

# Substance Misuse Resource Guide

This guide includes crisis, treatment, or other supportive services in the Anchorage area for individuals living with a substance use disorder, regardless of where they are in their journey to recovery.

October 2021

# **Table of Contents**

Crisis Resources	3
Shelters	4
Food & Nutrition	6
Substance Use Disorder Assessment & Treatment	8
Recovery Support	13
Recovery Support for Families	15
Counseling	16
Harm Reduction	20
Medication Disposal	21
Transitional Living & Housing	22
Employment. Education & Training	

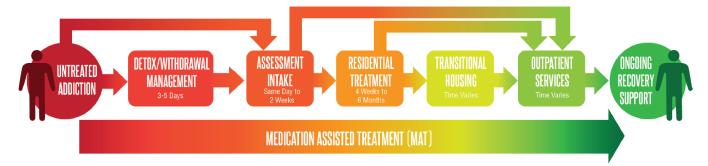








<sup>\*</sup>This resource list is not an endorsement, nor is it all-inclusive. This project was made possible thanks to an ongoing collaboration between the Anchorage Health Department, the Anchorage Public Library, Community Resource Coordinator Program, and the Alaska National Guard Counterdrug Support Program. If you would like to contribute to this list, please email: Elijah.gutierrez@anchorageak.gov.



Addiction is a chronic condition so recovery is a lifelong process.

# **Crisis Resources**

Emergency: 9-1-1

Statewide Health and Human Services Referrals: 2-1-1

**Poison Control:** 800-222-1222

**US Department of Veterans Affairs Veterans Crisis Line:** 800-273-8255

**National Domestic Violence Hotline:** 800-799-7233

**Standing Together Against Rape (STAR) Crisis Line:** 907-276-7273

Abused Women's Aid in Crisis (AWAIC) Hotline: 907-272-0100

**Adult Protective Services: 907-269-3666** 

**Child Protective Services:** 1-800-478-4444

Fallen Up Ministries Substance Misuse Crisis Line: 907-815-SAVE

**Providence Behavioral Health Crisis Line:** 907-563-3200

**Careline Mental Health and Suicide Prevention Hotline:** 800-273-8255

Text 4 Help to 839863 (Tuesday-Saturday 3pm-11pm)

The Trevor Project Lifeline Suicide Prevention for LGBTQ+ Youth: 866-488-7386

# **Shelters**

# **Anchorage Gospel Rescue Mission**

907-563-5603

2823 Tudor Rd, Anchorage

Shelter for single men, faith-based recovery program for men, six-month shelter accommodation for those returning to the workforce or transitioning to permanent housing. Six-bed transitional sober living program for women, must apply. All guests must pass a breathalyzer to access services.

# Abused Women's Aid in Crisis (AWAIC)

907-279-9581

100 W 13th Ave, Anchorage

Shelter and support for victims of domestic violence. Call for screening.

# Bean's Café Day Shelter—currently closed due to COVID-19

907-433-8600

1101 E 3rd Ave, Anchorage

Soup kitchen and day shelter for individuals experiencing homelessness. 18+ only.

#### **Brother Francis Shelter**

907-277-1731

1021 E 3rd Ave, Anchorage

Shelter for medically vulnerable single men and women.

# **Clare House** 907-563-4545

4110 Spenard Rd, Anchorage

Shelter for pregnant women and women with children.

#### Covenant House Alaska 907-272-1255

755 A St, Anchorage

Shelter and other supportive services for homeless youth ages 18+

#### **Downtown Hope Center**

907-277-4302

240 E 3rd Ave, Anchorage

Shelter for women, dinner provided. Line up at 6pmto access shelter.

#### **Salvation Army McKinnell House**

907-276-1609

1712 A St, Anchorage

Shelter for families (men included) with children.

# **Sullivan Arena Navigation Center** (Emergency Response Mass Shelter)

907-729-4955

1600 Gambell Street, Anchorage

Shelter for single men and women. Curfew to check in 9:00 p.m. Laundry, meals, clinic, and showers available for guests. Resource Hub available Monday-Friday,

**Willa's Way** 907-744-4072

4501 Diplomacy Dr, Anchorage

Shelter and other services for Alaska Native/American Indian women and children who are victims of domestic violence.

Non-congregate shelter aka "Cold Weather Shelter" Call 211

After 7pm, call (907) 440-7493

Shelter for families and pregnant women only.

# **Food & Nutrition**

# **Anchorage School District Student Nutrition Program**

907-348-5145

To apply for the program, or for questions, visit: <a href="https://snonlineapps.asdk12.org/fma/">https://snonlineapps.asdk12.org/fma/</a>

**Student Nutrition Department** 

1307 Labar Street, Anchorage; M-F 7:30am-4:00pm

**Division of Public Assistance: SNAP** (formally called Food Stamps)

907-269-6599

3901 Old Seward Highway, Suite 131, Anchorage

Contact the Virtual Contact Center (VCC) at 800-478-7778 or email at

hss.dpa.offices@alaska.gov. Website: http://dhss.alaska.gov/dpa/pages/default.aspx.

#### **Food Bank of Alaska Chart**

If you would like a physical copy of the "Anchorage Hot Meals and Distribution Calendar," you can pick one up at the Anchorage Public Library.

https://www.foodbankofalaska.org/help/snap/.

https://www.foodbankofalaska.org/wp-content/uploads/2021/04/Revised-April-2021-Southcentral-Food-Referral-Calendar.pdf.

#### **Food Pantry List**

List of all open food pantries and hot meal locations, updated daily www.anchoragefood.org.

# Friends in Serving Humanity (F.I.S.H)

907-277-0818

Call the FISH line for food assistance. Food will be bought, packaged, and delivered directly. Can be used once a month and will deliver to camps (must be physically present). https://www.fishcharity.org/index.html

#### Food Bank of Alaska SNAP Outreach Team

907-222-3119

For help applying for SNAP, or questions, contact Outreach Team. Email: <a href="mailto:snap@foodbankofalaska.org">snap@foodbankofalaska.org</a>; Text: SNAP to (907) 891-8913

#### **Anchorage Health Department: WIC**

907-343-4668

825 L. St. Anchorage

The Women, Infants and Children program is a nutrition program that provides healthy foods, nutrition education, breastfeeding support, and referrals to health care and other services, free of charge, to Anchorage families who qualify. Contact WIC for help applying or questions. Text: CHILD to (907) 312-2300

Food Bank of Alaska: Commodity Supplemental Food Program (CSFP)

907-269-6599

Coordinates distribution of monthly senior boxes to eligible seniors 60+ through a network of partner agencies. Register at your nearest food pantry.

# Anchorage Area CSFP distribution locations:

Anchorage Senior Center 1300 East 19th Avenue 907-770-2000 2nd Monday of the month 10am-12pm

Catholic Social Services
3710 East 20th Avenue
907-222-2300
M, T, W, Th 9:00am - 1:00pm
4th Wed of the month 4pm-6:30pm

Chugiak Senior Citizens Center 22424 North Birchwood Loop Road 907-688-2692 Call for hours of distribution

Girdwood Chapel Food Pantry 102 Heavenly Valley Drive 907-783-0127 3rd Sunday of every month, 2:00pm-4:00pm

Lutheran Social Services 1303 West 33rd Avenue 907-263-0643 T, Th, F 9:00am - 12:00pm Wednesday 4:30pm-7:30pm

Southcentral Foundation Elder Program 6901 East Tudor, Suite #8 907-729-6502 Call for hours of distribution

# **Substance Use Disorder Assessment & Treatment**

**Akeela, Inc.** 907-565-1200

360 W Benson Blvd, Anchorage

http://www.akeela.us/

Outpatient, intensive outpatient, and residential substance use and mental health treatment services. Case management, individual and group counseling for people transitioning out of corrections, families under OCS supervision, and those struggling with substance misuse and/or mental health disorders.

Payment: Medicaid, most health plans and insurance, sliding scale.

# **Alaska Regional NEST Program**

907-276-1131

2801 Debarr Rd, Anchorage

https://alaskaregional.com/service/the-nest-program

A program for babies born with Neonatal Abstinence Syndrome (NAS) and their families.

Medical management (MOUD) for mother/child experiencing withdrawal symptoms, supportive detox, treatment, counseling, andfamily support services offered.

Payment: Medicaid, most health plans and insurance

#### Alaska VA Healthcare System

907-273-4011

1201 N Muldoon Rd, Anchorage

https://www.alaska.va.gov/

Medications for Opioid use Disorder (MOUD) for opioid use disorder and addiction for veterans. Payment: VA Healthcare

#### **Alaska Wisdom Traditions Counseling**

907-562-4540

401 W International Airport Rd. Suite 27, Anchorage

http://www.alaskawisdomrecovery.com/

Assessment, individual and group therapy, in-house 12 step meetings, relapse prevention services. Medications for Opioid use Disorder (MOUD).

Payment: Medicaid, no Medicare, most health plans, and insurance

#### **Aleutian Pribilof Islands Association**

907-222-9764

1131 E International Airport Rd, Anchorage

https://www.apiai.org/services/health-care/behavioral-health/

Intensive outpatient program, psychological assessments, telehealth services, tobaccocessation counseling, nicotine replacement therapy, counseling, Alcohol and Drug Information School. *Payment: Medicaid, most private insurance* 

# **Algone Anchorage Interventional Pain**

907-770-1152

4001 Dale St. #105, Anchorage

http://www.algonealaska.com/ADDICTION-TREATMENT/

Medications for Opioid use Disorder (MOUD) for opioid use disorder and alcohol use disorder, nicotine cessation, the bridge device.

Payment: Most insurance accepted, full list on website.

# Alyeska Counseling Group, LLC.

907-782-4553

701 W 41st Ave Suite 104, Anchorage

http://alyeskacounselinggroup.com/

Assessment, substance misuse counseling, and outpatient treatment for adults.

Payment: Various private insurances, most credit cards

# **Anchorage Comprehensive Treatment Center**

855-387-3246

3230 C. St., Anchorage

https://www.anchoragectc.com/

Opioid Use Disorder program offering assessment, counseling, and Medications for Opioid use Disorder (MOUD) for individuals 18 and older who have had an opioid use disorder for one year or longer. MOUD options include methadone maintenance, buprenorphine (Suboxone and Subutex).

Payment: Medicaid, most health plans and insurance (must have assessment payment upfront regardless of coverage)

**CHOICES Inc.** 907-333-4343

1231 Gambell St Suite 300, Anchorage

https://www.choices-ak.org/

Intensive case management, recovery coordination, and outpatient substance use disorder treatment services for individuals experiencing severe and persistent mental illness, cooccurring substance use disorder, and other behavioral health conditions.

Payment: Medicaid only

#### **Cook Inlet Tribal Council - Clare Swan Outpatient**

907-793-3206

1835 Bragaw St. Suite 350, Anchorage

https://citci.org/recovery/claire-swan-outpatient-program/

Outpatient and intensive outpatient services for Alaska Native and American Indian individuals. Individual screenings, counseling, case management, support groups.

Payment: IHS, Medicaid, most health plans and insurance

#### Cook Inlet Tribal Council - Ernie Turner Center

907-668-1750

30881 Eklutna Lake Rd, Anchorage

https://citci.org/recovery/etc-residential-inpatient/

16-bed residential inpatient program for individuals with addiction and/or mental health disorders recommended for inpatient treatment. Clare Swan outpatient and intensive outpatientservices for Alaska Native individuals. Peer support group open to anyone in recovery.

Payment: IHS, Medicaid, most health plans and insurance

# Dena A. Coy (Southcentral Foundation)

907-729-5070

4130 San Ernesto Ave, Anchorage

# https://www.southcentralfoundation.com/services/behavioral-health/dena-a-coy/

Residential treatment program for pregnant, parenting, and non-parenting women with problematic drug or alcohol use and emotional or psychological issues. Services including counseling, relapse prevention, and community recovery skills.

Payment: IHS, Medicaid, most health plans and insurance

## **Discovery Cove Recovery and Wellness Center.**

907-694-5550

11901 Business Blvd, Eagle River

https://www.discoverycovealaska.com/

Outpatient and intensive outpatient treatment for substance use disorder, including Medications for Opioid use Disorder (MOUD).

Payment: Medicaid, most health plans and insurance

# Four Directions Outpatient Treatment Center (Southcentral Foundation)

907-729-6300

4000 Laurel St, Anchorage

https://www.southcentralfoundation.com/services/behavioral-health/four-directions-outpatient/

Substance Use Disorder and dual diagnosis assessments, individual counseling, and group counseling badults 18+. Clients who are Indian Health Service (IHS) beneficiaries able to enroll in Medication for Addiction Treatment (MOUD) for Opioid Use Disorder and Alcohol Use Disorder through Four Directions.

Payment: IHS, Medicaid, most health plans and insurance

#### Genesis Recovery, Inc.

907-243-5130

2825 W 42<sup>nd</sup> Ave, Anchorage

https://www.genesisrecovery.org/

Assessments and referrals, outpatient and residential treatment, substance use disorder counseling,24-hour monitored care, transitional living, family treatment for adults.

Payment: Medicaid, most health plans and insurance

Ideal Option 877-522-1275

2421 E Tudor Rd. Suite 108, Anchorage

https://idealoption.net/

Medications for Opioid use Disorder (MOUD) in combination with behavioral health services for opioid, alcohol, methamphetamine, and/or cannabis use disorders.

Payment: Medicaid, most health plans and insurance

#### **Jett Morgan Treatment Services, LLC**

907-677-7709

400 W Tudor Rd, Anchorage

https://www.jettmorgan.com/

Substance misuse assessment, mental health evaluations, intensive outpatient treatment services for individuals 18+. Priority admission to pregnant women, people who inject drugs, and clients that are HIV positive.

Payment: Cash and most major credit cards

Ma's Way 907-884-5350

3601 Lois Dr, Anchorage

www.masway.org

Substance Use Disorder assessment, coordination with DOC, mental health support and diagnostic services, case management, intensive outpatient programs.

Payment: Private insurance and self-pay

#### **Mountain Minds Matter**

907-382-6477

273 Crystal Mountain Rd Suite 3, Girdwood

Outpatient treatment for adults with substance use disorder. Counseling, cognitive behavioral therapy, and programs for individuals with co-occurring substance use disorder and mental health issues.

Payment: Cash only

# **Narcotic Drug Treatment Center**

907-276-6430

1015 E 6th Ave, Anchorage

http://www.ndtcak.org/

Medication for Opioid Use Disorder (Methadone), individual and group counseling for individuals 18 and older. Medical, educational, nutritional, and supportive services for pregnant women struggling with opioid use disorder. Medically monitored outpatient services for opioid use disorder.

Payment: Medicaid, most private insurance, sliding scale

#### North Star Behavioral Health - Arctic Recovery Program

907-258-7575

1650 South Bragaw, Anchorage

https://northstarbehavioral.com

Intensive Holistic Treatment Program dedicated to individuals 18 and older in need of detoxification and/or rehabilitation for substance abuse.

Payment: Most insurance policies

#### North Star Behavioral Health - Chris Kyle Patriots Hospital

907-258-7575

1650 Bragaw St, Anchorage

https://chriskylepatriotshospital.com/

Treatment for first responders, military service members and veterans 18 and older. Services include assessments, individual, family and group therapy, family support and education classes, detoxification.

Payment: Medicaid, most health plans and insurance

#### **Providence Breakthrough**

907-212-6970

3760 Piper St. Suite 1108, Anchorage

https://alaska.providence.org/services/b/breakthrough

Outpatient, intensive outpatient, and partial hospitalization treatment for substance use disorderfor individuals 18 and older. Medications for Opioid use Disorder (MOUD), pregnant

mother program, family education and support program.

Payment: Medicaid, most health plans and insurance

**Renew Your Mind** 907-222-5464

123 E Fireweed Ln. Suite 212

Outpatient, intensive outpatient treatment for substance use disorder. Screening, counseling, andbehavioral therapy for adults with substance use disorder.

Payment: Cash only

# **Salvation Army Clitheroe Center**

907-770-8812

3600 E 20th Ave, Anchorage

https://clitheroe.salvationarmy.org/

42-bed inpatient residential and outpatient treatment for adults with substance use disorder.

Treatment for individuals with co-occurring mental health and substance use disorders.

Payment: Medicaid, most health plans and insurance

# **Southcentral Detox** (formerly Ernie Turner Center Detox)

907-729-6690

4330 Elmore Rd, Anchorage

https://www.southcentralfoundation.com/detox/

14-bed detox program open to all Alaska Native and non-Native residents ages 18 and older. 24-hour medical supervision, priority given to pregnant women, individuals injecting drugs, and customers with a confirmed treatment bed. Medications for Opioid use Disorder (MOUD) with step-down services.

Payment: IHS, Medicaid, most health plans and insurance

#### **Volunteers of America Alaska**

907-279-9640

509 W 3<sup>rd</sup> Ave. Suite 103, Anchorage

https://www.voaak.org/

Assessments, inpatient (24-bed ARCH facility in Eagle River for ages 13-18) and outpatient (Assist program at the main office for ages 12-14) treatment services for adolescents.

Payment: Medicaid, most private insurance.

# **Recovery Support**

#### Alaska Mental Health Consumer Web

907-222-2980

1248 Gambell St, Anchorage

https://www.theweb.ngo/

The Web provides peer-driven, peer support in a safe environment guided by unconditional positive regard using a recovery-based philosophy. For more information on group times and links, visit the website above.

#### Alaska Women's Recovery Project (Southcentral Foundation)

907-729-5190

4155 Tudor Centre Dr. Suite 205, Anchorage

https://www.southcentralfoundation.com/services/behavioral-health/awrp/

Weekly support gatherings, skill-building workshops, peer leadership development, clothing closet and other services for women whose lives have been disrupted by alcohol and other drug use disorders and co-occurring mental health disorders.

# **Alcoholics Anonymous**

907-272-2312

www.anchorageaa.org

Alcoholics Anonymous (A.A.) is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. For more information or links to meetings, call or checkthe website.

#### **Bridges 2 Recovery**

844-670-8071

http://bridges2recovery.org/index.html

A grassroots Alaskan organization that works to remove the social stigma associated with addiction treatment and recovery. Hosts a weekly internet podcast show that tells personal stories of addiction and recovery.

#### **Cook Inlet Tribal Council - Alumni Support Group**

907-793-3433

www.defendersofsobriety.org

Defenders of Sobriety is a support group for alumni of any CITC program.

#### **Cook Inlet Tribal Council - Peer Support Network**

907-793-3221

3600 San Jeronimo Dr. RCC Room #1, Anchorage

https://citci.org/recovery/peer-support-network/

CITC's Peer Support Network provides support, guidance, and services for those in recovery from addiction, administered by individuals with lived recovery experience. The peer support group is open to anyone who is in recovery. To learn more, email: <a href="mailto:rs@citci.org">rs@citci.org</a> or call number listed.

#### Cook Inlet Tribal Council - Chanlyut Program (Re-Entry Support)

907-793-3600

https://citci.org/recovery/reentry/

CITC's Chanlyut program is a 6 week, low-intensity residential treatment program for men (both

beneficiaries and non-beneficiaries). Residents have access to peer-to-peer sober supports during and after the program. In addition to its residential treatment offerings, the program offers peer-to-peer support, employment, job preparation resources, and more. For applications, call the phone number listed above.

# **Narcotics Anonymous**

907-277-5483

# https://www.akna.org/

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. The group meets regularly to help each other stay clean. We are not interested in what or how much you used but only in what you want to do about your problem and how we can help. Call or check the website for updated meetinginformation. In-person and Zoom meetings are listed on website, or email webservant@akna.org

Recover Alaska 907-249-6645

# https://recoveralaska.org/

Recover Alaska is a coalition with the goal of addressing the harm caused by excessive alcohol consumption in Alaska. An alcohol misuse screening tool, education, and more can be found on their website.

# **Recovery Support for Families**

**Al-Anon** 907-276-6646

https://al-anon-ak.org/

Al-Anon is a mutual support program for people whose lives have been affected by someone else's drinking.

**Ala-Teen** 907-227-5742

https://al-anon-ak.org/alateen/

Alateen, a part of the Al-Anon Family Groups, is a fellowship of young people (mostly teenagers) whose lives have been affected by someone else's drinking whether they are in your life drinking or not.

# **Alaska Wisdom Recovery**

907-562-4540

http://www.alaskawisdomrecovery.com/index.html

Family education groups on addiction, recovery, and supporting your loved one.

#### **Alaska Police and Fire Chaplains**

# Alaska Suicide Support Group and other Grief and Loss Resources

907-272-3100

https://alaskachaplain.org/

Weekly suicide support group, chaplain support line, and more grief resources. Our facilitators are trained in group dynamics, acquainted with grief, trained in traumatic stress and suicide: postvention, prevention and intervention.

#### Nar-Anon

#### https://www.nar-anon.org/find-a-meeting

A 12-step program for family and friends of people with addiction. Many Nar-Anon groups now meet virtually, without a physical location. A list of registered virtual meetings is available on the Virtual Meetings page.

#### **REAL About Addiction**

907-440-7289

2300 Oak Dr, Anchorage

www.realaboutaddiction.net

Support network and advocacy for family members of people who have been impacted by the opioid epidemic.

# Counseling

# **Alaska Veterans Affairs Healthcare System**

907-257-4854

1201 N Muldoon Rd, Anchorage

https://www.alaska.va.gov/services/mentalhealth.asp

Mental health services for veterans, including treatment for PTSD, addictive behaviors, depression, relationship problems, stress, etc. Provide outreach to homeless veterans.

# Seeds of Change (formerly Alaska Youth Advocates)

907-762-8660

704 W. 26<sup>th</sup>, Anchorage

https://alaskabehavioralhealth.org/what-we-do/vocational-services/alaska-seeds-of-change/

Alaska Seeds of Change works with young people ages 16-24 to help them develop the vocational and personal skills needed to become successful adults. Most staff initially start at Seeds as apprentices, by volunteering for school credit or through an apprenticeship program with one of our partner agencies. Alaska Seeds of Change is not a treatment program.

## Alaska Youth & Family Network

907-770-4979

740 Communications Ave, Anchorage

www.ayfn.org

Youth support groups, parent support groups, one-on-one family support services.

# Anchorage Behavioral Health Clinic (Providence Medical Group)

907-212-6900

3760 Piper St, Anchorage

www.alaska.providence.org/services/b/behavioral-health

Outpatient mental health services for children, adolescents, and adults. Individual and group therapy services, testing, diagnostic interviews, and medication management.

#### Alaska Behavioral Health

907-563-1000

4020 Folker St, Anchorage

www.acmhs.com

Crisis Intervention, family therapy, individual mental health counseling.

#### **Anchorage Vet Center**

907-563-6966

4400 Business Park Blvd. Suite B-34, Anchorage

Counseling and support services provided by the Veterans Administration for war veterans. OpenMonday 8:00am-7:00pm, Tuesday-Friday 8:00am-4:30pm.

#### **Birchwood Behavioral Health**

907-349-2222

1600 O'Malley Road, Anchorage

www.bbhalaska.com

Counseling, case management, educational support services, residential and outpatient program.

# **Cornerstone Recovery Clinic**

1825 Academy Dr, Anchorage

https://www.cornerstonerecoveryclinic.org/

Evaluation and counseling for substance use disorder. Individual and group counseling sessions offered. Group sessions meet Tuesdays and Thursdays 5:30-8:30pm.

# **Counseling Solutions of Alaska**

907-644-8044

907-339-8760

701 E Tudor Rd, Anchorage / 11901 Business Blvd, Suite 105A, Eagle River <a href="http://www.counselingsolutionsak.com/">http://www.counselingsolutionsak.com/</a>

Psychiatric evaluation and medication management, counseling for adults, children and families, wellness yoga.

**Covenant House** 907-272-1255

755 A St, Anchorage

www.ak.covenanthouse.org

Youth shelter with wellness center that offers access to mental health clinicians and referrals to community health services.

#### **Demming Counseling Services**

907-561-3171

2550 Denali St, Suite 1608, Anchorage

www.demmingcounseling.com

Cognitive behavioral therapy, relationship counseling, family therapy, child, and teen counseling.

# **Denaa Yeets' (Southcentral Foundation)**

907-729-5260

4320 Diplomacy Dr, Suite 1411, Anchorage

https://www.southcentralfoundation.com/services/behavioral-health/denaa-yeets/ Specialized support, case management, and referral to behavioral health programs for AlaskaNative and American Indian adults at risk for suicide and their families.

#### **Denali Family Services**

907-222-2321

1251 Muldoon Rd. Suite 116 / 6401 A St, Anchorage <a href="http://www.denalifs.org/">http://www.denalifs.org/</a> Intensive behavioral and emotional health services for children and their families. Individual, family, and group psychotherapy services in combination with intensive care coordination and rehabilitation services for children with mental illness and their families.

# Fireweed Clinic and ANPCC (Southcentral Foundation)

907-729-2500

4341 Tudor Center Dr, Anchorage

https://www.southcentralfoundation.com/services/behavioral-health/fireweed-anpcc/

Crisis intervention, case management, psychiatric evaluation, psychotherapy for Alaska Natives and American Indians ages 18 and older. Groups and specialized programs available.

#### **Identity Health Clinic**

907-865-3247

307 E. Northern Lights Blvd, Suite 101, Anchorage

# https://identityalaska.org/programs/identityhealthclinic/

Identity Health Clinic provides trauma-informed, evidence-based healthcare to meet the wellness needs of Alaska's LGBTQ+ community.

# **Quyana Clubhouse (Southcentral Foundation)**

907-729-6550

4315 Diplomacy Dr, Anchorage

www.southcentralfoundation.com/services/behavioral-health/quyana-clubhouse/

Counseling, case management, skill development, primary care services, other support services for Alaska Native adults aged 21 and older with severe and persistent mental illness.

#### POWER Center - Youth Outreach and Drop In

907-929-2633

704 W. 26th, Anchorage

https://alaskabehavioralhealth.org/what-we-do/teen-and-young-adult-services/youth-drop-in-and-outreach/about-youth-program/

POWER Center is a drop-in center for youth with computers and staff available to assist with connection to resources available in the community.

For more information, email power@akbh.org, hours: M-F 1pm-5pm

#### **Resolution Services Counseling and Wellness Office**

907-770-7769

401 E Northern Lights Suite 205, Anchorage

http://www.resolutionak.com/Home.html

Outpatient counseling and case management services for adults with substance misuse problems.

# **Standing Together Against Rape (STAR)**

907-276-7279

1057 W Fireweed Ln, Anchorage

www.staralaska.com

Local Crisis Line: 907-276-7273

Crisis hotline and advocacy for those affected by sexual assault and domestic violence.

#### The Arc of Anchorage

907-277-6677

2211 Arca Dr, Anchorage

www.thearcofanchorage.org

Behavioral health services for children and adults with a mental illness or severe emotional disturbance in combination with a developmental disability.

# The Pathway Home (Southcentral Foundation)

907-729-5020

4000 San Ernesto Ave, Anchorage

Individualized mental health program for Alaska Native adolescents 13-18 years old.

#### **U-Med Clinic (Providence Medical Group)**

907-212-2673

3260 Providence Dr, C Tower Suite 537, Anchorage

www.alaska.providence.org/services/b/behavioral-health

Outpatient mental health services for children, adolescents, and adults. Individual and group

therapy services, testing, diagnostic interviews, and medication management.

Victims for Justice 907-278-0977

1057 W Fireweed Ln, Suite 101, Anchorage www.victimsforjustice.org

Support services, emotional support, and support groups for victims of traumatic events and their families. Does not offer therapeutic counseling but can connect clients to these services.

# **Harm Reduction**

Narcan (a non-toxic nasal spray that can reverse opioid overdose) is available at the following locations:

# Alaska Office of Substance Misuse and Addiction Prevention: Project HOPE

Email ProjectHOPE@alaska.gov

Alaskan AIDS Assistance Association (Four A's) 1057 W Fireweed Ln, Anchorage	907-263-2050
Alaska Regional Hospital 2801 Debarr Rd, Anchorage	907-276-1131
Providence Hospital 3200 Providence Dr, Anchorage	907-212-3111

# **REAL About Addiction & Anchorage Opiate Task Force**

907-440-7289

https://realaboutaddiction.net/

Needle services (needle exchange) are available at the following locations:

## Alaskan AIDS Assistance Association (Four A's)

907-263-2050

1057 W Fireweed Ln, Anchorage

Needle exchange on Fireweed is open Tuesdays and Thursdays 3:00-6:00pm. Location and hours of mobile exchange are subject to change. Stay up to date on the website: <a href="https://www.alaskanAIDS.org">www.alaskanAIDS.org</a>.

## **Alaska Native Medical Center Pharmacy**

907-729-2117

4315 Diplomacy Dr, Anchorage

This service is available to Alaska Natives only. Pharmacy is open every day 8:00am-8:00pm, Wednesdays 9:00am-8:00pm.

# **Medication Disposal**

Medication drop boxes are available at the following locations:

Alaska Native Medical Center 4315 Diplomacy Dr, Anchorage	907-729-2105
Anchorage Neighborhood Health Center 4951 Business Park Blvd, Anchorage	907-743-7200
Providence Hospital 3200 Providence Dr, Anchorage	907-212-5090
Joint Base Elmendorf-Richardson (JBER) Medical Service	907-580-2778

Locations where free drug disposal bags are available:

# **Anchorage Health Department**

825 L Street, Anchorage

5955 Zeamer Ave, JBER

# **Anchorage Wastewater Utility**

3000 Arctic Blvd, Anchorage

## **City Hall**

632 W 6th Ave, Anchorage

# **Eagle River Library**

12001 Business Blvd, Eagle River

# **Girdwood Library**

250 Egloff Dr, Girdwood

# **Volunteers of America**

509 W 3rd Ave #103, Anchorage

# **Transitional Living & Housing**

# **Akeela Transitional Housing**

907-565-1200

14 apartments with 29 bedrooms for drug and alcohol-free clients coming out of Akeela treatment programs. Clients are supported with a case manager.

# **Clare House Progressive Housing Program**

907-563-4545

4110 Spenard Rd, Anchorage

Accessible via referral for guests of Clare House family shelter. Progressive housing program for women with children experiencing homelessness. Families payreduced rent and can stay for up to two years. Family support staff connect clients to resources and help find permanent housing.

Harmony House 907-279-9581

100 W 13<sup>th</sup> Ave, Anchorage

Transitional housing for women without dependent children who are victims of domestic violenceand have a source of income. \*accessed through AWAIC program

Henry House 907-274-5253

545 E 4th Ave, Anchorage

Transitional housing for men with mental illness, drug and alcohol free, sliding fee scale.

#### **Lutheran Social Services of Alaska**

907-272-0643

1303 W 33<sup>rd</sup> St, Anchorage

Transitional housing for single men aged 18 and older experiencing homelessness. Clients must been rolled and participating in an approved re-entry or substance misuse program and capable of maintaining full time employment.

**Ma's Way** 907-884-5350

3601 Lois Dr, Anchorage / 246 Oklahoma St, Anchorage

Supportive housing and sober living for individuals coming out of the criminal justice system, people with serious mental illnesses, and individuals recovering from substance use disorder.

New Horizon House 907-274-5253

801 W 57<sup>th</sup> Ave, Anchorage

Faith-based reentry house. For more information call.

#### **New Life Development Inc.**

907-646-2200

4455 Juneau St, Anchorage / 3916 E 9th Ave, Anchorage

Transitional housing and re-entry services for individuals returning from incarceration, inpatient treatment for substance misuse, or have been a victim of domestic violence or other violent crimes.

#### **Oxford House**

Denali: 6414 Tolhurst Ct, Anchorage 907-677-0408

Northern Lights: 538 S Klevin, Anchorage 907-433-0099

Yukon: 2721 Juneau St, Anchorage 907-222-0339

Sober living facilities for men 18+ who have been sober for six months and are fully employed.

**Oak House** 907-205-2117

409 Mumford St, Anchorage

A structure based program that provides services to male and female residents. Oak House provides Moral Reconation Therapy, Life Skills Group, Behavior Relapse Prevention, and Sober Living Activities.

For more information, Email akoakteam@gmail.com or oreyaljacquet7@gmail.com

Passage House 907-333-2023

755 A St, Anchorage

Transitional housing for women ages 17-20 who are expecting or parenting.

Rights of Passage 907-339-4420

750 W 5<sup>th</sup> Ave, Anchorage

Transitional housing for homeless youth ages 18-22.

## RurAL CAP Sitka Place (formerly Safe Harbor Inn)

907-868-7373

1905 E 4<sup>th</sup> Avenue, Anchorage (2 locations)

Permanent supportive housing for homeless individuals with serious mental illness.

#### The Salvation Army - Mckinnell House

907-375-3500

1712 A St, Anchorage AK 99501

Emergency shelter for homeless families.

#### **Supportive Services for Veteran Families**

907-222-7331

3710 E 20<sup>th</sup> Ave, Anchorage

Veteran housing for veterans or members of a veteran household in which the head of household a veteran, income is below 50% of the area median income, and the individual is homeless or at risk of becoming homeless.

# **Employment, Education & Training**

Access Alaska 907-248-4777

1217 E 10<sup>th</sup> Ave, Anchorage

Independent living skills training and acquired traumatic brain injury case management. Individuals with any type of physical or mental impairment that significantly impacts their abilityto live independently in the home and community are eligible for services. Information and referral services are available to anyone.

# **Adult Learning Center**

907-375-6000

2518 E Tudor Rd Suite 109, Anchorage

High school diploma courses, exam tutoring, computer training, English as a second language classes, naturalization classes, Spanish classes, parenting courses.

#### Alaska Center for the Blind

907-248-7770

3903 Taft Dr, Anchorage

Vocational services and worksite evaluations, orientation and mobility training, assistive technology training, manual skills, the Bright Path Program for youth ages 15-22. Alaskans who are blind or visually impaired are eligible for services and training.

#### **Alaska Commission on Postsecondary Education**

907-269-7980

Dimond Mall, 800 E Dimond Blvd, Anchorage

Education planning tools and resources, financial aid for college and career training, one-on-onecoaching and group workshops with a college and career specialist. The Success Center in the Dimond Mall is open for walk-ins Monday-Thursday 12:00-4:30pm.

#### Alaska Department of Labor & Workforce Development

https://alexsys.dol.alaska.gov/Default.aspx

See job postings in Alaska, post a job, get education and training, and receive information on thelabor market.

# Alaska Department of Labor & Workforce Development Vocational Technical Center https://www.avtec.edu/avtec-program-page

Training in a variety of technical and business skills. For a list of programs and application information, visit the website.

Alaska Job Center 907-269-4759

3301 Eagle St. Suite 101 / 120 Bragaw St. / 1251 Muldoon Rd.

Workshops on employment after incarceration, interviewing strategies, resume writing, federal applications, computer skills.

#### **Alaska Works Partnership**

907-756-4711

161 Klevin St, Anchorage

Training in construction job skills, including trainings for women and transitioning active-duty

military members. For course listings and applications visit the website: www.alaskaworks.org.

#### **Anchorage Literacy Program**

907-337-1981

1345 Rudakof Circle Suite 104, Anchorage

Literacy classes for adults and families with young children.

**Assets, Inc.** 907-279-6617

2330 Nichols St, Anchorage

Supported living services and employment for adults with disabilities.

#### **Cook Inlet Tribal Council Career Development Center**

907-793-3300

3600 San Jeronimo Dr, Anchorage

Walk-in resource center for Alaska Native people seeking employment or training opportunities. Job search assistance, career assessment, workshops, computers with internet access. Open Monday-Friday 8:00am-5:00pm.

**Covenant House** 907-272-1255

755 A St, Anchorage

Career counseling, vocational referrals, internship opportunities, transportation assistance, job search and education workshops, resume and cover letter building, professional clothing provision, employment and college referrals, life skills training. Youth ages 16-24 are eligible for services.

#### **Goodwill C Street Job Connections Center**

907-258-0010

610 C St, Anchorage

Work with a jobs connections coordinator to identify work skills, *experience*, and interests *to* provide job leads in the community. Assistance with application and interview process, access to computers and other office equipment.

Nine Star 907-279-7827

730 I St, Anchorage

Youth employment services, work services case management, job search assistance, professional development, career advising, GED preparation, English as a second language classes, technologyand skills training, placement testing, food budgeting.

Parachutes 907-562 2932

5520 Lake Otis Pkwy. #102, Anchorage

High school completion assistance, job training program, tutoring, tax filing assistance for youth and teens. Youth ages 13-18 can be in the youth center Tuesday-Friday 2:30-8:00pm and Saturday 2:30-7:00pm.

#### **Partners for Progress**

907-272-1192

417 Barrow St, Anchorage

Support groups, life skills training, goal setting, mentoring, job readiness training, budgeting,

andmoney management classes for recently incarcerated individuals. Also provide short-term housing, bus passes and food assistance.

# **Southcentral Foundation RAISE Program**

907-729-5015

4175 Tudor Center Dr. Suite 105, Anchorage

Summer, winter and graduate program sessions in health-related careers and workplace skills development for Alaska Native and American Indian youth ages 14-19.

**YWCA** 907-729-5015

4175 Tudor Center Dr. Suite 105, Anchorage https://learn.ywcaak.org/

Offers financial literacy education, workshops, assists with basic budgeting, resume building and more. Questions can be emailed to dyoung@ywcaak.org.