



AFD MOBILE CRISIS TEAM

Dena'ina land acknowledgment
Dena'inaq e'ne'naq' gheshtnu ch'q'u yeshdu.
I live and work on the land of the Dena'ina.

■ **Mission Statement:**

- *The Mobile Crisis Team (MCT) provides a mobile crisis response with a specialized interdisciplinary team to respond to behavioral health crises and provide support and services to all individuals within the Municipality of Anchorage with compassion and collaboration.*

■ **Values:**

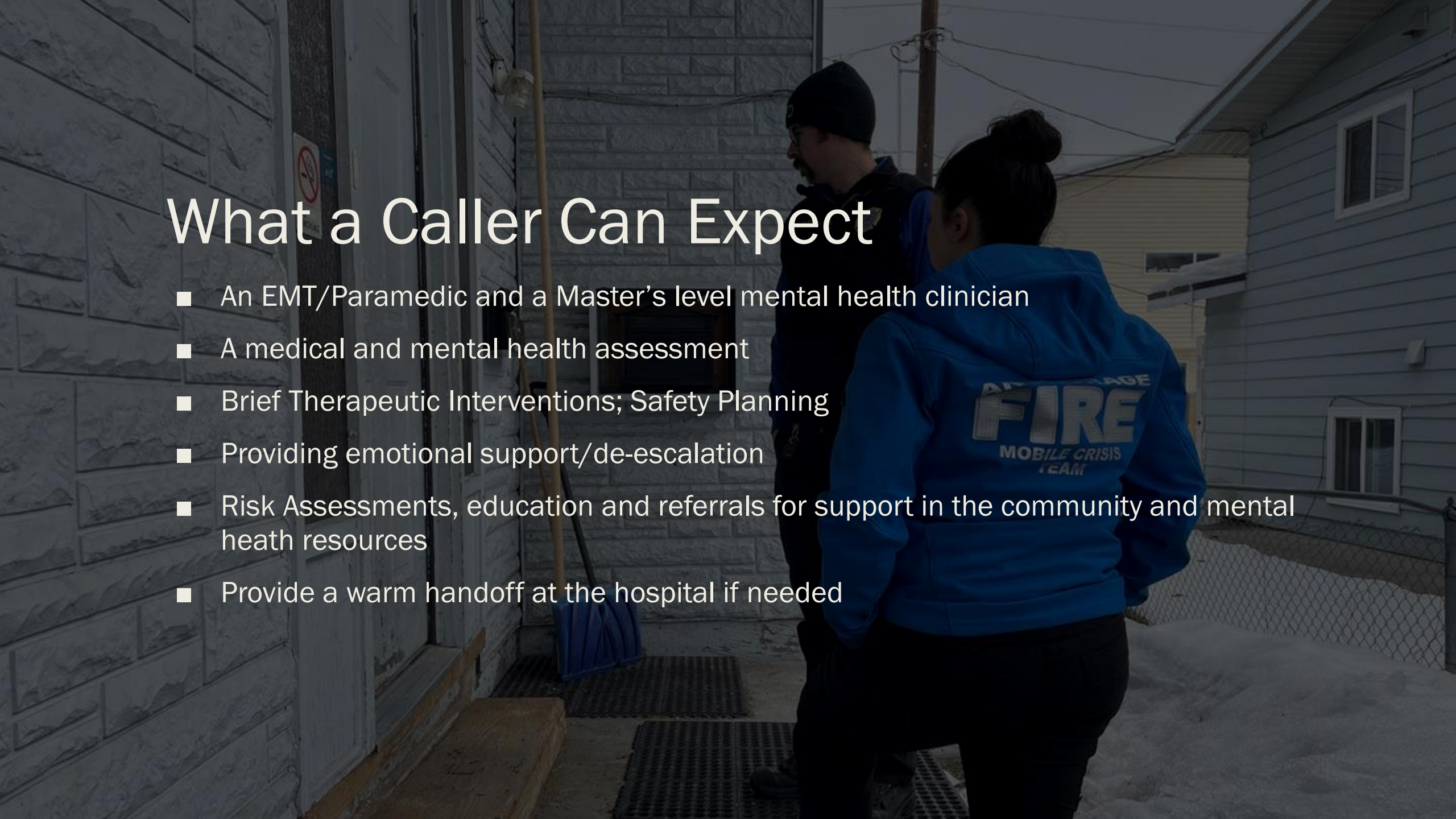
- *Diversity, Equity, and Inclusion: We will honor diverse lived experiences and perspectives, emphasize social inclusion, and provide equitable opportunities through engagement and purposeful involvement.*
- *Compassion: We will listen and acknowledge without judgment. We will treat others with respect and dignity.*
- *Trauma informed: We will provide safety, transparency, and collaboration for everyone.*
- *Empowerment: We will strive for everyone to have a voice and participate in their own care.*

Mobile Crisis Team

- The Mobile Crisis Team provides a community based face-to-face response for anyone experiencing behavioral health crisis.
- Meets individuals in an environment they are comfortable. Can be conducted in homeless shelters, residences, hotels, other public agencies, and the community at large.
- Provides crisis follow up to continue to provide support and ensure recommendations and connection to services were made.
- Currently one team available 7 days a week from 10am to 8pm.
- The goal of this service is to reduce: hospitalizations, incarceration, out of home placements, and emergency room visits.

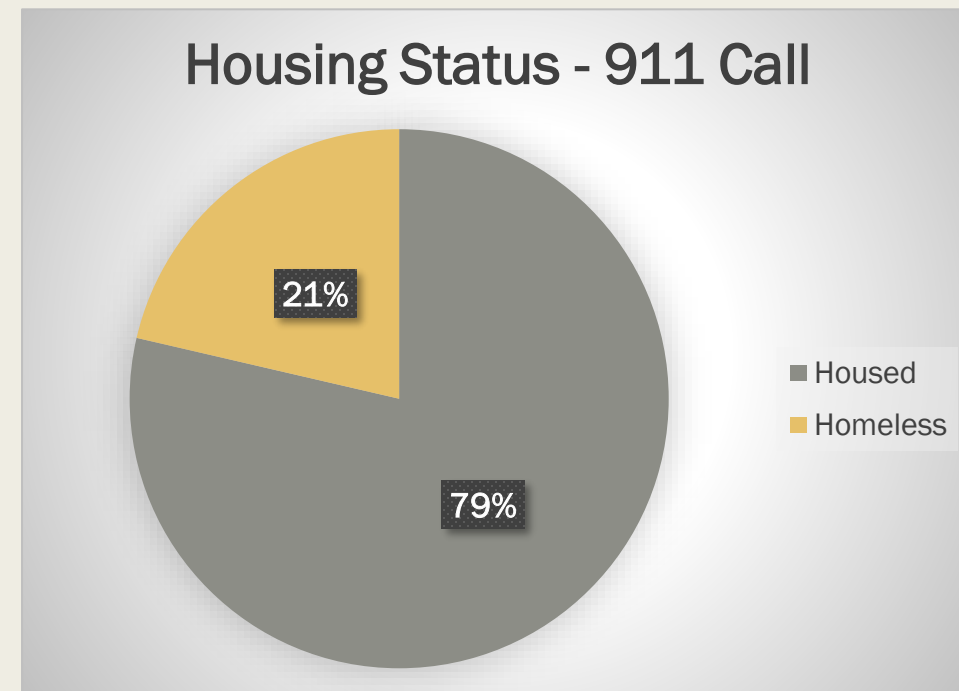
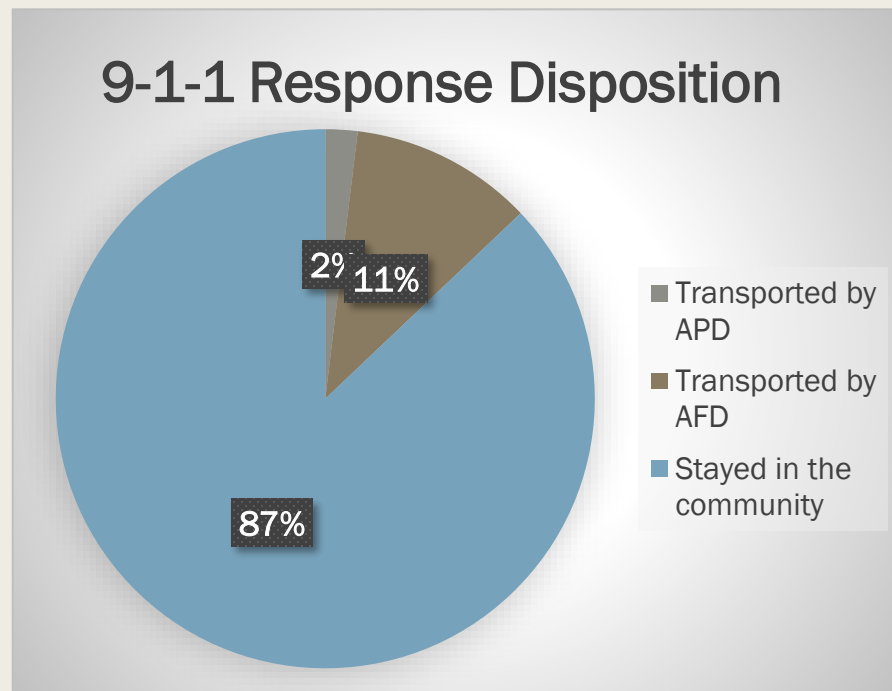
What a Caller Can Expect

- An EMT/Paramedic and a Master's level mental health clinician
- A medical and mental health assessment
- Brief Therapeutic Interventions; Safety Planning
- Providing emotional support/de-escalation
- Risk Assessments, education and referrals for support in the community and mental health resources
- Provide a warm handoff at the hospital if needed



Data from July 2021 through May 18, 2023

* Total Responses	4,538
Total 911 Responses	3,434
Average Response time	35 minutes
Average time spent on scene	32 minutes
Current Average Calls per day	10.5
* In service a total of 579 days for 10 hours a day out of 672 calendar days	





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2022 ANNUAL
REPORT

Individuals

MCT interacted with 758 unduplicated individuals

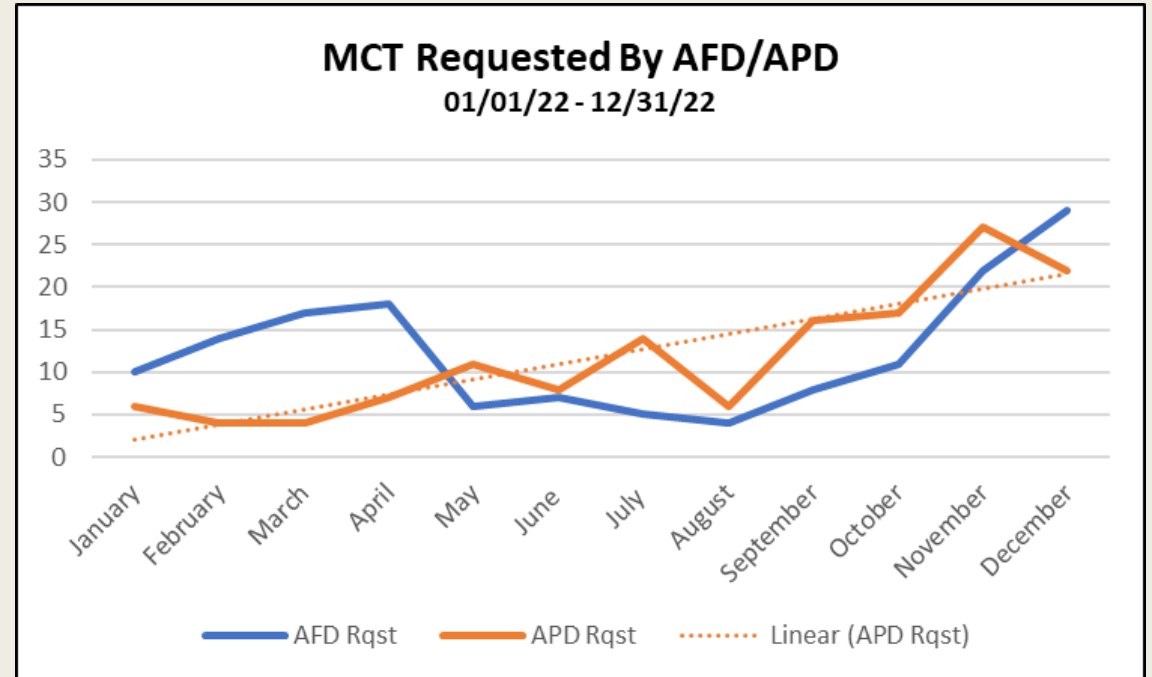
- 180 had more than 1 contact
- 47 had 5 or more contacts
- 25 had 10 or more contacts
- 180 experiencing homelessness

Individuals served by AFD MCT		Anchorage Census Data 2022	
American Indian or Alaska Native:	40.5%	American Indian or Alaska Native:	7.2%
Asian:	1.6%	Asian:	9.7%
Black or African American:	8.3%	Black or African American:	5.4%
Hispanic or Latino:	2.4%	Hispanic or Latino:	9.5%
Native Hawaiian/other Pacific Islander:	2.4%	Native Hawaiian/other Pacific Islander:	2.9%
White:	44.6%	White:	60.3%
Mixed:	0.04%	Mixed:	11.8%
Unknown:	21.3%		

Individuals served by AFD MCT		Dept. Labor and Statistics	
Ages 0 - 14	1.8%	Ages 0 - 14	20.5%
Ages 15 - 24	14.7%	Ages 15 - 24	12.6%
Ages 25 - 34	20.6%	Ages 25 - 34	14.5%
Ages 35 - 44	20.4%	Ages 35 - 44	14.3%
Ages 45 - 54	13.5%	Ages 45 - 54	11.2%
Ages 55 - 64	14.6%	Ages 55 - 64	12.5%
Ages 65+	14.4%	Ages 65+	14.3%
Gender		Gender	
Male	46.9%	Male	51.2%
Female	52.3%	Female	48.7%
Non-Binary	0.1% (1)	Non-Binary	N/A
Transgender Female (Bio-Male)	0.5% (4)	Transgender Female (Bio-Male)	N/A
Transgender Male (Bio-Female)	0.1% (1)	Transgender Male (Bio-Female)	N/A

MCT, APD, and AFD Line

- AFD MCT on scene with APD 181 times
- APD requested MCT 140 times
 - *APD transported 12 times*
- AFD Line Operations requested MCT 145 times
 - *36 were transported by EMS*
- 26 total APD transports
 - *6 were transported to jail; 5 individuals had warrants*



AFD MCT Data

Consumer Satisfaction Survey

- How satisfied were you with MCT? Scale of 1 to 10, average 9.4
- Did MCT treat you with respect? Scale of 1 to 10, average 9.9
- How helpful was MCT? Scale of 1 to 10, average 9.7
- Anything else you would like to say about the Mobile Crisis Team?
 - *“The Mobile Crisis Team helped me a great deal and thank them for helping.”*
 - *“They were very calming, friendly, and nice especially with how anxious I was.”*
 - *“They were a god send. They even came back the next day to check on me, I was in really bad shape.”*
 - *“They were 100% great and helpful! I’m used to dealing with police and stuff, so they were really great about making sure I knew it was all confidential and understanding the situation.”*



MCT in the Community

- Maintained open communication with community stakeholders
- Attended mental health awareness events
- Provided de-escalation and trauma informed trainings for Fire/EMS
 - *Anchorage FD*
 - *Girdwood VFD*
 - *Chugiak VFD*
 - *2022 EMS Symposium*
 - *Shelters (Covenant House, Sullivan Arena)*
- Provided Mental Health First Aid for Fire/EMS
 - *AFD, Girdwood FD, Chugiak VFD, DOF*
 - *2022 EMS Symposium*