Providence
Crisis Stabilization Center
Municipal Collaboration

Randee Shafer, LCSW
Dr. Community Behavioral Health, Providence Alaska

Katie Baldwin Johnson
Chief Operating Officer, Alaska Mental Health Trust Authority
Crisis Now: Statewide implementation supports Anchorage.

Crisis Now planning and implementation underway in:
- Anchorage
- Mat-Su
- Fairbanks
- Juneau
- Ketchikan
- Kotzebue
- Copper Basin

System Implementation
- House Bill 172 signed into law in July 2022
- 988 implemented nationwide in July 2022
- Medicaid 1115 waiver implementation ongoing
Trust Investments

Statewide
Crisis Now Project Management Contract

Fairbanks
Community Coordinator
MCT Operations grant - $800,000
TA projects: Fairbanks Memorial Hospital, Restore Inc.

Copper River
MIH Operations grant - $391,000

Mat-Su
Community Coordinator
MCT + Withdrawal Management Operations Grants - $750,000
TA projects: Set Free Alaska, True North Recovery, Mat-Su Regional Medical Center

Anchorage
Planning Grants: Southcentral Foundation, Providence Alaska

Juneau
Planning Grant: Bartlett Regional Hospital

Ketchikan
Community Coordinator

providencecrisisstabilizationcenter
Anchorage System Implementation

1. Enhance dispatch and mobile response.
2. Add Crisis Call line.
3. Community collaborations.

- Law enforcement drop-off and community walk-ins
- EMS, Safety Patrol
- Mobile Crisis Team (AFD, APD)
- APD Dispatch
- AFD Dispatch
- Call Line or contracted clinician
- Law Enforcement

Safe discharge to community at any point.
Next Phase

- Launch 23-hour crisis stabilization.
- Launch 24-hour crisis residential services.
- Increase community services.

Person in Crisis

Call Line or contracted clinician

Mobile Crisis Team (AFD, APD)

Law enforcement drop-off and community walk-ins

API, DET beds

APD Dispatch

AFD Dispatch

Law Enforcement

EMS, Safety Patrol

Hospital EDs, Psych ED

Safety Center (sleep-off)

Behavioral Health Urgent Care

Safe discharge to community at any point.
## Providence Crisis Services

<table>
<thead>
<tr>
<th>Capacity</th>
<th>15 visits per day</th>
<th>12 chairs</th>
<th>12 beds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Estimated Treatment Episodes</td>
<td>3,750 visits per year</td>
<td>4,273 episodes(^1)</td>
<td>931 episodes(^1)</td>
</tr>
<tr>
<td>Average Length of Stay</td>
<td>90 minutes</td>
<td>21 hours</td>
<td>4 days</td>
</tr>
<tr>
<td>Population</td>
<td>Adolescents (12+) and adults (18+)</td>
<td>Adults (18+), voluntary and involuntary</td>
<td>Adults (18+), voluntary and involuntary</td>
</tr>
<tr>
<td>Description</td>
<td>Behavioral Health Urgent Care will provide same day access to behavioral health services for adolescents (12 and older) and adults presenting in a mental health crisis.</td>
<td>Providence’s Crisis Stabilization Center will offer 23-hour stabilization and short-term stabilization. The center will serve adults (ages 18+) experiencing acute behavioral health crisis and will accept patients who are voluntary, under Notice of Emergency Detention, and those who are under an ex parte order for 72-hour evaluation.</td>
<td></td>
</tr>
</tbody>
</table>
Planning 2019 - Present

- Collaboration with Southcentral Foundation & Alaska Mental Health Trust Authority & AFD
- Funded by AMHTA Phase I & II planning grant (2 million)

Development 2023

- Secure remaining 5 million in capital funding
- Recruit talent

Launch 2024

- Programs open Q1 2024 at 50% capacity to match staffing availability
- Needed subsidy projected at 1.1M

Ongoing Services 2025-2026

- Continued services at full functioning (75-85% capacity).
- Program projected to reach financial break-even.
Providence Alaska Regional Building

3760 Piper St.

Behavioral Health Urgent Care

23 Hour

Crisis Residential
<table>
<thead>
<tr>
<th>Possible Guest</th>
<th>Behavioral Health Urgent Care</th>
<th>23-Hour Stabilization</th>
<th>Crisis Residential</th>
</tr>
</thead>
<tbody>
<tr>
<td>16-year-old experiencing anxiety &amp; suicidal ideation, unable to go to school</td>
<td>24-year-old withdrawing from alcohol, waiting for housing to be open, unable to live independently</td>
<td>50-year-old experiencing first episode of psychosis &amp; suicidal ideation,</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Services Received</th>
<th>Services Received</th>
<th>Services Received</th>
</tr>
</thead>
<tbody>
<tr>
<td>• De-escalation</td>
<td>• De-escalation</td>
<td>• De-escalation</td>
</tr>
<tr>
<td>• Assessment</td>
<td>• Peer support</td>
<td>• Peer support</td>
</tr>
<tr>
<td>• Safety planning</td>
<td>• Withdrawal management</td>
<td>• Assessment</td>
</tr>
<tr>
<td>• Prescription for Medication</td>
<td>• Safety planning</td>
<td>• Safety planning</td>
</tr>
<tr>
<td>• Referral</td>
<td>• Medication</td>
<td>• Medication</td>
</tr>
<tr>
<td></td>
<td>• Referral</td>
<td>• Referral</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Result</th>
<th>Result</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>Able to return to the community</td>
<td>Able to return home to the community</td>
<td>3-7 day stay &amp; return home</td>
</tr>
</tbody>
</table>
Successful Outcomes

• System redesign
• Data collection and data sharing
• AFD & APD experience relief
• Community members have a safe place for crisis treatment
• Expanded access to care for adolescents (urgent care only) & adults
Costs & Funding through Center Opening

<table>
<thead>
<tr>
<th>Expenditures</th>
<th>Total</th>
<th>Funding Secured</th>
<th>Remaining Need</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Planning:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Management</td>
<td>752,014</td>
<td>752,014</td>
<td>-</td>
</tr>
<tr>
<td>Travel</td>
<td>58,031</td>
<td>58,031</td>
<td>-</td>
</tr>
<tr>
<td>Purchased Services</td>
<td>432,195</td>
<td>432,195</td>
<td>-</td>
</tr>
<tr>
<td><strong>Subtotal - Planning:</strong></td>
<td><strong>1,242,240</strong></td>
<td><strong>1,242,240</strong></td>
<td><strong>-</strong></td>
</tr>
<tr>
<td><strong>Operating Costs:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Staff &amp; Recruitment</td>
<td>1,482,995</td>
<td>1,482,995</td>
<td>-</td>
</tr>
<tr>
<td>Supplies</td>
<td>48,000</td>
<td>48,000</td>
<td>-</td>
</tr>
<tr>
<td>Purchased Services</td>
<td>115,700</td>
<td>115,700</td>
<td>-</td>
</tr>
<tr>
<td>Support Services</td>
<td>108,343</td>
<td>108,343</td>
<td>-</td>
</tr>
<tr>
<td><strong>Subtotal - Operations:</strong></td>
<td><strong>1,646,695</strong></td>
<td><strong>1,646,695</strong></td>
<td><strong>-</strong></td>
</tr>
<tr>
<td><strong>Non-Capital Total</strong></td>
<td><strong>2,997,279</strong></td>
<td><strong>2,997,279</strong></td>
<td><strong>-</strong></td>
</tr>
<tr>
<td><strong>Capital:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Value of Existing Facility</td>
<td>4,968,000</td>
<td>4,968,000</td>
<td>-</td>
</tr>
<tr>
<td>Construction</td>
<td>12,500,000</td>
<td>8,779,509</td>
<td>3,720,432</td>
</tr>
<tr>
<td>Equipment &amp; Fixtures</td>
<td>1,900,000</td>
<td>-</td>
<td>1,922,304</td>
</tr>
<tr>
<td><strong>Capital Total:</strong></td>
<td><strong>19,400,245</strong></td>
<td><strong>13,747,509</strong></td>
<td><strong>5,652,736</strong></td>
</tr>
</tbody>
</table>

- Support from community partners should fully cover planning & initial operating costs
- Providence is actively fundraising to cover remaining $5.6M of projected capital
Community Investment in a New System of Care

2022 Community Contributions

• $8 million from the State General Fund for capital expenses

• 750k Federal earmark funding (23 Hr. Sally Port - Police & Fire Drop Off)

• 884k ARPA funding allocated by Anchorage Assembly for Recruiting & Training

• $4.968 million from Providence for building

• $1.954 million AMHTA funding for planning, development and launch

Investment Needed

• $5 Million Capital

• On-going operational support
Questions?