

## Get on Board

People Mover maintains a fleet of 55 modern, comfortable, fully accessible, ADA-compliant buses that travel more than two million miles a year. Friendly, courteous and professional bus operators serve the greater Anchorage and Eagle River areas with 14 regular transit routes. Six of those routes now operate on 30 minute intervals.

People Mover offers free group or one-on-one travel training instruction for senior citizens, people with disabilities, or anyone who wants to learn to ride People Mover buses. Riding the bus reduces traffic congestion and fuel consumption and it saves you money. Call 343-6543 to learn more.



## Share the Ride

Anchorage Share-A-Ride works to reduce traffic congestion and improve air quality by promoting alternatives to driving alone. Share-A-Ride has been serving the Municipality of Anchorage since the late 1970s. Vanpooling was added in 1995. The vanpool program provides alternate transportation for groups of eight to 13 people commuting between Eagle River, Girdwood or the Mat-Su Valley, and Anchorage. Participants can join an established pool or form a new vanpool.

Riders enjoy reasonable rates, comfortable vans and the benefit of convenient pick-up and drop-off locations. The actual fare varies based on choice of mileage program and number of active participants in each vanpool. The longer your commute, the more economical a vanpool tends to be. Share-A-Ride provides the van and commuter's monthly fare covers fuel, maintenance, insurance and mileage. Employees may be eligible for pre-tax payroll deductions for the cost of vanpooling, if their employers wish to participate.

Carpooling is another great way to relax on your way to and from work, saving you money and reducing wear and tear on your vehicle. Share-A-Ride offers free, confidential ride-matching for commuters. Participants are matched by home and work locations, as well as working hours. Once provided with a match list, individuals may contact those on the list to make arrangements.



## AnchorRIDES Connect

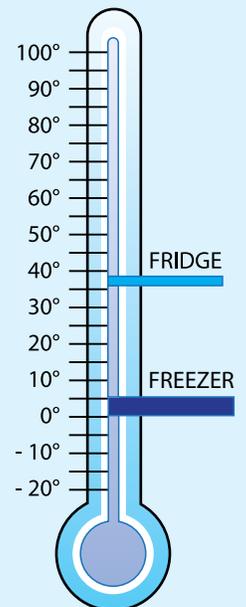
AnchorRIDES is introducing a new service in March 2010. To assist transit users in the Eagle River area, AnchorRIDES (People Mover's shared ride service for people with disabilities), is providing weekday service for the general public within Chugiak-Eagle River and connecting to East Anchorage in conjunction with its regular AnchorRIDES services.

## Make Friends with Your Fridge.

Refrigerators are the most energy-intensive appliance in your kitchen but there are several ways you can reduce the effects of this energy hog.

- **Keep it full.** Both refrigerator and freezer compartments use less energy when full. If you have empty space, fill plastic containers with water and use them to fill the gaps. (Or get back out fishing or hunting!)
- **Clean the coils.** Dirt, dust, and pet hair can do a number on the efficiency of your fridge. Clean the coils on the back or underneath to realize a measurable savings.
- **Check the seals.** Leaky seals let cold air out and warm air in. To test the seals, close a dollar bill in the door of the refrigerator and freezer compartments. If you can easily pull the bill out, the seals probably need replacing.

- **Check the temperature settings.** Refrigerated foods should be kept between 36° and 38° F. Freezers should be set between 0° and 5° F. Anything lower is just a waste of energy and money (and makes it impossible to scoop the ice cream!).



- **Cool foods.** Putting hot foods directly in the fridge makes it work harder so let cooked foods cool before refrigerating.
- **Check the model.** Older refrigerators can be using more energy than necessary. Check [www.energystar.gov/index.cfm?fuseaction=refrig.calculator](http://www.energystar.gov/index.cfm?fuseaction=refrig.calculator) to determine if you'd be better off getting a new, more efficient refrigerator.