Community Resource List
Department of Health & Human Services
Municipality of Anchorage, Alaska

Listings by Category:
The following is for your information and is not an endorsement, nor is it all-inclusive. Please see the alphabetical listing for more information.

Food/Emergency Food
Abbott Loop Church 349-2005
Bean's Café 274-9595
Crisis Center 272-1255
Eagle River Food Pantry 694-5228
FISH 277-0818
Food Bank (referrals) 272-3663
Food Shelf 248-8463
Food Stamps 269-6599
Kid’s Kitchen 274-8522
Lutheran Social Services 243-0316
St. Francis House 276-5590
Salvation Army 277-2593

WIC
Eagle River 694-2131
EAFB 580-2150
Fort Richardson 384-2033
L Street 343-4668
AK Regional Medical Plaza 343-4500
Providence Medical Center 261-4932

Childcare/Emergency Childcare
Camp Fire 279-3551
Cares For Kids 276-8511
Child Care Assistance 343-6700
Child Care Connection 563-1966
Boys and Girls Club 248-5437
Head Start/Kids Corps 272-0133
SCF Head Start 729-6100

Substance Abuse & Treatment Programs
Akeela 561-5266
Arc of Anchorage Outpatient Only 277-6677
Clitheroe 276-2898
Ernie Turner Center 793-3200
Genesis Recovery Services 243-5130
Intervention Helpline 272-1174
Narcotic Drug Treatment Center (Center for Drug Problems) 276-6430

Treatment Centers Continued
Providence Breakthrough 562-7325
Reflections 276-2898
RITE, Inc. 562-7483
Starting Point 562-6116
Stepping Stones 569-0097

Shelter/Emergency Shelter
Abbott Loop Church 349-9641
Anchorage Rescue Mission 563-5603
AWAIC—information line 279-9581
Crisis Line 272-0100
Beyond Shelter Program 277-2554
Booth Home 279-0522
Brother Francis Shelter 277-1731
Clare House 563-4545
Covenant House 272-1255
McKinnell House 276-1609
Passage House 333-2023

Heating/Weather Proofing
Energy Assistance 269-5777
Weatherization 343-4881

Financial Assistance
Denali Kid Care 269-6529
ATAP (Public Assistance) 269-6599
Human Services Safety Links 343-4694

Exercise For the Family
APU 564-8314
Boys and Girls Club 248-5437
Challenge Alaska 344-7399
Elmendorf Youth Activities 552-2266
Fort Rich. Youth Services 384-1508
YMCA 563-3211
### Eagle River Resources
- CCS Early Learning Center 688-2660
- Eagle River Food Pantry 694-5228
- Eagle River Job Center 694-6904
- Eagle River Public Assistance 694-7006
- FOCUS 688-0282
- Heart to Heart Pregnancy & Family Resource Center 694-1747
- WIC 694-2131

### Breastfeeding Education/Equipment
- Alaska Breastfeeding Coalition 337-5245
- Cradle Club at AK Regional 264-1773
- La Leche League International 644-0555
- Lake Otis Pharmacy 563-7878
- Northstar Lactation Services 337-5245
- WIC - see page 1 for local office phone numbers

### Health Care Information/Support
- ACCESS Alaska 248-4777
- Alaska Health Care Clinic 279-3500
- Alaska Health Fair, INC. 278-0234
- Alaska Info Line 1-800-478-2221
- AK Native Medical Center 563-2662
- Alzheimer’s Resource Agency of Alaska 561-3313
- American Cancer Society 277-8696
- American Diabetes Assoc. 272-1424
- American Heart Assoc. 263-2044
- American Lung Assoc. 276-5864
- Anchorage Neighborhood Health Center  
  - Midtown 257-4600
  - Mt. View 792-2300
- Anchorage Project Access 339-8746
- Arc of Anchorage 277-6677
- Center for Loss of Multiple Births 222-5321
- Compassionate Friends 273-5409
- Cuddler’s Group 261-3062
- Early Intervention Services 742-2655
- FOCUS 688-0282
- Grandfamilies Network Project 522-9866
- Hospice of Anchorage 561-5322
- Immunizations 343-4799
- Infant Learning Program 269-4000
- Interpersonal Violence Prevention 343-6302
- Lupus Foundation AK Chapter 338-6332
- Mabel T. Caverly Senior Center 276-1496
- Make a Wish Foundation 258-9474
- March of Dimes Birth Defects Foundation 276-4111
- Muscular Dystrophy Association 276-2131
- National Multiple Sclerosis Society 563-1115
- Baby Connection 261-3666

### Health Care Information/Support Cont.
- North Star Behavioral Health 258-7575
- Parents Reaching Out 273-5409
- Planned Parenthood 563-2229
- Programs for Infants and Children, Inc. 561-8060
- Providence Family Practice 562-9229
- Ready Care 258-3498
- Reproductive Health Clinic 343-4623
- Rural Alaska Community Action Program 279-2511
- Tuberculosis Clinic 343-4799
- Twins/Multiples Club 743-8474
- Salvation Army 277-2593

### Dental Care
- ANHC 257-4661
- Mountain View Health Clinic 792-2300
- UAA Dental Hygiene 786-6960

### Legal/Immigration/Refugee Services
- ACLU of Alaska Foundation 276-2258
- Alaska Legal Services 272-9431
- Disability Law Center of Alaska 565-1002
- Refugee Assistance & Immigration Services 222-7359

### Classes/Training
- ACCESS Alaska 248-4777
- AK Center for the Blind 248-7770
- AK Cntr for the Environment 274-3621
- AK Community Share 258-4576
- AK Public Interest Research Group 278-3661
- American Red Cross (CPR) 646-5400
- Anchorage Job Center 269-6414
- Anchorage Literacy Project 337-1981
- Anchorage Youth Court 274-5986
- Assets, Inc (Employees Only) 279-6617
- Big Brothers/Big Sisters 278-2621
- Booth Family Services 279-0522
- Challenge Alaska 344-7399
- Child Care Connection 563-1966
- Consumer Credit Counseling 279-6501
- Crossroads Teen Program 742-2424
- Ed. Opportunity Center 274-5522
- EFNEP 786-6308
- Family Literacy 332-0681
**Classes & Training Continued:**
- Foster Grandparents: 276-6472
- Girl Scouts of America: 248-2250
- Identity, Inc.: 929-4528
- Job Corps: 562-6200
- Older Person’s Action Group: 276-1059
- Muldoo Job Center: 269-0000
- YWCA of Anchorage: 644-9600

**Counseling**
- AK Baptist Family Services: 349-2222
- Alaska Children’s Services: 346-2101
- Alaska Counseling Svc: 276-2978
- AK Women’s Resource Ctr.: 276-0528
- Alaska Youth and Parent: 243-6541
- Al-Anon: 276-6646
- Alcoholics Anonymous: 272-2312
- Anch. Community Mental Health Services: 563-1000
- Arc of Anchorage: 277-6677
- AWAIC: 279-9581
- Dena A Coy: 729-5070
- Denali Family Services: 274-8281
- Four A’s: 263-2050
- Reflections: 276-2898
- Southcentral Foundation: 729-2500
- Standing Together Against Rape (STAR): 276-7273
- Victims for Justice: 278-0977
- Vol. of America of Alaska: 279-9634

**Baby Equipment/Clothing**
- Abbott Loop Church: 349-9641
- AK Women’s Resource Ctr.: 279-5000
- Birthright: 279-3645
- Bishop’s Attic: 279-6328
- Crisis Pregnancy Center Boniface: 337-9292
- Once Upon A Child: 562-8777
- Value Village
  - Boniface: 337-2184
  - Dimond: 522-9090

**Car Seats/Car Seat Safety Checks**
- AK Injury Prevention Center: 929-3939
- Southcentral Foundation: 729-2689

**Housing Assistance**
- Abbott Loop Church: 349-9641
- Transition for Men Only
- AK Housing Finance Corp: 330-6100
- Anchorage Neighborhood Housing Services: 677-8490
- Brother Francis Shelter: 277-1731
- Clare House: 563-4545
- Covenant House: 272-1255
- Four A’s: 263-2050
- Human Services Safety Links: 343-6589
- Lutheran Social Services: 272-0643
- McKinnell House: 276-1609
- Passage House: 333-2023

**Smoking Cessation**
- Alaska Lung Association: 276-5864
- Alaska Tobacco Quit Line: 1-888-842-7848
- Providence Alaska Medical Center: 261-3664

**Transportation**
- Lutheran Social Services: 272-0643

**Pregnancy Testing/Prenatal Counseling**
- Alaska Native Medical Center: 729-3100
- Anchorage Neighborhood Health Center: 257-4600
- Birthright: 276-3645
- Booth Home: 279-0522
- Catholic Social Services: 276-5590
- Crisis Pregnancy Center
  - Boniface: 337-9292
- Planned Parenthood: 563-2229
- Providence Family Practice: 562-9229
- Reproductive Health Clinic: 343-4623

**Miscellaneous Resources**
- Alaska 211: 1-800-478-2221
- Identity, Inc.: 929-4528
- Interpersonal Violence Prevention: 343-6302
- Office of Children’s Services: 269-4000
- Out North: 279-8099
- Rural Alaska Community Action Program: 279-2511
- United Way of Anchorage: 263-3820
### Alphabetical Listing

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
<th>Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alaska Baptist Family Services</td>
<td>349-2222</td>
<td></td>
<td>Residential care, counseling, and foster home placement for emotionally disturbed children.</td>
</tr>
<tr>
<td>Alaska Center for the Blind</td>
<td>248-7770</td>
<td></td>
<td>Provides quality rehabilitation and training to persons who are blind and/or visually impaired, so that they may reach their highest level of independence. <a href="http://www.alaskabvi.org">http://www.alaskabvi.org</a></td>
</tr>
<tr>
<td>Alaska Center for the Environment</td>
<td>247-3621</td>
<td></td>
<td>Alaska based, leading grassroots organization dedicated to promoting recycling, clean air and water, bike trails, forest and wildlife conservation and environmental education for children and adults.</td>
</tr>
<tr>
<td>ACLU of Alaska Foundation</td>
<td>276-2258</td>
<td></td>
<td>Provides public education on civil liberties issues and provides legal and advocacy services for people in Alaska whose constitutional rights have been violated. <a href="http://www.akclu.org">http://www.akclu.org</a></td>
</tr>
<tr>
<td>Alaska Community Share</td>
<td>258-4576</td>
<td></td>
<td>A coalition of innovative Alaska-based social, educational, arts, health and environmental non-profits committed to solving the root causes of problems in our Alaskan communities. <a href="http://www.alaskacommunityshare.org">http://www.alaskacommunityshare.org</a></td>
</tr>
<tr>
<td>Alaska Counseling Services</td>
<td>276-2978</td>
<td>2600 Denali St # 606</td>
<td>Provides counseling services, call for more information.</td>
</tr>
<tr>
<td>Alaska Health Care Clinic</td>
<td>279-3500</td>
<td>3600 Minnesota Drive</td>
<td>Physical exams and general medical care for adults and children. Provided by physicians assistants and nurse practitioners.</td>
</tr>
<tr>
<td>Alaska Health Fair, INC.</td>
<td>278-0234</td>
<td></td>
<td>Provides independent living services for people who experience a disability.                   <a href="http://www.healthfair.ak.org">http://www.healthfair.ak.org</a></td>
</tr>
<tr>
<td>Alaska Housing &amp; Finance Corp</td>
<td>330-6100</td>
<td>624 W. International Airport Road</td>
<td>Subsidized housing for low income Families. Public Housing Section 8. <a href="http://www.ahfc.state.ak.us">http://www.ahfc.state.ak.us</a></td>
</tr>
<tr>
<td>Alaska 211</td>
<td>1-800-478-2221</td>
<td>Available M-F 8:30 a.m. to 5:00 p.m. and closed on holidays.</td>
<td></td>
</tr>
<tr>
<td>Alaska Lung Association</td>
<td>276-5864</td>
<td>500 W. International Airport Road Ste. A</td>
<td>Provides information on how to quit smoking, as well as an online quit smoking class. <a href="http://www.alklung.org">http://www.alklung.org</a></td>
</tr>
</tbody>
</table>
APU (Alaska Pacific University)
4101 University Dr.  564-8314
Offers child swimming classes, starting at 3 1/2 years. Parent/child classes available for infants starting at 6 months. Call for info.
http://www.alaskapacific.edu

Alaska Public Interest Research Group
A non-profit, non-partisan, citizen oriented, statewide membership organization researching, educating and advocating on behalf of the public interest. Also the home of the Alaska Injured Workers Alliance.
http://www.akpirg.org  278-3661

AK Tobacco Control Alliance
a statewide organization that works to create conditions in Alaska to be tobacco-free
Alaska Quit Line:  1-888-842-QUIT
AK Tobacco Control  907-450-2453
http://www.alaskatca.org

AK Women’s Resource Center
610 C Street #2A  276-0528
Crisis intervention counseling, referrals to other resources in the community, diapers, baby formula, some baby clothes and infant car seats (if available). Provides a domestic violence program, as well as substance abuse treatment programs.
http://www.awrconline.org/

Alaska Youth And Parent Foundation
3745 Community Park Loop. Ste. 202
Family and individual counseling, and shelter. Sliding fee scale, Denali Kidcare, and Medicaid.  243-9504/243-6541
http://www.aypf.ak.org/

Al-Anon  262-6646
Support group for those with friends or family with drug or alcohol problems.
http://www.al-anon.ak.org

Alzheimer's Resource Agency of Alaska
Providing information, education, referral, respite, care coordination and advocacy for those caring for persons with Alzheimer’s Disease and related disorders.
http://www.alzialaska.org  561-3313

American Cancer Society
1057 W. Fireweed Lane Ste. 204
Provides cancer information and support groups. Helps individuals with cancer find financial assistance.
http://www.cancer.org  277-8696

American Diabetes Association
Education, referral and support services dedicated to diabetes prevention and cure.
http://www.diabetes.org  272-1424

American Heart Association  263-2044
Programs to reduce disability and death from heart disease and stroke.
http://www.americanheart.org

American Lung Association  276-5864
Provides lung health and clean air programs. http://www.lungusa.org

American Red Cross  646-5400
235 E. 8th (after a disaster)
Assists disaster affected families with emergency food, shelter and clothing. Also provides CPR and first aid classes. http://alaska.redcross.org

Anchorage Job Center
400 Gambell  269-6414
Assists individuals in finding jobs. Provides job training, and short-term childcare. Call for information.
http://www.jobs.state.ak.us

Anchorage Literacy Project
1345 Rudakof Circle #104  337-1981
Provides English classes. Minimal charge for scholarships for low-income families. Call for information.
http://wwwANCHORAGE literacyproject.org

Alcoholics Anonymous  272-2312
An Anonymous, voluntary 12-step program for alcoholics to attain and maintain sobriety.
http://www.anonymous.org
<table>
<thead>
<tr>
<th><strong>Anchorage Neighborhood Health Center</strong></th>
<th><strong>ASSETS, INC.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1217 E. 10th Avenue (Fairview)</td>
<td>279-6617</td>
</tr>
<tr>
<td>3521 Mtn. View Drive (Mtn. View)</td>
<td>Creates opportunities for people who experience developmental disabilities or mental illness through employment and supported living assistance.</td>
</tr>
<tr>
<td>Health care for families and individuals on a sliding fee scale. Medicaid and Denali Kidcare accepted. Dental and WIC services.</td>
<td><a href="http://www.assetsinc.org">http://www.assetsinc.org</a></td>
</tr>
<tr>
<td>Fairview 257-4600</td>
<td></td>
</tr>
<tr>
<td>Mtn. View 792-2300</td>
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<table>
<thead>
<tr>
<th><strong>Anchorage Neighborhood Housing</strong></th>
<th><strong>AWAI</strong></th>
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</thead>
<tbody>
<tr>
<td>480 West Tudor Road 677-8490</td>
<td></td>
</tr>
<tr>
<td>Provides loans to low income families to purchase homes, and also has grants available to the elderly. Call for more information.</td>
<td><strong>100 West 13th Avenue</strong></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Anchorage Project Access</strong></th>
<th><strong>Baby Connection</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>339-8746</td>
<td><strong>261-3666</strong></td>
</tr>
<tr>
<td>1805 Academy Dr. Ste 102</td>
<td><a href="http://www.akanhs.org/">www.akanhs.org</a></td>
</tr>
<tr>
<td>Aims to increase access to healthcare for low-income, uninsured community members by using volunteer networks that create the necessary services for those in need.</td>
<td><strong>Providence Hosp Maternity Ctr</strong></td>
</tr>
<tr>
<td><a href="http://www.anchorageprojectaccess.org">http://www.anchorageprojectaccess.org</a></td>
<td><strong>274-9595</strong></td>
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<table>
<thead>
<tr>
<th><strong>Anchorage Rescue Mission</strong></th>
<th><strong>Bean’s Café</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>2823 East Tudor Road 563-5603</td>
<td>1101 East 3rd Avenue 274-9595</td>
</tr>
<tr>
<td>Provides shelter, food, and clothing to men and women.</td>
<td>Provides meals and referrals to other resources in the community.</td>
</tr>
<tr>
<td><a href="http://www.anchoragerescue.org">http://www.anchoragerescue.org</a></td>
<td><a href="http://www.beans.ak.org">http://www.beans.ak.org</a></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Anchorage Youth Court</strong></th>
<th><strong>Big Brother/Big Sisters of Anchorage</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>274-5986</td>
<td><strong>278-2621</strong></td>
</tr>
<tr>
<td>Trains grades 7-12 to prosecute, defend and judge juvenile offenders to deter further criminal behavior.</td>
<td><strong>Adults and teen volunteers provide children and youth support and guidance through school-based and community-based mentoring programs.</strong></td>
</tr>
<tr>
<td><a href="http://www.ayc.ak.org">http://www.ayc.ak.org</a></td>
<td>[<strong>278-5986</strong>]</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Arc of Anchorage</strong></th>
<th><strong>Birthright</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>277-6677</td>
<td><strong>276-3645</strong></td>
</tr>
<tr>
<td>The Arc of Anchorage is a private, not-for-profit organization dedicated to promoting community integration and quality of life for children and adults who experience developmental disabilities, behavioral health issues, or deafness.</td>
<td>Provides pregnancy testing, counseling, and abortion alternatives, as well as maternity clothing, baby clothing, baby furniture, formula, diapers, and breast pumps when available.</td>
</tr>
<tr>
<td><a href="http://www.arc-anchorage.org">http://www.arc-anchorage.org</a></td>
<td><a href="http://www.birthright.org">http://www.birthright.org</a></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Armed Services YMCA of Alaska</strong></th>
<th><strong>Bishop’s Attic</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides social and recreational programs focusing on junior enlisted military personnel and their families.</td>
<td><strong>1100 Gambell 279-6328</strong></td>
</tr>
<tr>
<td><a href="http://www.asymca.ak.org">http://www.asymca.ak.org</a> 552-9622</td>
<td>Provides infant and baby clothing, toys, books, furniture, as well as adult clothing for sale.</td>
</tr>
<tr>
<td><strong>Clare House</strong></td>
<td>563-4545</td>
</tr>
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</tr>
<tr>
<td>Secured emergency shelter for women with children, pregnant women, women 50 or over, and sometimes single women.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.cssalaska.org/clare_house.php">http://www.cssalaska.org/clare_house.php</a></td>
<td></td>
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<table>
<thead>
<tr>
<th><strong>Compassionate Friends</strong></th>
<th>273-5409</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support group for parents and families for the loss of a child of any age.</td>
<td></td>
</tr>
<tr>
<td>Contact Barb Stephl for more information.</td>
<td></td>
</tr>
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<table>
<thead>
<tr>
<th><strong>Consumer Credit Counseling</strong></th>
<th>208 E. 4th Avenue 279-6501</th>
</tr>
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<tbody>
<tr>
<td>Education and counseling to individuals and families on personal money management and other financial concerns.</td>
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<thead>
<tr>
<th><strong>Covenant House</strong></th>
<th>609 F Street 272-1255</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides shelter for teens, as well as transitional living programs and job development programs.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.covenanthouseak.org/">http://www.covenanthouseak.org/</a></td>
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<thead>
<tr>
<th><strong>Crisis Pregnancy Center</strong></th>
<th>2902 Boniface Pkwy Ste. 200</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides counseling and support for pregnant women, free pregnancy tests, and post abortion counseling, and abortion alternatives. Maternity clothing, baby clothing, cribs, diapers, and formula at no charge available at the Boniface location.</td>
<td>337-9292</td>
</tr>
<tr>
<td><a href="http://www.cpcanchorage.com/">http://www.cpcanchorage.com/</a></td>
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<table>
<thead>
<tr>
<th><strong>Crossroads</strong></th>
<th>742-2424</th>
</tr>
</thead>
<tbody>
<tr>
<td>3350 Commercial Dr. Ste. 101</td>
<td></td>
</tr>
<tr>
<td>An alternative school program for pregnant and parenting teens. It is an academic program that leads to a high school diploma, with an emphasis on maternal health and child development.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Cuddler's Group at Providence Hospital</strong></th>
<th>3200 Providence Dr</th>
</tr>
</thead>
<tbody>
<tr>
<td>New parents support group. For more information call: 261-3062</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.providence.org/alaska/">http://www.providence.org/alaska/</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Dena A Coy - SouthCentral Foundation</strong></th>
<th>Residential and outpatient treatment program for substance abusing women. Sliding fee scale, Denali KidCare, and Medicaid. Call for information. 729-5070</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.southcentralfoundation.com">http://www.southcentralfoundation.com</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Denali Family Services</strong></th>
<th>Provides individual, family, or group therapy, psychiatric care, and crisis intervention. Call for more information.</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.denalifs.org">http://www.denalifs.org</a></td>
<td>274-8281</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Denali Kidcare</strong></th>
<th>269-6529</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides health insurance to children, teens, and pregnant women at no cost to those that qualify.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.hss.state.ak.us/dhcs/DenaliKidCare/">http://www.hss.state.ak.us/dhcs/DenaliKidCare/</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Disability Law Center</strong></th>
<th>565-1002 ph/TTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>An independent non-profit organization that provides legal advocacy services for people with disabilities anywhere in Alaska.</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.dlcak.org">http://www.dlcak.org</a></td>
<td></td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th><strong>Eagle River Food Pantry</strong></th>
<th>694-5228</th>
</tr>
</thead>
<tbody>
<tr>
<td>12836 Old Glenn Highway</td>
<td></td>
</tr>
<tr>
<td>Provides food for Eagle River and Valley residents, must have proof of residency, and income verification. Call for times and availability.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Heart to Heart Pregnancy &amp; Family Resource Center</strong></th>
<th>12801 Old Glenn Highway 694-1747</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides counseling and support for pregnant women, free pregnancy tests, and post abortion counseling, and abortion alternatives. Maternity clothing, baby clothing, cribs, diapers, and formula at no charge.</td>
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</tr>
<tr>
<td><a href="http://www.h2hpfrc.org">http://www.h2hpfrc.org</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Educational Opportunity Center</strong></th>
<th>500 L Street Ste. 501 274-5522</th>
</tr>
</thead>
<tbody>
<tr>
<td>Provides career information, counseling, and financial aid information for schooling purposes. Student loan default rehabilitation. Call for information.</td>
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</tr>
<tr>
<td><a href="http://www.uaa.alaska.edu/askeoc">http://www.uaa.alaska.edu/askeoc</a></td>
<td></td>
</tr>
</tbody>
</table>
Booth Memorial Home  279-0522
3600 E. 20th Avenue  
Residential treatment program for teens in state custody. Childbirth and parenting classes open to anyone in the community. Call for information.  
http://www.salvationarmy.org/alaska

Boys and Girls Clubs of Alaska  248-5437
A youth guidance program providing children with recreational activities, sports and daycare.  
http://www.bgcalaska.org

Boy Scouts of America  337-9547
Education program focusing on character development, citizenship and personal fitness.  
http://www.bsawac.org

Brother Francis Shelter  277-1731
1021 E. 3rd Avenue  
Provides shelter for homeless men and women. Also provides referrals for employment, housing, and mental health issues. Food and laundry facilities available.  
http://www.cssalaska.org/programs.php

Camp Fire USA Alaska Council  279-3551
Before and after school child care, community drop-in center program, rural program, and summer camps for youth grades K-12.  
http://www.campfireak.org

Cares for Kids (Children’s Crisis Services)  276-8511
3600 E. 20th  
Child care up to 24—72 hours for families in crisis. Call for information.  
http://www.salvationarmy.org/alaska

Catholic Social Services  277-2554
225 Cordova Street  
Provides 11 different programs to the community ranging from adoption services to immigration and refugee help.  
Brother Francis Shelter  277-1731
Brother Francis (Kodiak)  486-5610
Clare House  563-4545
McAuley Manor  279-5772
Charlie Elder House  277-8622
St. Francis House  276-5590
Beyond Shelter  277-2554

Catholic Social Services, Continued
Refugee Assistance & Immigration Services  222-7359
Special Needs Services  276-5590
Pregnancy Support Services  276-5590
Adoption  276-5590

Center for Loss of Multiple Births (CLIMB)  222-5321
Support group for parents and families for loss of multiples.  
http://www.climb-support.org

Challenge Alaska  344-7399
Sports, recreation, and education for Alaskans who experience disabilities.  
http://www.challengealaska.org

Child Care Assistance  343-6700
825 L Street, Ste 215  
Subsidized childcare costs for qualifying families working or attending school. Sliding scale financial assistance for childcare to eligible parents/guardians in Anchorage. By appointment only.

Child Care Connection  563-1966
3350 Commercial Drive #203  
Provides assistance in locating child care homes or centers. Also provides training for childcare providers. Call for more information.  
http://www.childcareconnection.org

Early Intervention Services  742-2655
Mt. Iliamna Early Childhood Center  
Developmental screening to determine any need for special education for preschool children at least 3-5 years of age.

Cradle Club  264-1773
At Alaska Regional Hospital  
Lactation consultant Martha Olson provides breastfeeding help and support, as well as prenatal classes.  
http://www.akreg.com

Chugiak Children’s Services  688-2660
18530 Old Glenn Highway  
Same services as Anchorage Head Start. Provides low income families with subsidized preschool classes. Call for more information.
Elmendorf Youth Activities  552-2266
Year-round sports, social and educational programs for military dependent and Department of Defense civilian youth. http://www.elmendorfservices.com

Energy Assistance - Division of Public Assistance
400 Gambell Street - Recorder only.
Assistance to income eligible families to pay gas/electric bills.  269-6522
Juneau Office:  907-465-3058

EFNEP 786-6308
2221 East Northern Lights Blvd. Ste. 118
Provides nutrition education and budget Counseling. Call for information.

FISH (Friends in Service to Humanity) 269-6522
Emergency food delivered to your home. Call for information, and call early.

FOCUS 688-0282
18606 Old Glenn Highway

Food Bank of Alaska 272-3663
2121 Spar Avenue
Provides referral services to food pantries in the municipality. Call for information. http://www.foodbankofalaska.org

Food Stamps 272-0133
400 Gambell
Apply at the public assistance office.

Four A's 263-2050
1057 W. Fireweed Ste. 102
Provides supportive services to persons living with HIV/AIDS and their families. Call for information. http://www.alaskanaids.org/

Fort Richardson Youth Services 384-1508
Personal growth and skill development through recreation and education.

Foster Grandparents/Senior Companions 276-6472
Stipend opportunities for seniors to serve adults and children with special needs. Program of the National Senior Service Corps. http://www.akcommunityservices.org

Girl Scouts of America  248-2250
Informational, educational, and recreational programs for girls ages 5-17. http://www.girlscouts.ak.org

Habitat for Humanity 272-0800
Works to provide decent, affordable homes for low income families. http://www.hfanchorage.org

Head Start/Kids Corps 272-0133
Children 3–5 learn, discover and gain new skills. Provides a childcare center, and transportation in some areas. Available to anyone within the income guidelines.

Hospice of Anchorage 561-5322
Services for terminally ill people and their families. http://www.hospiceofanchorage.org

Human Services Safety Links 343-6589
825 L Street
Provides intervention, prevention and education in the areas of sexual assault, domestic violence, child abuse and neglect. Also address Alaska Native urban issues. Provides financial assistance in the areas of housing, transportation and utilities.

Identity, Inc. 929-4528
Develops programs, and activities to support lesbians, gay men, bisexual and transgendered individuals and other members of sexual minorities by encouraging positive social change and fostering acceptance. http://www.identityinc.org
<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
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<tbody>
<tr>
<td>Refugee Assistance &amp; Immigration Services</td>
<td>222-7359</td>
<td>Provides legal advice to refugees and</td>
<td><a href="http://www.cssalaska.org/international_services.php">http://www.cssalaska.org/international_services.php</a></td>
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<tr>
<td></td>
<td></td>
<td>individuals with immigration problems.</td>
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<td></td>
<td></td>
<td>Call for an appointment.</td>
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<tr>
<td>Immunizations</td>
<td>343-4799</td>
<td>Provides immunizations to children and</td>
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<tr>
<td></td>
<td></td>
<td>adults. Call for information.</td>
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<tr>
<td>Impact Family Literacy Program</td>
<td>332-0681</td>
<td>1345 Rudakof Circle #104</td>
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<td></td>
<td></td>
<td>Family literacy: English as second language.</td>
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<td>For parents with children under 7 years of</td>
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<td>age, income and area guidelines apply.</td>
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<td></td>
<td></td>
<td>Call for information.</td>
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<tr>
<td>Immunizations</td>
<td>343-4799</td>
<td>Provides immunizations to children and</td>
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<td></td>
<td></td>
<td>adults. Call for information.</td>
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<tr>
<td>Infant Learning Program</td>
<td>1-800-799-7570</td>
<td>1-800-799-7570</td>
<td></td>
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<tr>
<td></td>
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<td>Program for infants and toddlers up to 36</td>
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<td></td>
<td></td>
<td>months with special developmental needs.</td>
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<tr>
<td>Interpersonal Violence Prevention</td>
<td>343-6302</td>
<td>825 L Street</td>
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<td></td>
<td></td>
<td>Focuses on preventing interpersonal</td>
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<td></td>
<td></td>
<td>violence. Call for more information.</td>
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<tr>
<td>Job Corps</td>
<td>562-6200</td>
<td>4300 B Street Ste. 100</td>
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<td></td>
<td></td>
<td>Provides vocational training for 16–24 year</td>
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<td>olds, and single parents. Provides training</td>
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<td></td>
<td></td>
<td>in 11 trades.</td>
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<tr>
<td>Kid’s Kitchen</td>
<td>274-8522</td>
<td>1121 E 10th Ave</td>
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<tr>
<td></td>
<td>or 529-7903</td>
<td>Serves hot &amp; nutritious meals to children</td>
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<td></td>
<td>ages 3-18, M-F. Call for information.</td>
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<tr>
<td>La Leche League International</td>
<td>644-0555</td>
<td>Provides support, education, and</td>
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<td></td>
<td></td>
<td>information.</td>
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<td><a href="http://lalecheleague.org">http://lalecheleague.org</a></td>
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<tr>
<td>Lake Otis Pharmacy</td>
<td>563-7878</td>
<td>4201 Lake Otis Pkwy.</td>
<td>Breast pumps and supplies for sale.</td>
</tr>
<tr>
<td>Lutheran Social Services of Alaska</td>
<td>272-0643</td>
<td>2606 C Street Ste. 2B</td>
<td>Emergency food assistance, transportation to medical appointments (call 24 hours in advance), and ASRAA (Assistance to Stranded Rural Alaskans in Anchorage) Call for information.</td>
</tr>
<tr>
<td>Lupus Foundation of America</td>
<td>338-6332</td>
<td>Provides support, education, crisis</td>
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<td></td>
<td></td>
<td>intervention and support.</td>
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<tr>
<td>Mabel T. Caverly Senior Center</td>
<td>276-1496</td>
<td>Recreation, socialization, transportation,</td>
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<td>senior companions, dental, glasses, hearing</td>
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<td>aid and prescription grant program.</td>
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<tr>
<td>Make-A-Wish Foundation</td>
<td>258-9474</td>
<td>Fulfills the wishes of children with</td>
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<td></td>
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<td>life-threatening illnesses.</td>
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<tr>
<td>March of Dimes Birth Defects Foundation</td>
<td>276-4111</td>
<td>Works to prevent birth defects and infant</td>
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<td></td>
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<td>mortality. Call for more information.</td>
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<tr>
<td>Muldoon Job Center</td>
<td>269-0000</td>
<td>1251 Muldoon Rd. Ste. 11B</td>
<td>Help with job placement for those with temporary assistance. Call for more info.</td>
</tr>
<tr>
<td>Muscular Dystrophy Association</td>
<td>276-2131</td>
<td>Conducts research on neuromuscular diseases,</td>
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<td>and offers comprehensive medical services</td>
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<td>through a network of clinics, and provides</td>
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<td>professional and public health education.</td>
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</tbody>
</table>

G:\...Chd\CHAdmin\Community Resource List Rev. 03/08
National Multiple Sclerosis Society
Provides statewide client programs, self help groups, public/professional education, advocacy, medical equipment loans, information and referrals, lending library, newly diagnosed programs and national research.  563-1115
http://www.nmss.org

Grandfamilies Network Project
A support group for grandparents raising their grandchildren. Call for more Information.  522-9866

Northstar Lactation Services
Lactation consultant available as well as breast pumps for rent.  337-5245

Office of Children’s Services (OCS)
550 W 8th Ave. Ste 304  269-4000
Helps families diagnose and solve problems, investigates reports of harm, makes referrals to other agencies and resources, initiates legal interventions and provides out-of-home placement when necessary.  http://www.hss.state.ak.us/ocs

Older Person’s Action Group 276-1059
Dedicated to improving services, developing programs and implementing changes to foster self-determination of older Alaskan citizens.  http://www.opagak.org

Once Upon a Child 562-8777
1016 West Northern Lights Blvd.
Used baby and small children’s clothing, toys, and equipment for sale.

Out North Contemporary Art House
A youth-at-risk literacy and arts project and inspiring performances and exhibitions have earned Out North a national reputation for excellence in culturally diverse community programming.  http://www.outnorth.org  279-8099

Parents Reaching Out 273-5409
Support group for parents and families of prenatal and infant loss.
http://www.parentsreachingout.net

Passage House 333-2023
Residential program for pregnant women and new mothers ages 16-20. Call for information.
http://www.covenanthouseak.org

Planned Parenthood of Alaska
Reproductive health care, community health education, and advocacy services.  563-2229
http://www.plannedparenthoodalaska.org

Providence Family Practice 562-9229
1201 E. 36th Ave.
Health care for families and individuals. Call for information.

Providence Alaska Medical Center
3200 Providence Dr.  261-3664
Offers quit smoking classes. Call for times and prices.

Programs for Infants and Children, Inc.
3330 Arctic Blvd. Ste 101  561-8060
Early intervention services for infants and toddlers who experience developmental disabilities and delays and their families.
http://www.picak.org

Public Assistance 269-6599
400 Gambell Street
Apply here for Medicaid, Denali Kidcare, Food Stamps, and ATAP.

Ready Care 258-3498
600 Barrow Ste. 404
Provides in home respite services for shut-ins, elderly, and handicapped individuals.

Reproductive Health Clinic
825 L Street Ste. 102  343-4623
Provides information on birth control for men and women, pap tests, annual exams, pregnancy tests, and screening and counseling for STIs. Confidential service and a sliding fee scale. Call for information.
<table>
<thead>
<tr>
<th><strong>RITE Inc., Anchorage</strong></th>
<th><strong>Standing Together Against Rape (STAR)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>307 E Fireweed Ln #201</td>
<td>The mission of Standing Together Against</td>
</tr>
<tr>
<td>562-7483</td>
<td>Rape, Inc., (STAR) is to provide the best</td>
</tr>
<tr>
<td>Drug and alcohol treatment and rehabilitation center.</td>
<td>quality of crisis intervention, education and</td>
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</tbody>
</table>
| **Rural Alaska Community Action Program** | **advocacy services to victims of sexual assault and sexual abuse, and their families and our community.** 276-7273  
http://www.staralaska.com |
| RurAL CAP promotes statewide participation by rural people in the elimination of the causes and conditions of poverty. Programs include community development, subsistence rights, Head Start, natural resource protection and weatherization. |  |
| http://www.ruralcap.com 279-2511 |  |

<table>
<thead>
<tr>
<th><strong>Salvation Army</strong></th>
<th><strong>Tuberculosis Clinic</strong></th>
</tr>
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<tbody>
<tr>
<td>277-2593</td>
<td>343-4799</td>
</tr>
<tr>
<td>4611 Gambell</td>
<td>825 L Street 1st Floor</td>
</tr>
<tr>
<td><a href="http://www.sarmy.ak.org">http://www.sarmy.ak.org</a></td>
<td>Tuberculosis screening for children and adults.</td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>McKinnell House</strong></th>
<th><strong>UAA Dental Hygiene Program</strong></th>
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<tbody>
<tr>
<td>276-1609</td>
<td>3211 Providence Drive</td>
</tr>
<tr>
<td>546 East 15th Avenue</td>
<td>786-6960</td>
</tr>
<tr>
<td>Thirty day housing for intact families and single fathers with children.</td>
<td>Provides low cost dental exams, cleanings, x-rays, sealants, and educational referrals. Call for an appointment.</td>
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<tr>
<th><strong>Reflections / Clitheroe</strong></th>
<th><strong>United Way of Anchorage</strong></th>
</tr>
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<tbody>
<tr>
<td>276-2898</td>
<td>263-3820</td>
</tr>
<tr>
<td>At Point Woronzof</td>
<td>Creating positive change through collaborative efforts. Provides opportunities for community involvement, and builds a better community through local contributions.</td>
</tr>
<tr>
<td>Provides chemically dependent inpatient treatment services for women only. Call for information.</td>
<td><a href="http://www.uway.ak.org">http://www.uway.ak.org</a></td>
</tr>
</tbody>
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<thead>
<tr>
<th><strong>Anchorage Community Mental Health Services</strong></th>
<th><strong>Value Village</strong></th>
</tr>
</thead>
</table>
| 4020 Folker Street                            | 5437 East Northern Lights 337-2184  
501 East Dimond Blvd. 522-9090  |
| Crisis intervention and treatment, single parent support groups and women's support groups, and parenting classes. | A thrift department store.  
http://www.valuevillage.com |

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<thead>
<tr>
<th><strong>Southcentral Foundation</strong></th>
<th><strong>Victims for Justice</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>729-2500</td>
<td>278-0977</td>
</tr>
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</table>
http://www.victimsforjustice.org |

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<thead>
<tr>
<th><strong>Volunteers of America of Alaska</strong></th>
<th><strong>Behavioral Health Services</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>279-9634</td>
<td>729-2500</td>
</tr>
</tbody>
</table>
| Adolescent alcohol and drug abuse counseling and treatment, intervention and prevention, volunteer opportunities for senior and community justice services. | Behavioral Health Services 729-2500  
Dena A Coy 729-5070  
Dental Clinic 729-2000  
Car Seat Program 729-2689  
Prenatal Support 729-3143  
Head Start 729-6100  
|
Weatherization Program   343-4881
632 W 6th Ave. Ste 630
Provides weatherization of homes to families, emergency repairs, and disabled access grants for home owners. Income-based. Call for information.

WIC
Provides vouchers for nutritious foods to pregnant or breastfeeding women, infants, and children up to 5 years of age who meet income guidelines and are found to be at nutritional risk. Also provides breastfeeding education and support.

825 L Street   343-4668
Alaska Regional Medical Plaza
1200 Airport Heights Rd, Room 275   343-4500

11901 Business Blvd Ste. 210
(Eagle River)   694-2131

Anchorage Neighborhood Health Center
1217 E. 17th Ave.   257-4633

EAFB   580-2150
Fort Richardson   384-2033

Providence Alaska Medical Center
3200 Providence Dr. Bldg. B Ste. 104   261-4932

Providence Family Practice
1201 E. 36th Ave.   273-9348

YMCA
5353 Lake Otis Parkway   563-3211
Baby and me water classes. Call for times and prices.
http://www.sinbad.net/ymca

YWCA   644-9600
324 E. 5th Ave.
Works to eliminate racism and empower women with health, youth development, social and leadership programs.
http://www.ywcaak.org