The 2019 novel coronavirus (COVID-19) outbreak originated in China but has spread internationally, impacting an increasing number of countries. Sustained community spread is occurring in China. Limited person-to-person spread, most associated with close contact with a patient with confirmed COVID-19 has been seen outside of China. No community spread of COVID-19 has been identified in the U.S. but the CDC expects more confirmed cases including person-to-person spread. **There are no confirmed cases of COVID-19 in Alaska.**

**WHAT YOU SHOULD DO**

**Stay informed:** The CDC is updating its website daily with the latest information and advice for the public. ([www.cdc/covid19](http://www.cdc/covid19))

**Remember to take everyday preventive actions** that are always recommended to prevent the spread of respiratory viruses.

- Avoid close contact with sick people.
- Stay home if you are sick. Limit contact with others as much as possible.
- Cover your nose and mouth when you cough or sneeze. Avoid touching your eyes, nose and mouth. Germs spread this way.
- Clean and disinfect surfaces and objects that may be contaminated with germs.
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand rub with at least 60% alcohol.

**If you feel sick** with fever, cough, or difficulty breathing, and have traveled to China or were in close contact with someone with COVID-19 in the 14 days before you began to feel sick, seek medical care. Before you go to a doctor’s office or emergency room, call ahead and tell them about your recent travel and your symptoms.

**WHAT YOU SHOULD NOT DO**

- Do not travel to China or South Korea.
- Do not use facemasks. CDC does not recommend the use of facemasks for the general public to prevent the spread of COVID-19.
- Do not show prejudice to people of Asian descent, because of fear of COVID-19. Do not assume that someone of Asian descent is more likely to have COVID-19.

For more information visit: [www.muni.org/COVID-19](http://www.muni.org/COVID-19)