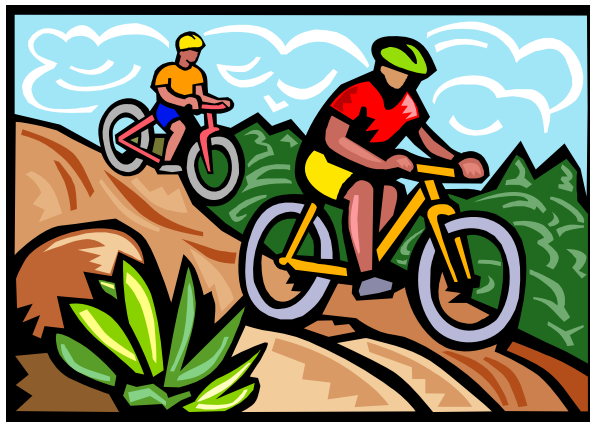


Anchorage Parks and  
Recreation

Women's Intermediate Mountain Biking-  
The Next Step



Contact  
[timmermanma@muni.org](mailto:timmermanma@muni.org)  
for more information.

ANCHORAGE



PARKS & RECREATION

Maybe you've been mountain biking on a few trails but are unsure of what's next. This class will help you hone your skills on the bike. We'll teach you how to ride single track, work on climbing techniques, descending/cornering and navigating the trails all in a supportive and fun environment. June 24 and July 8 will meet at Kincaid Outdoor Center. July 1 and 15 will meet at Hillside Chalet. Mountain bike and helmet are required. For adults. Preregister by calling 343-4217. Cost is \$60.00. Instructors: Carol Cyr and Kathie Evingson