



FALL, 2017 ~ 825 L STREET, SUITE 203, ANCHORAGE

907-343-7770

Medicare Open Enrollment

Sign-up for Part D Oct. 15-Dec. 7

Don't Let Time Run Out!

If you are on Medicare, now is the time to consider options for prescription drug coverage in 2018.

With the annual Medicare Open Enrollment period upon us, now is the time for people with Medicare Part D and their caregivers/providers to compare plans to ensure they have the right health and prescription drug coverage. All changes made during this time will become effective on January 1, 2018.

Alaska's Medicare Information Office and the ADRC can provide application information and information on where you can go for local workshops and assistance

throughout this enrollment period. They provide one-on-one counseling for Medicare beneficiaries and their families. For assistance with Part D, people should have their red-white-and blue MEDICARE card with them, an ID with their mailing address and a list of their prescriptions with dosage and quantity. To schedule a one-on-one Part D counseling appointment call the Medicare Information Office.



400 Gambell St.,
Ste 303
907-269-3680
1-800-478-6065

New Medicare cards for everyone

Cards will be mailed between April 2018 and April 2019

You asked for it! We'll be removing Social Security numbers from Medicare cards and mailing each person a new card. This will help keep your information more secure and help protect your identity.

You'll get a new Medicare Number that's unique to you, used for your Medicare coverage. The new card won't change your coverage or benefits. You'll get more information from Medicare when your new card is mailed.

- Make sure your mailing address is up to

date. Contact ssa.gov/myaccount or 1-800-772-1213

- Beware of anyone who contacts you about your new Medicare card. We'll never ask you to give us personal or private information to get your new Medicare Number and card.

Advance Notice

Emergency Solutions Grant to provide assistance in 2018. Limited to Rental Assistance, Program guidelines changing. Update of new guidelines in January.

Special points of interest:

- Brown Bag Seminars continue.
- New staff and program manager light up the office.
- Pre-Screening Program kicks off.
- Utility Assistance.

Anchorage ADRC Pre-Screening Program

The ADRC Pre-screening Program will improve access and outcome for individuals seeking long-term services and supports. The process begins when an individual contacts the ADRC or another provider when seeking long term care options. The ADRC provides a short pre-screening application that will ensure the individual receives information and referral services and options counseling, provides short-term crisis support to prevent

institutionalization, and assists in planning for future needs. The ADRC Pre-screening Program is specifically designed to work with consumers to assist them in navigating the service delivery system so they are able to make informed choices about their care. The ADRC pre-screening is the first step in the Medicaid Waiver application process. For more information regarding the ALI or APDD waiver process, call the ADRC in Anchorage at 907-343-7770

or to schedule a pre-screening call 1-855-565-2017. You can also check out the ADRC pre-screening link at <http://dhss.alaska.gov/dsds/Pages/adrc/ADRCfirst.aspx>

This program is sponsored by the Alaska Department of Health and Social Services and the Municipality of Anchorage Department of Health and Human Services.



*ADRC Staff (back l-r):
Jasmine Bracey,
Sonya Davis, Karla Wright,
Heather Lindquist, Judy Atkins
(front l-r) Rose Ebue,
Nancy Anderson,
Kim Stoltz*

New Pre-screening Program Resource Specialist

Heather Lindquist is the Municipality of Anchorage ADRC pre-screener. Heather brings many years of experience in the social and human services including determining eligibility whether it is for federal/state student loans/grants or Medicaid benefits. Heather is not new to DHHS as she was

the Lead Customer Service/Trainer in the Women, Infant, and Children Program prior to accepting this exciting new position. She has a bachelor's degree from Loyola Marymount University. She takes great pride in helping those in need within a public service environment.

New Pre-screening Program Resource Scheduler

Rose Ebue is the newest member of the Municipality of Anchorage ADRC team as the Pre-screening Medicaid Waiver and Resource Scheduler. Rose brings years of experience working with the people who experience disabilities and as a Certified Nurse Assistant working among older

persons to aid with individuals seeking assistance for resources in the Anchorage area. She received her bachelor degree in Social Work, minor in Gerontology and Certificate in Civic Engagement in 2014 from the University of Alaska Anchorage.

Welcome to the ADRC Team!

Assistance for a
Thanksgiving Meal
ANCHORAGE

Thanksgiving Blessing

Monday,
November 20, 2017

12-8 pm: Mt. View
Community Center

3-8 pm: Crosspoint Church,
Central Lutheran Church,
St. Patrick's Church, Joy
Lutheran Church, New
Season Christian Center
Distribution by Zip Code

For more information
Call 2-1-1

Anchorage ADRC New Program Manager

Nancy Anderson is the new Program Manager of the Municipality of Anchorage ADRC. She has been at DHSS for 3 years working as the Program Manager of the Community Safety & Development unit that administers housing and homeless assistance grants. She has 12 years of experience with

managing federal and state grant programs that fund nonprofit agencies who provide housing and supportive services to individuals and families at risk of homelessness. She has a Master in Business Administration from the University of Alaska Anchorage. Nancy has lived in Anchorage of

37 years working in the health and social services field and is proud to join the group of knowledgeable and helpful staff who are the Resource Specialists at the ADRC.

ADRC Brown Bag Education Series – 2nd Tuesday of the Month

You are invited to attend the **FREE Brown Bag** monthly educational presentations, **hosted by the ADRC**. Each presenter takes time to educate the community on what their agency provides for the community. Take this time to learn information that may be

helpful to you, your friends, loved ones and clients in an engaging format. It is open to anyone in the Anchorage bowl area. Break away from your daily routine, bring your lunch if you want to, and join us for an opportunity to learn something new! The monthly **Brown Bag**

presentation is on the **second Tuesday of each month** from **Noon-1:00 p.m.** at the **BP Energy Center**. Due to the variety of presenters, contact Karla to be placed on the evite list to find out the monthly presenter. Contact Karla at (907) 343-7778 or wrightkj@muni.org



**December 12
Presenter:
Nila Morgan,
Medicare
Counselor,
Anchorage Senior
Activity Center**

Utility Assistance Program continues with assistance from Partners

The Utility Assistance Program facilitated by ADRC staff through the Emergency Outreach Program. This program provides utility payment assistance to members

who need help paying their utility bills.

If you have questions or need information on eligibility requirements please contact an

ADRC Resource Specialist at (907) 343-7770.

**THANK YOU!
AWWU &
Chugach Electric**

