



below is a partial list of resources available

Shelters		
AWAIC (Abused Women's Aid in Crisis) Address: 100 W 13th Ave 24/7 Crisis line: 272-0100 Phone: 279-9581	Clare House <i>Women w/Children & Pregnant Women</i> Address: 4110 Spenard Rd Phone: 563-4545 24/7 *Please Call First*	Downtown Soup Kitchen Hope Center Women, No Children; Starting at 6pm Address: 240 E 3rd Ave Phone: 277-4302
Brother Francis Shelter Men & Women <i>must be referred from Beans Café</i> Address: 1021 E 3rd Ave 18+ 415pm-11pm Phone: 277-1731	Covenant House Crisis Center 24/7 <i>Youth Ages 13 to 20</i> Address: 755 A St Phone: 272-1255	Bean's Café <i>Client Services/Navigation at Sullivan Arena</i> Address: 1600 Gambell St Phone: 433-8600
Food Distribution/Pantries: 2-1-1 or view the monthly schedule at: www.foodbankofalaska.org/find-help		
Meals Served On-Site		
Bean's Café - 3 meals/day Address: 1600 Gambell St Phone: 433-8600	Downtown Soup Kitchen Hope Center - Lunch Address: 240 E. 3rd Ave 12pm-1:30pm Phone: 277-4302	Gospel Rescue Mission (must pass breathalyzer) 6am-6:45am & 4:30pm-6:15pm - 7 days/wk Address: 2823 Tudor Rd Phone: 563-5603
Food Distribution		
F.I.S.H Meals Delivered: M-W-F-Sat <i>*Call 9am-3pm Sun/Tues/Thur/Fri*</i> Phone: 277-0818	SENIOR FOOD BOXES CSFP Program Phone: 222-3104 CSFP@foodbankofalaska.org	Children's Lunchbox Distribution: Phone: 297-5622 <i>Children do not need to be present to qualify</i> Lighthouse Fellowship, Loussac Place, Spenard Rec Monday, Wednesday, Friday 3-3:45 pm Fairview Rec Center - M, W, F 4-4:45pm
Meals on Wheels (Salvation Army) Seniors 60+ Phone: 349-0613	Church of the Nations Sundays 3pm-5pm Address: 810 E 9th Ave	
Enrollment for Nutrition Assistance		
SNAP (food stamps, Quest card) Address: 400 Gambell Street Phone: 269-6599 Fax: 269-6520 Address: 1251 Muldoon Rd, Ste. 111B Phone: 269-0001 Fax: 269-0070	ADRC Aging & Disability Resource Center Phone: 343-7770	WIC Women, Infants & Children Phone: 343-4668
	Food Bank of Alaska <i>Need to complete an application & interview</i> www.alaskasnap.com/apply	Call: 222-3119 Text: 891-8913 Email: snap@foodbankofalaska.org
Subsidized Housing		
AHFC - Alaska Housing Financial Corp. Address: 440 E Benson Blvd #200 Phone: 907-330-6100 www.ahfc.us	NeighborWorks Address: 2515 A St Phone: 677-8490 www.nwalaska.org	Chester Creek Estates Address: 5814 E Northern Lights Blvd Phone: 337-1911 www.fpimgt.com
Cook Inlet Housing Address: 3510 Spenard Rd # 100 Ph: 793-3000 www.cookinlethousing.org	Jewel Lake Villa Address: 8980 Blackberry St Phone: 243-0718 jewellakemgr@coastmgt.com	Chester Park Estates Address: 1019 E 20th Ave Phone: 277-9564

Showers/Laundry		
Downtown Soup Kitchen Hope Center Women only; Shower house opens at 9:30am Address: 240 E 3rd Ave Phone: 277-4302		
Bean's Café Opens at 6am for new comers, 9pm curfew Address: 1600 Gambell St Phone: 274-9595		
Utility Assistance		
Heating - State of AK LIHEAP Program Phone: 800-470-3058 liheap@alaska.gov	ADRC Aging and Disability Resource Center Phone: 343-7770 <i>for Disabled or elderly 65 yrs & older population</i>	Benefit Info Hotline Ph: 269-5777 (Need Case # & last 4-SSN) Call 2-1-1 or 800-478-2221 www.alaska211.org
Transportation		
AnchorRIDES Phone: 343-6543	ASAP Transportation Phone: 230-6536	Happy Day Transportation Phone: 337-7077 / 744-7343
Medical Transportation		
Lifemed Phone: 563-6633	United (non-emergency only) Phone: 222-7666	Alaska Medical Transport Phone: 222-3456
Clothing/Household Items		
Lutheran Social Services Address: 1303 W. 33rd Ave Phone: 272-0643	Downtown Soup Kitchen Hope Center Address: 240 E. 3rd Ave Phone: 277-4302	Brother Francis Shelter Clothing Room 3710 E 20th Avenue Phone: 222-7300
Public Assistance		
Division of Public Assistance Address: 400 Gambell St Phone: 269-6599 Fax: 269-6520	Division of Public Assistance Address: 1251 Muldoon Rd Ste. 111B Phone: 269-0001 Fax: 269-0070	Cook Inlet Tribal Counsel <i>*Alaskan Native/American Indian*</i> Address: 3600 San Jeronimo Dr Phone: 793-3300
Recovery		
Southcentral Foundation Detox 24/7 Address: 4330 Elmore Rd Phone: 729-6690	Alaska Mental Health Consumer Web Phone: 222-2980	One-Eighty (Alaska Regional Hospital) Location: 2801 Debarr Road Phone: 264-1180
Anchorage Gospel Rescue Mission <i>must pass breathalyzer & Neg COVID-19</i> Address: 2823 Tudor Rd Phone: 563-5603	Recover Alaska Phone: 2-1-1 www.recoveralaska.org	Alcoholics Anonymous-Anchorage Area Intergroup Phone: 272-2312
Anchorage Health Department Substance Misuse Resources www.anchoragepublichealth.com/learn/substance-misuse-resources		
Medical & Dental		
Anchorage Neighborhood Health Ctr Address: 4951 Business Park Blvd Phone: 743-7200	Municipality of Anchorage (AHD) Address: 825 L St Family Planning & Reproductive Health Clinic: Phone: 343-4623 TB Control: 343-4799 Immunizations: 343-4799	Health/ Medicaid Enrollment Call 2-1-1 for locations and hours Medicaid Helpline Phone: 644-6800
Four A's Alaskan AIDS Assist. Assoc. <i>HIV/HEP testing; needle exchange</i> Address: 1057 Fireweed Ln Ste 102 Phone: 263-2050	Dental Lifeline Phone: 1-877-977-3802	Anchorage Project Access Address: 2401 East 42nd Ave Ste. 104 Phone: 743-6600
		Pregnant Woman Medicaid 1-844-864-2229 (BABY)

Behavioral Health		
Psychiatric Crisis Line 24/7 Phone: 563-3200	Southcentral Foundation Behavioral Health Phone: 729-2500	NAMI Anchorage Address: 144 W. 15th Ave. Phone: 272-0227
Alaska Family Services Address: 1251 Muldoon Rd., Ste 116. Phone: 644-5000 (childcare assistance)	Suicide Prevention Careline Phone: 877-266-4357	Chris Kyle Patriots Hospital Phone: 258-7575
	Alaska Behavioral Health Phone: 563-1000 Crisis: 563-3200	
Legal & Crime Victims		
Alaska Legal Services Phone: 272-9431 Address: 1016 W 6th Ave Ste 200	Alaska Native Justice Ctr Phone: 793-3550 Address: 3600 San Jeronimo Ste 264	Child Support Division Phone: 269-6900 Address: 550 W 7th Ave Ste 310
Victims for Justice Phone: 278-0977 Address: 1057 W Fireweed Ln Ste 101	Family Law Self Help Ctr Phone: 264-0851 Address: 4141 B Street # 410	Disability Law Center Phone: 565-1002 Address: 3330 Arctic Blvd Ste 101
Domestic Violence		
AWAIC Phone: 279-9581 Address: 100 W 13th Ave	STAR Phone: 276-7273 Address: 1057 W Fireweed Ln # 230	Center for Men & Women Phone: 272-4822 Address: 600 Cordova St., Ste 3-149
The Recovery Connection Phone: 332-7660 Address: 500 Muldoon Rd., Ste 9	AK Network on Domestic Violence & Sexual Assault Phone: 586-3650 Email: andvsa@andvsa.org	National Domestic Violence Hotline Phone: 1-800-799-SAFE (7233)
Emergency & Disaster - Muni of Anchorage Office of Emergency Management Phone: 343-1400		
American Red Cross Phone: 646-5401	In the event of an emergency call 9-1-1	Emergency Conditions Phone: 343-4701
Children & Youth		
Office of Children's Services (OCS) Phone: 269-4000 or Reports: 800-478-4444	ASD Child in Transition Phone: 742-3833	Childcare Assistance/AFS: Phone: 644-5000
	Covenant House Phone: 272-1255	Childcare Assistance/CITC: Phone: 793-3207
Senior & Disability Services		
ADRC Aging & Disability Resource Center Phone: 343-7770	Adult Protective Services (Reports) Phone: 269-3666 or 800-478-9996	Social Security Office: Phone: 866-772-3081
		ACCESS Alaska: Phone: 248-4777
Veterans		
AK Dept of Military Affairs Phone: 257-4700	Help for Homeless Veterans (Natl.) Phone: 273-4011 Toll-free: 877-424-3838	VA Crisis Line (Natl.) Phone: 800-273-8255
VA Anchorage Vet Center Phone: 563-6966		Catholic Social Service: Phone: 222-7300
Financial Stability	Information and Referral	
Money Management International <i>formerly Consumer Credit Counseling</i> Address: 417 Barrow St Phone: 279-6501	 <p>The Municipality of Anchorage's Aging & Disability Resource Center promotes choice and independence for those who need information and assistance regarding long-term care services in our community. 907-343-7770</p>	 <p>Alaska 2-1-1 is a one-stop, statewide health and social services resource for finding help in your community. It's free, confidential and available in almost any language. Dial 2-1-1 or 1-800-478-2221 www.Alaska211.org</p>
Military OneSource Alaska Consultant: Paola Pacheco <i>Active Duty & separated w/in last year</i> Phone: 229-3773 paola.pacheco@militaryonesource.com		