

THANK YOU

For helping to slow the spread of **COVID-19** in Anchorage and beyond by getting tested today. You will receive an email or text with your results when they are available, most likely **within 72 hours** after your sample was collected.



NEGATIVE TEST RESULT

If you receive a **NEGATIVE** result - there is no further action required on your part

- UNLESS -

You have symptoms possibly consistent with **COVID-19** infection. These symptoms include **fever, cough, shortness of breath or trouble breathing, chest pain, severe fatigue** or “**tiredness**” which is not usual for you, **loss of sense of smell**, or even symptoms that make you think you have a bad cold or flu.

In the case of such symptoms, even with a NEGATIVE test result, you should contact your healthcare provider.

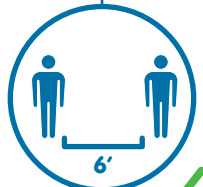


POSITIVE TEST RESULT

If you receive a **POSITIVE** result - even with no symptoms at all, you should consider yourself infected with **COVID-19** and at risk of spreading the virus to others.

IN THIS CASE:

- Isolate yourself (stay at home)
- Try to stay in a different room if possible
- Wear a mask
- Contact your healthcare provider or clinic and report your **POSITIVE** test result as well as any symptoms you might have.
- If your symptoms are severe or worsening, please seek urgent medical evaluation and treatment in person.
- Even if you feel well and have no symptoms, maintain your isolation for at least ten days after the day your **COVID-19** sample was obtained and follow the instructions of your healthcare provider as to when you are cleared to return to normal interaction with others.



IF YOU HAVE SYMPTOMS SUCH AS THOSE NOTED ABOVE:

- Isolate yourself (stay at home)
- Try to stay in a different room if possible
- Wear a mask
- Maintain such isolation for at least ten days after your symptoms first developed and follow the instructions of your healthcare provider as to when you are cleared to return to normal interaction with others.
- If your symptoms are severe or worsening, please seek urgent medical evaluation and treatment in person.

If you do not receive notification of your test result within 4 days after your sample was collected, please email testresults_anchorage@visit-healthcare.com or call 866-888-4003