Mission: To strengthen Alaska communities and improve the lives of our clients by delivering exceptional behavioral healthcare services.
Continuum of Care

- Hospital/inpatient care
- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)
- Outpatient Therapy
- Education, Awareness & Prevention

Most located in cities with 1 mil + population

Alaska Eating Disorders Alliance

Existing level of care at AKBH

New level of care at AKBH
Why AKBH?

• Robust system of programs to meet level of care needs
• Capacity to meet need for psychiatric care
• In-house primary care to address significant physical health needs of people experiencing eating disorders
• History of training and implementing evidence-based practices
Next steps

- Selection of Evidence-based practice for ED
- Training core staff in EBP (including Train the Trainer)
- Launch IOP by July 1
Next steps

- Add Eating Disorder Track to IOP
- Expand Eating Disorder Track to PHP Team
- Expand Eating Disorder track to Outpatient Team
Thank you!