Knopp – 907-355-6258
 coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**Jul
Wed,
Thu** **MatSu Running Club - Coed Group – Palmer**
Meet time: 6 p.m. – Colony High Track
Contact: Rhonda Knopp 907-355-6258
 coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Wednesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**Jul
Thu** **MatSu Running Club Junior Group – Palmer**
Meet time: 4:30 p.m. – Colony High Track
Contact: Rhonda Knopp 907-355-6258
 coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Ages 10-15; Coached training sessions on track and trail. Contact Coach Knopp for more information. June 5- Jul 25.

**July
Thu** **Hoodoo Goldstream Beer Runs – Fairbanks**
Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks
Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website
Contact: Stacy Fisk – 907-455-6520
 stacy@goldstreamsports.com

Website:
Sponsored by: Hoodoo Brewery and Goldstream Sports
This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**July 4
Wed**

34th Annual Independence Day Run – Fairbanks

Meet time: 10:00 AM – From east entrance of Pioneer Park, along bike paths and side roads on each side of Chena River.

Distance: 5K run – The 34th annual Independence Day Run will be held Wednesday, July 4, 2018, at 10:00 am.

Entry Fee: See website

Contact: Dan Callahan – 907-322-6097
akcallahans@hotmail.com

Sponsored by: RCN/West Valley High School Cross Country running team

Entry fee includes T-shirt to first 100 to register.

**July 4
Thu**

Talkeetna All Trails – Talkeetna

Meet time: 1:00 PM – Whigmi Trail Head - Talkeetna Lakes Trail System

Distance: 5K & 10K – Maintained dirt and grass trails with some hills, both courses are loops

Entry Fee: Varies \$5-\$45

Contact: Caitlin Palmer – 907-841-1394
svptsa@gmail.com
Dan Harrell – 907-715-6600

Website: <https://www.webscorer.com/register?raceid=163359>

Sponsored by: Susitna Valley Sr. Jr. School PTSA

This 4th of July run takes place on the Talkeetna Lakes Trail System, a beautiful and peaceful scenic route. The race starts and ends at the Whigmi Road Trailhead (conveniently located 3.5 mi from downtown). This is a fundraiser for the Susitna Valley School Parent Teacher Student Association (SVS PTSA). Registration prices varies, and includes T-shirts and prizes for overall winners of each age category for the both distances.

**July 4
Thu**

Salmon Shuffle – Seldovia

Meet time: 9:00 AM – Seldovia Harbor

Distance: 5K – On city streets; in and out

Entry Fee: \$20

Contact: Tobben Spurkland – 907-399-0300

Sponsored by: Seldovia Arts Council

**July 4
Thu**

Run Like It's 1776 – Ketchikan

Meet time: 12:00 AM – Madison's Hardware

Distance: 1.776 miles – N/A

Entry Fee: \$10

Contact: Erin Riddle

**July 4
Thu**

Mount Marathon Race – Seward, AK

Meet time: 9:00 AM – Seward

Distance: 5k – Mountain race with an average incline of 34 Degrees and 3,022 feet of elevation.

Entry Fee: \$35

Contact: Elizabeth Hashem – 907-224-8051
events@seward.com
Jen Leahy 907-224-8051

Website: mmr.seward.com

Sponsored by: Seward Chamber of Commerce

Mountain race with a distance of 3.1 miles and 3,022 ft of elevation gain. Average incline is 34 degrees over steep, uneven, and sometimes difficult terrain.

**July 5
Fri**

Kids XC Runs – Fairbanks

Meet time: 6:00 PM – West Valley H.S. soccer fields

Distance: Cross-country race; 0.5, 1.0., and 1.5 miles – Free kids runs every other Friday in June and July. Generally for kids in grades K-6, but younger and older are welcome too.

Entry Fee: See website

Contact: Tracey Martinson – 907- 474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>

Sponsored by: Running Club North

0.5, 1, and 1.5 mile loop courses for kids. Free! Register at the event starting at 5:45 p.m. Runs begin at 6 p.m.

**July 6
Sat**

Calamity Kayak/Run/Bike – Ketchikan

Meet time: 9:30 AM – Totem Bight Picnic Shelter

Distance: N/A – N/A

Entry Fee: N/A

Contact: Diane Gubatayao

**July 6
Sat**

Hatcher Pass Marathon & Relay – Willow

Meet time: 8:00 AM – Shirley Towne Dr. in Willow

Distance: Marathon – Up & Over Hatcher Pass Road.

Entry Fee: \$80 individual, \$160 team

Contact: Natalie Bicker – 907-232-6145
happymalamuteak@gmail.com
Eric Bickers – 907-982-3981

Website: happymalamuterunning.com

Sponsored by:

Amazing views through Hatcher Pass from Willow side to Independence Mine. Early start available (0700). Individual or relay teams 2-3 runner. Extended finish line times, roughly 10 hour limit. Walking the climbs is ok!

**July 6
Sat**

Run of the Valkyries

Usibelli Series #4 – Fairbanks

Meet time: 10:00 AM – Pioneer Park

Distance: 8K fun race. – 8K fun race through Pioneer Park. Flat course.

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Website: www.operafairbanks.org

Sponsored by: Opera Fairbanks

**July 7
Sun**

Boondocks Breakaway 2.5 & 5k Trail Run– Anchorage

Meet time: 10:00 am – Kincaid Bunker

Distance: 2.5K & 5K – Trail run in Kincaid Park and social afterwards

Race time: 11 am

Entry Fee: ARC Membership

Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org

Sponsored by: Anchorage Running Club

This is one of two free races for members of the Anchorage Running Club

Race day registration only. Refreshments & age group awards immediately following.

**July 7
Sun**

Ester Dome Ass Kicker:

Trail Series #4 – Fairbanks

Meet time: 10:00 AM – Start and Finish in the Golden Eagle Saloon parking lot in Ester

Distance: 6.75 miles of extreme hills and fun on roads and trail – Starting at the Golden Eagle Saloon parking lot in Ester, this fun out and back will introduce runners to some serious elevation gain up Stone Road and Azurite Drive, followed by moderately flat trail across the powerlines leading to base of "The Chute".

Entry Fee: See website

Contact: Oralee Nudson – 907-252-0530
onudson@alaska.edu

Sponsored by: RCN & Goldstream Sports

Sign up on race day at the start.

**July 7
Sun**

Pioneer Ridge Vertical Mile – Palmer

Meet time: 10:00 AM – Pioneer Ridge Trailhead, Mile 4 E. Knik River Rd.

Start time: 11:00 AM

Distance: 4.5 miles – Uphill-only race on steep singletrack trail with 5300 feet of vertical gain

Entry Fee: \$5

Contact: Matias Saari – 907-529-4178
matiasmountain@gmail.com
Ben Marvin – 907-317-8115

Website: www.alaskamountainrunners.org

Sponsored by: Alaska Mountain Runners

Race-day registration only. Due to limited parking, all participants must take a shuttle to trailhead. Shuttle runs from 9:30-10:40 a.m. at the gravel bar parking area just north of the Knik River Bridge on the Old Glenn Hwy. (Follow signage)

**July 10
Wed**

Salmon Run Series – Soldotna

Meet time: 5:45 PM – Tsalteshi Trails

Distance: 5K – Trail run, some hills.

Entry Fee: \$15, race Day \$40 for 5 week Series

Contact: Tami Murray – 907-260-5449 ext 1204

Tami@kenaiwatershed.org

Rhonda McCormick – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Central Peninsula Hospital

World Class trail running, on Tsalteshi Trails

**July 10
Wed**

Master's 5K & 10K– Anchorage

Meet time: 5:30 pm – Chuck Albrecht Fields

Distance: 5K or 10K - limited to runners 40 years and older

Race time: 6pm

Entry Fee: ARC Membership

Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org

Sponsored by: Anchorage Running Club

This is one of two free races hosted by ARC

**July 11
Thu**

All Comers Track and Field Meet – Anchorage

Meet time: 5:30 PM – West High School

Distance: Various events – Track and Field complex

Entry Fee: \$5

Contact: Jason Hofacker – 907-854-4863

jhofacker@acsedu.org

Website: www.alaska.usatf.org

**July 11
Thu**

Steve's Equinox Training #1 – Fairbanks

Meet time: 6:00 PM – UAF Patty Center

Distance: 8+ Miles – Get ready for the Equinox on the installment plan.

Entry Fee: See website

Contact: George Berry – 907-687-8769

membership@runningclubnorth.org

Website: RCN

Sponsored by: RCN

Free

**July 13
Sat**

Angel Creek 50k and 50 miler – Fairbanks

Meet time: 5:00 AM – Chena River Rec Area

Distance: 50k or 50 mile trail run – Challenging 50k or 50 mile trail run in the Chena River Rec Area, see website for registration and more information:

Entry Fee: See website

Contact: Drew Harrington – 907-451-6604

info@angelcreek50.org

Website: www.angelcreek50.org

See website for additional information.

**July 13
Sun**

Karen Eakes Memorial Fun Run – Ketchikan

Meet time: 9:30 AM – Wardlake

Distance: 3k/5k – N/A

Entry Fee: N/A

Contact: Diane Gubatayao

**July 13
Sat**

AK Salmon Runs King Salmon Marathon – Cordova

Meet time: 6:15 AM – CCMC parking lot

Distance: 26.2 miles – level, 15.2 miles gravel, 11 miles paved, point to point

Entry Fee: \$50

Contact: Kristin Carpenter – 907-424-3334

runningwild@copperriver.org

Website: <http://salmonjam.org/ak-salmon-runs/>

Sponsored by: Baja Taco, REI, Skinny Raven, Trident Seafoods

From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

**July 13
Sat**

AK Salmon Runs Sockeye Half - Marathon – Cordova

Meet time: 9:00 AM – CCMC parking lot

Distance: 13.1 miles – level, 1.2 miles gravel, 12 miles paved, point to point

Entry Fee: \$50

Contact: Kristin Carpenter – 907-424-3334

runningwild@copperriver.org

Website: <http://salmonjam.org/ak-salmon-runs/>

Sponsored by: Baja Taco, REI, Skinny Raven, Trident Seafoods

From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

**July 13
Sat**

AK Salmon Runs Coho 10K – Cordova

Meet time: 10:00 AM – CCMC parking lot for shuttle to start

Distance: 10K – level, paved, point to point

Entry Fee: \$20

Contact: Kristin Carpenter – 907-424-3334

runningwild@copperriver.org

Website: <http://salmonjam.org/ak-salmon-runs/>

Sponsored by: Baja Taco, REI, Skinny Raven, Trident Seafoods

From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

**July 13
Sat**

Bear Paw 5K – Eagle River

Start time: 10:00 AM – Meet at Auto Zone, Eagle River, AK Main Street

Entry Fee: See website for online registration, race day registration accepted.

Contact: Joey Caterinichio – jcaterinichio@alaska.net

info@cer.com

Website: www.bearpawfestival.org/bear-paw-5k-classic.html

Sponsored by: GCI

Register online www.cer.org or www.skinnyraven.com. Fun for all ages.

**July 13
Sat**

AK Salmon Runs Humpy 5K – Cordova

Meet time: 10:00 AM – CCMC parking lot for shuttle to start

Distance: 5K – level, paved, point to point

Entry Fee: \$20

Contact: Kristin Carpenter – 907-424-3334
runningwild@copperriver.org

Website: <http://salmonjam.org/ak-salmon-runs/>

Sponsored by: Baja Taco, REI, Skinny Raven, Trident Seafoods
From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

**July 13
Sat**

AK Salmon Runs Smolt One Mile Fun Run/Walk – Cordova

Meet time: 10:30 AM – CCMC parking lot

Distance: 1 mile – level, paved, one mile loop

Entry Fee: \$20

Contact: Kristin Carpenter – 907-424-3334
runningwild@copperriver.org

Website: <http://salmonjam.org/ak-salmon-runs/>

Sponsored by: Baja Taco, REI, Skinny Raven, Trident Seafoods
From salmon to jammin', Cordova has it all! Mountains and glaciers line the course of this destination marathon with salmon barbecue and awards afterwards; Salmon Jam Music Festival and Small Fry arts and education activities same weekend!

**July 14
Sun**

Run for the Refuge – Fairbanks

Meet time: Standard: 1p.m. Early: Noon – UAF Ski Hut near the Geo Phys Bldg.

Distance: Trail run, 5km run/walk and 10km run – Celebrate the Arctic National

Wildlife Refuge at the annual Run for the Refuge trail race, a 10k run and 5k walk/run. Support the conservation of Alaska's largest refuge by participating in this fun, family-friendly event!

Entry Fee: See website

Contact: Anna Sorensen – 907-452-5021
officemanager@northern.org

Website: www.northern.org

Sponsored by: Northern Alaska Environmental Center

Entry fee for either race includes post-race snacks, t-shirt for those who register in advance, and prizes for top finishers in each class (men, women, and children under 12). There will be door prizes and spectators are always welcome!

**July 17
Wed**

Salmon Run Series – Soldotna

Meet time: 5:45 PM – Tsalteshi trails

Distance: 5K – Trail running, some hills.

Entry Fee: \$15 race day \$40 discount for 5 race series

Contact: Tami Murray – 907-260-5449
Tami@kenaiwatershed.org
Rhonda McCormick – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Central Peninsula Hospital
World famous trail running on Tsalteshi Trails

**July 17
Wed** **Run for Gold Bib Pick Up – Fairbanks**
Meet time: 5:00:00 PM to 8:00 PM – Literacy Council of Alaska, 517 Gaffney Rd
Distance: 1 mile – Bib Pick up for Run for Gold. This 1 mile family fun run Benefits Literacy Council of Alaska.
Cost \$10 youth, \$15 adult, \$25 family. Leads the Golden Days Parade.
Your chance to lead the parade and win real gold!
Entry Fee: See website
Contact: Jim Brader – 907-452-4986
 jimbrader@gmail.com

Website: literacycouncilofalaska.org
Sponsored by: Running Club North
\$10 youth, \$15 adult, \$25 family. Leads the Golden Days Parade.
Your chance to lead the parade and win real gold!

**July 18
Thu** **Steve's Equinox Training #2 – Fairbanks**
Meet time: 6:00 PM – Ann's Greenhouse pullout
Distance: 8+ Miles – Get ready for the Equinox on the installment plan.
Entry Fee: See website
Contact: George Berry – 907-687-8769
 membership@runningclubnorth.org

Website: RCN
Sponsored by: RCN
Free

**July 19
Fri** **Kids XC Runs – Fairbanks**
Meet time: 6:00 PM – West Valley H.S. soccer fields
Distance: Cross-country race; 0.5, 1.0., and 1.5 miles – Free kids runs every other Friday in June and July. Generally for kids in grades K-6, but younger and older are welcome too.
Entry Fee: See website
Contact: Tracey Martinson – 907-474-8353
 tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>
Sponsored by: Running Club North
0.5, 1, and 1.5 mile loop courses for kids. Free! Register at the event starting at 5:45 p.m. Runs begin at 6 p.m.

**July 20
Sat** **Sourdough Triathlon – Fairbanks**
Meet time: 10:00 AM – Steese Highway, Mile Marker 33.1
Distance: Half Ironman distance – 1.2 mile swim, 56 mile bike, 13.1 mile run. Reg. opens Feb 1. 99 Racer limit, \$60+USAT fee
Entry Fee: See website
Contact: Amber Barlow – 970-203-5535
 thebreakuptri@hotmail.com

Website: <https://arctic-triathlon-series.weebly.com/>
Sponsored by: Arctic Triathlon Series
Each racer will get some kind of swag. There is a relay option for this race.

**July 20
Sat**

Run For Gold – Fairbanks

Meet time: 9:50 AM – Aurora Energy Power Plant on First Ave.
Distance: 1 mile following Golden Days Parade route – 1 Mile Family fun run that leads the Golden Days Parade.
Entry Fee: See website
Contact: Jim Brader – 907-452-4986
jimbrader@gmail.com

Website: literacycouncilofalaska.org
Sponsored by: RCN
Family fun run that benefits the Literacy Council of Alaska.
Leads the Golden Days Parade. Your chance to win Gold!
\$10 youth, \$15 adult, \$25 family. \$5 extra race day entry.

**July 20
Sat**

Crow Pass Crossing – Girdwood

Meet time: 8:00 AM – Crow Pass Trailhead
Start time: 9:00 AM
Distance: 22.5 miles – Technical backcountry wilderness race from Crow Pass Trailhead to Eagle River Nature Center
Entry Fee: \$75
Contact: Matias Saari – 907-529-4178
matias@healthyfuturesak.org

Website: www.crowpasscrossing.com
Sponsored by: Healthy Futures
Registration opens May 1 at 9 a.m. (link at race website). Capped at 150 entrants. See website for entry requirements, mandatory gear, cutoff info and more.
Mandatory bib pickup from 5-6:30 p.m. Friday, July 19 at Chain Reaction Cycles, 1148 Huffman Rd. followed by safety/info meeting (mandatory for rookies, optional for veterans).

**July 21
Sun**

54th Annual Gold Discovery Run

Usibelli Series #5 – Fairbanks

Meet time: 9:00 AM Standard
8:00 AM Early – Silver Gulch Brewery
Distance: 16.3 miles trail/road – Felix Pedro struck gold on July 22, 1902, in a creek 12 miles north of E. T. Barnette’s Trading Post. In 1965 the Gold Discovery Run was inaugurated to commemorate his discovery, which led to gold fever and the founding of Fairbanks.
Entry Fee: See website
Contact: Rachael Kvapil – 907-347-8756
pagesculptor@gmail.com

Website: <https://www.runningclubnorth.org/gold-discovery/>
Sponsored by: Running Club North
Registration will be through Chronotrack

July 21 Hightail Half Marathon – Anchorage
Meet time: 8:00 AM – Delaney Park Strip
Distance: 1/4 Marathon or 1/2 Marathon – Paved roads and bike paths along beautiful Chester Creek.
Entry Fee :\$95/\$105
Contact: Skinny Raven Events & Timing
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/hightail-half-marathon/>

Sponsored by: Skinny Raven Sports

Join us for a boutique experience unlike any you will find in Alaska. From our personalized training groups, to the Expotique, and mimosas at the post event party, it will be an event to remember. We can't wait to be apart of your journey!

July 24 Salmon Run Series – Soldotna, AK
Wed
Meet time: 5:45 PM – Tsalteshi Trails
Distance: 5K – Trail running, some hills.
Entry Fee: \$15 race day \$40 discount for 5 race series
Contact: Tami Murray – 907-260-5449
Tami@kenaiwatershed.org
Rhonda McCormick – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Central Peninsula Hospital

World famous trail running on Tsalteshi Trails

July 24 Alaskan Running Cruise Trail Race – Ketchikan
Wed
Meet time: 8:00 AM – Ward Lake
Distance: 5k/10k – N/A
Entry Fee: free, t-shirt to support club \$30
Contact: Leigh Woodward

July 25 All Comers Track and Field Meet – Anchorage
Thu
Meet time: 5:30 PM – West High School
Distance: Various events – Track and Field Complex
Entry Fee: \$5
Contact: Jason Hofacker – 907-854-4863
jhofacker@acsedu.org

Website: www.alaska.usatf.org

July 25 Steve's Equinox Training #3 – Fairbanks
Thu
Meet time: 6:00 PM – Ann's Greenhouse pullout
Distance: 8+ Miles – Get ready for the Equinox on the installment plan.
Entry Fee: See website
Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN

Sponsored by: RCN

Free

July 27 **26th Chena Hot Springs Run 'n Soak**
Sat **Trail Series #5 – Fairbanks**
Meet time: 11:00 AM – Start: Angel Rocks Trailhead/49 Mile Chena Hot Springs Rd.
Finish: Chena Hot Springs Resort
Distance: Trail running - 8 1/2 miles – Challenging, hilly, 8 1/2 mile run from Angel
Rocks Trailhead up to the ridge and down to Chena Hot Springs Resort. Potluck BBQ
at the finish. Reduced fee to soak in the hot springs.
Entry Fee: See website
Contact: Keith Pollock – 907-479-0779
 kpollockak@gmail.com

Website: RCN
Sponsored by: RCN
Register 1/2 hour prior to start. Potluck BBQ at the finish. Reduced fee to soak in the
hot springs.

July 27 **Jakolof Bay 10 Miler – Seldovia**
Sat Meet time: 9:30 AM – Jakolof Bay Dock
Distance: 10 Miles – 10 tough miles of mountainous gravel road from Jakolof Bay to
Seldovia.
Entry Fee: \$10
Contact: Tania Spurkland – 907-202-2740
 tmspurkland@gmail.com
 Steve Bainbridge – 907-202-3095

Website: www.facebook.com/10miler
Sponsored by: Seldovia Chamber of Commerce & Kachemak Bay Running Club

July 27 **USATF AK Association Track and Field Championships – Anchorage**
Sat Meet time: 9:00 AM – West High School
Distance: Various events – Track and Field complex
Entry Fee: \$5
Contact: Jason Hofacker – 907-854-4863
 jhofacker@acsedu.org

Website: www.alaska.usatf.org

July 28 **Bear Fest Marathon & 1/2 Marathon – Wrangell**
Sun Meet time: 7:00 AM – Nolan Center
Distance: Full - Certified Course, 1/2 and 5k – Mostly waterfront rolling hills with flat
sections
Entry Fee: \$50 Full, \$25 1/2
Contact: Sylvia Ettefagh – 907-874-2998
 fun@alaskabearfest.org
 Kimberly Cooper – 907-874-3006

Website: www.alaskabearfest.org
Sponsored by: Alaska Bear Fest
This is a USTAF certified course and a Boston qualifier.

21st Annual Wildlife Rescue Run & Walk

Saturday • Aug. 3, 2019

*All Proceeds Benefit Rescue
of Alaskan Marine Wildlife*



Seward, Alaska
www.alaskasealife.org
1-888-378-2525

**July 31
Wed**

Salmon Run Series – Soldotna, AK

Meet time: 5:45 PM – Tsalteshi Trails

Distance: 5K – Trail Running, some hills.

Entry Fee: \$15 race day \$40 discount for 5 race series

Contact: Tami Murray – 907-260-5449
Tami@kenaiwatershed.org
Rhonda McCormick – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Central Peninsula Hospital

World famous trail running on Tsalteshi Trails

**Aug
Tue**

RCN Track Interval training – Fairbanks

Meet time: 5:30 & 6 PM – West Valley H.S. track

Distance: Interval training – Interval training every Tuesday evening, May through August.

Entry Fee: See website

Contact: Tracey Martinson – 907- 474-8353
tamartinson67@gmail.com

Website: <https://www.runningclubnorth.org>

Sponsored by: Running Club North

The women's group is at 5:30 p.m. and the men's group is at 6:00 p.m. Free! Come early to warm up and be ready to run.

**Aug
Tue**

Peak Performers Track Club – Anchorage

Meet time: 6pm– West High track

Entry fee: (Membership) \$65, \$110 partners (2), \$160.00 family (3 or more)

Contact: Jason Hofacker – 907-337-9575 ext 7
jhofacker@acsedu.org
Kim Baldwin – 907-274-1061
anchoragekim@yahoo.com

Sponsored by: Peak Performers Track Club

APU Moseley Sports Center thru mid April West High Track late April thru August

APU - paved roads, West – track. Training & conditioning program led by coaches

**Aug
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Aug
Tue,
Thu**

MatSu Running Club - Women's Group – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsurunningclub.org

Sponsored by: MatSu Running Club

Tuesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

**Aug
Wed,
Thu**

MatSu Running Club - Coed Group – Palmer

Meet time: 6 p.m. – Colony High Track
Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Wednesday, Thursday. Ages 16+ runners of all ability levels welcome. Coached training held each week, April through Aug. 7. Trail runs through September.

Aug

MatSu Running Club - Extended Season – Palmer

Meet time: 6 p.m. – Colony High Track
Contact: Rhonda Knopp – 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org
Sponsored by: MatSu Running Club
Ages 16 + runners of all ability levels welcome. Coached training held each week through late September. Weekly locations TBA.

**Aug 1
Thu**

Steve's Equinox Training #4 – Fairbanks

Meet time: 6:00 PM – Top of Ester Dome
Distance: 5 Miles – Get ready for the Equinox on the installment plan.
Entry Fee: See website
Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN
Sponsored by: RCN
Free

**Aug 3
Sat**

**26th Annual Santa Claus Half Marathon
Usibelli Series #6 – Fairbanks**

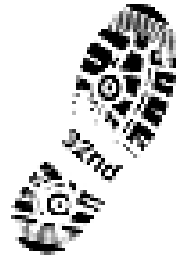
Meet time: 9:00 AM Standard
8:00 AM Early – Chena Lakes Recreation Area
Distance: Half Marathon, 13.1 miles – 13.1 miles
Flat and fast course on paved and gravel trails.
8AM start is available anyone anticipating a time > 2.5 hours
Entry Fee: See website
Contact: Ron Oliver – 360-867-3279
Ron.Oliver@TeamRWB.org

Website: <https://www.runningclubnorth.org/santa-claus-half-marathon/>
Sponsored by: RCN

**Aug 3
Sat**

Blueberry Fun Run – Ketchikan

Meet time: 9:00 AM – Ketchikan Police Department
Distance: 5k walk/run, 10k run – N/A
Entry Fee: \$15
Contact: Lori Ortiz



32nd Annual

Kenai Peninsula Run for Women

5K and 10K Courses • 10 a.m. Start

Annual Awareness Event

Saturday, August 10, 2019

Proceeds will benefit victims of

Domestic Violence & Sexual Assault

Sponsored by: The LeeShore Center

907-283-9479

further information online: www.leeshoreak.org

The LeeShore Center is a United Way agency



**Aug 3
Sat**

Alaska Distance Classic – Anchorage

Meet time: 8:00 AM – Alaska Pacific University

Distance: 5K, 10K, or double up and run both – Paved roads and bike paths, with some dirt trail around University Lake.

Entry Fee: \$30, \$35, or \$40

Contact: Skinny Raven Events & Timing –
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/alaska-distance-classic/>

Sponsored by: Skinny Raven Sports, Alaska Pacific University

The Alaska Distance Classic is back! Is 10K too far? Join us for a 5K. Is 10K not far enough? Sign up for the Double-Up. You can run both the 5K and the 10K and earn yourself a special finisher award!

**Aug 3
Sat**

CELEBRATE LIFE! 5K RUN & WALK – SOLDOTNA

Meet time: 8:30 AM – SOLDOTNA BIBLE CHAPEL

Distance: 5k – Residential area, out and back

Entry Fee: Free

Contact: Kris Harris – 907-283-9062
kharris@abclifechoices.org
ABC LIFE CHOICES VOLUNTEERS – 907-283-9062

Website: www.abclifechoices.org

Sponsored by: FUND RAISER EVENT - DONORS

Free t-shirt & brunch, no registration fee - this is a fundraiser event

**Aug 3
Sat**

21st Annual 5K Wildlife Rescue Run/Walk – Seward

Meet time: 10:00 AM – Alaska SeaLife Center Lobby

Distance: 5K – Mostly flat, scenic waterfront

Entry Fee: \$35

Contact: Nancy Deel – 907-224-6375
nancyd@alaskasealife.org
Nancy Anderson – 907-224-6396

Website: www.alaskasealife.org

Sponsored by: The Alaska SeaLife Center

Entry fee includes t-shirt & admission to ASLC race day. Proceeds benefit the rescue, rehabilitation & release of Alaska marine animals.

Walkers and runners start at Noon.

**Aug 3
Sat**

MATANUSKA PEAK CHALLENGE – Palmer

Meet time: 8:00 AM – Lazy Mountain Parking Lot

Distance: 12 miles – 10,000 Vertical Gain, Race Starts 9 AM

Entry Fee: \$30

Contact: Braun Kopsack – 907-355-0435
knikg@gci.net
Lance Kopsack – 907-795-6666

Sponsored by: KNIK GLACIER ADVENTURES

No Aid Station available

**Aug 4
Sun**

Yukon River Trail Marathon – Whitehorse

Meet time: 8:00 AM – Rotary Park

Distance: 13.1, 26.2 + Relay – Scenic trail run along Yukon River trails. Lots of hills.

Entry Fee: \$50

Contact: Ken Sylvestre – 867-668-7592
yukonmarathon@gmail.com

Website: www.yukonmarathon.com

Sponsored by: Boreal Adventure Running Association

Full course description available on our website

**Aug 4
Sun**

Archangle Marathon & Relay – Palmer

Meet time: 8:00 AM – Independence Mine parking area
Distance: Marathon – One mile uphill, 25 miles downhill
Entry Fee: \$80 individual, \$160 team

Contact: Natalie Bickers – 907-232-6145
happymalamuteak@gmail.com
Eric Bickers – 907-982-3981

Website: happymalamuterunning.com

Sponsored by:

Big uphill climb at the start line with 25 miles downhill. Challenging in its own leg exhausting way. Experience the sweeping views headed from Independence Mine towards Willow. (*In development, check website for updates.) Specials finishers award for all who complete Archangel AND Hatcher Pass Marathon.

**Aug 7
Wed**

Salmon Run Series – Soldotna, AK

Meet time: 5:45 PM – Tsalteshi Trails
Distance: 5K – Trail running, some hills
Entry Fee: \$15 race day \$40 discount for 5 race series

Contact: Tami Murray – 907-260-5449
Tami@kenaiwatershed.org
Rhonda McCormick – 907-260-5449

Website: www.kenaiwatershed.org

Sponsored by: Central Peninsula Hospital
World famous trail running on Tsalteshi Trails

**Aug 8
Thu**

Steve's Equinox Training #5 – Fairbanks

Meet time: 6:00 PM – Top of Ester Dome
Distance: 5 Miles – Get ready for the Equinox on the installment plan.
Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN

Sponsored by: RCN
Free

**Aug 10
Sat**

**Granite Tors Trail Run
Trail Series #6 – Fairbanks**

Meet time: 10:00 AM – Granite Tors trailhead (Mile 40 Chena Hot Springs Road)
Distance: Northern Trail Series event. 15 miles. – 15 grueling miles of inspiring and scenic torture.

Entry Fee: See website
Contact: Chris Greene – 907-978-6472
chrisgreene@gci.net

Sponsored by: RCN
Run is free, but parking is \$5 per vehicle.

Aug 10 Sat **Run Lulu Run 5K/10K – Fairbanks**
Meet time: 10:00 AM – Lulus Bread and Bagels
Distance: 5k/10K – This is a beautiful hilly 5k/10k option race starting on Chena Ridge Spur Road, just next to Lulu Bread and Bagels. All proceeds for this race go directly to the Leukemia and Lymphoma Society. This race is sponsored by the Fairbanks Team in Training.
Entry Fee: See website
Contact: Katherine Colquhoun – 907-388-5761
 katherine.colquhoun@gmail.com

Sponsored by: Fairbanks Team in Training

Aug 10 Sat **Kenai Peninsula run for Women – Kenai**
Meet time: 9:00 AM – Kenai City Park
Distance: 5K & 10K – Multi-looped course through downtown streets
Entry Fee: \$20/\$25 on race day
Contact: Diane Atry – 907-283-9479
 gputney@leeshoreak.org
 Ashley Blatchford – 907-283-9479

Website: www.leeshoreak.org
Sponsored by: The LeeShore Center
Course certified and wheelchair accessible.

Aug 10 Sat **Eagle River Challenge – Eagle River**
Meet time: 9:00 AM – Eagle River Nature Center
Distance: 5K and 10K – Trail race on the Dew Mound and Crow Pass Trails, some hills, roots and rocks.
Entry Fee: \$30
Contact: Asta Spurgis – 907-694-2108
 info@ernc.org
 Laura Kruger – 907-694-2108

Website: www.ernc.org
Sponsored by: Friends of Eagle River Nature Center, REI
Backcountry trail with natural obstacles; volunteers at every intersection.

Aug 10 Sat **Nifty Fifty – Juneau**
Meet time: 8:00 AM – Basin Road by Perseverance Trailhead
Distance: 50K, 25K, 10K – Perseverance, Granite Creek, Mt. Roberts, and Salmon Creek Trails
Entry Fee: Preregister: \$35 (50k), \$30(25k), \$20 (10k)
Contact: Keith Levy – 907-586-1427
 keithblevy@gmail.com

Website: <http://ultrasignup.com/register.aspx?did=61523>
Sponsored by: Juneau Trail and Road Runners
A challenging course on spectacular trails with lots of climbing



**Aug 10
Sat**

Eagle River Challenge 1K Kids Trail Race – Eagle River

Meet time: 10:15 AM – Eagle River Nature Center

Distance: 1 K – A 1 K run on the Rodak Nature Trail with uneven terrain and hills.

Entry Fee: \$0

Contact: Asta Spurgis – 907-694-2108
info@ernc.org
Laura Kruger – 907-694-2108

Website: www.ernc.org

Sponsored by: Friends of Eagle River Nature Center

Timed race starting behind the Nature Center and along the Rodak Nature Trail for kids ages 5-11. Hill coming back up to the trailhead. Volunteers stationed along entire route.

**Aug 11
Sun**

Alaska International Senior Games Track and Field – Fairbanks

Meet time: 9:00:00 AM - 3 P.M. – Lathrop Track
Distance: Trackand Field – Sponsored by Alaska International Senior Games
Entry Fee: See website

Contact: Bob Baker – 907-455-6689
bobandsharonbaker@gmail.com

Website: <http://www.alaskaisg.org>
Sponsored by: Alaska International Senior Games
Must preregister with Senior Games and be age 50.

**Aug 12
Mon**

Alaska International Senior Games 5K – Fairbanks

Meet time: 6:30 PM – Chena Lake Recreation Area
Distance: 5K road race – Sponsored by Alaska International Senior Games
Entry Fee: See website

Contact: Don Kiely – 907-455-6749
donkiely@alaskaisg.org

Website: <http://www.alaskaisg.org>
Sponsored by: Alaska International Senior Games
Must preregister with Senior Games and be age 50.

**Aug 14
Wed**

Skinny Raven XC Classic – Anchorage

Meet time: 10:00 AM – Russian Jack Golf Course
Distance: 3K – Cross-country on golf course and grass
Entry Fee: \$20

Contact: Skinny Raven Events & Timing –
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/new-balance-xc-classic/>
Sponsored by: Skinny Raven Sports
Skinny Raven and New Balance are hosting a fun and fast flight style cross country running race at Russian Jack Golf Course to highlight high school cross country runners. With a middle school flight at 12:00 p.m. and a community flight at 2:40 p.m., anyone can challenge themselves against Alaska's top cross country runners.

**Aug 14
Wed**

Alaska International Senior Games 10K – Fairbanks

Meet time: 6:30 PM – Chena Lake Recreation Area
Distance: 10K road race – Sponsored by Alaska International Senior Games
Entry Fee: See website

Contact: Don Kiely – 907-455-6749
donkiely@alaskaisg.org

Website: <http://www.alaskaisg.org>
Sponsored by: Alaska International Senior Games
Must preregister with Senior Games and be age 50.

- Aug 15 Thu** **Steve's Equinox Training #6 – Fairbanks**
 Meet time: 6:00 PM – Top of Ester Dome
 Distance: 5 Miles – Get ready for the Equinox on the installment plan.
 Entry Fee: See website
 Contact: George Berry – 907-687-8769
 membership@runningclubnorth.org
- Website: RCN
 Sponsored by: RCN
 Free
- Aug 15 Thu** **Anchorage RunFest – Kickoff Movie - Anchorage**
 Meet time: 5:30 PM. – Bears Tooth Theatre Pub 1230 W. 27th Ave.
 Contact: Anchorage Running Club
- Website: www.anchoragerunfest.org
 Sponsored by the Anchorage Running Club
- Aug 16 Fri** **Anchorage RunFest Expo- Bib Pickup, Last chance Registration - Anchorage**
 Meet time: 3 – 7 pm – Dena'ina Center
 Contact: Anchorage Running Club
- Website: www.anchoragerunfest.org
 Sponsored by the Anchorage Running Club
- Aug 17 Sat** **Anchorage RunFest Expo- Bib Pickup, Last chance Registration - Anchorage**
 Meet time: 9am-4 p.m. – Dena'ina Center
 Contact: Anchorage Running Club
- Website: www.anchoragerunfest.org
 Sponsored by the Anchorage Running Club
- Aug 17 Sat** **Anchorage RunFest – Pasta Feed – Anchorage**
 Meet time: 12:30 – 2:30p.m. – Dena'ina Center
 Entry fee: \$10
 Contact: Anchorage Running Club
- Website: www.anchoragerunfest.org
 Sponsored by the Anchorage Running Club
- Aug 17 Sat** **Anchorage RunFest, The Children's Hospital at Providence Kids 2K – Anchorage**
 Race Time: 10 am – Delaney Park Strip
 Entry fee: Free- donations welcome
 Distance: 2k – untimed, flat, city streets
 Contact: Anchorage Running Club
- Website: www.anchoragerunfest.org
 Sponsored by: Anchorage Running Club & the Children's Hospital at Providence
 For ages 12 & under.

Aug 17 Anchorage RunFest, The Anchorage Mile – Anchorage

Sat
Race Time: 11 am – Delaney Park Strip
Distance: 1mi
Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org
Sponsored by: Anchorage Running Club
Four Heats- The Community Mile, The Women’s Mile, The Men’s Mile, and the Military Mile

Aug 17 Musk Ox Trail Run
Sat Trail Series #7 – Fairbanks

Meet time: 10:00 AM – UAF Large Animal Research Station (LARS) on Yankovich Road
Distance: Half marathon, 13.1 miles – Tough, hilly out & back on trails. Fun & food after. Last race in the Northern Trail Series.
Entry Fee: See website
Contact: Bobbi Jo Katchmar – 907-888-2287
bjkrcn2017@gmail.com

Sponsored by: RCN
Registration in person at LARS parking lot, day of event only. \$5 suggested donation to LARS

Aug 18 Anchorage RunFest, United Physical Therapy 49K – Anchorage

Sun
Meet time: NA – 6th Ave, Near Town Square
Distance: 49K – Mostly flat on paved trails
Race time: 8am
Entry fee: see website
Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org
Sponsored by: Anchorage Running Club & United Physical Therapy
USATF certified course. Discounts for ARC members and current Military

Aug 18 Anchorage RunFest, Humpy’s Marathon & Marathon Relay – Anchorage

Sun
Meet time: NA – 6th Ave, Near Town Square
Distance: 26.2 miles – Mostly flat on paved trails
Race time: 8am (walkers), 9am (runners)
Entry fee: see website
Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org
Sponsored by: Anchorage Running Club & United Physical Therapy
USATF certified course. Discounts for ARC members and current Military

- Aug 18 Sun** **Anchorage RunFest, Skinny Raven Half Marathon – Anchorage**
 Meet time: NA – 6th Ave, Near Town Square
 Distance: 13.1 miles – Mostly flat on Chester Cr Trail
 Race time: 8:45am
 Entry fee: see website
 Contact: Anchorage Running Club
- Website: www.anchoragerunningclub.org
 Sponsored by: Anchorage Running Club & United Physical Therapy
 USATF certified course. Discounts for ARC members and current Military
- Aug 18 Sun** **Anchorage RunFest, Spenard Roadhouse 5K – Anchorage**
 Meet time: NA – 6th Ave, Near Town Square
 Distance: 5K – Mostly flat on paved trails & streets
 Race time: 9:15am
 Entry fee: see website
 Contact: Anchorage Running Club
- Website: www.anchoragerunningclub.org
 Sponsored by: Anchorage Running Club & United Physical Therapy
 USATF certified course. Discounts for ARC members and current Military
- Aug 18 Sun** **Alaska International Senior Games Triathlon – Fairbanks**
 Meet time: 10:00 AM – UAF Patty Center
 Distance: Sprint Distance – 400yd swim, 13.1 mile bike, 5k run at the UAF Patty Center.
 Entry Fee: See website
 Contact: Amber Barlow – 970-203-5535
 abarlow5@alaska.edu
- Website: <https://www.alaskaisg.org/games/sports/triathlon/>
 Sponsored by: Alaska Internation Senior Games
- Aug 22 Thu** **Steve's Equinox Training #7 – Fairbanks**
 Meet time: 5:30 PM – Meet at UAF Patty Center to shuttle to Ester Dome
 Distance: 9.5 Miles – Get ready for the Equinox on the installment plan.
 Entry Fee: See website
 Contact: George Berry – 907-687-8769
 membership@runningclubnorth.org
- Website: RCN
 Sponsored by: RCN
 Free

**Aug 24
Sat**

**12th Golden Heart Trail Run
Usibelli Series #7 – Fairbanks**

Meet time: 10:00 AM – Birch Hill Recreation Area, Fairbanks
Distance: Cross Country Running, 5Km, 2.5Km, 1Km – Trail Run for all Ages: 1K (7 and under), 2.5K (8-14), 5K (15 and older). Proceed benefits the NSCF-FXC
Entry Fee: See website
Contact: Susan Kramer – 907-590-5086
eventplanning2004@hotmail.com

Website: nscfairbanks.org

Sponsored by: NSCF

1K 10am, 2.5K 10:20am, 5K 10:45 am. Proceeds from this race benefit the NSCF-FXC programs. Ice Cream and Great Door Prizes given away after the races.

**Aug 24
Sat**

Deer Mountain Run – Ketchikan, AK

Meet time: 9:00 AM – Tatsuadas
Distance: NA – NA
Entry Fee: Free
Contact: Erin Riddle – 907-220-7275
erinriddle19@gmail.com

**Aug 25
Sun**

Equinox Training Run – Fairbanks

Meet time: 9:00 AM – Ann's Greenhouse pullout
Distance: 11,16 or ? Miles – The long training run
Entry Fee: See website
Contact: George Berry – 687-8769
membership@runningclubnorth.org

Website: RCN

Sponsored by: RCN

Free

**Aug 28
Wed**

Old Murphy Dome Ridge Run – Fairbanks

Meet time: 6:00 PM – The race will start at the end of Green Leaf road. Take Pandora drive off of Goldstream road and follow it to the end.
Distance: Trail race ~ 9.5 miles. – This is an ~9.5 miles race through the woods on a rooty trail along a ridge separating Eldorado and O'Connor Creeks between Green Leaf road, in the Goldstream area, and Old Murphy Dome Road. The course is an out and back race (~4.25 miles each way).
Entry Fee: See website
Contact: Trent Hubbard – 907-699-2090
trenthubbard@yahoo.com

**Aug 31
Sat**

Seldovia Labor Day 5K – Seldovia

Meet time: 9:00 AM – Seldovia Pavillion

Distance: 5K – Mostly flat loop around and through Seldovia

Entry Fee: \$10

Contact: Steve Bainbridge – 907-202-3095
bainbridge.noblespirit.steve@gmail.com
None/Not applicable

Sponsored by: Seldovia Chamber of Commerce & Kachemak Bay Running Club

Mostly flat loop course running around and through the City of Seldovia

**Aug 31
Sat**

McCarthy Half Marathon and 5 Mile Runs: – McCarthy

Meet time: 12:00 PM – Glacier View Campground

Distance: 1/2 marathon and 5 mile – The race starts on McCarthy Road, crosses the Kennicott River footbridge, follows the Wagon Road to the Kennicott Mill site and back down to the Wrangell Mountains Center in downtown McCarthy. The 5 mile turnaround is at the McCarthy mail shack.

Entry Fee: \$30 for adults/ \$15 for 16 and under

Contact: Stefanie Tschappat – 907-554-4464
stefanie@wrangells.org

Website: www.wrangells.org

Sponsored by: Agnew-Beck, New North Consulting, and Skinny Raven Sports

**Aug 31
Sat**

Homer Mariner Triathlon – Homer

Meet time: 7:30 AM – Homer High School

Distance: 0.57 mi. / 15 mi. / 5 mi. – Pool; Bike hills above Homer to Spit; Run back to HHS

Entry Fee: \$55 individuals; \$110 teams

Contact: Paul Story – 907-299-3523
pstory@kpbsd.org
Thad Gunther – 907-299-2888

Website: www.facebook.com/HomerMarinerTri

Sponsored by: Homer High School Swim Team

A challenging course in one of the most beautiful places on earth: 1,000 yard swim; 15 mile bike up East Hill, across Skyline, and down to Spit; 5 mile run back to HHS. Commemorative t-shirts and awards.

Proceeds benefit HHS Swim Team. Join us Labor Day weekend!

Sep

MatSu Running Club - Extended Season – Palmer

Meet time: 6 p.m. – Colony High Track

Contact: Rhonda Knopp 907-355-6258
coachknopp@yahoo.com

Website: matsunningclub.org

Sponsored by: MatSu Running Club

Ages 16 + runners of all ability levels welcome. Coached trianing held each week through late September. Weekly locations TBA.

Anchorage Parks and Recreation



2019 SCHEDULE

Sept 10
Sept 17
Sept 24
Oct 1
Oct 8
Oct 15
Oct 22
Oct 29

TUESDAY NIGHT RACES

The Bonny Sosa Tuesday Night Race Series is an Anchorage family tradition. These fun races are like no other in town. Come join us and run through the seasons!

Race Time 6:30p

www.muni.org/parks

Munchkin
Farm
Lightning

1-5K
3-10K
4-12K

Kids & Kids at heart
Recreational Runners
Competitive Runners



**Sep
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Sep 6
Fri**

Klondike Road Relay – Skagway

Meet time: 7:00 PM – Skagway

Distance: 175 km's (110 miles) – You won't find another race like the Klondike Trail of '98 International Road Relay. It offers breath-taking scenery, team camaraderie, physical challenge and gracious northern hospitality. This relay is Sport Yukon's annual fundraiser so we thank you f

Entry Fee: \$75-\$80 per person

Contact: Sandra Soares – 867-393-8334
coordinator@sportyukon.com

Website: www.klondikeroadrelay.com

**Sep 8
Sun**

Run Rover Run – Anchorage

Meet time: 11:30 AM (registration) – Location TBA, call woof hotline or check ASC website.

Start time: 12:00 PM

Distance: 5k – Mize Loop

Entry Fee: \$15

Contact: Rebecca Voris – 907-243-5234
beckyattla@gmail.com
Woof hot line – 907-349-9663

Website: www.skijorclub.org

Sponsored by: Anchorage Skijor Club
loop, some hills

**Sep 10
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies

Distance: Varies (up to 12K) – Location and course vary each week.

Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/parks

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.
Register online at www.muni.org/active.

**Sep 14
Sat**

8th Annual Troth Yeddha' Run for the Park 5K – Fairbanks

Meet time: 12:00 PM – Troth Yeddha' Park (across from the UAF Museum of the North entrance)

Distance: 5K run/walk – The 5K run loops the Troth Yeddha' ridge, starting at the park across from the UAF Museum of the North. The goal is to bring awareness of the importance of the location to traditional council activities in learning and leading.

Entry Fee: See website

Contact: Peter Pinney – 907-978-0425
pppinney@alaska.edu

Sponsored by: UAF College of Rural and Community Development
Free to UAF students with ID. Teams encouraged.

**Sep 14
Sat**

Bun to Bun 25K Trail Run – Talkeetna

Meet time: 9:30 AM – The Flying Squirrel Bakery Cafe

Distance: 25K – adventurous trail run through woods and parks with hilly parts

Entry Fee: \$50, or \$105 for relay (\$35 per relayer)

Contact: Abby Bradley – 907-841-8052
pta.talkeetna@gmail.com
Dan Harrell – 907-715-6600

Website: talkeetnapta.wordpress.com

Sponsored by: Talkeetna Elementary PTA

race prices will increase a small amount on a date to be determined to encourage early registration

**Sep 14
Sat**

Bun to Bun 5k Fun Run – Talkeetna

Meet time: 11:30 AM – The Flying Squirrel Bakery Cafe

Distance: 5k – Point A to B mostly on bike path, some on gravel roads

Entry Fee: \$25 for adults

Contact: Abby Bradley – 907-841-8052
pta.talkeetna@gmail.com
Dan Harrell – 907-715-6600

Website: talkeetnapta.wordpress.com

Sponsored by: Talkeetna Elementary PTA

Price may increase a small amount at some point to encourage early registration

**Sep 14
Sat**

Making Strides Against Breast Cancer 5k – Fairbanks

Meet time: 11:00 AM – Morris Thompson Cultural Center

Distance: 5K walk – This is a fundraiser for American Cancer Society. Free.

Entry Fee: See website

Contact: Becky Zaverl – 907-460-6326
zaverlz@gci.net

Sponsored by: American Cancer Society

Free to UAF students with ID. Teams encouraged.

**Sep 14
Sat**

The MatSu Relay – Hatcher Pass to Palmer

Meet time: 7:00 AM – Hatcher Pass State Park

Distance: Approx 60 Miles – 6 Runners, 12 legs, Each Runner 2 legs

Entry Fee: TBD

Contact: Nathan Luke – 907-671-2005
nathan@nxnwrelays.com
Dave Luke – 801-664-2052

Website: nxnwrelays.com

Sponsored by: North By Northwest Relays

The MatSu Relay is a one day, approx. 60 mile, 6 person, 12 leg relay race from Hatcher Pass State Park to Palmer. There are divisions for Ultra (less than six runners), High School, Masters, Corporate, and Public Service.

**Sep 17
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies

Distance: Varies (up to 12K) – Location and course vary each week.

Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/active

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.

Register online at www.muni.org/active.

**Sep 19
Thu**

Equinox Marathon Bib Pick-Up – Fairbanks

Meet time: 5:00 PM – Upper Deck Level of Patty Ice Arena on the UAF Campus

Distance: Equinox Marathon and Relay – Equinox Marathon and Relay

Location: Go up the stairs of the UAF Ice Arena, just like you would for a hockey game.

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
equinox@runningclubnorth.org

Website: www.equinoxmarathon.org

Sponsored by: RCN and others

**Sep 20
Fri**

Equinox Marathon Bib Pick-Up – Fairbanks

Meet time: 5:00 PM – Upper Deck Level of Patty Ice Arena on the UAF Campus

Distance: Equinox Marathon and Relay – Equinox Marathon and Relay

Location: Go up the stairs of the UAF Ice Arena, just like you would for a hockey game.

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
equinox@runningclubnorth.org

Website: www.equinoxmarathon.org

Sponsored by: RCN and others

Sep 21 **57th Annual Equinox Marathon and 27th Annual Marathon Relay**
Sat **Usibelli Series #8 (Marathon) – Fairbanks**
Meet time: 8:00 AM – UAF Patty Center
Distance: 26.2 Mile , Relay (x3) – 26.2 Mile , Relay (x3)
One of America's toughest marathons. Usibelli Running event. 3 person relays.
Register online at equinoxmarathon.org
Entry Fee: See website
Contact: Stacy Fisk – 907-455-6520
 equinox@runningclubnorth.org

Website: www.equinoxmarathon.org
Sponsored by: RCN and others

Sep 21 **17th Annual Equinox Kids Marathon – Fairbanks**
Sat Meet time: 9:00 AM – UAF Patty Center
Distance: Kids run, 1.2 miles – Kids in grades K-6 run 25 miles over 5-6 weeks, and then run the final 1.2 miles of their marathon effort on the day of the Equinox Marathon.
Entry Fee: See website
Contact: Tracey Martinson – 907-474-8353
 tamartinson67@gmail.com

Website: <https://www.equinoxmarathon.org/more/kids-marathon/>
Sponsored by: Running Club North
Registration forms available at Beaver Sports or on the Running Club North or Equinox Marathon websites. \$12 entry fee includes finisher t-shirt.

Sep 21 **Anchorage Heart Walk – Anchorage**
Sat Meet time: 9:00 AM – Delaney Park Strip
Distance: 1 mile & 3 mile routes – City Streets & Coastal Trail
Entry Fee: Suggested minimum \$25 donation
Contact: Dustin Morris – 907-865-5303
 Dustin.Morris@heart.org
 Alaina Burton – 907-865-5300
 Alaina.Burton@heart.org
Website: AnchorageHeartWalk.org
Sponsored by: American Heart Association
A non-competitive family and dog friendly event. Details at AnchorageHeartWalk.org. All proceeds benefit the American Heart Association to fight heart disease and stroke.

Sep 24 **Bonny Sosa Tuesday Night Race Series – Anchorage**
Tue Meet time: 5:30 PM – Varies
Distance: Varies (up to 12K) – Location and course vary each week.
Entry Fee: Varies
Contact: Parks & Recreation – 907-343-6397
 kincaid@muni.org

Website: www.muni.org/parks
Sponsored by: Anchorage Parks & Recreation
Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.
Register online at www.muni.org/active.

Sep 25
Tue **Rainbow Run – Anchorage**
Meet time: 5:15 PM – TBD
Distance: 5K – This 5K run or walk will be held along Anchorage's Ship Creek Trail
Entry Fee: \$30
Contact: Eric Van Dongen – 907-240-2904
 AKRainbowRun@gmail.com
 Shelby Mahogany Wilson – 907-830-7049

Website: <http://alaskapride.org>
Sponsored by: Identity Inc.
Lace up your running shoes, show off your most creative rainbow costume, and join in at Alaska PrideFest's 5th Annual Rainbow Run.

Sep 28
Sat **Oktoberfest 5K & 10K, Run to end Homelessness – Anchorage**
Meet time: 7:30am – 750 W 2nd Ave
Distance: 5K & 10K –
Race time: 9am (kids), 9:15am (10K), 9:25am (5K)
Entry Fee: see website
Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org
Sponsored by: Anchorage Running Club
Runners in costume will be given a 1 min head start. This race is a qualifier for the Sleeping Lady Challenge.

Sep 28
Sat **Making Strides Against Breast Cancer 5K – Anchorage**
Meet time: 9:00 AM – Delany Park Strip - West End
Distance: 5K – Route west through city streets and along Coastal Trail. Starts and ends at Delany Park Strip.
Entry Fee: \$35
Contact: Kirsten Swanson – 907-273-2066
 kirsten.swanson@cancer.org
 Cheryl Jones – 907-273-2070

Website: www.AnchorageStrides.org
Sponsored by: American Cancer Society and Skinny Raven
All proceeds benefit the American Cancer Society. Fee includes a t-shirt!

Sep 28
Sat **Watershed 5K – Fairbanks**
Meet time: 10:00 AM – 4975 Decathlon Ave
Distance: 5K fun run – 5K fun run sponsored by the Watershed School PTSA on the trails and roads around the school to support The Watershed School clubs
Entry Fee: See website
Contact: Jennifer Humphrey – 907-347-9683
 shipmanjennifer@hotmail.com

Website: www.watershed5K.weebly.com
Sponsored by: Watershed School PTSA

**Sep 29
Sun**

Kenai River Marathon Run Series – Kenai

Meet time: 8:00 AM – Kenai Visitor & Cultural Center

Distance: Full Marathon/Half Marathon/Relay/5Kish – Flat and fast. NEW COURSE in 2019 due to construction. No BQ this year!

Entry Fee: Before 9/5/19: 65/55/125/25. After 9/5/18: 75/65/150/35

Contact: Kenai Chamber of Commerce – 907-283-1991
johna@kenaichamber.org

Website: www.kenairivermarathon.org

Sponsored by: Kenai Chamber of Commerce & City of Kenai

Due to road construction, 2019 will have a different course that will NOT be a Boston Qualifier. We are expected to be back to normal for 2020.

**Oct
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center

Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.

Entry Fee: See website

Contact: George Berry – 907-687-8770
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN

Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Oct
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Oct 1
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies

Distance: Varies (up to 12K) – Location and course vary each week.

Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/parks

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations. Register online at www.muni.org/active.

**Oct 5
Sat**

It Ain't Easy Hill Run – Fairbanks

Meet time: 10:00 AM – Dog Musers Hall on Farmer's Loop
Distance: 11-mile trail race – Hilly 11-mile trail run or flat 5-mile
Entry Fee: See website

Contact: Andy Sterns – 508-542-3036
andysterns1@gmail.com

Website: RCN Website
Sponsored by: RCN

**Oct 5
Sat**

Autumn Gold – Palmer

Meet time: 9:00 AM – Trail race through the Alaska fall colors
Distance: 5 miles – Trail race through the Alaska fall colors
Entry Fee: \$40

Contact: Natalie Bickers – 907-232-6145
happymalamuteak@gmail.com
Eric Bickers – 907-982-3981

Website: happymalamuterunning.com
Lazy Moose with connectors to McRoberts shack. Out and back course.
Approximately 1200 feet elevation gain, much in a 1 mile section. (*in development,
check website for details as available.) Walkers welcome

**Oct 5
Sat**

Girdwood Trail Marathon – Girdwood

Meet time: 8:00 AM – Alyeska Daylodge
Distance: Marathon & Half Marathon – Looped wilderness route around the valley
Entry Fee: \$25

Contact: Brian Burnett – 907-382-5880
burntski@gmail.com
NANA

Website: www.skigirdwood.org
Sponsored by: Girdwood Nordic Ski Club
This looped trail marathon takes runners on a counter clockwise tour of all G'wood
trails. Trail conditions range from rugged, technical single track to paved bike trail.
The route is marked but wilderness route finding skills may be required. Expect to
encounter and interact with wildlife. There are minimum aid stations and there will be
no single serving vessels (bring your own water bottle). This is a spectacular run
through the rain forest with a bunch of hippies!

**Oct 9
Wed**

USATF AK JO and Association Cross Country Championships – Anchorage

Meet time: 4:00 PM – Anchorage Christian Schools back parking lot
Distance: 3K and 5K – Mostly flat. Dirt, gravel, sidewalk trail.
Entry Fee: \$10

Contact: Jason Hofacker – 907-854-4863
jhofacker@acsedu.org

Website: www.alaska.usatf.org
Junior Olympic, Open, and Master divisions

**Oct 10
Thu**

RCN Annual Meeting – Fairbanks

Meet time: 6:30 PM – TBD

Distance: – Annual business, elections and calendar meeting.

Entry Fee: See website

Contact: Gary Pohl – 907-388-8085
president@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN

Race directors should plan on attending.

**Oct 12
Sat**

Goldstream To Hoodoo Half Marathon – Fairbanks

Meet time: 10:00 AM – Goldstream Sports

Distance: 13.1 Half Marathon – 13.1 Miles from Goldstream Sports to Hoodoo Brewery. Rolling to flat, bike paths, roads, point to point.

Sponsored by Hoodoo Brewery and Goldstream Sports

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

**Oct 12
Sat**

KMXT's Run the Rock – Kodiak

Meet time: 8:00 AM – Near Island

Distance: Marathon – Mixed trail, some pavement, majority gravel road. Hilly, starts in town & finishes at golf course.

Entry Fee: \$75

Contact: Pam Foreman – 907-486-3181
pam@kmxt.org

Website: www.kmxt.org

Sponsored by: KMXT

**Oct 12
Sat**

KMXT's Run the Rock – Kodiak

Meet time: 9:30 AM – Kodiak Bear Valley Golf Course

Distance: Half Marathon – Gravel road, hilly, out and back

Entry Fee: \$55

Contact: Pam Foreman – 907-486-3181
pam@kmxt.org

Website: www.kmxt.org

Sponsored by: KMXT

**Oct 12
Sat**

KMXT's Run the Rock – Kodiak

Meet time: 9:30 AM – Kodiak Bear Valley Golf Course

Distance: 10k – Gravel road, hilly, out and back

Entry Fee: \$40

Contact: Pam Foreman – 907-486-3181
pam@kmxt.org

Website: www.kmxt.org

Sponsored by: KMXT

**Oct 12
Sat**

KMXT's Run the Rock – Kodiak

Meet time: 10:00 AM – Bear Valley Golf Course

Distance: 5k – Pavement, flat, out and back

Entry Fee: \$25

Contact: Pam Foreman – 907-486-3181
pam@kmxt.org

Website: www.kmxt.org

Sponsored by: KMXT

**Oct 12
Sat**

Zombie Half Marathon – Anchorage

Meet time: 8:00 am – Goose Lake Park

Distance: 13.1mi – Goose Lake to Kincaid Chalet

Race time: 9am (walkers), 10am (runners)

Entry fee: see website

Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org

Sponsored by: Anchorage Running Club

This race is a qualifier for the Sleeping Lady Challenge. Plan on carpooling and staging vehicles, No shuttles will be provided. If you will take longer than 3hrs make sure to start with the walkers at 9am. Dress up like a Zombie!

**Oct 12
Sat**

Little Monster Dash – Anchorage

Meet time: 11:30 am – Kincaid Chalet

Distance: 2k – Fun run around soccer area

Race time: 12:00 pm

Entry fee: see website

Contact: Anchorage Running Club

Website: www.anchoragerunningclub.org

Sponsored by: Anchorage Running Club

Fun 2K for little ghosts, goblins, & monsters. Meet at the Kincaid Chalet.

**Oct 13
Sun**

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center

Distance: Fun Run 4mile – Run by the light of the moon!

Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN Winter training

**Oct 15
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies

Distance: Varies (up to 12K) – Location and course vary each week.

Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/parks

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.

Register online at www.muni.org/active.

**Oct 19
Sat**

RCN Social and Awards – Fairbanks

Meet time: 6:00 PM – Fairbanks Pipeline Training Center, Building C, 3600 Cartwright Court

Distance: Fun! – Annual potluck social and awards presentation.

Entry Fee: See website

Contact: Bobbi Jo Katchmar – 907-888-2287
bjkrcn2017@gmail.com

Website: RCN Website

Sponsored by: RCN

Door Prizes!

Potluck: Last Names A-J Main Course, K-R Salads, S-Z, Desserts/Breads

**Oct 19
Sat**

Annual 5K Costume Run – Nikiski

Meet time: 10:00 AM – Nikiski Community Recreation Center

Distance: 5K – Groomed trails. Mostly flat with some hills. Entry fee is canned or non-perishable food items to support local food drive. Visit website for details and entry form.

Entry Fee: Canned or Non-Perishable Food for Local Food Pantry

Contact: Jackie Cason – 907-776-8800
jcason@kpb.us
Teresa Langston – 907-776-8800

Website: www.northpenrec.com

Sponsored by: North Peninsula Recreation Service Area

Groomed trails. Mostly flat with some hills. Entry fee is canned or non-perishable food items to support local food drive. Visit website for details and entry form.

**Oct 22
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies

Distance: Varies (up to 12K) – Location and course vary each week.

Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/parks

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.

Register online at www.muni.org/active.

**Oct 26
Sat**

38th Annual Halloween Family Run – Fairbanks

Meet time: 10:00 AM – UAF Patty Center/Miller Hill Bike Trail
Distance: 2 miles or 10K – 2 miles or 10K. Costumed runners get a head start.
Entry Fee: See website

Contact: Ron Oliver – 360-867-3279
Ron.Oliver@TeamRWB.org

Website:

Sponsored by: RCN

Arrive early for the costume contest at 9:45am inside the Patty Center.

**Oct 26
Sat**

Skinny Raven Frightening 4K – Anchorage

Meet time: 10:00 AM – Hotel Captain Cook
Distance: 4K – Paved City Streets
Entry Fee: \$25

Contact: Skinny Raven Events & Timing
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/frightening-4k/>

Sponsored by: Skinny Raven Sports

With trick-or-treat stations every kilometer, this fun out-and-back course will allow you to see all the awesome costumes. There will be a team and individual costume contest with great prizes after the run.

**Oct 29
Tue**

Bonny Sosa Tuesday Night Race Series – Anchorage

Meet time: 5:30 PM – Varies
Distance: Varies (up to 12K) – Location and course vary each week.
Entry Fee: Varies

Contact: Parks & Recreation – 907-343-6397
kincaid@muni.org

Website: www.muni.org/parks

Sponsored by: Anchorage Parks & Recreation

Farm, Lightning, & Munchkin Leagues with a variety of courses and locations.
Register online at www.muni.org/active.

**Nov
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center
Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.
Entry Fee: See website

Contact: George Berry – 907-687-8770
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN

Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Nov
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Nov 2
Sat**

12th Annual Cache Creek Warm-Up – Fairbanks

Meet time: 10:00 AM – Intersection of Cache Creek Road and 8.6-mile Murphy Dome Rd.

Distance: 6.8 mile run – Hilly out-and-back run on Cache Creek Road.

Entry Fee: See website

Contact: Jane Lanford – 907-687-0769
jane@usibelli.com

Website:

Sponsored by: RCN

Free. Please carpool; parking is limited.

**Nov 12
Tues**

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center

Distance: Fun Run 4mile – Run by the light of the moon!

Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN Winter training

**Nov 23
Sat**

Turkey Trot – Fairbanks

Meet time: 10:00 AM – UAF Patty Center Bus Shelter

Distance: 6 Km. Predicted time. – 6K

Entry Fee: See website

Contact: Jim Brader – 907-452-4986
jimbrader@gmail.com

Sponsored by: RCN

Predicted time. No watches. \$1 entry fee. Prizes.

**Nov 21
Thu**

Turkey Trot – Soldotna

Meet time: 9:00 AM – Soldotna Sports Center
Distance: 1.5 mile & 3 mile run/walk – flat out and back
Entry Fee: \$10/youth, \$20.00/adult, and \$50/family

Contact: Tammy Strausbaugh – 907-252-2959
wrestle@acsalaska.net
Kurt Strausbaugh – 907-262-1721

Sponsored by: The Freedom House
Age group awards, Thanksgiving dessert prizes. Proceeds to benefit The Freedom House.

**Nov 28
Thu**

Skinny Raven Turkey Trot – Anchorage

Meet time: 9:30 AM – Dena'ina Convention Center
Distance: 2mi or 5K – Paved city streets, indoor finish.
Entry Fee: \$35

Contact: Skinny Raven Events & Timing
timing@skinnyraven.com

Website: <https://skinnyraven.com/event/turkey-trot/>

Sponsored by: Skinny Raven Sports
Make the Turkey Trot a family tradition on the biggest running/walking day in the US. With Alaska's only outdoor race with and indoor finish, keep warm and help us support the Food Bank of Alaska.

**Nov 29
Fri**

Boycott Black Friday – Palmer

Meet time: 7:00 AM – Wendt Road Trailhead
Distance: varies – Unlimited loops! Each loop is approximately 3 miles
Entry Fee: \$40

Contact: Natalie Bickers – 907-232-6145
happymalamuteak@gmail.com
Eric Bickers – 907-982-3981

Website: happymalamuterunning.com
11/29-12/01. Choose 1, 2, or 3 days (Friday-Sunday) Running starts at 8 am each day and last lap completed by 8pm. Total miles for the weekend is the goal. Will be VERY laid back and supportive of all. Walkers completely welcome. (*in development, check website for details)

**Dec
Wed**

Fahrenheit be Darned Winter Training Run – Fairbanks

Meet time: 5:45 PM – Patty Center
Distance: Winter training group runs – Various cold weather group runs around UAF environments, different weekly.

Entry Fee: See website
Contact: George Berry – 907-687-8770
membership@runningclubnorth.org

Website: RCN Website
Sponsored by: RCN
Regardless of temperature! Warm up with hot drinks and snacks after the run.

**Dec
Thu**

Hoodoo Goldstream Beer Runs – Fairbanks

Meet time: 6:00 PM – Hoodoo Brewing Company, 1951 Fox Ave, Fairbanks

Distance: 1-3 miles, walkers welcome – 1-3 miles, walkers welcome

Entry Fee: See website

Contact: Stacy Fisk – 907-455-6520
stacy@goldstreamsports.com

Sponsored by: Hoodoo Brewery and Goldstream Sports

This is a year around event every Thursday at 6:00PM from Hoodoo Brewing Company

**Dec 7
Sat**

Heart of Darkness Show Shoe Race

Snowshoe Series Event – Fairbanks

Meet time: 12:00 PM – 1058 Pika Rd, off Moose Trail.

Distance: 3km and 6km snow shoe race. – Snow shoe race. Hilly.

Entry Fee: See website

Contact: Andy Holland – 907-479-4444
aholland1058@gmail.com

Website: RCN Website

Sponsored by: RCN

Hilly. Regardless of temperature. Extra Snow shoes available. Free.

**Dec 11
Wed**

Full Moon Run – Fairbanks

Meet time: 5:45 PM – UAF Patty Center

Distance: Fun Run 4mile – Run by the light of the moon!

Entry Fee: See website

Contact: George Berry – 907-687-8769
membership@runningclubnorth.org

Website: RCN Website

Sponsored by: RCN Winter training

**Dec 14
Sat**

31st Annual George Bloom Mid-Day Sun Fun Run – Fairbanks

Meet time: 11:00 AM – UAF Patty Center

Distance: 6.5 mile run – 6.5 mile loop starting and ending at the UAF Patty Center parking lot.

Entry Fee: See website

Contact: Monty Bloom – 907-378-2362
powerlift505@gmail.com

Website: RCN Website

Sponsored by: RCN

Race will be held regardless of temperature

Dec 21 Sat **Dawn to Dusk D2D Part 2 – Fairbanks**
Meet time: 10:58 AM – UAF Great Hall Fine Arts Complex
Distance: Run as far as you can from dawn to dusk. Set loop and GPS options. – Fun Run, run all daytime hours closest to 21st
Entry Fee: See website
Contact: George Berry – 907-687-8769
 membership@runningclubnorth.org

Website: RCN
Sponsored by: RCN
No fee. Sign up 30 minutes prior to start at Great Hall. Run a set loop, or take your GPS and run your own course!

Dec 31 Tues **New Years Eve – Fairbanks**
Meet time: 11:30 PM – "The Diner" on Illinois Street
Distance: Novelty Fun run – Run into the New Year Day! 3 mile out and back.
Entry Fee: See website
Contact: Paul Reynolds – 907-322-1142
 nitrogenand@acsalaska.net

Website: RCN Website
Sponsored by: RCN
No entry fee. Regardless of temperature!

Dec 31 Tue **Northern Lights Resolution Run – Anchorage**
Meet time: 5:00 PM – Alaska Pacific University
Distance: About 5K – Paved streets, dirt and snowy trails.
Entry Fee: \$35
Contact: Skinny Raven Events & Timing – 907-570-8383
 mark@skinnyraven.com

Website: <https://skinnyraven.com/event/northern-lights-resolution-run/>
Sponsored by: Skinny Raven Sports
Run and dance yourself into the new year. Music, lights, and an awesome course will ring in the new year! This run will feature multiple unique light and music experiences out on course for nearly 5K of fun through the woods trails and APU Campus.

Jan 11, 2020 Sat **Frosty Bottom Marathon 2020 – Anchorage**
Meet time: 9:15 AM – Kincaid Park Chalet
Start time: 10:15 AM
Distance: 26.2 miles – Multi-use trails from Kincaid to Hilltop
Entry Fee: \$55
Contact: Matias Saari – 907-529-4178
 matiasmountain@gmail.com

Website: www.ultrasignup.com
Event held in conjunction with Frosty Bottom Fat Bike Race. Registration and other info at www.ultrasignup.com. Race-day bib pickup from 8:30-9:45 a.m. inside Kincaid Chalet. Aid stations at Goose Lake (Mile 12.5) and near Mile 19.