Youth Advisory Commission – December 7, 2022

**Mental Health Breakout Rooms**

Task: Go into breakout rooms and discuss what opportunities the Youth Advisory Commission can take to promote Mental Health in the community and at our City & State Legislature.

1. Outreach (*outreach* is connecting to peers and the community)
   a. Questions to jump start the discussion:
      i. What impact can the YAC make in mental health?
      ii. What ideas does the commission have to connect with local youth? What about the community as a whole?
      iii. Where can the Mayor and Assembly help with outreach?
      iv. Where can these flyers be placed?
      v. How would the commission use a website? How would it be advertised? ([Website](#))

2. Advocacy (*advocacy, in this context, is connecting the community to government and policy*)
   a. Questions to jump start the discussion:
      i. Where is ASD getting mental health right? Where are they getting it wrong?
      ii. What should ASD improve on in student outreach?
      iii. What programs exist in the community?
      iv. Where can the YAC assist in the community with advocacy of mental health?
      v. Where can the Mayor participate in advocating mental health? What about the Assembly?
      vi. Where can Juneau participate? What state bills exist that we can write a letter of support for?