

Yeshjesh T'uh *I am safe place*

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Southcentral Foundation

- Incorporated in 1982 under the Tribal authority of Cook Inlet Region, Inc.
- Serves over 70,000 Alaska Native and American Indian people
- Provides primary health care and health-related services
- SCF is the one of the largest employers in the state with more than 3,000 employees
- SCF has over 80 programs



Yeshjesh T'uh Building



Yeshjesh T'uh Entrance



Yeshjesh T'uh Project Overview

- SCF heard from customer-owners and community that resources and programs for someone in a behavioral health crisis are inadequate.
- In September 2023, the SCF Board of Directors approved the design and construction of a 100,000 sq ft facility at the corner of Tudor and Elmore right across the street from Alaska Native Health Campus.
- **Programs that will be in this facility include:**
 - Detox – expanded from 18 to 30 beds
 - Adult Crisis Stabilization – new
 - Adult Crisis Residential – new
 - Four Directions Outpatient Treatment Program – expanded
 - Outpatient Behavioral Health – existing
 - Ancillary services supporting clinical programming (food services, pharmacy)

Yeshjesh T'uh Project Goals

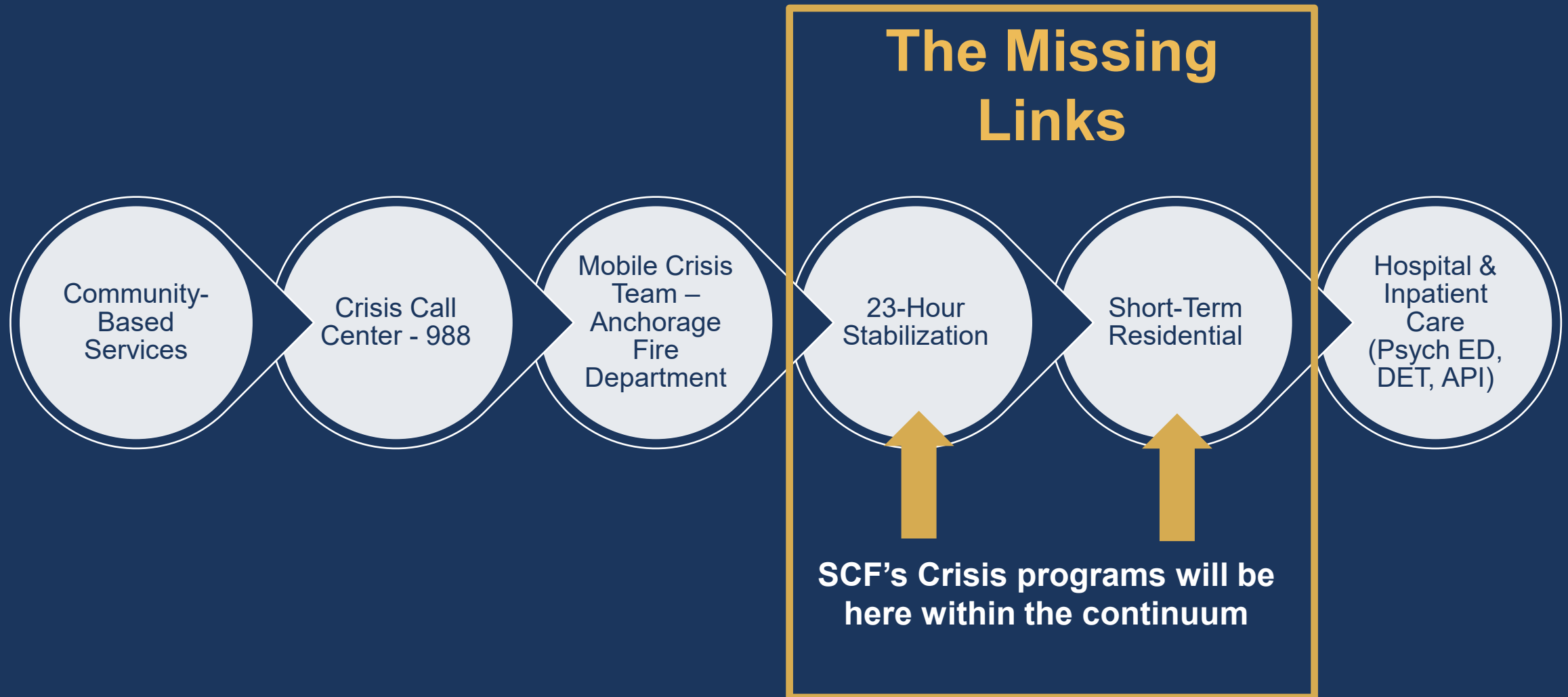
- Immediate access to crisis services.
- Expand number of detox beds.
- Provide trauma-informed and culturally sensitive behavioral health and substance use disorder treatment practices.
- Reduce emergency department visits and first responder involvement in behavioral health crises.

Current SCF Detox Capacity

- Voluntary medical detox facility, ASAM 3.7
- Serves both Alaska Native, American Indian and non-Native Alaskan resident members of the community, ages 18 and older
- Building is inadequate to meet the demand at only 18 beds
- Average length of stay 4 - 7 days
- Transitioning to Yeshjesh T'uh in late July, with demolition of old building immediately after



Continuum of Crisis Care



Crisis Programs

- Both crisis programs will be designed to be warm and inviting while also providing a safe setting for individuals experiencing a behavioral health crisis.
- The trauma-informed design of the space will allow for there to be as few behavioral restrictions as possible.
- Currently, individuals in crisis at an Emergency Department can't safely pace while being loud. In the Crisis programs, this behavior will not be a problem.

Crisis Stabilization

- Same day walk-in access for behavioral health crises as well as escorted entry for first responder drop offs.
- Care environment is designed to be an open living room style environment with recliner chairs.
- A multi-disciplinary care team will provide an immediate assessment, intervention, case management, medication management, and peer support services.
- Discharge plans will be completed in less than 24 hours

Yeshjesh T'uh First Responder Entrance



Crisis Residential Center

- Individuals will build upon the work and treatment plan started in Crisis Stabilization with ongoing assessment, medication management, case management, individual and group therapy, and other supports.
- Individuals will be able to stay in the program for up to 7 days.
- Within 7 days they will discharge to outpatient or inpatient services.
- Applying for Designated Evaluation & Stabilization designation.

Who can access these services?

- Detox – Open to all Alaska adult residents who would like support in completing medical detox with 24-hour medical supervision and support
- Crisis Stabilization – Open to adult walk-ins or drop-offs by Police, EMS or the mobile crisis team.
- Crisis Residential – Access to this program is through the crisis stabilization center or through referrals from other Tribal Health Organizations whose Tribal citizens 18 and older meet criteria for this level of care.



Total Project Scope and Cost

- Facility Programming Size – approximately 100,000 square feet
- Total Project Cost - \$120,000,000

Project Schedule

Phase I: July 21-27

- Detox moving in
- Four Directions Outpatient Treatment Program satellite location opens
- Ancillary support programs will also be completed (pharmacy, food services)

Phase II: February 2027

- Crisis Stabilization
- Crisis Residential
- Fireweed Outpatient Behavioral Health

Community Support

- Alaska Mental Health Trust Authority
- Municipality of Anchorage
- Upper Kuskokwim Health Advisory Council
- Providence Alaska
- Anchorage Fire Department
- ANTHC
- Anchorage Police Department



Questions?





Thank you!



Qa̕aasakung

Aleut

Quyanaa

Alutiiq

AwA'ahdah

Eyak

Mahsi'Gwich'in

Athabascan

Igamsiqanaghalek

Siberian Yupik

Háw'aa

Haida

Quyana

Yup'ik

T'oyaxsm

Tsimshian

Gunalchéesh

Tlingit

Tsin'aen

Ahtna Athabascan

Quyanaq

Inupiaq

Chin'an

Dena'ina Athabascan