

Featured Parkinson's Specialists



Dr. Pravin Khemani is a Movement Disorders Specialist at Swedish Medical Center in Seattle, and is fellowship trained in Neuromuscular Disorders and Movement Disorders. Dr. Khemani's philosophy of care for movement disorders is to adopt a multidisciplinary approach and closely collaborate with the patient, family and other caregivers.



Dr. Ryder Gwinn is a Neurosurgeon at Swedish Medical Center in Seattle. He specializes in the surgical treatment of chronic neurologic disorders such as Parkinson's disease. He utilizes advanced minimally invasive techniques such as responsive neurostimulation and focused ultrasound, deep brain stimulation, Gamma Knife surgery, spinal cord stimulation, and awake brain surgery.



Dr. Glass is Board Certified in Neurology and specializes in movement disorders and sleep medicine at Peak Neurology in Anchorage, AK. He is the only fellowship trained Movement Disorders specialist in the state of Alaska, providing care to Parkinson's disease patients, and those with other movement disorders.



Dr. Nate Coomer has been working with neurologic disorders as a physical therapist for over ten years. He is the founder of the Parkinson's Fitness Project with the mission of developing physical and online training centers to promote ongoing neurological health in those with PD.

Movement Facilitators

- Yoga for PD: Rocky Plotnick**
Yoga Instructor, Yoga for Parkinsons, Anchorage
- Rocky Steady Boxing: Bonnie Murphy**
Coach, Rock Steady Boxing, Anchorage
- Getting Up & Down with Ease: Dotti-Harness Foster**
Dance for PD and Feldenkrais Practitioner, Homer
- LVST LOUD: Anne VerHoef, MA, CCC-L-SLP**
Speech-Language Pathologist, Anchorage
- Caregiver Circle: Jessica Weller, LPC**
Compass Counseling, Anchorage

apda AMERICAN PARKINSON DISEASE ASSOCIATION
NORTHWEST CHAPTER
Strength in optimism. Hope in progress.
180 Nickerson Street, Suite 108
Seattle, WA 98109

*Register Today!
Space is Limited.*



Spend the day with APDA and a slate of **Parkinson's disease experts**. It is a day designed to **educate, inspire, and empower** those impacted by Parkinson's disease.

SEPTEMBER 14, 2019
10:30 am - 4:00 pm
Anchorage Senior & Activity Center

LEARN, MOVE & CONNECT WITH OTHERS

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Event Agenda

Welcome Remarks	Jennifer Gillick , Program Director, American Parkinson Disease Association
Movement is Medicine	Dr. Nate Coomer , Physical Therapist, The Parkinson's Fitness Project
Treating Non-Motor Symptoms	Dr. Pravin Khemani , Movement Disorders Neurologist, Swedish Medical Center Dr. Graham Glass , Movement Disorders Neurologist, Peak Neurology
My PD Journey	AC Woolnough, Dustin Werner, and Peter Dunlap-Shohl Parkinson Disease Advocates
Motor Fluctuations & Surgical Interventions	Dr. Pravin Khemani , Movement Disorders Neurologist, Swedish Medical Center Dr. Ryder Gwinn , Neurosurgeon, Swedish Medical Center
Breakout Session 1	Yoga for PD Rocky Steady Boxing Getting Up & Down with Ease
Breakout Session 2	LVST LOUD Caregiver Circle <i>*Participants will choose one class per breakout session</i>
What's Next: A Research Update	Dr. Pravin Khemani , Movement Disorders Neurologist, Swedish Medical Center
Speaker Panel Open Q&A	All Speakers

September 14, 2019 | 10:30 am - 4:00 pm

Doors Open at 9:30am with a Resource Fair
Lunch & Refreshments provided


Anchorage Senior & Activity Center

1300 East 19th Ave, Anchorage, AK 99501

Pre-Registration Required

Visit us online or give us a call to register


 apdaparkinson.org/Northwest

 206 695 2905

Conference Fee: \$30.00/person
Early Bird Special: \$20.00/person
If you register before end of day August 15, 2019

Scholarships Available

Call us for scholarship details

 206 695 2905

Need a Hotel?

Visit us online to find out more about hotel accommodations

 apdaparkinson.org/Northwest

American Parkinson Disease

Association: Every day, we provide the support, education, and research that will help everyone impacted by Parkinson's disease live life to the fullest.

