



# Municipality of Anchorage Parks & Recreation Department

Registration  
made easier.  
See Page 11 for  
details!

# Summer 2014

Activity Guide - May-Aug  
[www.muni.org/parks](http://www.muni.org/parks)



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[www.facebook.com/AnchorageParks](http://www.facebook.com/AnchorageParks)

<https://twitter.com/#!/ancgreenparks>

## Parks & Recreation Staff Directory

### • General Information

Phone: 343-4474

Fax: 343-6523 / TDD: 343-3457

### • Parks & Recreation Director

John Rodda - 343-4355

### • Parks Superintendent

Holly Spoth-Torres - 343-4585

### • Parks Maintenance

Operations Hotline - 343-8277

### Activity Guide Going Green

In order to receive the Activity Guide, please choose one of the following:

View Online  
[www.muni.org/parks](http://www.muni.org/parks)

Pick-up at any  
Parks & Recreation Facility

Receive by Mail  
Call 907-343-4160  
Provide your name, address, zip code



## Questions or Concerns

Here are a few numbers to help you on your way:

Anchorage Park Foundation 274-1003

Community Work Service 343-4057

Graffiti Busters 343-4663

Illegal Activities  
APD non-emergency 786-8500

Special Event Permits/Field  
Requests 343-4040

Parks & Recreation Information Line  
343-4474

Parks & Recreation Admin 343-4355

Horticulture 343-4717

Parks Maintenance 343-4554

Pool Information Line 343-4402

Parks Projects & Public Involvement  
343-4585

Trail Watch 343-4492

Volunteer Program 343-4587

Eagle River Parks & Recreation  
Office 343-1500  
ER Volunteer Information 343-1500

Girdwood Parks & Recreation Office  
783-8146

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

**NOTICE: All information in this Activity Guide is subject to change. Check the website for any updates that may have occurred after the publication date.**



## June

### 7 KIDS TO KIDS GARAGE SALE

Hey kids! Spend some time cleaning out your closets and prepare to make some CASH!!! This is a great event in which you can reserve a booth to sell toys, games, books, sports equipment, clothes and other like items. Youth under 12 years must be accompanied by an adult. Booth includes one table and two chairs. No commercial vendors.

**Ages:** 6-17 yrs **Min 5/Max 20**  
**Location:** Fairview Recreation Center, 343-4130  
**Jennifer Thorne, 343-4495**

| Activity | Day | Time   | Fee       |
|----------|-----|--------|-----------|
| 62.62.07 | Sa  | 12N-4p | \$6/booth |

### 13 SAND CASTLE BEACH PARTY

Celebrate the start of summer with Parks & Recreation and the Anchorage Library. Get out in the sun and get crazy with volleyball, frisbee, super soakers and a sand castle building contest! Bring a beach towel, sunscreen, and a picnic lunch for a day of family fun and summer entertainment.

**Ages:** All Ages **Min 20/Max 70**  
**Goose Lake Park**  
**Jennifer Thorne, 343-4495**

| Activity | Day | Time | Fee  |
|----------|-----|------|------|
| 62.02.04 | Fri | 1-3p | Free |

### 19 KING ARTHUR'S MEDIEVAL TIMES

Join King Arthur and the Knights of the Round Table for an adventure back in time. Compete in castle games to earn your spot amongst the Knights of the Round Table, slay a dragon, launch a catapult and hunt for the Kings treasure.

**Ages:** 8-12 yrs **Min 5/Max 20**  
**Location:** Fairview Recreation Center, 343-4130  
**Jennifer Thorne, 343-4495**

| Activity | Day | Time | Fee  |
|----------|-----|------|------|
| 66.62.01 | Th  | 1-4p | \$20 |

Pre-registration and payment is required for Special Events with a fee unless otherwise noted. Free Special Events are drop-in activities.

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

## July

### 11 ASPHALT JUNGLE

Skateboarders, inline skaters, rollerskaters, scooterers, roll on over to Spenard Recreation Skate Park, for an afternoon of fun! There will be clinics and competitions. Awards will be given out in events such as dual slalom, freestyle, and other events.

**Ages:** 6 yrs + **Min 5/Max 50**  
**Location:** Spenard Recreation Center, 343-4160  
**Matt Reed, 343-4247**

| Activity | Day | Time | Fee  |
|----------|-----|------|------|
| 62.72.05 | Fri | 3p   | \$10 |

### 13 BARK IN THE PARK/CANINE FRISBEE CHAMPIONSHIP

Fido fun abounds in this special day of all things dog. Bring the entire family out to see Magnificent Mutts, Leaping Labs and Awesome Aussies perform entertaining vaults, mid-air grabs, spectacular flips and thrilling long-distance catches! Watch agility, obedience and protection demonstrations, flyball exhibitions, pet contests and more. On-site registration begins at 11a and continues until the start of the event. Competition begins at 1p. Previous experience not required, limited to 2 dogs per household. Must have current rabies & MOA dog license.

**Ages:** 6 yrs + **Min 5/Max 50**  
**Location:** Delaney Park Strip (Soccer Field, East of Rose Garden)  
**Teri Desy, 343-4297**

| Activity | Day | Time | Fee     |
|----------|-----|------|---------|
| 62.02.05 | Su  | 11a  | \$5/dog |

### 26 11TH ANNUAL CARDBOARD BOAT REGATTA

This annual event challenges amateur boat builders to design, build and navigate boats made entirely of corrugated cardboard. Boats are made of only corrugated cardboard, held together with duct tape and/or white glue. Contestants rely on their inventions to keep them afloat as they race across the lake. Complete rules and registration forms can be found @ [www.muni.org/parks](http://www.muni.org/parks). Great team building exercise for businesses or organizations!

**Ages:** 8 yrs + **Min 10/Max 100 Boats**  
**Goose Lake Park**  
**Jennifer Thorne, 343-4495**

| Activity                                     | Day | Time | Fee        |
|--|-----|------|------------|
| 62.02.06                                     | Sa  | 11a  | \$5/boat   |
| Youth 8-17 yrs (limit 4)                     |     |      |            |
| 62.02.08                                     | Sa  | 11a  | \$25/boat  |
| Adults 18 yrs + (limit 4)                    |     |      |            |
| 62.02.07                                     | Sa  | 11a  | \$25/boat  |
| Family (4 person crew/no more than 2 adults) |     |      |            |
| 62.02.09                                     | Sa  | 11a  | \$100/boat |
| Corporate Boats with logo                    |     |      |            |

# Education & Special Interests

## ADULT FIRST AID/CPR/AED

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years through American Red Cross.

*Ages: 16 yrs +      Min 5/Max 10*  
*Instructor: Jennifer Thorne, 343-4495*  
*Location: Spenard Recreation Center, 343-4160*

| Activity | Date   | Day | Time  | Fee  |
|----------|--------|-----|-------|------|
| 25.72.10 | May 10 | Sa  | 9a-4p | \$90 |
| 25.72.11 | Jun 28 | Sa  | 9a-4p | \$90 |
| 25.72.12 | Jul 19 | Sa  | 9a-4p | \$90 |

## SEED STARTING FOR THE LATE BLOOMER

Join us for a beginner's approach to starting seeds indoors on your window sill. Starting mixes, easy to grow plants, care and hardening off seedlings will be covered. Participants will start a few vegetable or flower seeds to take home. Parents must accompany children.

*Ages: 6 yrs +      Min 4/Max 30*  
*Instructor: Margaret Timmerman, 343-4217*  
*Location: Selkregg Chalet, 343-6992*

| Activity | Date  | Day | Time    | Fee |
|----------|-------|-----|---------|-----|
| 22.92.01 | May 6 | Tu  | 6-7:30p | \$5 |

## CONTAINER GARDENING

Apartment and condo dwellers take heart! You too can enjoy growing and eating fresh vegetables. Learn how your balcony or patio can be turned into an urban garden and have a salad at your doorstep. We'll learn to transplant seedlings into containers. A drawing will be held at the end of class and the winner will take home an herb basket. Parents must accompany children.

*Ages: 6 yrs +      Min 4/Max 30*  
*Instructor: Margaret Timmerman, 343-4217*  
*Location: Selkregg Chalet, 343-6992*

| Activity | Date  | Day | Time    | Fee |
|----------|-------|-----|---------|-----|
| 22.92.02 | May 8 | Th  | 6-7:30p | \$5 |



## RAISED BED GARDENING

Raised beds can add a whole new exciting dimension to your gardening experience. Raised beds are especially useful for gardeners with limited space in their yards and can be built at an appropriate level that helps reduce the aches and pains produced by kneeling or bending over a garden plot. Information on soil warming techniques will also be included. Parents must accompany children.

*Ages: 6 yrs +      Min 4/Max 30*  
*Instructor: Margaret Timmerman, 343-4217*  
*Location: Selkregg Chalet, 343-6992*

| Activity | Date   | Day | Time    | Fee |
|----------|--------|-----|---------|-----|
| 22.92.03 | May 12 | M   | 6-7:30p | \$5 |

## COMPOSTING 101

The how, what and why of composting in Alaska. Learn how to enrich your soil without breaking the bank, utilizing items that would otherwise be sent to the landfill. Vermiculture will also be presented, learn how to use red wiggler worms to eat your kitchen scraps and enrich your garden plots, containers and house plants.

*Ages: 8 yrs +      Min 4/Max 30*  
*Instructor: Donna Mears*  
*Location: Selkregg Chalet, 343-6992*

| Activity | Date   | Day | Time    | Fee |
|----------|--------|-----|---------|-----|
| 22.92.03 | May 14 | W   | 6-7:30p | \$5 |

## CRESCENT YOUTH GARDEN

Participate this summer at the Fairview Recreation Center with the Crescent Youth Garden. Program will host 10 youth in an interactive course to include holistic gardening education in a collaborative environment at the two garden plots. This program aims to develop gardening skills, education about healthy foods and an appreciation for the environment.

*Ages: 7-15 yrs      Min 5/Max 10*  
*Instructor: Jessie Haynes, 343-4138*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date         | Day    | Time | Fee  |
|----------|--------------|--------|------|------|
| 26.62.03 | Jun 2-Aug 14 | M/W/Th | 5-7p | \$10 |





# Education & Special Interests

## VOLUNTEEN

This is a great summer opportunity for teens to give back to their community! Parks and Recreation will provide tools for teens to be successful in school and in adult life by networking with other volunteers, learning new skills, and gaining valuable work experience. Great experience to put on a college resume! Must be able to commit for entire session.

*Ages: 12-16 yrs Min 5/Max 13*

| Activity | Date        | Day | Time | Fee  |
|----------|-------------|-----|------|------|
| 25.62.03 | Jun 3-Jul 1 | Tu  | 1-4p | Free |
| 25.62.04 | Jul 8-Aug 5 | Tu  | 1-4p | Free |

*Location: Fairview Recreation Center, 343-4130*

|          |              |    |      |      |
|----------|--------------|----|------|------|
| 25.72.01 | Jun 5-Jul 3  | Th | 1-4p | Free |
| 25.72.02 | Jul 10-Aug 7 | Th | 1-4p | Free |

*Location: Spenard Recreation Center, 343-4160*

## GIRLS CIRCLE

Girls Circle, facilitated by the YWCA, is a place for girls to unite, build confidence, voice their ideas and express themselves in a friendly atmosphere. This is a drop in program.

*Ages: 11-13 yrs Min 5/Max 13*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date          | Day | Time | Fee  |
|----------|---------------|-----|------|------|
| 25.62.05 | Jun 10-Jul 29 | Tu  | 3-4p | Free |

## NATIVE AMERICAN TWINED BASKET WEAVING

Using rattan reeds, learn techniques to weave a basket similar to those made by the Tlingit, Haida and Aleut/Aluutiq cultures. A hand-out on natural dyes is provided.

*Ages: 13 yrs + Min 5/Max 15*  
*Instructor: Dorrie Dean*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date   | Day | Time    | Fee   |
|----------|--------|-----|---------|---|
| 25.62.10 | Jun 10 | Tu  | 6-7:30p | \$24 Youth/\$29 Adult-\$15 Materials Fee Due Day of Class |



## YUKON-KUSKOKWIM COILED BASKET WEAVING

Using modern materials, learn to weave a coiled basket similar to those from the Yukon-Kuskokwim area of Alaska.

*Ages: 13 yrs + Min 5/Max 15*  
*Instructor: Dorrie Dean*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date   | Day | Time    | Fee   |
|----------|--------|-----|---------|---|
| 25.62.11 | Jun 17 | Tu  | 6-7:30p | \$24 Youth/\$29 Adult-\$15 Materials Fee Due Day of Class |

## PINE NEEDLE BASKET WEAVING

Using a long-standing traditional method in the Southeastern U.S., learn to weave a coiled basket using 10-14" pine needles, threaded through a pre-drilled wooden base

*Ages: 13 yrs + Min 5/Max 15*  
*Instructor: Dorrie Dean*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date   | Day | Time    | Fee   |
|----------|--------|-----|---------|---|
| 25.62.12 | Jun 24 | Wed | 6-7:30p | \$29 Youth/\$36 Adult-\$15 Materials Fee Due Day of Class |

## CARDBOARD BOAT BUILDING CLASS

Not sure on how to build a cardboard boat for the 11th Annual Cardboard Boat Regatta? Join the Parks and Recreation staff while they give you tips and techniques for building your streamline vessel. Please bring your own cardboard and tape. Parents must accompany children.

*Ages: 8 yrs + Min 5/Max 20*  
*Instructor: Jennifer Thorne, 343-4495*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date  | Day | Time       | Fee         |
|----------|-------|-----|------------|-------------|
| 26.62.01 | Jul 7 | M   | 5:30-7:30p | \$10/family |
| 26.62.02 | Jul 8 | Tu  | 5:30-7:30p | \$10/family |



# Fitness & Health

## ALASKA BOXING ACADEMY

Taught by Level 2 USA Boxing coach and member of the 2008 Beijing Olympic Boxing team, the Alaska Boxing Academy provides a supportive environment where youth can develop skills essential for life inside and outside the ring, such as discipline, self confidence and respect for others.

*Ages: 8 yrs + Min 5/Max 12*  
*Instructor: David Carey*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date      | Day   | Time    | Fee  |
|----------|-----------|-------|---------|------|
| 36.61.16 | May 1-29  | Tu/Th | 6:30-8p | \$75 |
| 36.61.22 | May 2-30  | F     | 6:30-8p | \$55 |
| 36.61.20 | Jun 3-26  | Tu/Th | 6:30-8p | \$75 |
| 36.62.23 | Jun 6-27  | F     | 6:30-8p | \$55 |
| 36.62.21 | Jul 1-31  | Tu/Th | 6:30-8p | \$75 |
| 36.62.24 | Jul 11-25 | F     | 6:30-8p | \$42 |

## KRIPALU YOGA FOR OUTDOOR ADVENTURERS

Hikers, bikers, runners and paddlers come breathe and relax! Kripalu Yoga, for beginning to intermediated levels of practice, is a meditative style of yoga which includes classical postures, breathing techniques, mediation, and relaxation to open the heart and promote harmony, strength, and flexibility in body, mind, and spirit. Bring two blankets and wear loose, comfortable clothing. Drop in is \$14 per class.

*Ages: 15 yrs + Min 7/Max 14*  
*Instructor: Paula Saylor*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date     | Day | Time    | Fee  |
|----------|----------|-----|---------|------|
| 35.62.01 | May 6-27 | Tu  | 6-7:15p | \$46 |
| 35.62.02 | Jun 3-24 | Tu  | 6-7:15p | \$46 |

## SHOTOKAN KARATE

Shotokan Karate focuses on self-defense, self-respect and discipline. Promotes physical fitness, increases self-confidence and encourages positive self image. Beginners welcome.

*Ages: 7 yrs + Min 5/Max 15*  
*Instructors: Charles Holness, Susan Jones & Tina Racey*  
*Location: Spenard Recreation Center, 343-4160*

| Activity | Date    | Day | Time       | Fee        |
|----------|---------|-----|------------|------------|
| Adv      | Ongoing | Tu  | 7-8p       | *See Below |
| Beg      | Ongoing | W/F | 5:30-6:30p | *See Below |
| Int      | Ongoing | W/F | 6:30-8p    | *See Below |

\*\$20 Youth/\$45 Adults Month / Advanced

\*\$20 Youth/\$35 Adult Month / Beginning & Intermediate

## KARATE AND AIKIDO

Japan Marital Arts offer two complimentary styles; Karate and Aikido. Karate uses kicks, hand strikes and soft blocks for defense. Aikido manipulates the opponent's force against himself. Students have the choice to pursue both styles simultaneously or focus on one. Family based classes where children and adults practice together focusing on self-defense.

*Ages: 5 yrs + Min 5/Max 15*  
*Instructor: Delfin Labrador Shihan*  
*Location: Spenard Recreation Center, 343-4160*

| Activity | Date    | Day | Time       | Fee        |
|----------|---------|-----|------------|------------|
| NA       | Ongoing | Mon | 7-8:30p    | See Below* |
| NA       | Ongoing | Th  | 7-8:30p    | See Below* |
| NA       | Ongoing | Sa  | 3:30-5:30p | See Below* |

\*\$35 Youth/\$45 Adult per month

## OPEN BADMINTON

Grab your racquet and drop in on some fun, playing recreational badminton. All levels of players welcome. Bring your own racquets and shuttlecocks.

*Ages: All*  
*Location: Spenard Recreation Center, 343-4160*

| Activity | Date    | Day | Time   | Fee         |
|----------|---------|-----|--------|-------------|
| NA       | Ongoing | Sa  | 12N-2p | \$5 Drop-in |

## SENIOR VOLLEYBALL

Here is a great chance to get exercise in a fun, safe and social environment. Round robin style play, gives everyone a chance to rotate in and play. Wear non marking shoes.

*Ages: 62 yrs +*  
*Location: Fairview Recreation Center, 343-4130*

| Activity | Date    | Day | Time | Fee         |
|----------|---------|-----|------|-------------|
| NA       | Ongoing | M/W | 7-9p | \$3 Drop-in |



## KINCAID ADVENTURE CAMP

Spend the summer discovering the joys of Kincaid Park. Campers will learn about animal tracking, hiking, kite and rocket building, map making, orienteering, outdoor cooking, canoeing, beach combing and more. Drop off 12:30-1p, camp 1-4p, pick up 4-4:30p.

Ages: 6-14 yrs Min 5/Max 30  
Location: Kincaid Outdoor Center, 343-6397  
Contact: Brad Cooke, 343-6566

**Pathfinding:** Learn how to use a map and compass to explore the park. Activities include map making, orienteering and the geography of the park.

46.82.01 Jun 2-6 M-F 12:30-4:30p \$95

**Up, Up, Away:** Learn about flying things from: insects and birds to kites, paper airplanes and rockets. A guest speaker from FAA Educators will help us explore aviation careers.

46.82.02 Jun 9-13 M-F 12:30-4:30p \$95

**Wilderness Skills:** Learn first aid skills, make a campfire, identify edible plants, and make a shelter.

46.82.06 Jun 16-20 M-F 12:30-4:30p \$95

**Water Week 1:** Beachcombing, make sand castles, slip and slide (weather permitting), learn about aquatic life, and canoeing at Little Campbell Lake. Min 5/Max 14

46.82.03 Jun 23-27 M-F 12:30-4:30p \$95

**Earthworks:** Did you know there's a sand dune at Kincaid Park? How does wind and water erosion happen? Who uses the pond? Learn the answers to these questions and more. No camp Friday, July 4.

46.82.04 Jun 30-Jul 3 M-Th 12:30-4:30p \$76

**Water Week 2:** Beachcombing, make sand castles, slip and slide (weather permitting), learn about aquatic life, and canoeing at Little Campbell Lake. Min 5/Max 14

46.82.05 Jul 7-11 M-F 12:30-4:30p \$95

**Discovery Week:** Explore the trails, learn about animal habitats, tracking. Campers will use learn photography skills to increase observation skills and record their findings.

46.82.07 Jul 14-18 M-F 12:30-4:30p \$95

**Up, Up and Away 2:** We'll learn about flying things from insects and birds to kites, paper airplanes and rockets. Guest speaker from the FAA Educators will help us explore aviation careers.

46.82.08 Jul 21-25 M-F 12:30-4:30p \$95

**Wilderness Skills 2:** Learn first aid skills, make a campfire, identify edible plants, and make a shelter.

46.82.09 Jul 28-Aug 1 M-F 12:30-4:30p \$95

**Celebrate Summer:** Celebrate summer by hiking, playing games, learn new games, make rockets and more!

46.82.10 Aug 4-8 M-F 12:30-4:30p \$95

## RUSSIAN JACK EXPLORERS CAMP

Enjoy hiking, games and activities in one of Anchorage's oldest parks. Your child will discover flowers, plants, bugs and animals that live in this urban oasis. Come and enjoy the fresh air at Russian Jack Springs Park. Drop off 12:30-1p, camp 1-4p, pick up 4-4:30p.

Ages: 6-14 yrs\* Min 5/Max 20\* (\*exceptions)  
Location: Selkregg Chalet. 343-6992  
Contact: Margaret Timmerman, 343-4217

**Walk on the Wild Side:** Explore the trails and learn about plants in the park. We'll visit the MOA greenhouse. Campers will learn photography skills and create a photo journal.

46.91.01 Jun 23-27 M-F 12:30-4:30p \$95

**Beastly Behavior:** Learn about the animals that live in Russian Jack Springs Park in the creek and on the land. Meet a wildlife biologist and find out how they track animals through the city. No camp Friday July 4.

46.91.02 Jun 30-Jul 3 M-F 12:30-4:30p \$76

**Bike Week:** Become a bike riding expert with the help of local bike advocates. This week we'll learn about bike handling, gear shifting, cycling safety and trail etiquette.

46.91.03 Jul 7-11 M-F 12:30-4:30p \$95

**ACE Academy:** Educators from the FAA will guide youth ages 10 to 14 in a week of exploration of aviation activities from building paper airplanes, building our own airport, learning about careers, visiting Merrill Field and the Aviation Museum at Lake Hood. \*For ages 10-14.

46.91.04 Jul 14-18 M-F 12:30-4:30p \$95

**Water Week East:** Learn about aquatic life in Chester Creek., water safety skills, canoeing at Cheney Lake, and we will go swimming at a local pool. \*Min 5/Max 14

46.91.05 Jul 21-25 M-F 12:30-4:30p \$95

**Arts in the Park:** Use recycled and found materials to create art projects, musical instruments, practice circus arts, and create a book of recycled paper to record all your fun.

46.91.06 Jul 28-Aug 1 M-F 12:30-4:30p \$95

**The Sportin' Life:** Play golf, disc golf, soccer, softball and go running at Russian Jack Springs Park with recreation staff and some local heroes.

46.91.07 Aug 4-8 M-F 12:30-4:30p \$95





# Summer Camps

## PARKS & RECREATION MINI-BASKETBALL CLINICS

Improve your basketball skills with former high school, college and USA Basketball U16,17 Assistant coach Dorena Bingham. Learn new techniques to take your game to the highest level. Register for one session or all sessions to make your game great!

Ages: 10-17 yrs. Min 5/Max 30  
Instructor: Dorena Bingham, 343-4368  
Location: Fairview Recreation Center, 343-4130

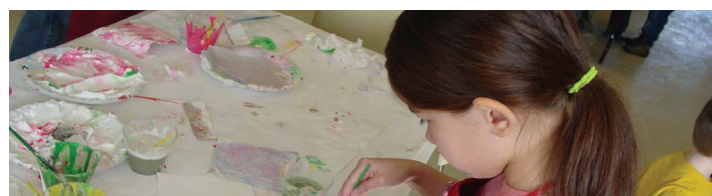
| Activity                    | Date   | Day | Time      | Fee  |
|-----------------------------|--------|-----|-----------|------|
| 26.62.10                    | May 10 | Su  | 10-11:30a | \$10 |
| Ball Handling Skills        |        |     |           |      |
| 26.62.11                    | May 17 | Su  | 10-11:30a | \$10 |
| Shooting Drills/Techniques  |        |     |           |      |
| 26.62.12                    | May 24 | Su  | 10-11:30a | \$10 |
| Individual Defense Skills   |        |     |           |      |
| 26.62.13                    | May 31 | Su  | 10-11:30a | \$10 |
| Individual Offensive Skills |        |     |           |      |

## SPENARD RECREATION CENTER SUMMER CAMP

Parks & Recreation is dedicated to offering school aged children 6-12 years old an unforgettable summer experience filled with a wide variety of sports, arts and crafts, swimming, biking, field trips and other enrichment activities. We provide wholesome, interesting and exciting opportunities for your child to grow in a character-building environment. This is not a traditional summer camp, youth development is our focus!

Ages: 6-12 yrs Min 5/Max 30  
Location: Spenard Recreation Center, 343-4160  
Contact: Dorena Bingham, 343-4368

| Activity                | Date          | Day  | Time     | Fee   |
|-------------------------|---------------|------|----------|-------|
| 76.72.01                | May 27-30     | Tu-F | 7a-5:30p | \$165 |
| 76.72.02                | Jun 2-6       | M-F  | 7a-5:30p | \$165 |
| 76.72.03                | Jun 9-13      | M-F  | 7a-5:30p | \$165 |
| 76.72.04                | Jun 16-20     | M-F  | 7a-5:30p | \$165 |
| 76.72.05                | Jun 23-27     | M-F  | 7a-5:30p | \$165 |
| 76.72.06                | Jun 30-July 3 | M-F  | 7a-5:30p | \$165 |
| *No camp May 26, July 4 |               |      |          |       |
| 76.72.07                | Jul 7-11      | M-F  | 7a-5:30p | \$165 |
| 76.72.08                | Jul 14-18     | M-F  | 7a-5:30p | \$165 |
| 76.72.09                | Jul 21-25     | M-F  | 7a-5:30p | \$165 |
| 76.72.10                | Jul 28-Aug 1  | M-F  | 7a-5:30p | \$165 |

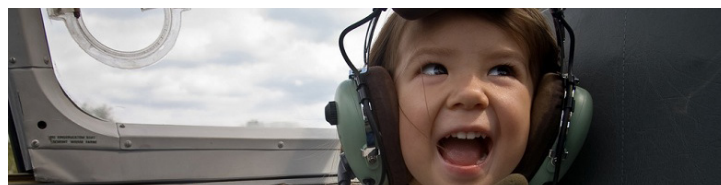


## SPENARD RECREATION CENTER ACE ACADEMY CAMP

Participants will spend a fun filled, educational week learning about aircraft, flying and flight safety through the Aviation Career Education (ACE) program.

Ages: 6-12 yrs Min 5/Max 30  
Location: Spenard Recreation Center, 343-4160

| Activity | Date    | Day | Time     | Fee   |
|----------|---------|-----|----------|-------|
| 76.72.11 | Aug 4-8 | M-F | 7a-5:30p | \$185 |



## Preschool & Toddlers

### TODDLER TIME / KINDERGYM

Come visit us at the Spenard Community Recreation Center and let your toddlers/pre-schoolers enjoy the open safe atmosphere filled with a variety of play equipment such as scooters, parachutes, hula hoops, jump ropes, cage balls. Your young one can jump, climb, play, and enjoy while learning cooperative and socialization skills in a fun atmosphere. Parents must stay with children.

Ages: 3-5 yrs Min 5 /Max 55  
Location: Spenard Recreation Center, 343-4160

| Activity  | Date | Day   | Time       |
|---|------|-------|------------|
| Toddler Time (0-3 yrs) Ongoing                                |      | Tu/Th | 10:30a-12N |
| KinderGym (3-5 yrs) Ongoing                                   |      | W/F   | 10:30a-12N |
| \$5 family/\$45 punchcard (Buy 9 get 1 free with a punchcard) |      |       |            |

### TIKES ON TRIKES

It's BYOT (Bring Your Own Tricycle) for Anchorage Parks and Recreation's new toddler tricycle series. These three fun tours let your toddler explore Anchorage's paved trail system in three wheeled comfort. There will be awards and refreshments at each race. Children must be supervised by an adult. Helmets arrequired.

Ages: 3-5 yrs Min 5/Max 20  
Location: Varies  
Matt Reed, 343-4247

| Activity                                    | Date   | Day | Time       | Fee  |
|---|--------|-----|------------|------|
| 53.02.01                                    | Jun 25 | W   | 10:30a-12N | \$10 |
| Valley of the Moon (out & back)             |        |     |            |      |
| 53.02.02                                    | Jul 23 | W   | 10:30a-12N | \$10 |
| Round the Horn at Cuddy Family Park         |        |     |            |      |
| 53.02.04                                    | Aug 13 | W   | 10:30a-12N | \$10 |
| Trike-athlon at Margaret Egan Sullivan Park |        |     |            |      |



## WALK/HIKE FOR FITNESS & FUN

This program is a combination of Nordic walking and striding combined with hiking and exploring on Anchorage municipal trails. Wear running or hiking clothes and bring a water bottle and classic ski poles. \$5 per meeting or \$25 per month.

**Ages:** 10 yrs + **Min 4/Max 10**

**Location:** Various - See Below

**Instructor:** Eric Menck

**Selkregg Chalet, 343-6992**

| Activity                   | Date     | Day | Time    | Fee  |
|----------------------------|----------|-----|---------|------|
| 42.92.04                   | May 5-21 | M/W | 6-7:30p | \$25 |
| Russian Jack Springs Park  |          |     |         |      |
| 42.92.05                   | Jun 9-30 | M/W | 6-7:30p | \$25 |
| Abbott Loop Community Park |          |     |         |      |
| 42.92.06                   | Jul 2-30 | M/W | 6-7:30p | \$25 |
| Kincaid Park               |          |     |         |      |
| 42.92.07                   | Aug 4-27 | M/W | 6-7:30p | \$25 |
| Hilltop Park (Parking Lot) |          |     |         |      |

## GET BACK ON YOUR BIKE!

Remember the thrill of riding? Bike to Work cycling instructors will help you rediscover the joy and health benefits of riding your bike. Workshop will cover fitting and checking your bike, basic mechanics, helmet fitting, bike handling, gear shifting, cycling safety and trail etiquette. Gain the skills to feel comfortable and confident on trails. Meeting 1 will reintroduce you to your bike and cover tire repair and basic mechanics. Meeting 2 will include practice of riding skills and crash avoidance. Meeting 3 will include a trail ride at Russian Jack Springs Park. Choose to attend one evening or all 3. May session is coed, June session is designed for women

**Ages:** 18 yrs + **Min 2/Max 10**

**Instructor:** Ann Schlapia

**Location:** Selkregg Chalet 343-6992

| Activity | Date   | Day | Time    | Fee |
|----------|--------|-----|---------|-----|
| 41.92.01 | May 15 | Th  | 6-7:30p | \$5 |
| 41.92.02 | May 22 | Th  | 6-7:30p | \$5 |
| 41.92.03 | May 29 | Th  | 6-7:30p | \$5 |
| 41.92.04 | Jun 5  | Th  | 6-7:30p | \$5 |
| 41.92.05 | Jun 12 | Th  | 6-7:30p | \$5 |
| 41.92.06 | Jun 19 | Th  | 6-7:30p | \$5 |

## ARCHERY

Want to learn how to shoot a bow and arrow? Instructors from the Northwest Archers club will be offering their expertise Saturday mornings at the Kincaid Archery Range. All instructors are NASP certified. Northwest Archers will supply equipment for your use. All skill levels welcome. Parents must accompany children. If weather is rainy, class meets in Kincaid Bunker. No class June 14, July 5, July 19.

**Ages:** 6 yrs +

**Min 5/Max 75**

**Location:** Kincaid Archery Range

**Instructor:** Northwest Archers

**Kincaid Outdoor Center, 343-6397**

| Activity | Date          | Day | Time          | Fee  |
|----------|---------------|-----|---------------|------|
| 42.82.01 | May 24- Aug 2 | Sa  | 10:30a-12:30p | Free |

## THURSDAY NIGHT BIKES

Explore Anchorage municipal park trails with an experienced cyclist. Improve your riding skills and try some trails that are new to you. Bikes must be in good working condition. We recommend taking your bike to a local shop for an annual inspection. Helmets required.

**Ages:** 14 yrs +

**Min 2/Max 10**

**Location:** Various - See Below

**Instructor:** Eric Menck

**Contact:** Brad Cooke, 343-6566

| Activity                      | Date   | Day | Time    | Fee  |
|-------------------------------|--------|-----|---------|------|
| 41.02.12                      | May 29 | Th  | 6-7:30p | \$10 |
| 41.02.13                      | Jun 12 | Th  | 6-7:30p | \$10 |
| 41.02.04                      | Jun 19 | Th  | 6-7:30p | \$10 |
| 41.02.05                      | Jun 26 | Th  | 6-7:30p | \$10 |
| Abbott Loop Community Park    |        |     |         |      |
| 41.02.06                      | Jul 10 | Th  | 6-7:30p | \$10 |
| 41.02.07                      | Jul 17 | Th  | 6-7:30p | \$10 |
| 41.02.08                      | Jul 31 | Th  | 6-7:30p | \$10 |
| Hilltop Park (Parking Lot)    |        |     |         |      |
| 41.02.09                      | Aug 7  | Th  | 6-7:30p | \$10 |
| 41.02.10                      | Aug 14 | Th  | 6-7:30p | \$10 |
| 41.02.11                      | Aug 21 | Th  | 6-7:30p | \$10 |
| Kincaid Park (Outdoor Center) |        |     |         |      |

## MAYOR'S MARATHON & HALF-MARATHON

Jun 21 Sa 7a Varies

The Mayor's Marathon and half-marathon event, held June 21, are certified by the USTAF Association. Two other individual events are offered - four-miler and 1.6-mile Youth Cup. Back is the popular marathon relay, featuring four-member teams running 6.5-mile legs along the marathon course. For information and registration details please visit [www.mayorsmarathon.com](http://www.mayorsmarathon.com).

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

# Outdoor Recreation

## REFOREST THE PARK

Join us to plant trees in honor of the Lorax! May 20 we'll pot white spruce seedlings. Participants can adopt their trees for the summer and bring them back Aug 12 to be planted Aug 13. White spruce seedlings, which are native to Southcentral Alaska, provide great habitat for birds and other animals. Bring a shovel, water and snacks will be provided. In partnership with Alaska Division of Urban Forestry.

**Ages:** All Ages **Min 2/Max 50**

**Location:** Selkregg Chalet, 343-6992

| Activity | Date   | Day | Time    | Fee  |
|----------|--------|-----|---------|------|
| 62.92.01 | May 20 | Tu  | 6-7:30p | Free |
| 62.92.02 | Aug 13 | W   | 6-7:30p | Free |

## AM TAI CHI

Learn this easy Chinese internal martial art movement system practiced for health benefits. These movements provide a simple means for dealing with stress and tension. Learn a series of soft, relaxed, slow movements that are used as a meditative exercise to help promote relaxation, health and self defense.

**Ages:** 15 yrs + **Min 2/Max 15**

**Location:** Delaney Park Strip, 9th & I

**Instructor:** Laura Croix

| Activity | Date         | Day    | Time | Fee  |
|----------|--------------|--------|------|------|
| 41.02.01 | Jun 2-Jul 31 | M/W/Th | 7-8a | Free |

## PARENT & ME WALKS

Mommies, Daddies and children are invited to learn the trail systems in Anchorage with Parks and Recreation staff. A great time to meet with families who have similar interests. Trail strollers and backpacks are welcome. Walks held in various parks. Please request a schedule for walk locations.

**Ages:** All Ages **Min 4/Max 20**

**Location:** Selkregg Chalet, 343-6992

| Activity | Date         | Day | Time         | Fee        |
|----------|--------------|-----|--------------|------------|
| 42.92.02 | Jun 3-Aug 12 | Tu  | 10:30-11:30a | \$5/family |

## CO-ED ADULT KICKBALL CITY CHAMPIONSHIP

Who has the best Kickball Team in Anchorage? Come find out.

**Ages:** 18 yrs + **Min 5 teams/Max 20 teams**

**Location:** Delaney Parkstrip, 9th & C Fields

**Jennifer Thorne, 343-4495**

| Activity | Date     | Day  | Time   | Fee   |
|----------|----------|------|--------|-------|
| 41.02.03 | Aug 8-10 | F-Su | Varies | \$200 |

## SUMMER HIKE ALONGS

Hikes are educational, informative, and fun! Join other youth for regularly scheduled outings designed to provide physical activity and take advantage of the wonderful natural environment around us! Bring a backpack, rain jacket, good walking shoes or boots, water, bug repellent and a sack lunch.

**Ages:** 8-12 yrs +

**Min 5/Max 13**

**Kincaid Outdoor Center, 343-6397**

| Activity                           | Date     | Day | Time | Fee  |
|------------------------------------|----------|-----|------|------|
| 46.02.01                           | Jun 4-18 | W   | 1-4p | \$35 |
| <b>Location: Kincaid Park</b>      |          |     |      |      |
| 46.02.02                           | Jul 2-16 | W   | 1-4p | \$35 |
| <b>Location: Bicentennial Park</b> |          |     |      |      |

## CO-ED ADULT KICKBALL LEAGUE

Do you have the skills to play kickball? Pitch, kick, catch, and throw yourself into this 8 week league. A minimum of 11 people must be on team roster. Team packets will be available for pick up at Spenard or Fairview Recreation Centers beginning Monday, April 14. Deadline for team registration is Saturday, May 24. Team fees are \$225 and player fees are \$20. Team fees and player fees must be turned in together by the team captain. Register early to assure a spot.

**Ages:** 18 yrs +

**Min 5 teams/Max 20 teams**

**Location:** Delaney Park Strip, 9th & C Fields

**Contact:** Jennifer Thorne, 343-4495

## The First Tee of Alaska

Young people who become a member of The First Tee of Alaska enjoy a variety of opportunities to learn life skills that can help them grow as individuals and prepare for the future; all this in a fun, safe environment while playing the game of golf! The First Tee emphasizes nine core values: honesty, integrity, sportsmanship, respect, confidence, responsibility, perseverance, courtesy and judgment. We provide all equipment, range balls and course time. Our coaches are golf professionals, The First Tee trained and mentors. Scholarships available, thanks to generous sponsors.

**Ages 6 to 17**

**June 3-Aug 13**

**Location:** Russian Jack Springs Golf Course

**1 hr. age 6-9, 1.5 hrs 10-17 weekly**

**\$100-\$150 for the entire summer**

On line registration at [www.thefirstteealaska.org](http://www.thefirstteealaska.org)  
Paula Field (907) 360-0089



# Program Registration



Don't let your class become a fatality. Waiting until the last minute to register is what causes the death of most classes. REGISTER EARLY!



## ActiveNet makes registration simple and convenient

**Step 1:** Go to <https://apm.activecommunities.com/municipalityanchorage/home> and create an account. We encourage you to do this yourself. If you need assistance, email: [registration@muni.org](mailto:registration@muni.org), call or stop by one of our registration sites.

1

**Register Online:** The benefits of this is you get immediate confirmation of payment, class registration, class schedules - and all from the comfort of home. Please be aware that ActiveNet assesses a convenience fee for this service, and a valid email address is required. If you have questions about this process, call any one of the recreation facilities listed in the right hand column and staff can walk you through the process. Please understand that the convenience fee for signing up through ActiveNet is non-refundable.

### Step 4: Confirm registration:

If you registered online or in person, you should receive an immediate receipt or by email. If not, you may check the status of your registration anytime by logging into your account. From there you can print your receipt or receive your receipt by email. If you cannot access your account call us, and staff will be happy to assist you!

**Step 2:** After creating your account, you are ready to register for classes. Class numbers are 6 digits and are located in front of each class date.

**Step 3:** Register! There are 3 ways to register for your selected classes.

2

**Register in person:** At one of these Anchorage Parks & Recreation Facilities:

Fairview Community Recreation Center, 1121 E 10th Ave

Spenard Community Recreation Center, 2020 W 48th Ave

Lidia Selkregg Chalet  
1600 Lidia Selkregg Lane

Kincaid Outdoor Center  
9401 W Raspberry Road

Bring your registration form to a facility where staff can help you. We encourage you to create an account online at <https://apm.activecommunities.com/municipalityanchorage/home> before registering. This will help to speed your registration process and ensure correct information. You may make payment by check, cash, money order or credit card (MasterCard or Visa only).



3

**Register by phone:**

Fairview Rec Center, 343-4130  
Spenard Rec Center, 343-4160  
Selkregg Chalet, 343-6992  
Kincaid Outdoor Center, 343-6297

To register with a credit card by phone, please have your class information and credit card ready, and have your online account created prior to calling to speed your registration process and to ensure correct information.

### Step 5: Enjoy your class!

We love to hear your feedback. If you have any suggestions on how we can better serve you, please let us know.

Thank you,  
The Parks & Recreation Staff

# Aquatics

## Pool Admission Fees

|   | Single Admission | Pass 10-Punch | Monthly Pass |       |       |       |       |
|---|------------------|---------------|--------------|-------|-------|-------|-------|
|   |                  |               | 1            | 2     | 3     | 6     | 12    |
| Fees are per person. Kids under 7 must be accompanied in the water with a paying adult. |                  |               |              |       |       |       |       |
| Adult (19-61 yrs)   | \$5              | \$45          | \$55         | \$105 | \$150 | \$280 | \$525 |
| Youth (4-18 yrs) / Senior Citizen (62 & older) / Disabled                               | \$3              | \$27          | \$40         | \$ 75 | \$110 | \$205 | \$385 |
| Toddler (0-3 yrs)   | \$1              |               |              |       |       |       |       |
| West Slide is admission plus  | \$2              |               |              |       |       |       |       |
| Kayaking  | \$15             |               |              |       |       |       |       |



## General Information

The Municipality of Anchorage provides six indoor recreational and fitness pools, 5 in the Anchorage Bowl and 1 in Chugiak. Each pool offers a wide variety of programs such as open swim, lap swim, swim lessons, swim teams, special events and water aerobics. See pages 12-13 for program details

## Pool Contacts

East Pool  
343-4502  
4025 E 20th Avenue

Chugiak Pool  
343-4507  
16525 South Birchwood Loop

Dimond Pool  
343-4508  
2909 W 88th Avenue

Service Pool  
343-4509  
5577 Abbott Road

Bartlett Pool  
343-6981  
25-500 Muldoon Road

West Pool  
343-6981  
1700 Hillcrest Drive

## Pool Closures

May 26, Memorial Day  
July 4, Independence Day  
September 1, Labor Day

Occasionally a pool may close or have limited operating hours due to repairs, maintenance, or special events. When possible, the times and dates will be posted in advance to inform you of the closure. For up-to-date changes call the Swim Information Line at 343-4402 or visit [www.muni.org/Departments/parks/Pages/Pool.aspx](http://www.muni.org/Departments/parks/Pages/Pool.aspx)



## Dimond Pool Schedule

2909 West 88th Avenue  
343-4508

### Lap Swim

Punch card or pass required\*

M-F\* 5:30-7:30a  
M-Th 6:30-7:30p  
Sa (thru May 17) 11:30a-1:30p

### Open Swim

M-Th 7:30-9p  
F 6-7:30p  
Sa (thru May 17) 2:30-4p

### Water Aerobics

M-Th 6:30-7:30p

### AST

M-F 2:30-6:30p

### Home School Lessons

M or W May 5-May 22 10:30a-12N  
Classes are \$28.50

## Dimond Swim Lesson Schedule

| Dates        | Days  | Fee  |
|--------------|-------|------|
| May 3-May 17 | Sa    | \$48 |
| May 5-May 21 | M/W   | \$57 |
| May 6-May 22 | Tu/Th | \$57 |
| Jun 2-Jun 18 | M/W   | \$57 |
| Jun 3-Jun 19 | Tu/Th | \$57 |
| Jun 7-Jun 21 | Sa    | \$48 |
| Jul 7-Jul 23 | M/W   | \$57 |
| Jul 8-Jul 24 | Tu/Th | \$57 |
| Aug 4-Aug 20 | M/W   | \$57 |
| Aug 5-Aug 21 | Tu/Th | \$57 |

Municipal swim lessons are ½ hour classes on M/W & Tu/Th from 4:30-7:30p or Sat from 11:30a-1:30p. Call or bring your child to an open swim for an evaluation and lesson placement.

## East Pool Schedule

4025 East 20th Avenue  
343-4502

### Lap Swim (2 lanes)

M-F 5-7p

### Open Swim

Tu/Th/F 7-8:30p  
M/W (May 28-Aug 6) 1:30-3p

### Water Aerobics

M/W 6-7p  
F 5:30-6:30p

### Spring Board Diving

Tu/Th 5:30-7p  
Arctic Dive Club Coach Laine Adkins  
230-0648 or [arcticdc@gmail.com](mailto:arcticdc@gmail.com)  
or [www.arcticdc.com](http://www.arcticdc.com).

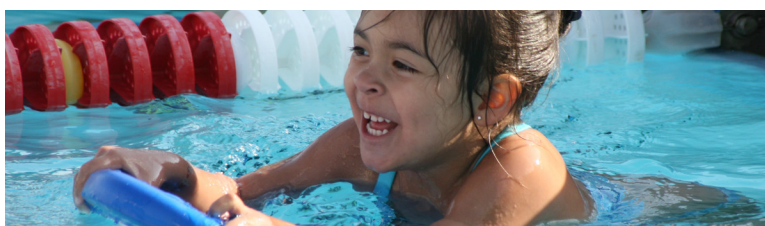
### Family Lesson Swim

M 7-8:30p  
If you are in lessons, bring your family over for some fun practice time. \$2/each

## East Swim Lesson Schedule

| Dates         | Days  | Fee  |
|---------------|-------|------|
| May 5-May 21  | M/W   | \$57 |
| May 6-May 22  | Tu/Th | \$57 |
| May 9-May 23  | F     | \$38 |
| Jun 9-Jun 25  | M/W   | \$57 |
| Jun 10-Jun 26 | Tu/Th | \$57 |
| Jun 13-Jun 27 | F     | \$38 |
| Jul 7-Jul 23  | M/W   | \$57 |
| Jul 8-Jul 24  | Tu/Th | \$57 |
| Jul 11-Jul 25 | F     | \$38 |
| Aug 4-Aug 20  | M/W   | \$57 |
| Aug 5-Aug 21  | Tu/Th | \$57 |
| Aug 8-Aug 22  | F     | \$38 |

Swim Lessons are ½ hour classes on M/W or Tu/Th from 5-7p or 40 minute classes on Fri from 5-5:40p & 5:45-6:25p. Adult lessons are held on Fri, above, from 6-6:30p for \$28.



# Aquatics

## Bartlett Pool Schedule

25-500 North Muldoon  
343-6981

**Bartlett Pool will be closed  
May 23-Aug 19**

## Service Pool Schedule

5577 Abbott Road  
343-4509

**Service Pool will be closed  
May 23-Aug 19**

## West Pool Schedule

1700 Hillcrest Drive  
343-4506

### Lap Swim

|                |            |
|----------------|------------|
| M-F*           | 5:30-7a    |
| M-W            | 6:30-7:30p |
| F              | 5:30-7:30p |
| M-F            | 11a-12N    |
| Sa             | 10-11a     |
| Sa Senior Swim | 11a-12N    |
| Su             | 5:30-7p    |

Punch card or pass required\*

### Open Swim

|                        |            |
|------------------------|------------|
| Tu/Th                  | 6:45-8:15p |
| W/F (beginning May 28) | 2:30-4:30p |
| F                      | 7:30-9p    |
| Sa                     | 1:30-3p    |
| Su                     | 4-5:30p    |

### Parent & Me Open Swim

|     |            |
|-----|------------|
| M-F | 11a-12N    |
| M/W | 6:30-7:30p |
| F   | 5:30-7:30p |
| Su  | 5:30-7p    |

### Rentals

|                 |                           |
|-----------------|---------------------------|
| M/W             | 7:30-9p                   |
| Sa              | 12:15-1:15p or 3:15-7:45p |
| Su              | 11a-3:45p                 |
| M/W (United PT) | 10-11a                    |

### Swim Lessons

M/W or Tu/Th 4:30-6:30p  
Contact SwimAmerica, 258-SWIM  
for schedule and availability.



## Outdoor Swim Areas

Lifeguards on duty 12N-9p  
7 days a week  
May 24-Aug 20

Goose Lake: (3220 E Northern Lights Blvd)  
Basketball courts, picnic tables, and restroom with running water. Swimming, beach and small craft area. NO SAIL CRAFT allowed due to low power lines. Fishing permitted 50' from swim area. Large paved parking area. Shelter available for rent, call 343-4474 for details.

Jewel Lake: (W 88th Avenue & Gloralee off Jewel Lake)  
Covered picnic shelter (available for rental, call 343-4474 for details), volleyball court, swimming and beach, playground equipment, portable restrooms, and paved parking. Fishing permitted 50' from swim area.





# Spenard Recreation Center



Spenard Community Recreation Center offers a wide range of fitness classes, sports activities, programs and special events which augment a superb schedule of year round leisure services and recreation for the community. We are always looking for ways to improve what we offer. Do you want a new program, or have an idea for one? If so, contact Jennifer Thorne, 343-4495.

## Rental Information

Room rentals available to private groups for special events, business seminars or parties. The main gym can accommodate anything from volleyball to regional basketball tournaments. In addition, we have two regulation racquetball courts to meet your fitness needs. The dance/martial arts studio is great for Zumba, boxing, aerobics and dance movements of all types. Call for rates and reservation procedures.

For program information, stop by the front counter for a complete listing, the associated fees and registration information.

## Rental Fees

|                             |         |
|-----------------------------|---------|
| Main Gym.....               | \$75/hr |
| Multi-purpose Room .....    | \$70/hr |
| Commercial Kitchen .....    | \$40/hr |
| Dance/Martial Arts Rm ..... | \$50/hr |
| Arts & Craft Room .....     | \$50/hr |
| West Conference Room ....   | \$50/hr |
| Sm Conference Room.....     | \$40/hr |
| Racquetball Courts .....    | \$40/hr |
| Teen Center .....           | \$40/hr |
| - 2 Hour Minimum -          |         |

## Amenities

**Multi-Purpose Room** has state of the art audio-visual equipment with an adjoining commercial kitchen.

**Main Gym** is a college size basketball court that can also be used for volleyball, soccer and badminton.

**Weight Room** has free weights, treadmills and a variety of weight machines.

**Dance/Martial Arts Room** has a mirrored wall with ballet bar.

**Teen Room** with pool table, table tennis and foosball.

**Mens/Womens Locker Rooms** have showers and saunas.

**Skate Park** has grind boxes w/ grind rails, a flat kinked grind rail, skate table and jump ramp, 2 quarter pipe, 3-sided pyramid w/ stairs/grind ledge/ kinked rail, mini half pipe combination, and a custom curved grind rail.



Wireless Internet Available

**2020 W 48th Avenue**  
**343-4160 (ph)**  
**248-0859 (fax)**

**Recreation Superintendent**  
**Teri Desy 343-4297**

**Facility Manager**  
**Matthew Reed 343-4247**

**Recreation Programmer**  
**Jennifer Thorne 343-4495**

**Hours of Operation**  
**Monday–Friday 10a–9p**  
**Saturday 12N–9p**  
**Sunday 12N–5p**

## Holiday Hours/Closures:

|                      |                         |               |
|----------------------|-------------------------|---------------|
| <b>May 26</b>        | <b>Memorial Day</b>     | <b>12N-5p</b> |
| <b>Jul 4</b>         | <b>Independence Day</b> | <b>Closed</b> |
| <b>Aug 18-Sept 2</b> | <b>Maintenance</b>      | <b>Closed</b> |

## ACTIVITY FEES

|                        |                 |
|------------------------|-----------------|
| Adult (18 yrs +)       | \$3             |
| Punch Card Adult       | \$40/15 visits  |
| Youth (11 & under)*    | Free            |
| Teen (12-17 yrs)       | \$1             |
| Punch Card Teen        | \$12/15 visits  |
| Racquetball            | \$8/person/hour |
| Punch Card Racquetball | \$45/7 visits   |
|                        | \$90/15 visits  |

Skate Park M-F 10a-8:45p,  
 Sa 12N-8:45p, Su 12N-4:45p      Free

Children's Lunchbox      Free M-F 12N-1p  
 (May 26-Aug 18)

\*Children under 8 must have adult supervision

Facility admission allows access to all amenities, except where additional fees are noted or if an organized class is in session.

## Program Listing

Japanese Martial Arts, Kindergym, Toddle Time, Shotokan Karate, Boxing, ACE Academy Summer Camp and Special Events.

# Fairview Recreation Center

**1121 East 10th Avenue  
343-4130  
343-6049 (fax)**

**Recreation Superintendent  
Teri Desy 343-4297**

**Facility Manager  
Dorena Bingham, 343-4368**

**Assistant Facility Manager  
Jessie Haynes 343-4138**

**Hours of Operation  
Monday-Friday 11a-9p  
Saturday 12N-5p  
Sunday 10a-3p**

## **Holiday Hours/Closures:**

|                 |                           |               |
|-----------------|---------------------------|---------------|
| <b>May 26</b>   | <b>Memorial Day</b>       | <b>12N-5p</b> |
| <b>Jul 4</b>    | <b>Independence Day</b>   | <b>Closed</b> |
| <b>Aug 4-18</b> | <b>Annual Maintenance</b> | <b>Closed</b> |
| <b>Sept 1</b>   | <b>Labor Day</b>          | <b>12N-5p</b> |

## **ACTIVITY FEES**

|                     |                |
|---------------------|----------------|
| Adults (18+)        | \$3            |
| Punch Card Adult    | \$40/15 visits |
| Teen (12-17 Yrs)    | \$1            |
| Punch Card Teen     | \$12/15 visits |
| Youth (11 & under)* | Free           |

|                                       |                 |
|---------------------------------------|-----------------|
| Children's Lunchbox<br>(May 26-Aug 4) | Free M-F 12N-1p |
| Kid's Kitchen (dinner meals)          | Free M-F 4-5p   |

\*Children under 8 must have adult supervision.

Facility admission allows access to all amenities, except where additional fees are noted or if an organized class is in session.

## **Exercise Facilities**

The Center's main gymnasium is a college size basketball court that can be used for tennis, volleyball, indoor soccer and private parties. It has seating for over 200 spectators. The men's and women's locker rooms have their own sauna and showers. The weight training room offers a variety of weight machines, free weights, treadmills and exercise bikes. The dance/martial arts studio has a mirrored wall, ballet bar and access to tumbling mats.



## **Arts & Crafts Studio**

The arts and crafts studio has professional pottery throwing wheels, ceramic molds and commercial firing kilns.

## **Meeting Rooms**

A conference room with adjoining commercial kitchen is available for large meetings, luncheons, receptions and seminars (up to 130 people).

## **Youth & Teen Programs**

Kid's Kitchen, Mini-Basketball Clinics, Girls Circle, Boxing and other activities.

## **Adult Programs**

Kripula Yoga, Adult Lunch Hour Pickup Basketball, Basket Weaving

## **Pro Bono Legal Clinics**

Call for clinic schedules.

## **Senior Programs**

Senior Volleyball, Senior Tennis

## **Instructors Needed**

We are looking for quality instructors to enhance the variety of classes and workshops offered throughout the year. Staff will work with you to make the experience of teaching enjoyable and rewarding. Come see us if you have an idea, or call 343-4297.

## **Rental Information**

Each of the center's rooms are available for rent for special events. Our affordable meeting rooms are great for business seminars or birthday parties. The gym accommodates anything from volleyball practice to a regional basketball tournament. The dance studio is the perfect setting for a private dance lesson or martial arts seminar.

Call for information on rates and reservation procedures.

|                        |         |
|------------------------|---------|
| Main Gym.....          | \$75/hr |
| Multi-purpose Room ... | \$70/hr |
| Kitchen/Sm Conf Rm ..  | \$40/hr |
| Dance/Crafts Studio .. | \$50/hr |
| Youth Gym.....         | \$50/hr |
| - 2 Hour Minimum -     |         |

Wireless Internet Available

# Lidia Selkregg Chalet



## Selkregg Chalet

Dr. Lidia Selkregg Chalet, located in the beautiful 300 acre Russian Jack Springs Park, is where you can experience beautiful panoramic mountain views, city lights, and park like forest settings. This quaint chalet is an ideal place for meetings, parties, weddings, receptions, seminars and special events.

The park includes the Mann Leiser Memorial Greenhouse within the Municipal Greenhouse Complex, Cartee and Russian Jack Springs Softball Complexes, 2 soccer/multi use fields, the Girls Scouts Day Camp, picnic/playground area, a 9 hole golf course, an off leash dog area, and model train museum - all laced with nine miles of bike and lighted ski trails.

Please call or stop by the facilities for full rental and activity details.

## Mann Leiser Memorial Greenhouse

Open M-F 8a-3:30p, closed on recognized holidays. Rentals are \$150 for all special events (20-25 participants), No evening or after hours events. Contact 343-4717 for availability.

Municipal Greenhouses are open for self-guided tours, weddings and other special occasions. You will find an aviary, small fish pond and park benches, as well as a large variety of tropical plants.

## Programs

Golf lessons for children and adults, Russian Jack Explorers Camp, youth and adult special interest classes including gardening, bicycling, hiking and more.

**1600 Lidia Selkregg Lane**  
**343-6692 (ph) 332-1676 (fax)**

**Recreation Superintendent**  
**Scott O'Brien 343-4475**

**Assistant Facility Manager**  
**Roger Besh 343-6992**

**Recreation Programmer**  
**Margaret Timmerman 343-4217**

## Selkregg Chalet Hours of Operation

**Monday-Friday 11a-8p**

**Saturday 9:30-7p**

**Sunday 11a-7p**

## Russian Jack Springs Park Hours

**Monday-Sunday 7a-11p**

## Holiday Hours/Closures:

|               |                         |               |
|---------------|-------------------------|---------------|
| <b>May 26</b> | <b>Memorial Day</b>     | <b>12N-5p</b> |
| <b>July 4</b> | <b>Independence Day</b> | <b>Closed</b> |
| <b>Sept 1</b> | <b>Labor Day</b>        | <b>Closed</b> |

## Rentals

The main room can accommodate up to 56 people seated and 123 people standing. The chalet also has a small food service area for your rental to use. The lower level room can accommodate up to 20 people.

### ROOM RENTAL FEE:

- \* Main Lodge Room--\$50/hr ( includes small kitchenette)
- \* Lower Level Room--\$20/hr
- \* Alcohol Waiver--\$264 + room rental
- \* Before or After normal operating hours--\$30/hr

To apply for a rental, forward a facility permit request/ letter of intent to Parks & Recreation, Attn: Selkregg Chalet, PO Box 196650, Anchorage, AK 99519-6650 or fax requests to 332-1676. Requests that include alcohol must submit an Alcohol Waiver as well. For an in-depth listing of parks & recreation fees, log in to [www.muni.org/parks](http://www.muni.org/parks).





# RJS Golf Course

# Centennial Campground

## RUSSIAN JACK SPRINGS GOLF COURSE

### OFFICE HOURS

**Monday - Friday 11a – 8p**

**Saturday 9:30a – 7p**

**Sunday 11a – 7p**

**Golf Course Closed thru Mid-July**

Russian Jack Springs Golf Course  
1600 Lidia Selkregg Lane  
343-6992 for tee times  
332-1676 (Fax)

Just a 15 minute drive from downtown Anchorage, Russian Jack Springs Golf Course offers an excellent opportunity for vacationers, those just getting off of work and those wanting to play a few short rounds of golf.

Due to popular demand the golf course will be open to disc golf enthusiasts. Enjoy the wide open and long fairways! Call for tee times and prices. Members of the Anchorage Disc Golf Association will receive \$3 off daily green fees. Must show valid ADGA membership along with picture ID.

The Executive nine-hole golf course features artificial greens, wooded fairways, beautiful scenery that includes the peaks of the Chugach and Alaska ranges plus the surrounding greenery and city skyline, comfortable chalet for between rounds, surrounding attractions such as the municipal greenhouse, the natural springs, bike trails and picnic areas, golf club and pull cart rentals

**DUE TO COURSE CONSTRUCTION, THE GOLF COURSE WILL BE CLOSED FROM MID-MAY UNTIL MID-JULY. CHECK THE WEBSITE FOR UPDATES. SORRY FOR ANY INCONVENIENCE.**

## GOLF & DISC GOLF FEES

### GREEN FEES

Individual (all ages) \$8

### 8 PLAY MEMBERSHIP CARD

Per Card \$50

### SEASON PASS

Individual \$130

Family (4 members) \$250

### RENTAL EQUIPMENT

Pull Golf Carts \$5

Golf Clubs \$7

## CENTENNIAL CAMPGROUND

### OFFICE HOURS

**Monday - Sunday 7a – 8p**

**Campground Open**

**May 23- Sept 12 (tentatively)**

Centennial Campground  
8400 Starview Drive  
343-6986  
337-0158 (Fax)

The Municipality Of Anchorage offers rustic camping opportunities right in your own back yard, during the summer months, for residents and out of town guests alike. Centennial Campground offers 104 camp sites (6 are pull-through); Sites 1 - 21 RV only w/electricity, 67 RV/tent sites w/o electricity, 16 grassy tent sites, and 2 group sites. Amenities include WiFi and bathrooms with flushing toilets and hot showers. 14 night stay limit.

Come out and enjoy the wilderness experience right in town, less than 15 minutes from downtown Anchorage. Centennial is close to hiking trails, bus lines, restaurants, shopping and other recreational activities.

Group rates are available - Please call for details.

### RATES:

|              |   |
|--------------|---|
| Camping      | \$25 per night / \$35 w/electricity                         |
| RV Dump site | Free for Centennial campers, \$10 Non Centennial campers    |
| Firewood     | \$6 per bundle  |
| Showers      | Free for Centennial campers, \$5 for Non Centennial campers |

For a list of park rules, visit [www.muni.org/parks](http://www.muni.org/parks)



# Kincaid Outdoor Center

**9401 Raspberry Road  
343-6397 (ph) 248-3780 (fax)**

**Recreation Superintendent  
Scott O'Brien 343-4475**

**Facility Manager  
Brad Cooke 343-6566**

**kincaid@muni.org**

**Kincaid Outdoor Center  
Hours of Operation  
Monday–Saturday 12N–8:30p  
Sunday 12N-5p**

## **Holiday Hours/Closures:**

|               |                         |               |
|---------------|-------------------------|---------------|
| <b>May 26</b> | <b>Memorial Day</b>     | <b>12N-5p</b> |
| <b>July 4</b> | <b>Independence Day</b> | <b>Closed</b> |
| <b>Sept 1</b> | <b>Labor Day</b>        | <b>Closed</b> |

## **Kincaid Park Hours**

Raspberry Road Gates: 10a-10p, M-Su  
Jodhpur Gate: 10a-9p, M-Su  
Raspberry Road Parking Lot: 10a-11p M-Su  
Motorcross: 10a-8:30p W-Su. Closed M/Tu

## **Kincaid Program Listing**

Archery, Kincaid Adventure Camp, Thursday Night Bikes, Walk/Hike for Fitness & Fun, Summer Hike Alongs, Walking for Well Being (Check with staff about major events)



## **Kincaid Outdoor Center Rental Information**

Kincaid Park is situated among 1,400 acres of rolling, forested hills and beautiful scenery...a spectacular view of Mt. Susitna across Cook Inlet; Fire Island to the Southwest; both Mt. Denali and Mt. Foraker to the north; and arguably, the best sunsets in Anchorage! Many species of wildlife roam free within the park.

Parks & Recreation offers two facilities to rent for indoor functions surrounded by spacious parks and trails, Kincaid Outdoor Center and Lidia Selkregg Chalet. Year-round activities could include meetings, parties, weddings, receptions, seminars and special events.

Over 25 major events have been held in the park, including: national level competitions for the selection of the U.S. Olympic Teams for X-C skiing and for Special Olympics; Alaska Ski for Women, the largest women-only ski race in the country; the National Masters X-C Skiing Championships; and the NCAA National X-C Skiing Championships. The 60km of interwoven trails, of which nearly 20km are lighted, play host to four seasons of biking, hiking, biathlon, triathlon, walking, running, and skiing activities and competitions. Access to the Coastal Trail is within yards of the Outdoor Center.

## **Notices**

**Archery Range** is maintained by Northwest Archers Association. Contact them @ [www.northwestarchers.com](http://www.northwestarchers.com).

**Disc Golf Course** is maintained by Anchorage Disc Golf Association. Contact them @ [www.alaskadiscgolf.com](http://www.alaskadiscgolf.com).

**Paintball** is prohibited in all Municipal parks with the exception of South Anchorage Sports Complex. Contact them @ [www.907paintball.com](http://www.907paintball.com).

**Single Track Bike Trails** are maintained by Single Track Advocates. Contact them @ [www.singletrackadvocates.blogspot.com](http://www.singletrackadvocates.blogspot.com).



# FIND ADVENTURE



Anchorage Parks and Recreation is offering three healthy and exciting summer camp options this summer. A full day camp will be offered at Spenard Recreation Center as well as half day camps at Kincaid Park and Russian Jack Park.

Join us for a summer filled with adventures like animal tracking, canoeing, hiking, sports, arts and crafts, plants, and much more!

Details are listed in the Activity Guide and Online  
**Register Online with ActiveNet**  
[www.muni.org/Departments/parks/Pages/ActivityGuide.aspx](http://www.muni.org/Departments/parks/Pages/ActivityGuide.aspx)

# 2014 SUMMER CAMP