

Sharing the Trail

Off-street Biking

Keep to the right.
Yield to pedestrians and slower moving traffic except when passing. Slow down when there are lots of users on the trail.

Use your path.
Don't bike on designated walking or running paths.

Be careful at crossings.
Look both ways. Cyclists yield to through traffic at intersections. Remember, pedestrians have the right of way. Pedestrians exercise caution. Be aware that cyclists and skaters require lots of room to stop.

Advise others when passing.
Sound your bell or horn or call out when approaching pedestrians or slower cyclists. Then pass safely on the left.

Anchorage, Alaska
BIKE TO WORK
MAY 20th 2015

Types of Bikeways

Bike Lanes

4' to 6' wide section on each side of the street reserved for bicycle use.

- Usually established on streets with lots of traffic.
- Special pavement markings and signs identify the lanes.

Marked Shared Lanes

Cars and bicycles share the street.

- Usually established on streets with lots of traffic that are too narrow for bike lanes.
- Special pavement markings direct bicyclists to ride outside the "Door Zone" (see "Door Zone" panel). Markings and signs also encourage cars to share the lane with bicyclists.

Bike Routes

Cars and bicycles share the lane.

- Many bike routes have signs showing the direction and distance to destinations (e.g. the Loop, the lakefront).
- Bike routes are usually on streets that aren't wide enough for bike lanes but are good streets for biking.

Multi-use Trails

Paved paths separated from the road for bicyclists, walkers, runners, and in-line skaters.

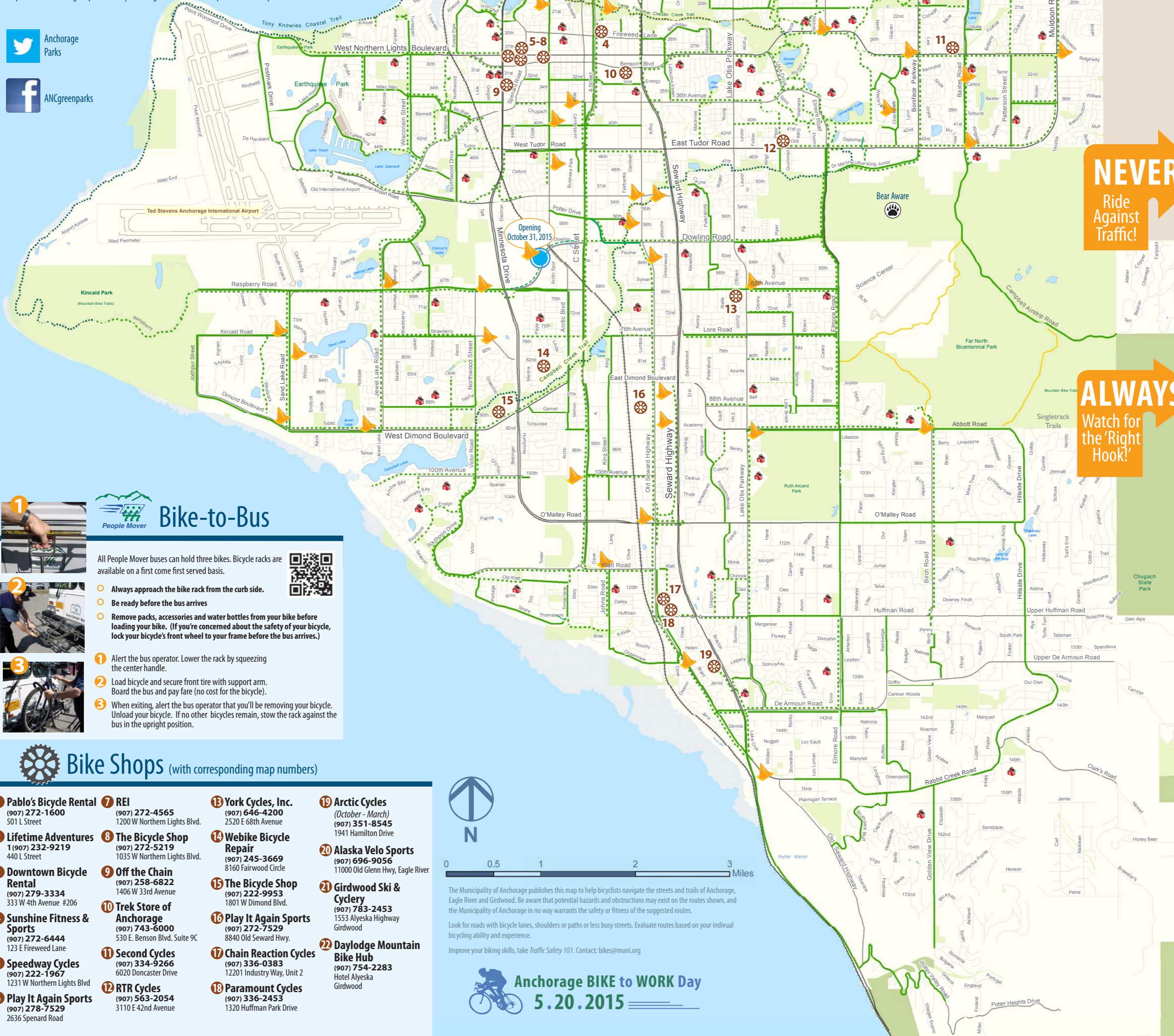
A ANCHORAGE

Legend

- Construction
- New Bicycle Route
- School
- Bike Friendly On-Street Route
- Unpaved Route
- Pathway (Off-Street)
- Visitor Info
- Bike Shop
- Area with Increased Bear Activity/Encounters

CHESTER CREEK TRAIL CLOSURE May - October 2015

MOA Parks Department will be repaving the Chester Creek Trail from Arctic Blvd. to Nichols St. detour routes and construction updates: <http://www.muni.org/Departments/parks/Pages/ChesterCreekImprovements2.aspx>



Sharing the Road

Biking on Streets

Obey all traffic regulations. Riding predictably and following the law are the keys to safe bicycling. Knowing and following the rules help all road users properly anticipate and react to each other.

Ride in a straight line. Avoid weaving between parked cars. Ride in a straight line at least 4 feet away from parked cars to avoid the Door Zone (see below).

Never ride against traffic. Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street.

Don't ride on the sidewalks downtown. Anchorage law prohibits riding sidewalks in the Central Business District. Remember: Wheels yield to heels.

When necessary, use entire travel lane. Move toward the center when the lane is too narrow for motorists to pass safely or when you're moving at the same speed as traffic.

Watch for the 'Right Hook'! Where drivers are turning right but looking left!

ALWAYS make eye-contact & yield if you're unsure or can't.

To cross an intersection, use the lane farthest to the right that points to where you are going. Follow lane markings to cross an intersection. If you can't change lanes to turn left, ride across the street to the other side and align your bike with traffic.

The Door Zone

Tips to Avoid Injuries

The Door Zone is the 4-foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist.

When riding in a bike lane, ride on the left side of the lane—at least 4 feet from parked cars.

Look inside each parked car before you pass it. If you're unable to see someone inside or you spot someone inside, move outside the Door Zone or slow down and pass carefully.

Watch behind you. Keep track of traffic behind you, so you'll know whether you have enough room if you must swerve suddenly out of the Door Zone. A mirror helps you see traffic behind you as you pedal forward.

Bike-to-Bus

All People Mover buses can hold three bikes. Bicycle racks are available on a first come first served basis.

- Always approach the bike rack from the curb side.
- Be ready before the bus arrives
- Remove packs, accessories and water bottles from your bike before loading your bike. (If you're concerned about the safety of your bicycle, lock your bicycle's front wheel to your frame before the bus arrives.)

- Alert the bus operator. Lower the rack by squeezing the center handle.
- Load bicycle and secure front tire with support arm. Board the bus and pay fare (no cost for the bicycle).
- When exiting, alert the bus operator that you'll be removing your bicycle. Unload your bicycle. If no other bicycles remain, stow the rack against the bus in the upright position.

Bike Shops (with corresponding map numbers)

- | | | | |
|---|---|---|---|
| 1 Pablo's Bicycle Rental (907) 272-1600 501 L Street | 7 REI (907) 272-4565 1200 W Northern Lights Blvd. | 13 York Cycles, Inc. (907) 646-4200 2520 E 68th Avenue | 19 Arctic Cycles (October - March) (907) 351-8545 1941 Hamilton Drive |
| 2 Lifetime Adventures (907) 232-9219 440 L Street | 8 The Bicycle Shop (907) 272-5219 1035 W Northern Lights Blvd. | 14 Webike Bicycle Repair (907) 245-3669 8160 Fairwood Circle | 20 Alaska Velo Sports (907) 696-9056 11000 Old Glenn Hwy, Eagle River |
| 3 Downtown Bicycle Rental (907) 279-3334 333 W 4th Avenue #206 | 9 Off the Chain Rental (907) 258-6822 1406 W 33rd Avenue | 15 The Bicycle Shop (907) 222-9953 1801 W Dimond Blvd. | 21 Girdwood Ski & Cyclery (907) 783-2453 1553 Alyeska Highway Girdwood |
| 4 Sunshine Fitness & Sports (907) 272-6444 123 E Fireweed Lane | 10 Trek Store of Anchorage (907) 743-6000 530 E. Benson Blvd, Suite 9C | 16 Play It Again Sports (907) 272-7529 8840 Old Seward Hwy. | 22 Daylodge Mountain Bike Hub (907) 754-2283 Hotel Alyeska Girdwood |
| 5 Speedway Cycles (907) 222-1967 1231 W Northern Lights Blvd | 11 Second Cycles (907) 334-9266 6020 Doncaster Drive | 17 Chain Reaction Cycles (907) 336-0383 12201 Industry Way, Unit 2 | |
| 6 Play It Again Sports (907) 278-7529 2636 Spenard Road | 12 RTR Cycles (907) 563-2054 3110 E 42nd Avenue | 18 Paramount Cycles (907) 336-2453 1320 Huffman Park Drive | |

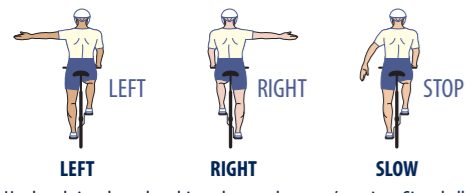
The Municipality of Anchorage publishes this map to help bicyclists navigate the streets and trails of Anchorage, Eagle River and Girdwood. Be aware that potential hazards and obstructions may exist on the routes shown, and the Municipality of Anchorage in no way warrants the safety or fitness of the suggested routes.

Look for roads with bicycle lanes, shoulders or paths or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

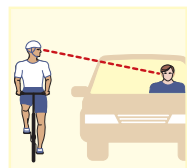
Improve your biking skills, take *Traffic Safety 101*. Contact: bikes@muni.org

Anchorage BIKE to WORK Day
5.20.2015

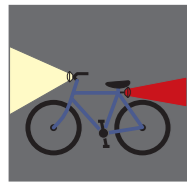
Communicate



Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check and only move when it's safe.



Make eye contact.
Confirming eye contact with motorists helps them know that you're on the road.



See, Be seen, Be heard.
Use lights at night or when visibility is poor. A white headlight and rear reflector are required by law. Flashing lights are especially effective.
Use bike reflectors, reflective clothing and a bell.

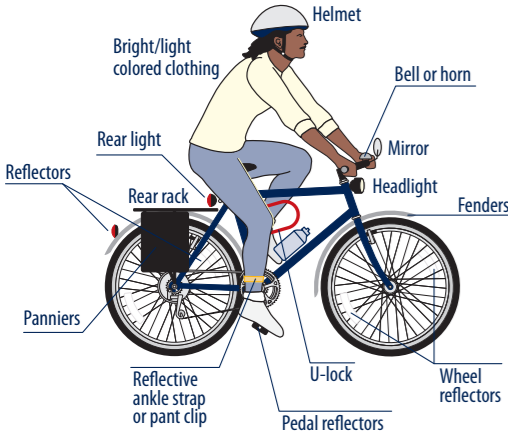


Never use earphones because you won't be able to hear what's going on around you. Using earphones is not only dangerous, it's illegal.

Street-Smart Cyclist

Be Seen and Avoid Injury

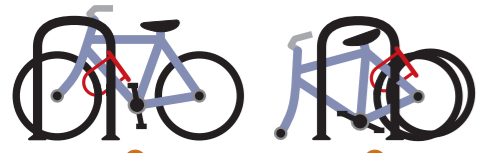
- Always wear a bicycle helmet to reduce the risk of permanent injury or death from a crash.
- To make sure your helmet fits correctly, put it on and use the "eyes, ears, mouth" test. **Eyes:** When you look up, you should see the front rim. If not, your helmet won't protect your forehead. **Ears:** The side straps should come to a "V" just below each ear. **Mouth:** When you open your mouth wide, you should feel the helmet push down on your head. If your helmet doesn't pass the test, adjust its buckles.
- Wear bright clothing and use lights, reflectors, a bell and a mirror to see, be seen and be heard.
- Consider using the other equipment illustrated below to make your ride safer and more comfortable.



Theft Prevention

Most bike thefts are due to unlocked or improperly locked bikes. Following these tips will help prevent your bike from being stolen.

- Never leave your bike unlocked—not even for a second.
- Always use a high-quality U-lock or chain. For added security, use both.



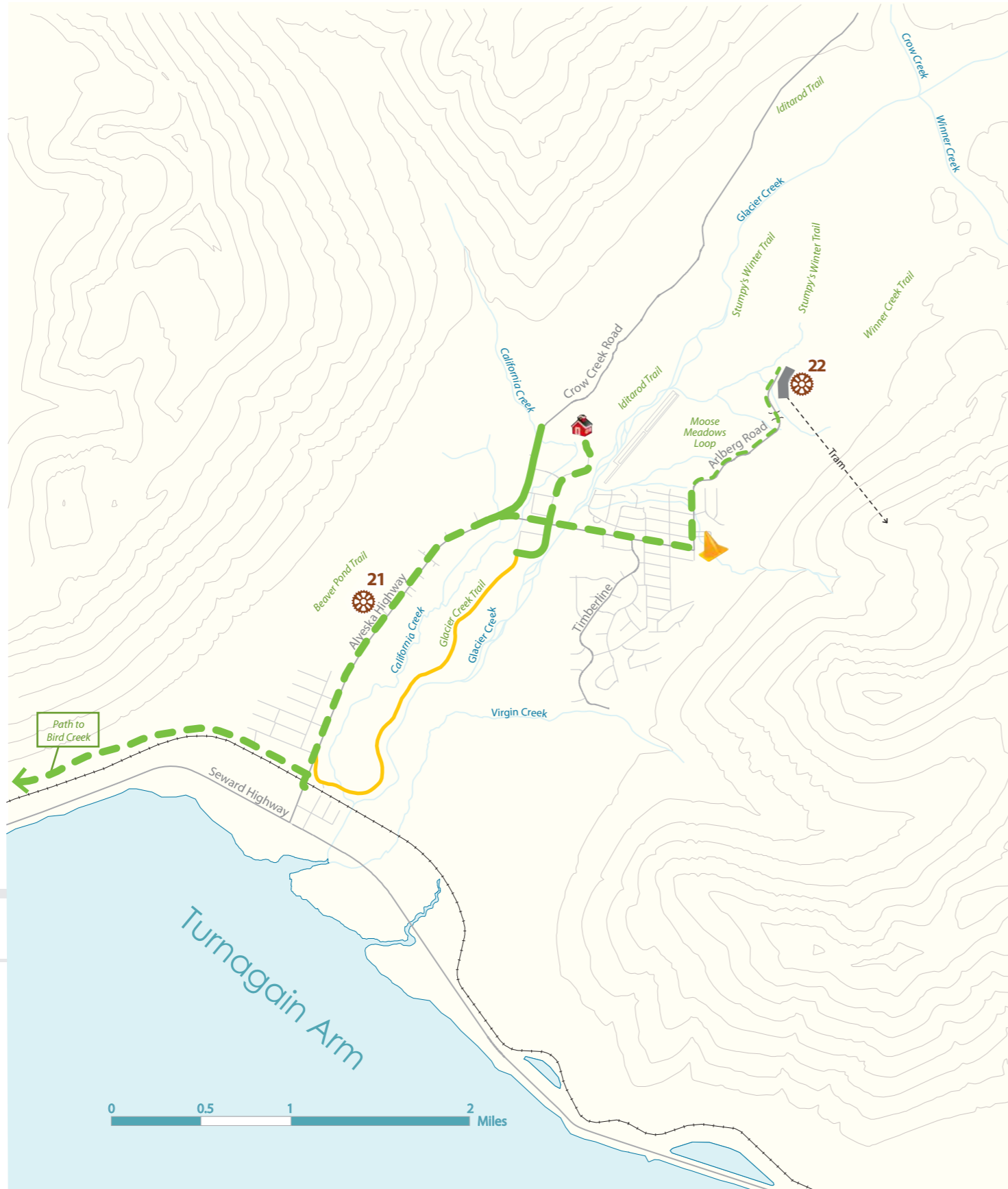
- Always lock the frame and front wheel to either a rack or pole (see illustration 1).
- For extra security, remove the front wheel and lock it with the frame and rear wheel (see illustration 2).
- Note** Some bike locks with cylindrical keys may be opened with a pen or similar object. Check with your local bike shop to determine the need to upgrade or replace your lock.

THANK YOU...
to all those who contributed to the Anchorage Bike Map Project!

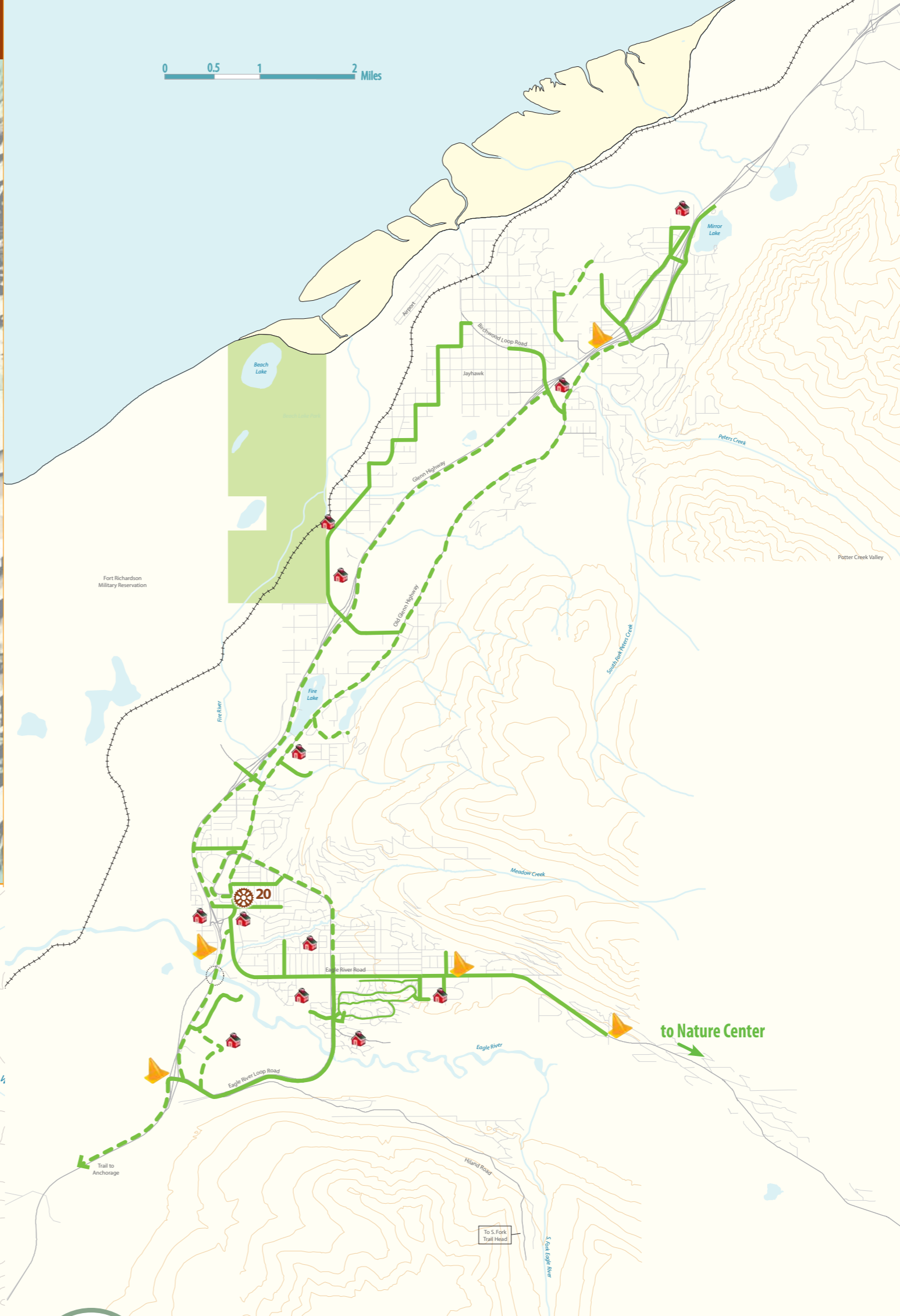


A special thanks to the City of Chicago for sharing their bike safety map diagrams.
Base Maps on this page courtesy of VisitAnchorage.
The preparation of this document was financed in part by funding from the United States Department of Transportation, Federal Highway Administration and Federal Transit Administration.

Vicinity Map



0 0.5 1 2 Miles



Wildlife Safety Stay Alert. Stay Aware.

Alaska Fish & Game advises that you NEVER approach, feed or surprise our local wildlife. If an encounter is unavoidable, follow the safety tips below.



BROWN BEAR

- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- Avoid bad-smelling areas.
- Move closer to friends. A bear may get close, circle around, or investigate.
- Talk calmly then leave slowly. If it follows, stop moving and call for help.
- If it attacks, play dead until it leaves. It is trying to 'remove the threat.'



MOOSE

- Never feed or touch a moose.
- Never get between a cow and her calf.
- Give moose at least 50 feet of clearance & never chase them away. Be patient.
- Wheels and heels always yield to hooves.
- If a moose lays its ears back, it's angry or afraid and may charge.
- If a moose charges, get behind a tree or something solid.
- Moose kick with their front and hind feet.
- If you are knocked down, curl into a ball, protect your head, and remain still until the moose is a safe distance away.



BLACK BEAR

- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- Avoid bad-smelling areas.
- Make yourself as big and loud/scary as possible.
- If it attacks, fight back.

FREE 2015



ANCHORAGE BIKE MAP

for utility cyclists



Message from the Mayor

Dear Friends,
As part of our efforts to build a better, smarter, safer Anchorage, we are moving to make it a more bicycle-friendly city. Bicycling is a great way to get around Anchorage: it's fun, healthy, affordable and good for our environment.

My goal has been to elevate Anchorage to a Platinum level Bicycle Friendly City, and I am thrilled to report that in 2013 we reached Silver Status! Our efforts to create bicycle friendly streets are paying off.

Implementation of the 2010 Anchorage Bicycle Plan continues to be a priority. Many of the road striping projects for bike lanes that local cyclists lobbied for will be accomplished by use of Federal Funds through Anchorage Metropolitan Area Transportation Solutions and implemented in 2015. Other improvements will be accomplished with road projects and will help to make our city more bicycle-friendly and more walkable.

Please help by bicycling responsibly and sharing the road with others, as well as making safety a priority. Let's work together to make Anchorage a better and safer place to ride a bike.



Dan Sullivan
Dan Sullivan
Mayor

In 2013 Anchorage Moved UP to a Silver Level Bicycle Friendly Community

The League of American Bicyclists designated Anchorage as a Bicycle Friendly Community at the Silver level because Anchorage exhibits a strong commitment to cycling, and notable steps are being taken to address the needs of current cyclists and to encourage other residents to become regular cyclists as well.



Anchorage Bicyclists:

Dear Friends and Bicyclists,
We hope you enjoy using this map of the current Anchorage bicycle network.

The green routes represent the most bicycle-friendly streets and pathways in the Municipality of Anchorage. These routes were identified from a study of the Bicycle Compatibility Index, an important tool used during development of the Anchorage Bicycle Plan to assess the comfort level of a bicyclist riding on the roadway with traffic. Area bicyclists also provided useful input about the routes on this map.



Information & Resources

Comments about this map
bikes@muni.org

Anchorage Bicycle Plan
http://www.muni.org/Departments/OCPD/Planning/AMATS/Documents/AdoptedBicyclePlan.pdf