



Monday-Friday 8:00am-5:00pm
Closed for lunch 12:00pm-1:00pm

Anchorage Resource List

January 2026

Not sure where to begin? We are here to help! Call us at 907-343-7770 or visit www.muni.org/adrc

Food



For food distribution, pantries and hot meals served on site, call [Alaska 2-1-1](tel:907-241-2111) or view the monthly schedule at www.foodbankofalaska.org/help/ or visit www.anchoragefood.org to find a pantry open TODAY! Below is a partial listing.

Food Distribution and Pantries

Lutheran Social Services Food Pantry

1303 W. 33rd Ave. | 907-272-0643

Tuesday, Thursday, Friday 1:00pm-4:00pm

Wednesday 4:00pm-7:00pm

Saint Francis House Food Pantry

3710 E. 20th Ave. | 907-222-7323

Monday-Thursday 9:00am-1:00pm

4th Wednesday of the month 4:00pm-5:30pm

Meals on Wheels (Salvation Army) | 907-349-0613

for seniors 60+

Senior Food Boxes CSFP Program | 907-222-3125

F.I.S.H. Friends in Serving Humanity | 907-277-0818

Groceries delivered Monday, Wednesday, Friday, and Saturday

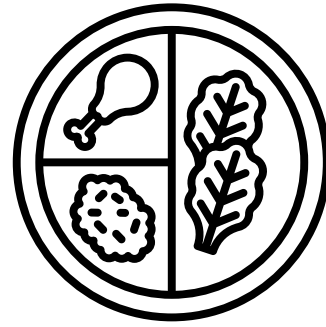


Meals Served On-Site

Downtown Soup Kitchen Hope Center

240 E. 3rd Ave. | 907-277-4302

Lunch served daily 12:00pm-1:30pm



Anchorage Gospel Rescue Mission | 2823 E. Tudor Rd.

907-563-5603 *must pass breathalyzer and be negative for COVID-19*

Breakfast served Monday-Friday 6:00am-7:15am and

Saturday-Sunday 10:00am-11:00am

Supper served daily 4:30pm-6:00pm

Nutrition Assistance

Food Bank of Alaska SNAP | 907-222-3119

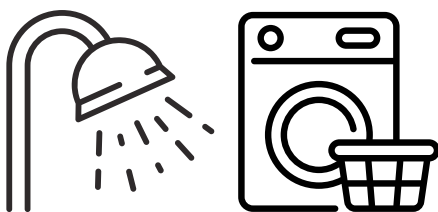
Text SNAP to 907-891-8913 and follow the prompts | email snap@foodbankofalaska.org



State of Alaska's Division of Public Assistance Virtual Call Center

SNAP (food stamps, Quest card) | 1-800-478-7778

Women, Infants & Children (WIC) | 907-343-4668



Showers & Laundry

Downtown Soup Kitchen Hope Center

240 E. 3rd Ave. | 907-277-4302

Daily 9:00am-11:00am

Subsidized Housing

Alaska Housing Finance Corporation (AHFC)

907-338-6100 or 1-800-478-2432

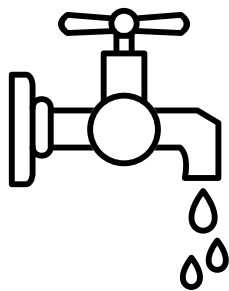
4300 Boniface Parkway



Cook Inlet Housing Authority | 907-793-3000

3510 Spenard Rd. Ste. 100

NeighborWorks | 907-677-8490 | 2515 A St.



Utility Assistance

Alaska 2-1-1

Call 2-1-1 or 1-800-478-2221

Adult Public Assistance Benefit Info Hotline

907-269-5777 | *need case# and last four SSN#*

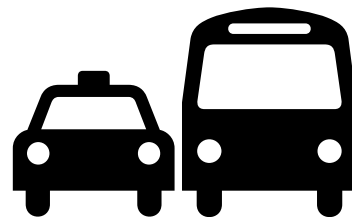
State of Alaska LIHEAP (heating) Program | 1-800-478-7778

Transportation

AnchorRIDES | 907-343-6543

PeopleMover | 907-343-6543

Seniors ride for free on Wednesdays.



Alaska Native Medical Center | 907-729-1900

medical transportation vouchers

Anchorage Veteran Affairs | 907-257-4700

medical transportation vouchers

Lutheran Social Services | 907-272-0643

medical transportation vouchers

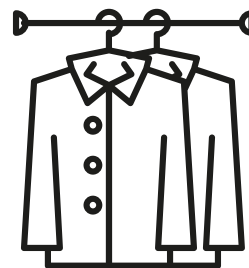
Clothing & Household Items

Community Diaper Pantry | 907-302-6332

Downtown Soup Kitchen Hope Center

240 E. 3rd Ave. | 907-277-4302

Lutheran Social Services | 1303 W. 33rd Ave. | 907-272-0643



Recovery

Alcoholics Anonymous-Anchorage Area Intergroup
907-272-2312

Anchorage Gospel Rescue Mission | 907-563-5603

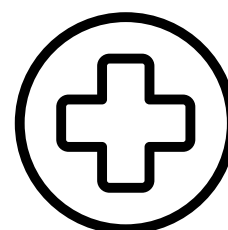
must pass breathalyzer and be negative for COVID-19

Recover Alaska | 907-249-6647

Southcentral Foundation Detox 24/7 | 907-729-6690

Medical & Dental

Anchorage Neighborhood Health Center (ANHC)
907-743-7200



Anchorage Project Access | 907-743-6600

Dental Lifeline Alaska | 1-877-977-3802

Four A's-Alaskan AIDS Assistance Association | 907-263-2050
HIV/HEP testing, needle exchange

Medicaid Enrollment | Call 211 for hours and locations

Municipality of Anchorage-Anchorage Health Department Public Health Clinic | 907-343-4799

Behavioral Health

Alaska Behavioral Health | 907-563-1000
Crisis: 907-563-3200

Alaska Family Services' Behavioral Health
Treatment Center | 907-376-4000



Chris Kyle Patriots Hospital | 907-264-3506 | Crisis: 907-258-7575

NAMI Anchorage | 907-931-9932

Providence Alaska Medical Center-Crisis Recovery Center
Crisis Line 24/7: 907-563-3200

Southcentral Foundation Behavioral Health Fireweed | 907-729-2500

Suicide Prevention Careline | 988 or 1-877-266-4357

Domestic Violence & Sexual Assault



Abused Women's Aid in Crisis, Inc. (AWAIC),
907-272-0100 *24-hour crisis and support line*

Alaska Network on Domestic Violence & Sexual Assault
907-586-3650

National Domestic Violence Hotline | 1-800-799-SAFE (7233)

National Sexual Assault Hotline | 1-800-656-HOPE (4673)

Standing Together Against Rape (STAR) | 907-276-7273 or
1-800-478-8999

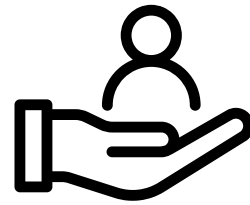
Victims for Justice | 907-278-0977

Adult Support Services

Alaska 2-1-1 | 211 or 1-800-478-2221

Anchorage Senior Activity Center's Benefits Enrollment Center | 907-770-2025

State of Alaska's Department of Health
Senior and Disabilities Services | 907-269-3666



Veterans

Anchorage Veterans Center | 907-563-6966

Joint Base Elmendorf-Richardson VA Medical Center | 907-257-4700

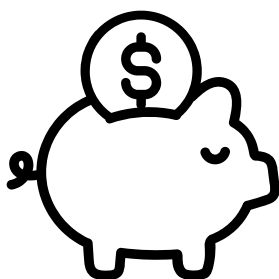
National Call Center for Homeless Veterans | 1-877-424-3838

VA Caregiver Support Program | 907-375-2606

VA Alaska Mental Health Care | 907-273-4011

VA Domiciliary Care Program | 907-273-4000

VA Military Crisis Hotline | 988 + 1



Financial Stability

Military OneSource | 1-800-342-9647

Money Management International
1-866-889-9347 *phone counseling available 24/7*

United Way of Anchorage | 907-263-3800 *free tax preparation*