

**MUST BE 18 YEARS
AND OLDER
REGISTER NOW!
SPACE IS LIMITED!**

Verbal Skills

Assertiveness

Basic Tactical Apps

Self Confidence

Rules for Self Defense

Awareness Evaluation

Formulation of Tactics

Intro of Defensive Tactics

Weapon and Target Priorities



What: Women's Self Defense Class

When: July 17, 2014

Where: Fairview Recreation Center call
343-4130 to register

Time: 6:00-9:00PM

Other: Course taught by Doug Schroeder,
Kenpo Black Belt

For more info : fbsab3r@gci.net



FREE Women's Self Defense Class

Defensive Tactics

Fairview
Rec
Center

1121 E 10th Ave.

**JULY 17
6:00-9:00 PM**

**Call 343-4130 to
register**