

# Sharing the Trail

## Off-street Biking

**Keep to the right.**  
Yield to pedestrians and slower moving traffic except when passing. Slow down when there are lots of users on the trail.

**Be careful at crossings.**  
Look both ways. Cyclists: yield to through traffic at intersections. Remember, pedestrians have the right of way. Pedestrians: exercise caution. Be aware that cyclists and skaters require lots of room to stop.

**Advise others when passing.**  
Sound your bell or horn or call out when approaching pedestrians or slower cyclists. Then pass safely on the left.

*"Passing on your left."*

[www.muni.org/biketowork](http://www.muni.org/biketowork)



### Download Transit App

GET ROYALE FOR FREE!

- PLAN your trip
- TRACK your bus
- BUY your passes
- CUSTOMIZE alerts, icons and themes

Transit is the official People Mover app!

More transit lines and service alerts for all nearby trips

More tips: Follow the number of minutes to the next stop

More location icons: Mark your location to see nearby stops and routes

## Types of Bikeways

### Bike Friendly On-Street Route

- Bicycles ride outside travel lane on paved shoulder.
- May share shoulder with pedestrians.
- Many shoulder bikeways have signs identifying them as a bike route and showing the direction and distance to destinations (e.g. the Loop, the lakefront).

### Dedicated On-Street Routes

- Bicycles ride outside of travel lane in designated bike lane.
- Special pavement markings and signs identify the lanes.

### Multi-use Trails

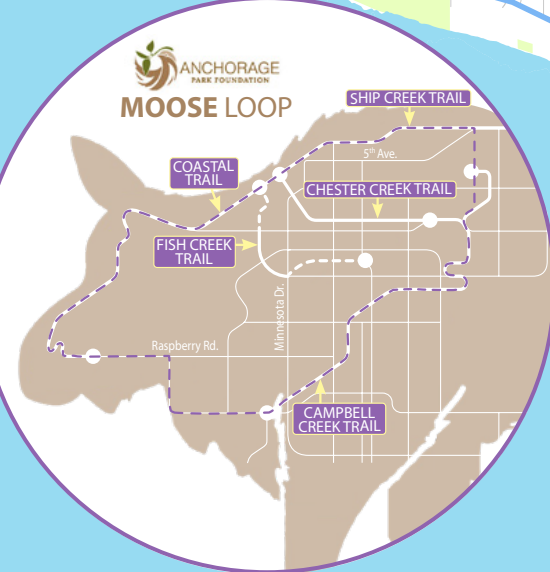
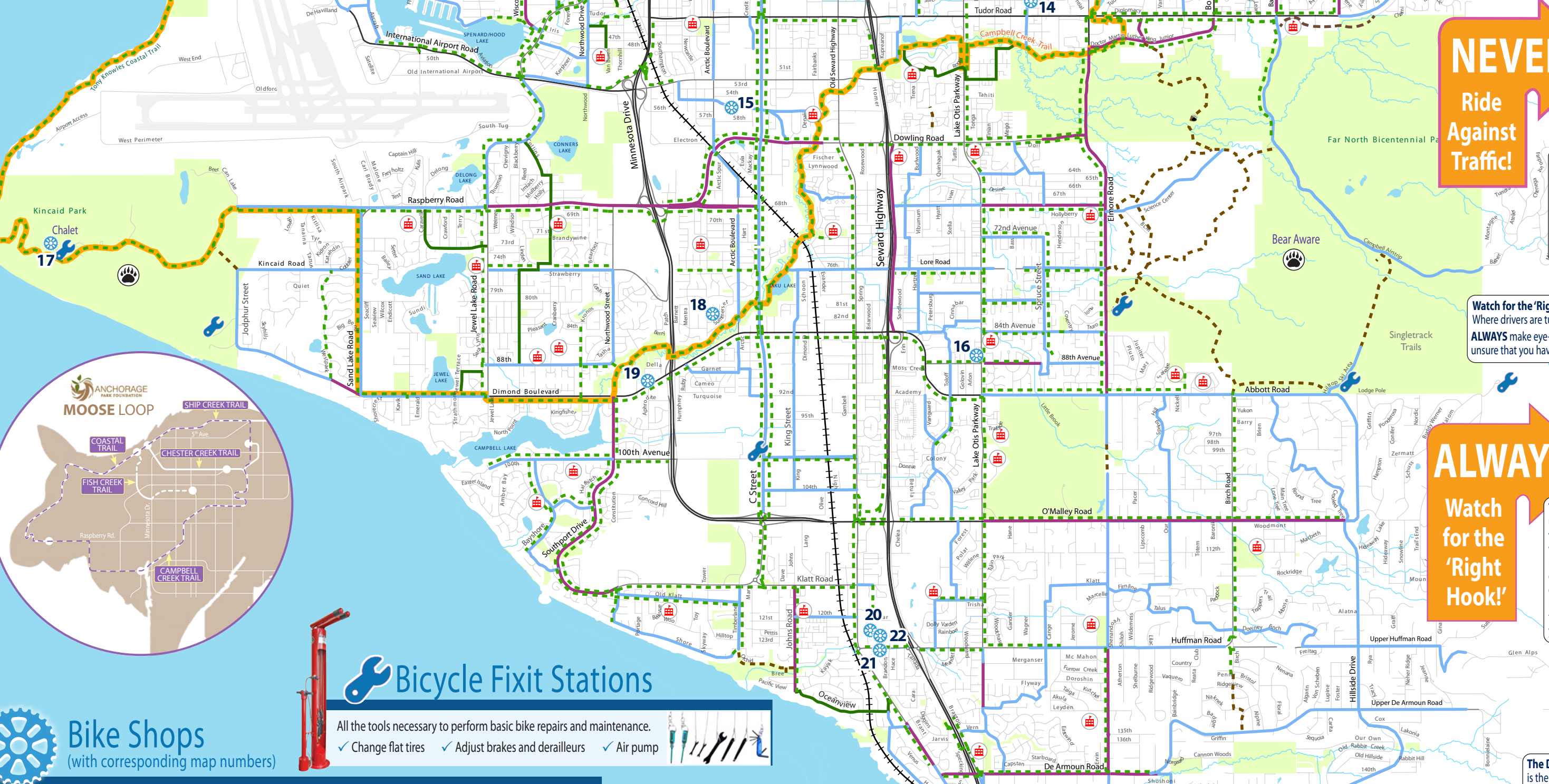
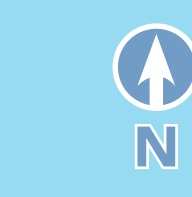
- Whether marked or not cyclists may share the road if riding as a vehicle. Cars and bicycles share the lane.
- Markings and signs may also be used to encourage cars to share the lane with bicyclists. Special pavement markings direct bicyclists to ride outside the "Door Zone" (see "Door Zone" panel).

Paved paths separated from the road for bicyclists, walkers, runners, and in-line skaters. All users stay on right side.

# ANCHORAGE

## LEGEND

- Dedicated Off-Street Multi-Use Pathway
- Dedicated On-Street Route
- Neighborhood Greenway
- Bike Friendly On-Street Route
- Unpaved Route
- Moose Loop (see outlet below)
- School
- Visitor Info
- Area with Increased Bear Activity/Encounters
- Bike Shop
- Bicycle Fixt Station



**Bike Shops**  
(with corresponding map numbers)

### Bicycle Fixt Stations

All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

Anchorage		
<b>1</b> Alaska Pablo's Bicycle Rental (907) 272-1600 415 L Street	<b>9</b> The Hoarding Marmot (907) 334-3333 1231 W Northern Lights Boulevard	<b>17</b> Alaska Trail Guides (907) 317-5707 6998 Raspberry Rd (by Kincaid Chalet)
<b>2</b> Trek Store of Anchorage Bike Rental (907) 793-0069 (May 15 <sup>th</sup> - Sept. 15 <sup>th</sup> ) 440 L Street	<b>10</b> Off the Chain (907) 258-6822 1406 W 33rd Avenue	<b>18</b> Webike Bicycle Repair (907) 744-7796 8160 Fairwood Circle
<b>3</b> Downtown Bicycle Rental (907) 279-3334 (March 15 <sup>th</sup> - Sept. 15 <sup>th</sup> ) 333 W 4th Avenue #206	<b>11</b> Alaskabike (Tours) (907) 245-2175	<b>19</b> The Bicycle Shop (907) 222-9953 1801 W Dimond Boulevard
<b>4</b> Alaska eBike Store (907) 744-6433 2229 Spennard Road	<b>12</b> REI Bike Shop (907) 272-4565 500 E Northern Lights Boulevard	<b>20</b> Play It Again Sports (907) 272-7529 12201 Industry Way, Unit 2
<b>5</b> Play It Again Sports (907) 743-6000 2636 Spennard Road	<b>13</b> Trek Store of Anchorage (907) 743-6000 530 E Benson Boulevard, Suite 9C	<b>21</b> Chain Reaction Cycles (907) 336-0383 1148 Huffman Road
<b>6</b> The Bicycle Shop (907) 272-5219 1035 W Northern Lights Boulevard	<b>14</b> RTR Cycles (907) 563-2054 Please Call	<b>22</b> Paramount Cycles (907) 336-2453 1320 Huffman Park Drive
<b>7</b> AK Cycle Chic (907) 764-4227 701 W 36th Avenue, Suite A-8	<b>15</b> Alaska Outdoor Gear Outfitter & Rental (907) 830-0232 540 W Potter Drive	
<b>8</b> Speedway Cycles/Corvus Cycles (907) 222-1967 1231 W Northern Lights Boulevard	<b>16</b> Mad Moose Bikes (907) 531-1736 8730 Lake Otis Parkway, #2	

Eagle River & Girdwood  
**Bike Shops**

## PEOPLE MOVER Bike-to-Bus

- Alert the bus operator. Lower the rack by squeezing the center handle.
- Load bicycle and secure front tire with support arm. Board the bus and pay fare (no cost for the bicycle).
- When exiting, alert the bus operator that you'll be removing your bicycle. Unload your bicycle. If no other bicycles remain, stow the rack against the bus in the upright position.

People Mover buses can hold adult and child sized bikes as well as fat tire bikes.

- Always approach the bike rack from the curb side.
- Be ready before the bus arrives.
- Remove packs, accessories, and water bottles from your bike before loading on bike rack. (If you're concerned about the safety of your bicycle, lock your bicycle's front wheel to your frame before the bus arrives.)

Questions? Email [PeopleMover@muni.org](mailto:PeopleMover@muni.org)

# Sharing the Road

## Biking on Streets

**Obey all traffic regulations.**  
Riding predictably and following the law are the keys to safe bicycling. Knowing and following the rules help all road users properly anticipate and react to each other.

**Never ride against traffic.**  
Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street or sidewalk.

**Watch for the 'Right Hook'!**  
Where drivers are turning right but looking left! ALWAYS make eye-contact & yield if you're unsure that you have been seen.

**NEVER Ride Against Traffic!**

**ALWAYS Watch for the 'Right Hook'!**

**The Door Zone** is the 4-foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist. When riding in a bike lane, ride on the left side of the lane - at least 4 feet from any parked cars.

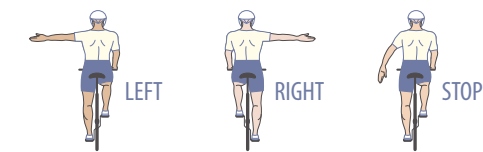
**Exercise caution when merging with vehicles and use hand signals to indicate your direction.**

**SHARE THE ROAD**  
This sign indicates a break in the bike lane where cyclists share the road with vehicles.

**Be Aware of traffic pulling out, as well as traffic behind you, so you'll know whether you have enough room if you must swerve suddenly out of the Door Zone.**  
A mirror is a great aid to help see traffic behind you.

Download this map!  
[www.muni.org/biketowork](http://www.muni.org/biketowork)

# Communicate



Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check and only move when it's safe.



**Make eye contact.**  
Confirming eye contact with motorists helps them know that you're on the road.



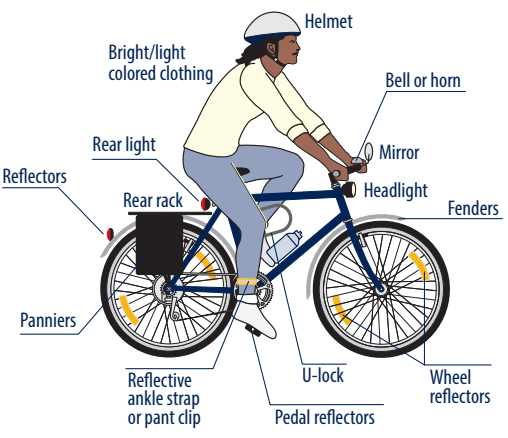
**See. Be seen. Be heard.**  
Use lights at night or when visibility is poor. A white headlight and rear red reflector are required by law. Flashing lights are especially effective.  
Use bike reflectors, reflective clothing and a bell.



**Never use earphones** because you won't be able to hear what's going on around you. Using earphones is not only dangerous, it's illegal.

# Street-Smart Cyclist

- Always wear a bicycle helmet to reduce the risk of permanent injury or death from a crash.
- To make sure your helmet fits correctly, put it on and use the "eyes, ears, mouth" test. **Eyes:** When you look up, you should see the front rim. If not, your helmet won't protect your forehead. **Ears:** The side straps should come to a "V" just below each ear. **Mouth:** When you open your mouth wide, you should feel the helmet push down on your head. If your helmet doesn't pass the test, adjust its buckles.
- Wear bright clothing and use lights, reflectors, a bell and a mirror to be seen and be heard.
- Consider using the other equipment illustrated below to make your ride safer and more comfortable.



# Theft Prevention

- Most bike thefts are due to unlocked or improperly locked bikes. Following these tips will help prevent your bike from being stolen:
- Never leave your bike unlocked - Store bikes inside if possible.
  - Always use a high-quality U-lock or steel chain. For added security, use both.

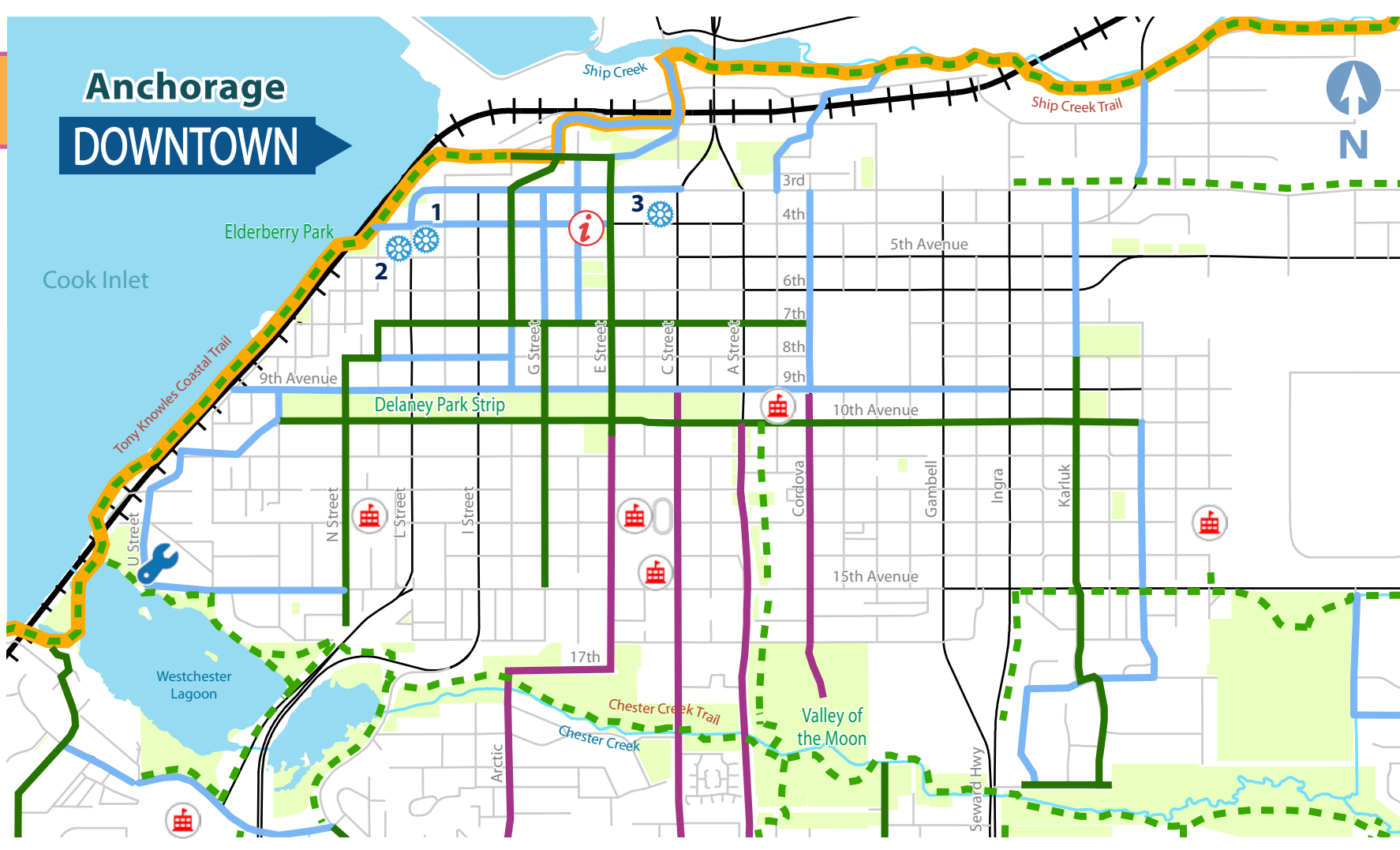


- Always lock the frame and front wheel to either a rack or pole (see 1).
  - For extra security, remove the front wheel and lock it with the frame and rear wheel (see 2).
  - Note: Some bike locks with cylindrical keys may be opened with a pen or similar object. Check with your local bike shop to determine the need to upgrade or replace your lock.
- Reporting a stolen bicycle:**
- Step 1: File a Report by calling 311 or online at [www.anchoragepolice.com](http://www.anchoragepolice.com). It is helpful to have good pictures of your bike, have your serial number handy and a receipt of purchase.
  - Step 2: Register your stolen bike on internet databases like BikeIndex.com
  - Step 3: Spread word of your stolen bike on community groups online and with your neighbors.
  - Step 4: Keep an eye out for bike online on reselling sites and groups. Contact APD to assist you if you find it.

**THANK YOU...**  
to all those who contributed to the Anchorage Bike Map Project!

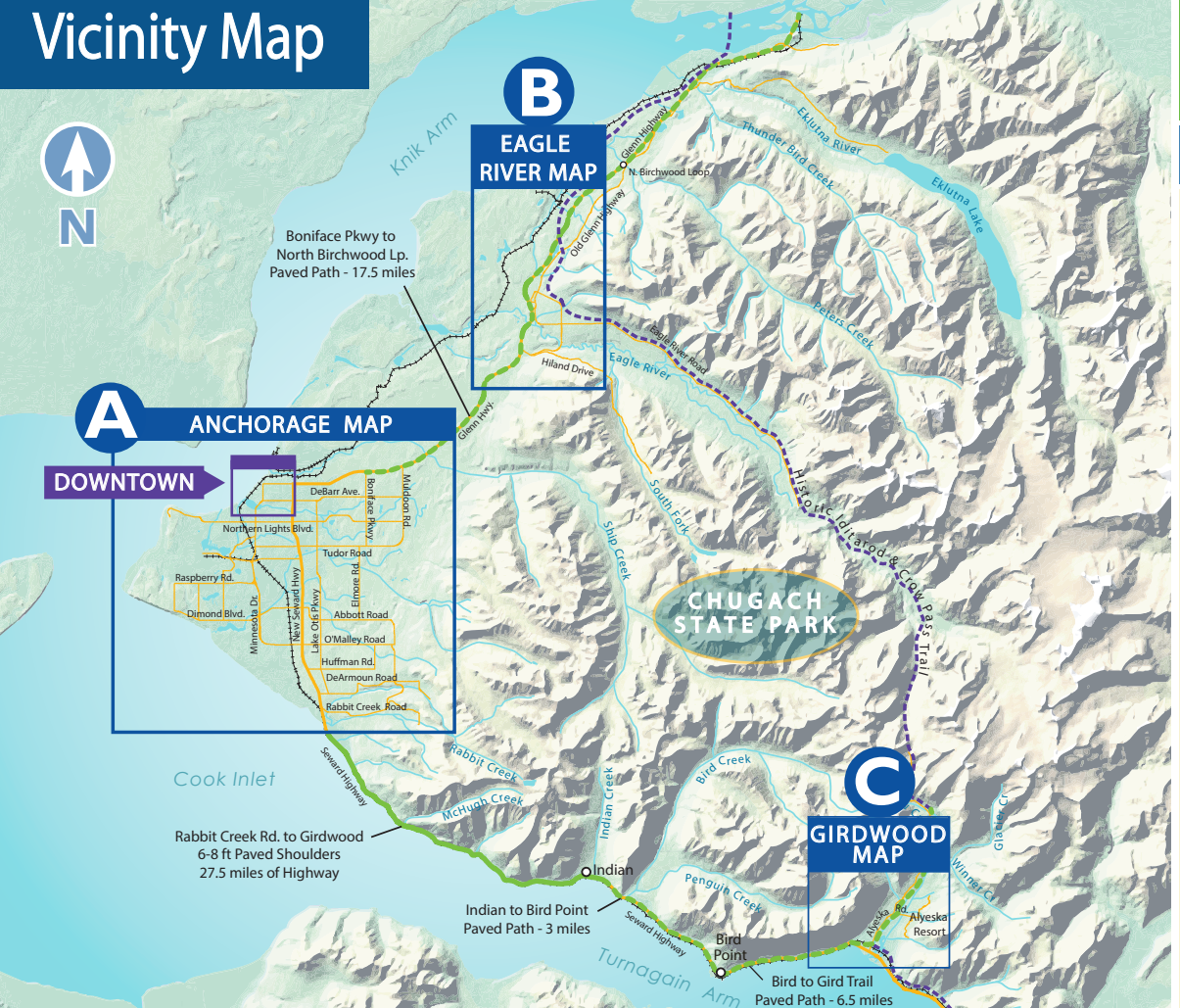
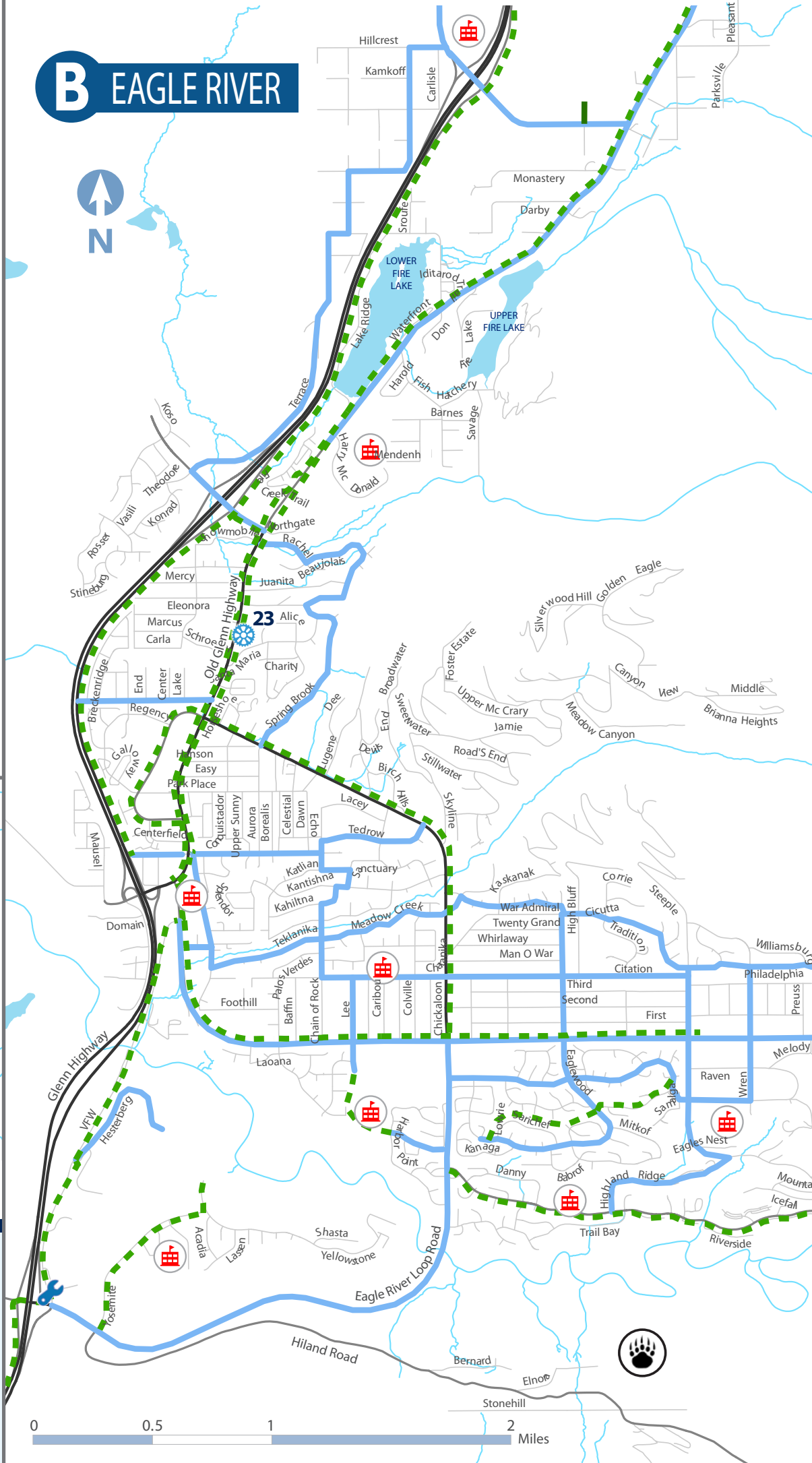
To CRW Engineering Group, Inc. for updates to this map in 2023!  
To the City of Chicago for use of their bike safety diagrams.

Please email comments about or revisions to this map: [biketowork@muni.org](mailto:biketowork@muni.org)



### Bike Shops (with corresponding map numbers)

<b>23</b> Peak Cycling (907) 223-2090 12551 Old Glen Hwy, Unit D	<b>25</b> Alyeska Daylodge Mountain Bike Hub (907) 754-2283 Alyeska Daylodge
<b>24</b> Powder Hound Ski & Bike Shop (907) 783-2525 210 Arlberg Avenue	<b>26</b> Max's Mountain Shop (907) 754-1111 1000 Arlberg Drive (Hotel Alyeska)
	<b>27</b> Tectonic Cycles (907) 240-0481 Please Call



# Wildlife Safety Stay Alert. Stay Aware.

Alaska Fish & Game advises that you NEVER approach, feed, or surprise our local wildlife. If an encounter is unavoidable, follow the safety tips below.

### MOOSE

- Never feed or touch a moose.
- Never get between a cow and her calf.
- Give moose at least 50 feet of clearance and never chase them away. Be patient.
- Wheels and heels always yield to hooves.
- If a moose lays its ears back, it's angry or afraid and may charge.
- If a moose charges, get behind a tree or something solid.
- Moose kick with their front and hind feet.
- If you are knocked down, curl into a ball, protect your head, and remain still until the moose is a safe distance away.

### BROWN BEAR

- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- Avoid bad-smelling areas.
- Move closer to friends. A bear may get close, circle around, or investigate.
- Talk calmly then leave slowly.
- If it follows, stop moving and call for help.
- If it attacks, play dead until it leaves. It is trying to 'remove the threat.'

### BLACK BEAR

- NEVER turn and run from a bear; it may chase.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- Travel in groups; make noise to avoid surprising a bear.
- Avoid bad-smelling areas.
- Make yourself as big and loud/scary as possible.
- If it attacks, fight back.

For more information on wildlife and to report encounters, visit [Alaska Fish & Game's Living with Wildlife webpage](http://Alaska Fish & Game's Living with Wildlife webpage):

for utility cyclists

# ANCHORAGE BIKE MAP

**Anchorage:**  
Silver-Level Bicycle Friendly Community

In 2009, the League of American Bicyclists designated Anchorage a Bicycle Friendly Community at the Bronze Level.

The 2013 and 2017 applications resulted in a Silver Level award for Anchorage's commitment to encouraging bike use for transportation and recreation.

## Information & Resources

Download this map to your phone!

[www.muni.org/biketowork](http://www.muni.org/biketowork)

**The League of American Bicyclists**  
[www.bikeleague.org/ridesmart](http://www.bikeleague.org/ridesmart)  
Instructional videos, class listings

**Bike Anchorage**  
[www.bikeanchorage.org](http://www.bikeanchorage.org)  
Advocacy, education, and encouragement to make Anchorage more bike-friendly

**Vision Zero**  
[www.muni.org/Departments/OCPD/Planning/AMATS/Pages/visionzero.aspx](http://www.muni.org/Departments/OCPD/Planning/AMATS/Pages/visionzero.aspx)  
Initiative to stop traffic deaths and serious injuries in Anchorage

**People Mover Bus System**  
[www.peoplemover.org](http://www.peoplemover.org)  
Tools for planning rides, tracking buses, receiving timely notifications, loading bikes, and bike-to-bus trips

The Municipality of Anchorage publishes this map to help bicyclists navigate the streets and trails of Anchorage, Eagle River, and Girdwood. Be aware that potential hazards and obstructions may exist on the routes shown, and the Municipality of Anchorage in no way warrants the safety or fitness of the suggested routes.

Look for roads with bicycle lanes, shoulders or paths, or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

Go to [www.bikeleague.org/ridesmart](http://www.bikeleague.org/ridesmart) to improve your bicycling skills and safety and to find local classes and instructors qualified by the League of American Bicyclists.