

### **Mental Health Breakout Rooms**

Task: Go into breakout rooms and discuss what opportunities the Youth Advisory Commission can take to promote Mental Health in the community and at our City & State Legislature.

1. Outreach (*outreach is connecting to peers and the community*)
  - a. Questions to jump start the discussion:
    - i. What impact can the YAC make in mental health?
    - ii. What ideas does the commission have to connect with local youth? What about the community as a whole?
    - iii. Where can the Mayor and Assembly help with outreach?
    - iv. Where can these flyers be placed?
    - v. How would the commission use a website? How would it be advertised? ([Website](#))
2. Advocacy (*advocacy, in this context, is connecting the community to government and policy*)
  - a. Questions to jump start the discussion:
    - i. Where is ASD getting mental health right? Where are they getting it wrong?
    - ii. What should ASD improve on in student outreach?
    - iii. What programs exist in the community?
    - iv. Where can the YAC assist in the community with advocacy of mental health?
    - v. Where can the Mayor participate in advocating mental health? What about the Assembly?
    - vi. Where can Juneau participate? What state bills exist that we can write a letter of support for?